



STAY SMART AROUND THE WATER



- 1 Learn to swim.
- 2 Get an adult if you go near the water.
- 3 Always swim with a buddy.
- 4 If someone is in trouble in the water, call for help, **don't go in!**

usaswimmingfoundation.org

TO FIND A
**SWIM
LESSON
PROVIDER**
NEAR YOU.

VISIT

*usaswimming***foundation.org**

