

# How do I upload meet results?\*

1. Log in to your USAS account
2. Click on 'Competition' from the top right navigation options and select 'Meet Details' from the dropdown
3. Use the Meet Search to find the Meet you are looking to upload results for and then select that meet
4. Under the 'General' tab, click 'Upload'

\*this is covered in the NCAA results upload article. If there needs to be a separate one here, that NCAA article will pretty much cover exactly the same material.