

## 2025 PROPOSED LEGISLATION

### **Amendments required to conform to World Aquatics regulations**

**102.1 EVENTS** — Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events for any group of swimmers in any one day and to provide adequate meal and rest breaks and properly supervised sheltered rest areas. Refer to 205.3.1F for additional provisions.

.1 **SENIOR EVENTS** — The following events for National Championships are recommended for LSC and other championship meets. Eligibility for these championships shall be determined by the LSCs involved.

50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle

50, 100, 200 backstroke

50, 100, 200 butterfly

50, 100, 200 breaststroke

200, 400 individual medley

200, 400, 800 freestyle relay

200, 400 medley relay

200, 400, 800 mixed competition category freestyle relay

200, 400 mixed competition category medley relay

.2-.7 *[no changes]*

### **102.21 DISQUALIFICATIONS**

.1-.4 *[no changes]*

.5 ~~A-The swimmer must start and finish the race in the same lane.~~ remain and finish the race in the same lane in which he/she started.

.6-.15 *[no changes]*

**103.15 BACKSTROKE LEDGE** — The backstroke ledge shall conform to World Aquatics' specifications when used in competition as follows:

.1 /M/ The ledge ~~may~~ shall be adjustable to 4 centimeters above or 4 centimeters below the water level and shall not be used outside of this range.

.2 /M/ The ledge shall be a minimum of ~~65~~ 60 centimeters in length.

.3-.5 *[no changes]*