

## 101.7 RELAYS

**.1 Freestyle Relay** — Four swimmers on each team, each to swim one-fourth of the prescribed distance using any desired stroke(s). Freestyle finish rules apply.

**.2 Medley Relay** — Four swimmers on each team, each to swim one-fourth of the prescribed distance in the following order: first, backstroke; second, breaststroke; third, butterfly; and fourth, freestyle. Rules pertaining to each stroke used as described in 101.6 (Individual Medley) shall govern where applicable. At the end of each leg, the finish rule for each stroke applies in each case.

**.3 Mixed Gender Relays** — must consist of two (2) males and two (2) females. Exception: at meets below the LSC championship level, mixed relays consisting of compositions other than two (2) male swimmers and two (2) female swimmers may be permitted if stated in the meet announcement. Times for the mixed relays with compositions other than two (2) males and two(2) females shall not be loaded into the SWIMS database, but eligible lead-off times shall be loaded.

### **.4 Rules Pertaining to Relay Races**

**A-H** No Changes

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**Rationale:** Allow for mixed relays at novice and developmental level meets to be of any gender composition as determined by the host club. Encourage maximum participation in relays at novice and developmental meets.

**Effective Date:** Immediately

**Proposed By:** Minnesota Swimming Board of Directors

With questions, please contact John Bradley, LSC General Chair (612-360-3188, [john.bradley@minnetonkaschools.org](mailto:john.bradley@minnetonkaschools.org)) or Jack Swanson, LSC Officials Chair (952-290-6240, [jswanson1519@gmail.com](mailto:jswanson1519@gmail.com)).