



2026 TIME STANDARDS

TOYOTA NATIONAL CHAMPIONSHIPS

** Qualifying from June 1, 2025 through Entry Deadline*

WOMEN

19 & OVER STANDARDS

MEN

SCY	LCM	EVENT	LCM	SCY
22.19	25.69	50 FR	22.69	19.39
48.49	55.89	100 FR	49.69	42.49
1:44.99	2:01.19	200 FR	1:49.89	1:33.69
4:41.99	4:16.89	400/500 FR	3:55.59	4:17.19
9:45.79	8:46.79	800/1000 FR	8:07.59	8:58.39
16:10.39	16:49.19	1500/1650 FR	15:37.69	14:54.09
23.99	28.59	50 BK	25.49	21.09
52.29	1:02.19	100 BK	55.69	46.19
1:54.09	2:14.59	200 BK	2:02.09	1:41.69
27.39	32.29	50 BR	28.29	23.89
59.99	1:10.29	100 BR	1:02.09	52.49
2:10.39	2:32.39	200 BR	2:16.09	1:54.59
23.79	27.59	50 FL	24.39	20.89
52.19	1:00.19	100 FL	53.49	45.99
1:56.09	2:14.59	200 FL	2:00.89	1:43.39
1:57.09	2:16.89	200 IM	2:02.89	1:43.89
4:11.39	4:51.79	400 IM	4:24.69	3:45.19



2026 TIME STANDARDS

TOYOTA NATIONAL CHAMPIONSHIPS

** Qualifying from June 1, 2025 through Entry Deadline*

WOMEN

18 & UNDER STANDARDS

MEN

SCY	LCM	EVENT	LCM	SCY
22.79	26.19	50 FR	23.19	20.09
49.49	56.69	100 FR	51.09	43.69
1:47.19	2:03.19	200 FR	1:52.09	1:36.19
4:46.29	4:19.89	400/500 FR	3:58.39	4:23.99
9:55.99	8:57.89	800/1000 FR	8:16.99	9:07.59
16:37.99	17:10.79	1500/1650 FR	15:52.69	15:21.49
25.09	29.69	50 BK	26.39	22.39
53.69	1:03.19	100 BK	56.89	47.89
1:55.69	2:16.69	200 BK	2:03.59	1:44.79
28.69	33.29	50 BR	29.19	25.19
1:01.59	1:11.29	100 BR	1:03.29	53.99
2:14.29	2:34.19	200 BR	2:18.09	1:57.99
24.29	28.09	50 FL	24.99	21.89
53.29	1:01.39	100 FL	54.69	47.49
1:59.39	2:17.59	200 FL	2:02.89	1:45.89
1:58.99	2:18.19	200 IM	2:04.69	1:46.79
4:12.69	4:52.69	400 IM	4:25.39	3:49.79