



NATIONAL TEAM

2025-2028 QUAD PLAN

Updated 11/18/2025

National Team, **Open Water**, **National Junior Team**

2025

Dec 3-6 Toyota U.S. Open (LCM) – Austin, TX
Dec 10-13 **Speedo Winter Junior Championships (East- SCY) – Indianapolis, IN**
Dec 10-13 **Speedo Winter Junior Championships (West- SCY) – Austin, TX**

2026

Jan 14-17 TYR Pro Swim Series – Austin, TX
Mar 4-7 TYR Pro Swim Series – Westmont, IL
Mar 16-28 National Team Performance Camp – Colorado Springs, CO
Apr 2-4 **Open Water Nationals & Junior National Championships – Sarasota, FL**
Apr 10-14 **National Junior Team Performance Camp: Women – Colorado Springs, CO**
Apr 15-19 **National Junior Team Performance Camp: Men – Colorado Springs, CO**
Apr 21-23 National Team Coaches Seminar – Denver, CO
Apr 24-45 **World Aquatics Open Water Swimming World Cup – Ibiza, Spain**
May 1-2 **World Aquatics Open Water Swimming World Cup – Golfo Aranci, Italy**
May 20-23 TYR Pro Swim Series – Sacramento, CA
Jun 5-7 **Mel Zajac – Vancouver, Canada**
Jun 17-20 TYR Pro Swim Series – Indianapolis, IN
Jun 20-21 **World Aquatics Open Water Swimming World Cup – Setubal, Portugal**
Jul 28-Aug 1 Toyota National Championships – Irvine, CA
Aug 2-8 Pan Pacific Championships Training Camp (Optional) - TBD
Aug 3-7 **Summer Junior Championships – Irvine, CA**
Aug 10 **Pan Pacific Championships (Open Water) – TBD**
Aug 12-15 Pan Pacific Championships (Pool) – Irvine, CA
Aug 17-20 **Junior Pan Pacific Championships (Pool) – Vancouver, Canada**
Sept TBD National Team Onboarding – Colorado Springs, CO
Sept 3-6 **World Aquatics Open Water Junior Worlds – Sante Fe, Argentina**
Oct 1-3 World Aquatics Swimming World Cup – Azerbaijan, Baku
Oct 8-10 World Aquatics Swimming World Cup – Uzbekistan, Tashkent
Oct 15-17 World Aquatics Swimming World Cup – Kazakhstan, Astana
Nov 9-21* National Team Performance Camp – Colorado Springs, CO
Dec 1-6 World Aquatics Swimming Championships (25m) – Beijing, China
Dec 2-5* Toyota U.S. Open (LCM) – TBD
Dec 9-12* **Speedo Winter Junior Championships (East) – TBD**
Dec 9-12* **Speedo Winter Junior Championships (West) – TBD**

2027

Jan TBD	TYR Pro Swim Series – TBD
Mar TBD	National Team Performance Camp – <i>Colorado Springs, CO</i>
Mar TBD	TYR Pro Swim Series – TBD
Apr TBD	National Junior Team Performance Camp – Colorado Springs, CO
Apr TBD	TYR Pro Swim Series – TBD
Spring TBD	Open Water Nationals & Junior National Championships – TBD
Jun TBD	TYR Pro Swim Series – TBD
Jun TBD	National Championships – TBD
Jun TBD	Speedo Junior National Championships – TBD
Jul 10-18	World Aquatics Championships – <i>Budapest, Hungary</i>
Jul 16-Aug 1	XVIII Pan American Games – <i>Lima, Peru</i> [swimming specific dates TBD]
Aug 1-12	World University Games – <i>Chungcheong, South Korea</i> [swimming specific dates TBD]
Aug TBD	World Aquatics Junior Swimming Championships – TBD
Oct TBD	World Aquatics Swimming World Cups – TBD
Dec TBD	Toyota U.S. Open – TBD
Dec TBD	Speedo Winter Junior Championships (East) – TBD
Dec TBD	Speedo Winter Junior Championships (West) – TBD

2028

Jan TBD	TYR Pro Swim Series – TBD
Jan TBD	National Junior Team Performance Camp and Competition – Colorado Springs, CO
Mar TBD	TYR Pro Swim Series – TBD
Mar TBD	National Team Performance Camp – <i>Colorado Springs, CO</i>
Apr TBD	TYR Pro Swim Series – TBD
Spring TBD	Open Water Nationals & Junior National Championships – TBD
May TBD	TYR Pro Swim Series – TBD
Jun TBD	U.S. Olympic Team Trials – <i>Indianapolis, IN</i>
Jul 22-30	Olympic Games – <i>Los Angeles, CA</i> [opening ceremonies July 14, full dates July 14-30]
Aug TBD	National/Junior National Championships – TBD
Aug TBD	Junior Pan Pacific Championships – TBD
Oct TBD	World Aquatics Swimming World Cups – TBD
Dec TBD	Toyota U.S. Open (LCM) – TBD
Dec TBD	Speedo Winter Junior Championships (East) – TBD
Dec TBD	Speedo Winter Junior Championships (West) – TBD
Dec TBD	World Aquatics Swimming Championships (25m) – TBD

****Dates tentative & subject to change***