

Grimes, Weitzeil Grab Victories on Night Three of TYR Pro Swim Series Knoxville

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KNOXVILLE, Tenn. – Katie Grimes picked up her third win of the meet and Abbey Weitzeil won two sprints on night three of the 2023 TYR Pro Swim Series Knoxville on Friday. The long course meter competition takes place through Saturday at the Allan Jones Intercollegiate Aquatic Center.

Women's 200m Butterfly - FINAL

- 1 Katie Grimes (Las Vegas, Nev./Sandpipers of Nevada), 2:09.58
- 2 Lainey Mullins (Hockessin, Del./Suburban Seahawks Club), 2:11.98
- 3 Ella Jansen (CAN), 2:12.62

Grimes on the 200m butterfly race: "I really enjoy the event. It's something I wish I was a little bit better at. I'm trying to get myself to a point where I can contend for a team in that race. I'm under 2:10 for the first time so I'm excited about the result."

Men's 200m Butterfly - FINAL

- 1 Chase Kalisz (Baltimore, Md./Sun Devil Swimming), 1:56.40
- 2 Gabriel Jett (Clovis, Calif./California Aquatics), 1:57.38
- 3 Nicolas Albiero (Louisville, Ky./Cardinal Aquatics), 1:57.69

Kalisz on his swim: "I executed the race how I wanted to. It's that time of the season – coming off training – I didn't really know what to expect, honestly. Today was better than yesterday."

Women's 50m Freestyle - FINAL

- 1 Abbey Weitzeil (Santa Clarita, Calif./California Aquatics), 24.74
- 2 Erika Brown (Modesto, Calif./Tennessee Aquatics), 24.94
- 3 Simone Manuel (Sugar Land, Texas/Sun Devil Swimming), 25.19

Weitzeil on her swim: "There's always good competition. We have some good sprinters. Going over race strategy and race plan coming out of training camp, seeing where we're at. I wanted to be a little faster in the final, learning as I go."

Men's 50m Freestyle - FINAL

- 1 David Curtiss (Yardley, Pa./NC State/Hamilton Y Aquatic Club), 21.97
- 2 Bjorn Seeliger (SWE), 22.33

3 – Jack Alexy (Mendham, N.J./California Aquatics), 22.34

Curtiss on his swim: "The mindset going in was focusing on the details, nailing everything Coach (Braden) Holloway had me focus on through practice. It was about executing and that's what I did."

Women's 100m Backstroke - FINAL

- 1 Kylie Masse (CAN), 59.43
- 2 Olivia Smoliga (Glenview, III./Sun Devil Swimming), 59.72
- 3 Katharine Berko (Missoula, Mont./NC State), 59.81

Men's 100m Backstroke - FINAL

- 1 Hunter Armstrong (Dover, Ohio/California Aquatics), 52.68
- 2 Ryan Murphy (Ponte Vedra Beach, Fla./California Aquatics), 53.47
- 3 Daniel Diehl (Cumberland, Md./YMCA of Cumberland), 54.50

Armstrong on his swim: "I knew (Ryan Murphy) was going to be on me. There was a lot of great talent in that race: Destin (Lasco), (Javier) Acevedo and Daniel (Diehl); he's incredible. I knew I'd have to go out and come back even harder."

Women's 200m Breaststroke – FINAL

- 1 Mona McSharry (IRL), 2:26.34
- 2 Alexis Yager (Batavia, III./Tennessee Aquatics), 2:30.17
- 3 Sophie Angus (CAN), 2:30.68

Men's 200m Breaststroke - FINAL

- 1 Lyubomir Epitr (BUL), 2:12.15
- 2 Miguel de Lara Ojeda (MEX), 2:12.78
- 3 Brandon Fischer (Livermore, Calif./Pacific Swimming), 2:14.02

Women's 50m Butterfly - FINAL

- 1 Abbey Weitzeil (Santa Clarita, Calif./California Aquatics), 26.50
- 2 Charlotte Crush (Louisville, Ky./ Lakeside Swim Team), 26.85
- 3 Marina Spadoni (Foothill Ranch, Calif.), 26.93

Weitzeil on her swim: "Racing 50s of stroke are super fun and we don't get to do them often. Getting up and racing, doing something different for the nervous system is always good."

Men's 50m Butterfly - FINAL

- 1 Ryan Held (Springfield, III./NYAC), 23.93
- 2 Clement Secchi (FRA), 23.95
- 3 Guilherme Santos (BRA), 23.99

Held on his swim: "It was good. 23.7 is my best time so I can't complain about 23.9."

Women's 400m Freestyle - FINAL

- 1 Katie Ledecky (Bethesda, Md./Gator Swim Club/Nation's Capital Swim Club), 4:00.20
- 2 Bella Sims (Las Vegas, Nev./Sandpipers of Nevada), 4:08.83
- 3 Katie Grimes (Las Vegas, Nev./Sandpipers of Nevada), 4:09.47

Ledecky on the depth in the 400m freestyle: "The 400 free is a really fast event internationally right now. I know I need to be on my game. Each time I race it at a meet like this, I try to learn something and build off each race."

Men's 400m Freestyle - FINAL

- 1 Ahmed Hafnaoui (TUN), 3:47.41
- 2 Kieran Smith (Ridgefield, Conn./Ridgefield Aquatic Club/University of Florida), 3:50.53
- 3 Bobby Finke (Clearwater, Fla./University of Florida/Saint Petersburg Aquatics), 3:52.09

Saturday marks the final day of competition in Knoxville with prelims at 9 a.m. ET and finals at 6 p.m. ET. Click here to view the full broadcast schedule.

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