

USA Swimming 2024 House of Delegates Meeting Minutes
September 28, 2024 / Denver, CO

CALL TO ORDER

The Saturday, September 28, 2024, USA Swimming House of Delegates (HOD) meeting was opened by hosts Zach Toothman, Zone Directors' Council Co-Chair, and Ryan Gibbons, member of the HOD Working Group and National Board of Review, at 12:49 p.m. Mountain Daylight Time.

PRESENT: Attachment 2

NOT PRESENT: Attachment 2

USA SWIMMING BOARD CHAIR'S WELCOME

Chris Brearton, Chair of the Board of Directors, welcomed the members of the HOD and remarked on the importance and passion of the volunteers within USA Swimming. Mr. Brearton discussed the future as the organization moves towards LA2028, by supporting the grassroots of the sport.

RULES AND REGULATIONS CHAIR ELECTION

Derek Paul, Associate General Counsel and Rules & Regulations Committee Chair, opened the vote to elect Taylor Rogers to fulfill the remainder of his term as Rules & Regulations Committee Chair.

***MOTION:** That the House of Delegates vote to approve Taylor Rogers as Chair of the Rules and Regulations Committee as appointed by the Board Chair for the remainder of Derek Paul's 2-year term concluding in September 2025. Motion passed.*

OPENING REMARKS

Shana Ferguson, Interim Chief Executive Officer and Chief Operating Officer, expressed her gratitude for the work done over the past week, highlighting the feedback she has heard, the interactions she has seen, and what she has learned about USA Swimming through the point of view of the members.

BOARD ELECTION

Mr. Paul opened the election for the Independent seat on the Board of Directors.

FOUNDATION REPORT

Elizabeth Beisel, USA Swimming Foundation Board of Directors member, discussed the three pillars of the Foundation's mission: Saving Lives, Building Champions, and Impacting Communities.

MEMORIAL PRESENTATION

Mr. Gibbons asked for a moment of silence in remembrance of USA Swimming members who have passed away this past year.

PRESENTATIONS TO LIFE MEMBERS

Mr. Toothman and Mr. Gibbons announced the members presented with Life Memberships.

Wade Atkins – Maryland Swimming
Rick Allenstein – South Texas Swimming
Lisa Anderson – Central California

Scott Bliss – Missouri Valley Swimming
Christopher Chelette – Louisiana Swimming
Kenneth Chung – North Texas Swimming
Marc Digby – South Texas Swimming
Jody Goodman – Louisiana Swimming
Gary Ota – Central California
Sandra Drake – Hawaiian Swimming
Barb Frith – North Carolina Swimming
Michael Harbert – Wisconsin Swimming
Anthony Montrella – Southern California Swimming
James Bossert – Southern California Swimming
Terri Marlin – Potomac Valley Swimming
Lorraine Masse – Pacific Northwest Swimming
George Mathes – Wyoming Swimming
Michael Mellock – Wisconsin Swimming
Mary Poletto – Middle Atlantic Swimming
Kathleen Prindle – Florida Gulf Coast Swimming
Charlie Rose – Florida Swimming
Kelly Schott – Pacific Swimming
Mark Schubert – Southern California Swimming
Barb Ship – Potomac Valley Swimming
John Stanley – Virginia Swimming
Jim Stromski – Niagara Swimming
Tom Ugast – Potomac Valley Swimming
April Walkley – Inland Empire Swimming

PRESENTATIONS TO PAST BOARD MEMBERS

Mr. Gibbons thanked former USA Swimming Board of Directors member Bill Schalz, who served on the Board of Directors from 2019 – 2023, for his invaluable support.

CREDENTIALS REPORT

Laurie Benton, Credentials & Elections Committee Chair, reported that 336 delegates out of 367 were credentialed.

FINANCIAL REPORT

Eric Skufca, Chief Financial Officer, reported that the organization is in a strong financial position with a healthy balance sheet. Mr. Skufca noted that the organization's assets far outweigh its liabilities, yielding a material net asset balance which has given the organization stable footing in not only executing its annual operating budgets but also in investing in non-operating Board-approved reserve initiatives such as Keeping Athletes First 1.0 and 2.0. Additionally, Mr. Skufca added that another component of financial stability is having ample cash balances and excess operating reserves, of which both are held at balances greater than the organization's policy requirements.

Mr. Skufca remarked on the year-over-year growth during the current quad of our three key revenue streams: membership, sponsorship, and our partnership with the United States Olympic and Paralympic Committee. All three have seen year-over-year growth throughout the 2022-2024 quad. Mr. Skufca also noted the fourth key revenue driver in 2024, the U.S. Olympic Team Trials – Swimming, which profited over \$5 million for USA Swimming. The organization is currently projecting breakeven operating results for the 2022-2024 quad. Lastly, Mr. Skufca showed the page

on the USA Swimming website where access to USA Swimming financial documents and resources can be found.

MEMBERSHIP REPORT

Angela Monty, Registration & Membership Committee Chair, presented the Membership Report, including a comparison of the 2023 and 2024 membership statistics (Attachment 3).

HOD WORKING GROUP PRESENTATION

Mary Plant, HOD Working Group Chair, shared the composition of the HOD Working Group and the work done by the group. Mrs. Plant presented the legislation to update the composition of the HOD.

USA SWIMMING BOARD ELECTION RESULTS

Mr. Paul announced that the 10-Year Athletes have elected Nic Fink and Allison Schmitt to the Athletes' Advisory Council. He also noted that there will be a runoff between Ryan Murphy and Carson Foster for the third open seat, due to a tie.

Mr. Paul announced that the HOD elected Kathy Fish to the Independent seat on the Board of Directors and that the 10-Year Athletes have elected Nic Fink to the 10-Year Athlete seat on the Board of Directors.

RULES & REGULATIONS

USA Swimming Rules & Regulations Committee Chair, Taylor Rogers, presented the 2024 Proposed Amendments to the Rulebook. Additionally, Ms. Rogers provided the procedures for pulling legislation, making a motion, speaking on legislation, and voting.

The HOD voted to adopt legislative proposals R-1 through R-14 along with HK-1 through HK-16 and the Resolution to Increase the Annual Club Fee (Attachment 4).

ADJOURNMENT

Mr. Toothman adjourned the meeting at 3:17 p.m. Mountain Time.

Respectfully submitted:



Michelle Steinfeld, Secretary and General Counsel



Chris Brearton, Board Chair

USA Swimming 2024 House of Delegates Meeting Minutes

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Attachment 1	Agenda
Attachment 2	Page 1 – Record of Attendance
Attachment 3	Page 3 – Membership Report
Attachment 4	Page 3 – 2024 Rules & Regulations Report

2024 House of Delegates Agenda

Saturday, September 28th – Hybrid Presentation (Live and via Zoom)

Start time: 12:30 pm MT

- Welcome to the 2024 Annual Meeting of the House of Delegates – Chris Brearton
- Rules and Regulations Chair Election – Derek Paul
- Opening Remarks – Shana Ferguson
- Open Board of Directors Election – Derek Paul
- USA Swimming Foundation Report – Elizabeth Beisel
- In Memoriam
- Life Members – Zach Toothman
- Past Board Members – Ryan Gibbons
- Credentials Report – Laurie Benton
- Financial Report – Eric Skufca & Kenneth Chung
- Membership Report – Angela Monty
- Presentation by the HOD Working Group – Mary Plant
- Board Election Results – Derek Paul
- Rules and Regulations / Legislation – Rules and Regulations Chair
- Adjourn

PRESENT

First	Last	Member Type
Jerry	Adams (V)	Coach
Maya	Andrews (V)	10-Year Athlete
Eric	Anger (V)	Coach
Stanton	Anker (V)	Official
Katy	Arris-Wilson (V)	Other
Juli	Arzave (V)	2-Year Athlete
Andrew	Austria (V)	Coach
Tori	Bailey (V)	Coach
Scott	Baldwin (V)	Coach
Jennifer	Bancroft (V)	Official
Barbie	Barker (V)	Coach
Christopher	Barry (V)	Official
Tim	Bauer (V)	Coach
Thomas	Baumann (V)	Coach
Wil	Bayer (V)	Coach
Noah	Berryman (V)	2-Year Athlete
Topher	Bishop (V)	2-Year Athlete
Jamie	Bloom (V)	Coach
Ruth-Ann	Bode (V)	Official
Mary Evelyn	Bowling (V)	Official
John	Boxmeyer (V)	Coach
Pamela	Bradley (V)	Coach
John	Bradley (V)	Coach
Megan	Braman (V)	2-Year Athlete
Chris	Brearton (V)	Other
Zach	Breeding (V)	Coach
Jody	Broyles (V)	Coach
JB	Bruenning (V)	Coach
John	Burke (V)	Coach
Trish	Buswell (V)	Coach
Marci	Callan (V)	Coach
Todd	Capen (V)	Coach
Nicole	Caruso (V)	2-Year Athlete
Richard	Cavanah (V)	Coach
Chris	Cavanaugh (V)	10-Year+ Athlete
Mike	Chapman (V)	Coach
Kenneth	Chung (V)	Official

Nicky	Cicalo-DeCaro (V)	Coach
Chris	Coghill (V)	Coach
Ashlee	Coleman (V)	Official
Vince	Colwell (V)	Coach
Linda	Conger (V)	Coach
Rory	Coplan (V)	Coach
Dana	Covington (V)	Official
matt	craven (V)	Coach
Judi	Creech (V)	Other
Lucas	Curotto Ferreira (V)	Coach
John	Dalton (V)	Coach
Adrian	Damasco (V)	Coach
Bruno	Darzi (V)	Coach
Maria	Davila (V)	Other
Michael	Davis (V)	Official
Aaron	Dean (V)	Coach
Ally	Dheeradhada (V)	2-Year Athlete
Mike	Dilli (V)	Official
Jay	Dodson (V)	Coach
Paul	Donovan (V)	Coach
Carron	Dunker (V)	Official
Annette	DuVall (V)	Coach
Brett	Elliott (V)	Official
Chad	Englehart (V)	Coach
Nicole	Erickson (V)	Coach
Candi	Eslinger (V)	Coach
Chris	Etherington (V)	Coach
Scott	Eudey (V)	Coach
Brett	Ewald (V)	Official
Mike	Falati (V)	Coach
Colin	Faris (V)	Coach
Joseph	Farthing (V)	Official
Greg	Fastrich (V)	Coach
JoAnn	Faucett (V)	Official
Nic	Fink (V)	10-Year Athlete
Melanie	Fink (V)	10-Year Athlete
Kathy	Fish (V)	Official
Kathleen	Fish (V)	Other
Kristen	Foley (V)	Coach

Gavin	Formon (V)	Coach
Tristan	Formon (V)	Coach
Robert	Foy (V)	Official
Matt	Franks (V)	Coach
Harper	Freeman (V)	2-Year Athlete
Jay	Friend (V)	Coach
John	Gagliardo (V)	Official
Bruce	Gemmell (V)	Coach
Ryan	Gibbons (V)	2-Year Athlete
Colin	Gibbons (V)	2-Year Athlete
Jennifer	Gibson (V)	Coach
Brittany	Glass (V)	Coach
Amanda	Gleason (V)	Official
Scott	Goldblatt (V)	10-Year+ Athlete
Kyle	Goodrich (V)	Coach
Terea	Goodwin (V)	Coach
Lynne	Gorman (V)	Coach
Sydney	Graf (V)	Coach
Nicholas	Graves (V)	Coach
Asher	Green (V)	Coach
Marco	Greico (V)	2-Year Athlete
Dayna	Gripp (V)	Official
Drew	Gundrum (V)	2-Year Athlete
Savannah	Gurley (V)	2-Year Athlete
Sammie	Hail (V)	Coach
Alec	Haley (V)	Coach
Natalie	Hall (V)	10-Year Athlete
Michael	Hamann (V)	Coach
Clark	Hammond (V)	Official
Nye	Hanan (V)	2-Year Athlete
Eric	Harse (V)	Coach
Laura	Hartman (V)	Other
Jon	Hayashida (V)	Coach
April	Hayes (V)	Coach
Suzanne	Heath (V)	Official
Melissa	Hellervik-Bing (V)	Official
Veronica	Hernandez (V)	Coach
Meghan	Hershey (V)	Coach
Natalie	Hinds (V)	10-Year Athlete

Drew	Hirth (V)	Coach
Zac	Hojnacki (V)	Coach
Cody	Huckabay (V)	Coach
Susan	Huckeby (V)	Coach
Katie	Humitz (V)	Coach
Kris	Humphries (V)	Official
Summer	Huntsman (V)	Coach
Lauren	Hurt (V)	2-Year Athlete
Tim	Husson (V)	Official
Lehla	Irwin (V)	Coach
Cindy	Jarvis (V)	Coach
Simran	Jayasinghe (V)	2-Year Athlete
Rhi	Jeffrey (V)	10-Year+ Athlete
Ellen	Johnston (V)	Coach
Patrick	Johnstone (V)	Official
Chris	Kaplan (V)	Coach
Bobby	Kelley (V)	Coach
Rob	Kenley (V)	Coach
Liz	Kershaw (V)	Coach
Mohammad	Khadembashi (V)	Coach
Dave	Kilmer (V)	Coach
Cole	Kincart (V)	2-Year Athlete
Ira	Klein (V)	Coach
Anne	Knapp (V)	Other
Betty	Kooy (V)	Official
Shawn	Kornoelje (V)	Coach
Annie	Kramer (V)	2-Year Athlete
Tara	Kurilchick (V)	Official
Paige	Lalla (V)	2-Year Athlete
Sarah	Landreneau (V)	Coach
Tanya	Lane (V)	Coach
Michael	Lawrence (V)	Coach
Rich	LeDuc (V)	Coach
Richard	Lewis (V)	Coach
Jaime	Lewis (V)	Coach
Cheryl	Linscott (V)	Coach
Pam	Lowenthal (V)	Other
Anna	MacDavid-Lawhon (V)	Coach
Robert	MacLeod (V)	Coach

Rossi	Maldonado (V)	Coach
Kyle	Margheim (V)	Coach
Vicki	Marsh (V)	Coach
Todd	Marsh (V)	Coach
Trish	Martin (V)	Official
Stefanie	Martinez (V)	Official
Jen	Matthews (V)	Official
Garrett	McCaffrey (V)	Coach
Maureen	McDonald (V)	Other
Tracy	Meece (V)	Official
Katie	Meili (V)	10-Year Athlete
Natalie	Melenric (V)	Coach
Emily	Melina (V)	Coach
Mike	Mellock (V)	Official
Alexis	Mendenhall (V)	Coach
Sara	Mendoza (V)	2-Year Athlete
Julia	Merrill (V)	Coach
Kevin	Milak (V)	Coach
Reed	Miller (V)	Coach
Jihan	Minson (V)	Coach
Stephanie	Monahan (V)	Official
Angela	Monty (V)	Coach
Carla	Morelli (V)	Other
John	Morse (V)	Coach
John	Moseley (V)	Coach
Sabir	Muhammad (V)	Other
Nathan	Murray (V)	Coach
Eric	Nagoshi (V)	Coach
Dylan	Nelsen (V)	2-Year Athlete
Aubrey	Nelsen (V)	2-Year Athlete
Adam	Nelsen (V)	Coach
David	Nelson (V)	Coach
John	Nelson (V)	Coach
Bob	Nicita (V)	Official
Porter	Olstad (V)	Coach
David	Orr (V)	Coach
Jason	Overby (V)	Official
Maja	Palmroos (V)	2-Year Athlete
Jimmy	Parmenter (V)	Coach

Marcella	Parshall (V)	Coach
Ashley	Patterson (V)	Coach
Krissy	Payton (V)	Coach
Ben	Pearthree (V)	Coach
Jim	Peterfish (V)	Coach
Joseph	Phillips (V)	Coach
Mary	Plant (V)	10-Year+ Athlete
Jamie	Platt (V)	Other
Scott	Powell (V)	Official
Kathleen	Prindle (V)	Coach
Shelly	Rawding (V)	Coach
Pete	Raykovich (V)	Coach
Sean	Redmond (V)	Coach
Mike	Regan (V)	Coach
Bob	Rettle (V)	Coach
Nick	Rice (V)	Coach
Erich	Richardson (V)	Coach
Matthew	Rigsbee (V)	2-Year Athlete
Haley	Roberson (V)	2-Year Athlete
Todd	Roberts (V)	Coach
Lara	Robertson (V)	2-Year Athlete
David	Rodriguez (V)	Coach
Taylor	Rogers (V)	Coach
Charlie	Rose (V)	Coach
Alan	Rosenfeld (V)	Coach
Steve	Roush (V)	Other
John	Roy (V)	Coach
Makenzie	Royal (V)	2-Year Athlete
Betsy	Russell (V)	Official
Matt	Sale (V)	Official
Jeff	Sargent (V)	Official
Kathleen	Scandary (V)	Official
Kate	Scheuer (V)	Coach
Amanda	Schleede (V)	Official
Christopher	Schlegel (V)	Coach
Erin	Schwab (V)	Official
Violet	Schwartz (V)	2-Year Athlete
Karen	Schwartz (V)	Official
Jeff	Scrivener (V)	Coach

Mike	Seip (V)	Coach
Scott	Sewell (V)	Official
Davis	Shelton (V)	2-Year Athlete
Rick	Shipherd (V)	Coach
Ben	Shriner (V)	Coach
Jon	Siegel (V)	Coach
Jeanette	Skow (V)	Coach
Caitlin	Smith (V)	10-Year Athlete
Shawn	Smith (V)	Coach
Mickey	Smythe (V)	Official
Kyle	Sobon (V)	Coach
Rayleen	Soderstrom (V)	Official
Bob	Staab (V)	Coach
Elizabeth	Staats (V)	2-Year Athlete
John	Stanley (V)	Official
Jeremiah	Stanton (V)	Coach
Amy	Steeves (V)	Other
Evan	Steffy (V)	2-Year Athlete
Aleisha	Stepp (V)	Coach
Todd	Sterlitz (V)	Coach
Terry	Stoddard (V)	Coach
Carolyn	Strunk (V)	Coach
Ben	Sutton (V)	Coach
Jeff	Sutton (V)	Official
Maryanne	Svoboda (V)	Coach
Jack	Swanson (V)	Other
Emily	Swett (V)	Coach
Mike	Switalski (V)	Coach
Lorraine	Temple (V)	Official
Olivia	Tighe (V)	2-Year Athlete
Brian	Toay (V)	Other
Zach	Toothman (V)	2-Year Athlete
Vianney	Trujillo (V)	Coach
Emily	Tuazon (V)	Coach
Mary	Turner (V)	Official
Ashley	Twichell (V)	10-Year Athlete
Josie	Uerling (V)	2-Year Athlete
Ron	Van Pool (V)	Official
Cherlynn	Venit (V)	Official

Lisa	Vetterlein (V)	Official
Bob	Vincent (V)	Official
TJ	Walsh (V)	2-Year Athlete
Ellie	Wang (V)	2-Year Athlete
Mike	Wardwell (V)	Coach
Clarice	Wasmuth (V)	Official
Christi	Wathen (V)	Coach
Jonathan	Watson (V)	Coach
Matt	Webber (V)	Coach
Amanda	Weir (V)	10-Year Athlete
Jim	Willis (V)	Coach
Andrew	Wilson (V)	10-Year Athlete
Chad	Winkle (V)	Coach
Dan	Wohl (V)	Coach
Joan	Wong (V)	Official
Kimberly	Wyer-Ferraris (V)	Coach
George	Young (V)	Coach
Meg	Zajdzinski (V)	Coach
Kevin	Zakrzewski (V)	Coach
Joe	Zemaitis (V)	Coach

ABSENT

First	Last	Member Type
Sam	Bach	Coach
Erin	Ballard	Coach
Tessa	Bartlett	2-Year Athlete
Eric	Belasco	Official
William	Benedict	Coach
Mark	Bennett	Coach
Bob	Bowman	Coach
Brendan	Burns	2-Year Athlete
Michael	Burt	Coach
Carol	Capitani	Coach
Courtney	Christ	Coach
Sarah	Delay	Coach
Todd	DeSorbo	Coach
Cindy	Dial	Coach
Bill	Doughty	Coach
Chuck	Dunham	Coach
Dave	Durden	Coach
Drew	Edson	Coach
Anthony	Ervin	10-Year Athlete
Olga	Espinosa	Coach
Jackson	Fouras	2-Year Athlete
Haley	Foydel	Coach
Bruce	Furniss	10-Year+ Athlete
Robert	Gonzalez	Coach
Philip	Grant	Official
Rick	Guenther	Coach
Tyler	Hayes	Coach
Brian	Heaton	Coach
Ross	Hedrick	Coach
Allen	Heggie	Coach
Kent	Huckins	Coach
Douglas	Humphrey	Coach
Catherine	Kase	Coach
Lilly	King	10-Year Athlete
Matt	Kredich	Coach
Jackson	Leonard	Coach
Ronald	Lockwood	Coach

Kate	Lundsten	Coach
Edward	McIllduff	Coach
Teri	McKeever	Coach
Greg	Meehan	Coach
Jacks	Mitchell	2-Year Athlete
Keith	Moore	Coach
Lomax	Napper	Coach
Chelsea	Nauta	10-Year+ Athlete
Anthony	Nesty	Coach
Ginny	Nussbaum	Coach
Mona	Nyheim-Canales	Coach
Kacy	Ota	Coach
Jason	Paige	Coach
Ashton	Palmer	Coach
Brian	Perkins	Official
Mary Anne	Petruska	Official
Scott	Pinter	Coach
Chris	Plumb	Coach
Shawn	Rich	Coach
Margaret	Rocheleau	Coach
William	Russ	Official
Erik	Scalise	Coach
Ben	Schiffman	2-Year Athlete
Mark	Schubert	Coach
David	Sites	Official
Stephanie	Snyder	Coach
Dennis	Tesch	Coach
Erica	Thomas	Coach
Trent	Trabona	Coach
Alex	Trippi	2-Year Athlete
Wendy	Viney	Coach
Edward	Ware	Coach
Trent	Weight	Coach
Kevin	Zacher	Coach

2023 and 2024 Membership Statistics

	2023*	2024*	Difference 2023 vs 2024
Athletes			
Year-Round Athletes (includes Outreach and Flex)	315,944	319,986	4,042
Outreach	6,976	7,090	114
Flex	29,781	29,656	-125
Seasonal Athletes (Season 1, 2 and Individual)	17,131	14,038	-3,093
Open Water Single Meet Athletes	175	142	-33
Clubs	2,702	2,745	43
New Clubs	66	87	21
Season 1 and 2 clubs	66	60	-6
Non-athletes	44,174	46,018	1,844

* The statistics are as of August 31.

USA SWIMMING

**RULES & REGULATIONS COMMITTEE
ACTIONS TAKEN ON PROPOSED AMENDMENTS**

September 28, 2024

No.	Description	Location	Action
R-1	To make the current composition of the House of Delegates permanent.	Article 6 Corporate Bylaws	Adopted
R-2	To define officiating terminology.	OFFICIAL GLOSSARY	Adopted
R-3	To reflect current practice and allow the Starter judgement in the use of the command, dependent on the level or experience of the field. To reflect current practice of using a 'stand' command as procedural and remove implied reference to it as a rule.	101.1.2 101.1.3 102.12	Adopted
R-4	To allow for mixed relays at novice and developmental level meets to be of any gender composition as determined by the host club, and to encourage maximum participation in relays at novice and developmental meets.	101.7.3	Adopted
R-5	To provide additional competition opportunities for still-developing 13-14 year old athletes by adding the 50s of strokes as eligible competition events.	102.1.2	Adopted
R-6	To provide a minimally invasive method to support regularly occurring finger and toe injuries, and adopt a rule that has been an interpretive decision by USA Swimming, as well as a current rule for World Aquatics.	102.8.1	Adopted
R-7	To clarify the required height of the backstroke flags for National Championship events.	103.17	Adopted
R-8	To allow athletes who leave a club for a period (e.g., High School) before the end of the registration year to register upon returning to the club in the current registration year and have times achieved at observed meets during the period their registration lapsed eligible for entry into the SWIMS database.	202.8	Defeated
R-9	To clarify that each Zone may govern their Senior Zone Championship to the benefit and needs of their zone, including meet dates, qualifying and eligibility standards, and participant requirements.	205.7	Adopted
R-10	To update the Rulebook to reflect the current process and to remove language for items that no longer apply.	205.9	Adopted
R-11	To conform with requirements of the U.S. Olympic & Paralympic Committee.	304.3.2	Adopted
R-12	To clearly define the roles and duties of the Coach Advisory Council.	501.1 501.1.2 501.1.3 501.1.4 501.1.5 501.1.6	Adopted
R-13	To reflect current practice with the distribution of Rulebooks.	503.2	Adopted
R-14	To provide greater flexibility for local meet directors with regards to the use and application of wetsuits at non-championship level events. To add consistency to the Zone Open Water Championships as it applies to the Junior National Championships. To update Open Water National and Junior National Championship awards to reflect current event format.	OFFICIAL GLOSSARY 701.1 701.4 704 705	Adopted
HK-1	To be consistent with World Aquatics terminology.	OFFICIAL GLOSSARY 101.3	Adopted
HK-2	To be consistent with World Aquatics terminology.	101.6	Adopted
HK-3	To change all references from mixed gender to mixed competition category for consistency.	101.7 102.1 104.2.2 705.6	Adopted

		705.7	
HK-4	To add clarity to the use of alternates in Finals heats.	102.5	Adopted
HK-5	To remove unnecessary wording.	102.8.1 F	Adopted
HK-6	To correct the title of the Committee Chair.	102.10.5 A	Adopted
HK-7	To remove the reference to the horizontal plane requirement for breaststroke starts and turns.	105.5.1 E (4)	Adopted
HK-8	To correct the title of the Program & Events Coordinator and the President/CEO.	202.4.11	Adopted
HK-9	To update the current committee structure to reflect that the times and recognition functions are a part of the Registration/Membership Committee.	202.6.4	Adopted
HK-10	To correct the title of the President/CEO.	206.3.1	Adopted
HK-11	To correct the title of the Committee Chair.	501.1.3	Adopted
HK-12	To correct the title of the Committee.	607.1	Adopted
HK-13	To correct reference to the President/CEO.	705.3	Adopted
HK-14	To remove unnecessary wording describing the President/CEO.	705.4	Adopted
HK-15	To use consistent language in referencing the Rules & Regulations Committee Chair.	Multiple Occurrences	Adopted
HK-16	To change FINA to World Aquatics and to use gender-neutral references.	Multiple Occurrences Required LSC Bylaws	Adopted

USA SWIMMING
RULES & REGULATIONS COMMITTEE

**ACTIONS TAKEN ON 2024 PROPOSED LEGISLATION
BY USA SWIMMING HOUSE OF DELEGATES**

Prepared by Taylor Rogers (Chair),

Herb Schwab (Secretary)

September 28, 2024

USA SWIMMING
RULES & REGULATIONS COMMITTEE
ACTIONS TAKEN ON PROPOSED
AMENDMENTS TO RULES AND REGULATIONS

R-1	ADOPTED	Effective September 28, 2024
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Location: Article 6 Corporate Bylaws

ARTICLE 6
HOUSE OF DELEGATES

6.1 MEMBERS – the following shall be the voting members of the House of Delegates:

- .1 All voting members of the Board of Directors, other than the 10-Year Athlete Representatives to the Board, who receive votes pursuant to Bylaw 6.1.13;
- .2 All Coach Directors, Non-Coach Directors, Athlete Directors, and the Junior Athlete Representatives from the Zone Directors' Council;
- .3 Four (4) LSC Athlete Representatives (as defined in the then current Required LSC Bylaws) from each Zone selected by the Athlete Director and the Junior Athlete Representative from each Zone;
- .4 Three (3) non-coach, non-athlete members from each Zone selected by each respective Zone's Coach and Non-Coach Directors;
- .5 Seven (7) members of the Rules & Regulations Committee to include the Committee Chair, one (1) 2-Year Athlete member, and five (5) non-athlete members selected by the voting members of the Committee;
- .6 All coach members of the National Team Steering Committee, other than the Chair of the National Team Steering Committee (who is a voting member pursuant to 6.1.1, if a coach member, or pursuant to 6.1.13, if a 10-Year Athlete Representative);
- .7 Ten (10) members of the Age Group Development Committee to include at least five (5) coach members, three (3) non-athlete members, and two (2) 2-Year Athlete members selected by the voting members of the Committee;
- .8 Ten (10) members of the Senior Development Committee to include at least five (5) coach members, three (3) non-athlete members, and two (2) 2-Year Athlete members selected by the voting members of the Committee;
- .9 Seven (7) non-athlete coach members of the Coach Advisory Council selected by the voting members of the Council;
- .10 The eleven (11) 2-Year Athlete members of the Athletes' Executive Committee, as well as two (2) additional 2-Year Athletes designated by the AEC by majority vote.
- .11 One (1) non-coach, non-athlete member from each LSC as selected by each respective LSC's Board of Directors;
- .12 Three (3) non-athlete coach members from each LSC as selected by each respective LSC's Board of Directors, except that the five (5) LSCs with the smallest number of registered athletes shall select two (2) non-athlete coach members and the five (5) LSCs with the largest number of registered athletes shall select four (4) non-athlete coach members. The size of the LSCs shall be determined by the number of registered athletes as of August 31 of the prior calendar year;

.13 A sufficient number of 10-Year Athletes and 10-Year+ Athletes whose voting power shall constitute one-third (33.3%) of the total House of Delegates and shall include the voting members of the AAC, the 10-Year Athlete members of the AEC, and the 10-Year Athlete members of the Board of Directors. This may be achieved by actual votes or by weighted voting. A minimum of twenty percent (20%) must be 10-Year Athlete representatives and the remainder may be 10-Year+ Athlete representatives; any weighted voting must preserve these proportions. At least half (50%) of these athlete members of the House of Delegates must have obtained 10-Year Athlete or 10-Year+ Athlete representative eligibility through competing at an event that, at the time of election/selection, is on a USOPC Delegation Event program.

.14 10-Year Athlete representatives and 10-Year+ Athlete representatives shall be directly elected by athletes who meet the same eligibility standards as 10-Year Athletes. However, by majority vote, the AAC may replace the following delegates under Bylaw 6.1.13 with designees if a delegate informs the AAC that they are unavailable for the Annual Meeting of the House of Delegates: voting members of the AAC, the 10-Year Athlete members of the AEC, and the 10-Year Athlete members of the Board of Directors. Any designee appointed by the AAC pursuant to this provision must be a 10-Year Athlete.

.15 To the extent that any of the individuals selected by the voting members of the Committees under Bylaws 6.1.5 through 6.1.9, are afforded votes under other provisions of Article 6, the respective committee (by majority vote) shall select a designee from the same membership governance category as the individual (e.g., a 2-Year Athlete committee member's vote will be designated to another 2-Year Athlete), to assume that individual's committee vote. For purposes of this Bylaw 6.1.15, the membership governance categories are coach, 10-Year Athlete, 10-Year+ Athlete, 2-Year Athlete, non-athlete, and non-coach non-athlete.

.16 All members of the House of Delegates shall serve until their successors are selected, except that membership may be terminated by resignation filed with the Secretary & General Counsel or their designee. All members under 6.1 must be elected on or before July 1 of each year and written certification thereof must be sent to the Secretary & General Counsel or their designee on or before July 15. No substitution of a member may be made unless written certification thereof is given to the Secretary & General Counsel or their designee at least 72 hours before the House of Delegates is called to order.

.17 Membership on any committee notwithstanding, USA Swimming employees shall not be members of the House of Delegates.

R-2	ADOPTED	Effective Immediately
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Location: Page 15-20 – OFFICIAL GLOSSARY

Administrative Referee – a Referee who performs the duties of an Administrative Official under 102.14 at a prelims-finals meet. The Administrative Referee should have the experience and knowledge to be able to assume the role of the Meet Referee any time during the meet, if necessary.

Alternating Kick – the alternating movement of the legs, commonly known as the flutter kick, is the up-and-down propulsive motion of the legs where one limb moves in the opposite direction of the other at the same time.

Deck Referee – the deck level referee who may be assigned by the Meet Referee to perform specific duties as enumerated under 102.11 during a session.

Meet Referee (Open Water (OW) Competition) – an experienced OW referee who oversees the operations of the entire OW swim meet and ensures that all safety plans, rules, and regulations are followed, and who makes final decisions on any procedure, modification, dispute, or protest to ensure a safe, fair, and equitable competition.

Meet Referee (Pool Competition) – an experienced referee who oversees the entire swim meet and ensures that all rules and regulations are followed by making final decisions on any procedure, modification, dispute, or protest for a fair and equitable competition.

R-3	ADOPTED	Effective Immediately
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Location: Page 21-22 – **101.1.2 – The Start**
Page 22 – **101.1.3 – False Starts**
Page 37 – **102.12 – STARTER**

101.1.2 The Start

- A-C *[no changes]*
- D When a swimmer does not respond promptly to the command "take your marks," the Starter shall immediately release all swimmers with ~~the command "stand up"~~ a "stand" command upon which the swimmers may stand up or step off the blocks.
- E *[no changes]*

101.1.3 False Starts

- A Any swimmer initiating a start before the signal may be disqualified if the Referee independently observes and confirms the Starter's observation that a violation occurred. Swimmers remaining on the starting blocks shall be relieved from their starting positions with ~~the "stand up" command~~ a "stand" command and may step off the blocks.
- B-C *[no changes]*
- D A swimmer who would otherwise be charged with a false start may be relieved of the charge if the false start was caused by the swimmer's reaction to ~~the "stand up"~~ a "stand" command.
- E *[no changes]*

102.12 STARTER

- .1 *[no changes]*
- .2 **Optional Instructions** – The Starter may:
 - A-C *[no changes]*
 - D Use a "stand" command in accordance with 101.1.2 D, 101.1.3 A, and 101.1.3 D.

R-4	ADOPTED	Effective Immediately
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Location: Page 25 – **101.7.3 – Mixed Gender Relay**

101.7 RELAYS

- .1-2 *[no changes]*
- .3 **Mixed Gender Relay** – must consist of two (2) males and two (2) females.

Exception: at meets below the LSC championship level, mixed relays consisting of compositions other than two (2) male swimmers and two (2) female swimmers may be permitted if stated in the meet announcement. Times for the mixed relays with compositions other than two (2) males and two (2) females shall not be loaded into the SWIMS database, but eligible lead-off times shall be loaded.

- .4 *[no changes]*

R-5	ADOPTED	Effective Immediately
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Location: Page 26 – **102.1.2 – AGE GROUP EVENTS**

102.1 EVENTS – *[no changes]*

- .1 *[no changes]*

.2 AGE GROUP EVENTS — Competitions may be composed of events selected from the following recognized list of events or other such events/meet types as may be sanctioned by the LSC.

- | | |
|-----------------------------------|--|
| 10 Years and Younger | 11, 12 Years |
| 50, 100, 200, 400m/500y freestyle | 50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle |
| 50, 100 backstroke | 50, 100, 200 backstroke |
| 50, 100 breaststroke | 50, 100, 200 breaststroke |
| 50, 100 butterfly | 50, 100, 200 butterfly |
| 100, 200 individual medley | 100, 200, 400 individual medley |
| 200 freestyle relay | 200, 400 freestyle relay |
| 200 medley relay | 200, 400 medley relay |
| 200 mixed gender freestyle relay | 200, 400 mixed gender freestyle relay |
| 200 mixed gender medley relay | 200, 400 mixed gender medley relay |

- 13, 14 Years
50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle
50, 100, 200 backstroke
50, 100, 200 breaststroke
50, 100, 200 butterfly
200, 400 individual medley
200, 400, 800 freestyle relay
200, 400 medley relay
200, 400, 800 mixed gender freestyle relay
200, 400 mixed gender medley relay

- 13, 14, 15, 16, 17, 18 Years
50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle
100, 200 backstroke
100, 200 breaststroke
100, 200 butterfly
200, 400 individual medley
200, 400, 800 freestyle relay
200, 400 medley relay
200, 400, 800 mixed gender freestyle relay
200, 400 mixed gender medley relay

.3-.7 [no changes]

R-6	ADOPTED/AMENDED	Effective Immediately
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Location: Page 33 – 102.8.1 – SWIMWEAR

102.8 SWIMWEAR

.1 Design

A-D [no changes]

E No swimmer is permitted to wear or use any device, substance or swimsuit to help his/her speed, pace, buoyancy or endurance during a race (such as webbed gloves, flippers, fins, power bands, adhesive substances, etc.). The use of technology and automated data collection devices is permissible for the sole purpose of collecting data. Automated devices shall not be utilized to transmit data, sounds, or signals to the swimmer and may not be used to aid their speed. Goggles may be worn, and rubdown oil applied if not considered excessive by the Referee. Therapeutic elastic tape is prohibited. As a consequence of injury, it is permissible to tape not more than two fingers or toes. Any other kind of tape on the body is not permitted unless approved by the Referee.

F [no changes]

.2-.3 [no changes]

R-7	ADOPTED	Effective Immediately
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Location: Page 51 – 103.17 – /M/ BACKSTROKE FLAGS AND LINES

103.17 /M/ BACKSTROKE FLAGS AND LINES

- .1 **Design:** At least three triangular pennants six (6) to twelve (12) inches in width at the base and twelve (12) to eighteen (18) inches in vertical length, of two or more alternating and contrasting colors shall be suspended on a firmly stretched line over each lane during all warm-up periods and during competition for all backstroke, individual medley and medley relay events.
- .2 **Location:**
 - A **Long course and short course meters:** 5 meters (16 feet 5 inches) from each end of the course, and
 - (1) ~~a~~A minimum of 1.8 meters (5 feet 11 inches) to a maximum of 2.5 meters (8 feet 3 inches) above the water surface.
 - (2) /NC/ 1.8 meters (5 feet 11 inches) above the water surface.
 - B **Short course yards:** 15 feet (4.57 meters) from each end of the course, 7 feet (2.13 meters) above the water surface.
 - C Height shall be measured to the horizontal line from which the pennants are suspended.

R-8	DEFEATED	
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Location: Page 67 – 202.8 REQUIREMENTS FOR OBSERVED SWIMS

202.8 REQUIREMENTS FOR OBSERVED SWIMS — Swims may be observed by assigned USA Swimming or YMCA officials for conformance with USA Swimming technical rules in a meet conducted under other than USA Swimming rules (NFHS, USMS, USOPC). Official times achieved as observed swims may be submitted for entry into the SWIMS database for a USA Swimming member in either the current or immediately preceding registration year if all of the following conditions are met:

.1-.4 [no changes]

R-9	ADOPTED	Effective January 1, 2025
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Location: Page 74 – 205.7 ZONE SENIOR PROGRAM

205.7 ZONE SENIOR PROGRAM – Each Zone may offer at least one Zone Senior Championship meet, recommended to be long course if only one is conducted. The competition will be governed by the Zone.

- ~~.1 The competition will be governed by the Zone.~~
- ~~.2 The competition is for swimmers who meet the qualifying and eligibility standards set by the Zone.~~
- ~~.3 Swimmers at this meet will represent their clubs, swim unattached, or represent their LSC in an all-star format.~~
- ~~.4 Eligibility: Participation in the Zone Senior Championship meet shall be restricted to registered swimmers of that Zone.~~

R-10	ADOPTED/AMENDED	Effective Immediately
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Location: Page 75 – 205.9 NATIONAL AGE GROUP RECOGNITION PROGRAM

205.9 NATIONAL AGE GROUP RECOGNITION PROGRAM

- .1 Times submitted for recognition shall be achieved in the recognized events in 102.1.2 and in accordance with 102.23.1C, ~~in USA Swimming recognized times from any USA Swimming Sanctioned or Approved competition, USA Swimming Observed Swims, or meets sanctioned by World Aquatics or World Aquatics members and accepted for national times reporting by USA Swimming. These Times loaded into SWIMS that are not recognized by USA Swimming cannot be used.~~
- ~~.2 Meets must be conducted between September 1 of one calendar year and August 31 of the next calendar year.~~
- ~~.2 A swimmer must be a USA Swimming athlete member at the time of the swim.~~

- ~~.3 The Times & Recognition Committee Chair (or his/her designee) shall establish and distribute the specifications of the Recognition Program to the LSCs before the start of the subsequent reporting period. These procedures will include the reporting period, deadlines, awards to be given, and the expected publication date.~~
- ~~.43 If the times are achieved in a meet conducted in a continuous session overlapping the start of a reporting period, the last day of the meet shall be the last day of the reporting period for that meet.~~
- ~~.5 Each LSC shall be responsible for submitting all official times achieved within its boundaries for consideration.~~
- ~~.6 An Awards list shall be published for both short and long course competition.~~
- ~~.4 LSCs may award Top-Ten certificates for both short course yard and long course meter events. The ages for individual events are 11, 12, 13, 14, 15, 16, 17, and 18. Relay age categories are 11-12, 13-14, and 15-18. Top-Ten certificates for LSCs will be made available on the USA Swimming website.~~
- ~~.75 No club's relay team may be listed more than once, unless that club has an additional relay or relays comprised of four different swimmers. If the club has an additional relay entitled to listing with a change of one, two or three individual swimmers from a higher listed relay, those additional swimmers will be listed after the club's higher ranked team members.~~
- ~~.8 Each swimmer achieving the fastest reported time in each individual event and each member of the relay team achieving the fastest time in a relay event shall be awarded an appropriate certificate and an emblem, pin or similar memento by USA Swimming.~~

R-11	ADOPTED	Effective Immediately
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Location: Page 90 – **304.3.2 CODE OF CONDUCT**

304.3.2 Discrimination in violation of the Amateur Sports Act which requires that USA Swimming must provide an equal opportunity to athletes, coaches, trainers, managers, administrators, and officials to participate in the sport of swimming. Athletes must be allowed to participate and compete to the fullest extent allowed by the Rules and Regulations. Discrimination against any member or participant on the basis of age, gender, race, ethnicity, culture, religion, national origin, sexual orientation, gender expression, gender identity, genetics, mental or physical disability, or any other status protected by federal, state or local law, where applicable, is prohibited.

R-12	ADOPTED/AMENDED	Effective Immediately
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Location: Page 95 – **501.1 – OPERATING COMMITTEES**
Page 95-96 – **501.1.2 – COACH ADVISORY COUNCIL**
Page 96 – **501.1.3 – RULES & REGULATIONS COMMITTEE**
Page 97 – **501.1.4 – NATIONAL TEAM STEERING COMMITTEE**
Page 97-98 – **501.1.5 – SENIOR DEVELOPMENT COMMITTEE**
Page 98 – **501.1.6 – AGE GROUP DEVELOPMENT COMMITTEE**

501.1 OPERATING COMMITTEES AND COUNCILS – The following committees and councils shall report to the President/CEO (or his/her designee):

501.1.1 ATHLETES' ADVISORY COUNCIL *[no changes]*

501.1.2 COACH ADVISORY COUNCIL

- A-B *[no changes]*
- C The Chair, Vice-Chair, and Secretary shall be elected from among the voting members of the CAC by its voting members.
- D *[no changes]*
- E The CAC shall lead, direct, and represent the voice, opinions, and viewpoints of all non-athlete coach members within USA Swimming-by:
- (1) Selecting Coach Representatives to serve on committees and defining qualifications for purposes of coach representative eligibility;
 - (2) Evaluating, developing, and supporting committee projects and legislation; and
 - (3) Conducting long-term planning in all areas concerning non-athlete coach members to ensure long-term coach viability and success.

501.1.3 RULES & REGULATIONS COMMITTEE

- A The Rules & Regulations Committee shall consist of the following:
- (1)-(3) *[no changes]*
 - (4) ~~Eight (8) non-athlete members appointed by the President/CEO (or his/her designee), at least three (3) of whom shall be coaches;~~
 - (4) Five (5) non-athlete members appointed by the President/CEO (or his/her designee);
 - (5) Three (3) coach members appointed by the CAC;
[re-number remaining]
- B-D *[no changes]*

501.1.4 NATIONAL TEAM STEERING COMMITTEE

- A **Membership:** The National Team Steering Committee shall consist of:
- (1) Nine (9) coaches selected as follows;
 - Preceding Head Men's Olympic Coach
 - Preceding Head Women's Olympic Coach
 - Preceding Head Open Water Olympic Coach
 - The Head Women's Coach for the two (2) Long Course World Championships preceding the Olympic Games
 - The Head Men's Coach for the two (2) Long Course World Championships preceding the Olympic Games
 - Two coaches appointed by the ~~President/CEO (or his/her designee)~~ CAC in consultation with the National Team Managing DirectorAny vacancies on the committee shall be filled by appointment by the President/CEO (or his/her designee) in consultation with the National Team Managing Director.
 - (2)-(5) *[no changes]*
- B-D *[no changes]*

501.1.5 SENIOR DEVELOPMENT COMMITTEE

- A The Senior Development Committee shall consist of twelve (12) members. The President/CEO (or his/her designee) shall appoint ~~eight (8) three (3) members, at least five (5) of whom shall be coaches,~~ the CAC shall appoint five (5) coach members, and the AAC shall appoint four (4) athlete members (in consultation with the AEC). The Age Group Development Committee Chair (or his/her designee) shall be an ex-officio member with voice but no vote.
- B-C *[no changes]*

501.1.6 AGE GROUP DEVELOPMENT COMMITTEE

- A The Age Group Development Committee shall consist of twelve (12) members. The President/CEO (or his/her designee) shall appoint ~~(8) members, with at least one (1) representative from each Zone and at least five (5) coach members,~~ three (3) members. The CAC shall appoint five (5) coach members, with at least one (1) coach from each Zone. The AAC shall appoint four (4) athlete members (in consultation with the AEC). The Senior Development Committee Chair (or his/her designee) shall be an ex-officio member with voice but no vote.
- B-C *[no changes]*

501.1.7 SELECTION PROCEDURE APPROVAL COMMITTEE *[no changes]*

Location: Page 100 – **503.2 – RULEBOOK**

503.2 Each non-athlete member of USA Swimming shall ~~may~~ annually ~~receive~~ request a printed copy of the Rulebook as a benefit of membership. Such Rulebooks shall be mailed out as close to January 1 as possible or immediately upon a non-athlete's membership registration received prior to September 1.

Location: Page 20 – **OFFICIAL GLOSSARY**
Page 111 – **701.1 – EVENTS**
Page 112 – **701.4 – SWIMWEAR**
Page 121-122 – **705 – ARTICLE 705 – USA SWIMMING OPEN WATER NATIONAL CHAMPIONSHIPS**

OFFICIAL GLOSSARY

Wetsuit – a swimsuit made of material providing thermal insulation.

701.1 EVENTS

.1 *[no changes]*

.2 **Wetsuit Events**

A At Junior National and National Championships and any sanctioned open water competition with a race distance of 5k and greater, World Aquatics rules regarding use of wetsuits shall apply.

B For all ~~other~~ open water competitions with water temperature below 18.0°C (64.4°F), participants ~~may use either swimsuits or~~ must use wetsuits (refer to 701.4.5).

C Meet Directors may also designate a wetsuit competition category at any event other than Junior National Championships, National Championships, and Zone Open Water Championships.

.3 *[no changes]*

701.4 SWIMWEAR

.1-.4 *[no changes]*

.5 **Wetsuits at Championships Events (701.1 A)** — Wetsuits (for both men and women) shall completely cover the torso, back, shoulders and knees. Wetsuits shall not extend beyond the neck, wrists and ankles.

.56 **Wetsuits at non-Championships Events (701.1 C)** — ~~Wetsuits are swimsuits made of material providing thermal insulation. Wetsuits (for both men and women) shall completely cover torso, back, shoulders and knees. They shall not extend beyond the neck, wrists and ankles. The thickness of material(s) used shall be maximum 5 mm. In addition, the outer surface of the wetsuit shall not include outstanding shapes, such as ridges, fins, etc.~~

ARTICLE 705 - USA SWIMMING OPEN WATER NATIONAL AND JUNIOR NATIONAL CHAMPIONSHIPS

~~705.1-705.2~~ *[no changes]*

705.3 **EVENTS** – In conjunction with the Managing Director, National Team, or designee, the Open Water Committee may designate additional events as qualifying competitions for the Open Water Junior National and National Championships, including the 5k at Zone Open Water Championships.

~~705.34~~ **ENTRY FEES** – *[no changes]*

705.45 **ENTRY PROCESS AND MEET ANNOUNCEMENT** — The entry procedure shall be stated in the meet announcement. The meet announcement shall be prepared under joint direction of and approved by the ~~National Team Steering Open Water~~ Committee, the Meet Director, Program & Events Coordinator, and the President/CEO of USA Swimming (or his/her designee).

705.56 **RESULTS** — Results shall be submitted to the ~~National Team Steering Open Water~~ Committee, USA Swimming, and posted on the USA Swimming website.

~~705.67~~ **TEAM EVENT ENTRIES** *[no changes]*

~~705.78~~ **SCORING** – *[no changes]*

705.89 AWARDS

- .1 Individual champions shall be determined and awarded in women's and men's competitions. Medals shall be awarded to all first through eighth place finishers in each individual event.
- .2 The male and female swimmers eighteen (18) years of age and younger attaining the highest finish position shall be designated as the USA Swimming 18 and under Open Water Swimming Champion in ~~each contested event~~ the 10K and 5K National Championships and shall receive the appropriate USA Swimming Championship medals.
- ~~.3 The American male and female swimmers ages sixteen (16) years and younger and the American male and female swimmers ages seventeen through eighteen (17-18) years placing highest in the 5k and 10k events shall be designated the USA Swimming Age Group National Champion in their respective age group and shall receive the appropriate USA Swimming Championship medals.~~
[re-number remaining]

705.910 ELIGIBILITY — Qualifying times and/or qualifying criteria may be established by the Meet Director with the concurrence of the ~~National Team Steering~~ Open Water Committee.

~~705.4011~~ **PROOF OF TIME** – [no changes]

HK-1	ADOPTED	Effective Immediately
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Location: Page 18 – **OFFICIAL GLOSSARY**
Page 23 – **101.3 – BUTTERFLY**

OFFICIAL GLOSSARY

ON THE BACK — position of the body when the shoulders are ~~at or~~ past vertical towards the back.

101.3 BUTTERFLY

- .1 [no changes]
- .2 **Stroke** — After the start and after each turn, the swimmer's ~~shoulders~~ body must be ~~at or past the vertical toward~~ on the breast. The swimmer is permitted one or more leg kicks, but only one arm pull under water, which must bring the swimmer to the surface. It shall be permissible for a swimmer to be completely submerged for a distance of not more than 15 meters (16.4 yards) after the start and after each turn. By that point, the head must have broken the surface. The swimmer must remain on the surface until the next turn or finish. From the beginning of the first arm pull, the body shall be kept on the breast except at the turn after the touch of the wall where it is permissible to turn in any manner as long as the body is on the breast when leaving the wall. Both arms must be brought forward simultaneously over the water and pulled back simultaneously under the water throughout the race.
- .3 [no changes]
- .4 **Turns** — At each turn the body shall be on the breast. The touch shall be made with both hands separated and simultaneously at, above, or below the water surface. Once a touch has been made, the swimmer may turn in any manner desired as long as the body is on the breast when leaving the wall. ~~The shoulders must be at or past the vertical toward the breast when the swimmer leaves the wall.~~
- .5 [no changes]

HK-2	ADOPTED	Effective Immediately
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Location: Page 24-25 – **101.6 – INDIVIDUAL MEDLEY**

101.6 INDIVIDUAL MEDLEY – The swimmer shall swim the prescribed distance in the following order: the first one-fourth, butterfly; the second one-fourth, backstroke; the third one-fourth, breaststroke; and the last one-fourth, freestyle.

- .1-.2 [no changes]
- .3 **Turns**
 - A Intermediate turns within each stroke shall conform to the turn rules for that stroke, except that in the freestyle turn, the swimmer must return to the breast before any kick or stroke.
 - B The turns when changing from one stroke to another shall conform to the finish rules for the stroke just completed, ~~and shall be as follows:~~

- (1) ~~**Butterfly to Backstroke**~~—The swimmer must touch as described in 101.3.5. Once a legal touch has been made, the swimmer may turn in any manner, but the shoulders must be at or past the vertical toward the back when the swimmer leaves the wall.
- (2) ~~**Backstroke to Breaststroke**~~—The swimmer must touch the wall while on the back. Once a legal touch has been made, the swimmer may turn in any manner but the shoulders must be at or past the vertical toward the breast when the swimmer leaves the wall and the prescribed breaststroke form must be attained prior to the first arm stroke.
- (3) ~~**Breaststroke to Freestyle**~~—The swimmer must touch as described in 101.2.4. Once a legal touch has been made, the swimmer may turn in any manner and must return to the breast before any kick or stroke.

.4 [no changes]

HK-3	ADOPTED	Effective Immediately
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Location: Page 25 – **101.7 – RELAYS**
Page 26-27 – **102.1 – EVENTS**
Page 54 – **104.2.2 – American and United States Open Records**
Page 122 – **705.6 – TEAM EVENT ENTRIES**
Page 122 – **705.7 – SCORING**

101.7 RELAYS

- .1-.2 [no changes]
- .3 ~~Mixed Gender~~ Competition Category Relays – must consist of two (2) males and two (2) females.
- .4 [no changes]

102.1 EVENTS - Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events for any group of swimmers in any one day and to provide adequate meal and rest breaks and properly supervised sheltered rest areas. Refer to 205.3.1F for additional provisions.

.1 SENIOR EVENTS — The following events for National Championships are recommended for LSC and other championship meets. Eligibility for these championships shall be determined by the LSCs involved.

- 50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle
- 100, 200 backstroke
- 100, 200 butterfly
- 100, 200 breaststroke
- 200, 400 individual medley
- 200, 400, 800 freestyle relay
- 200, 400 medley relay
- 200, 400, 800 mixed ~~gender~~ competition category freestyle relay
- 200, 400 mixed ~~gender~~ competition category medley relay

.2 AGE GROUP EVENTS — Competitions may be composed of events selected from the following recognized list of events or other such events/meet types as may be sanctioned by the LSC.

- | | |
|---|--|
| 10 Years and Younger | 11, 12 Years |
| 50, 100, 200, 400m/500y freestyle | 50,100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle |
| 50, 100 backstroke | 50, 100, 200 backstroke |
| 50, 100 breaststroke | 50, 100, 200 breaststroke |
| 50, 100 butterfly | 50, 100, 200 butterfly |
| 100, 200 individual medley | 100, 200, 400 individual medley |
| 200 freestyle relay | 200, 400 freestyle relay |
| 200 medley relay | 200, 400 medley relay |
| 200 mixed gender <u>competition category</u> freestyle relay | 200, 400 mixed gender <u>competition category</u> freestyle relay |
| 200 mixed gender <u>competition category</u> medley relay | 200, 400 mixed gender <u>competition category</u> medley relay |

13, 14, 15, 16, 17, 18 Years
 50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle
 100, 200 backstroke
 100, 200 breaststroke
 100, 200 butterfly
 200, 400 individual medley
 200, 400, 800 freestyle relay
 200, 400 medley relay
 200, 400, 800 mixed ~~gender-competition category~~ freestyle relay
 200, 400 mixed ~~gender-competition category~~ medley relay

.3-7 [no changes]

104.2.2 American and United States Open Records

A [no changes]

B Recognized Distances and Strokes (Men and Women)

- (1) **Short Course Yards** — Made only over courses 25 yards long
- | | |
|--|-------------------------------------|
| Freestyle | 50, 100, 200, 500, 1000, 1650 yards |
| Backstroke | 100, 200 yards |
| Breaststroke | 100, 200 yards |
| Butterfly | 100, 200 yards |
| Individual Medley | 200, 400 yards |
| Freestyle Relay | 200, 400, 800 yards |
| Mixed Gender-competition category Freestyle Relay | 200, 400, 800 yards |
| Medley Relay | 200, 400 yards |
| Mixed Gender-competition category Medley Relay | 200, 400 yards |
- (2) **Short Course Meters** — Made only over courses 25 meters long
- | | |
|--|-------------------------------------|
| Freestyle | 50, 100, 200, 400, 800, 1500 meters |
| Backstroke | 50, 100, 200 meters |
| Breaststroke | 50, 100, 200 meters |
| Butterfly | 50, 100, 200 meters |
| Individual Medley | 100, 200, 400 meters |
| Freestyle Relay | 200, 400, 800 meters |
| Mixed Gender-competition category Freestyle Relay | 200, 400, 800 meters |
| Medley Relay | 200, 400 meters |
| Mixed Gender-competition category Medley Relay | 200, 400 meters |
- (3) **Long Course** — Made only over courses 55 yards or 50 meters long
- | | |
|--|-------------------------------------|
| Freestyle | 50, 100, 200, 400, 800, 1500 meters |
| Backstroke | 50, 100, 200 meters |
| Breaststroke | 50, 100, 200 meters |
| Butterfly | 50, 100, 200 meters |
| Individual Medley | 200, 400 meters |
| Freestyle Relay | 200, 400, 800 meters |
| Mixed Gender-competition category Freestyle Relay | 200, 400, 800 meters |
| Medley Relay | 200, 400 meters |
| Mixed Gender-competition category Medley Relay | 200, 400 meters |

C Special Requirements and Conditions

- (1) Lead-off legs/initial distances of mixed ~~gender-competition category~~ relays shall not count for American or U.S. Open records.
- (2)-(7) [no changes]

705.6 TEAM EVENT ENTRIES

.1 [no changes]

- .2 When participating concurrently in individual and team events, no participant shall compete in more than two team events, one of which may be as a member of his/her gender-specific team and the other as a member of a mixed-gender competition category team.

705.7 SCORING — Scoring of individual events will be on a sixteen (16)-place basis: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.

- .1 **Team Events** — team events shall be scored in men's, women's and mixed-gender competition categories.
.2 [no changes]

HK-4	ADOPTED/AMENDED	Effective Immediately
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Location: Page 31 – **102.5 – SEEDING, LANE ASSIGNMENTS, SWIM-OFFS, AND ORDER OF HEATS**

102.5 SEEDING, LANE ASSIGNMENTS, SWIM-OFFS, AND ORDER OF HEATS

- .1-5 [no changes]

.6 Order of Heats

A [no changes]

B **Finals** — The order of heats during the finals of a preliminaries and finals meet may be reversed, with the B and C (consolation and bonus) heats, if any, swum following the A (final) heat. ~~In the event of scratches, the empty lanes may be filled by moving the swimmers up in order from the slower heats and by using the available alternates in the slowest heat without reseeding the heats. For heats other than team selection finals where athletes are not provided any recognition other than the opportunity to swim (e.g., scoring points, earning prize money, etc.) alternates may be inserted into empty lanes in any heat regardless of order swum.~~

C [no changes]

- .7 **Alternates** – In the event of scratches or athlete(s) failing to report for finals, the empty lanes may be filled by moving the athletes up in order from the slower heats and by using the available alternates to fill lanes in the slowest heat without reseeding the heats.

- .8 For heats other than team selection finals where athletes are not provided any recognition other than the opportunity to swim (e.g., scoring points, earning prize money, etc.) alternates may be inserted into empty lanes in any heat regardless of order swum.

HK-5	ADOPTED	Effective Immediately
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Location: Page 33 – **102.8.1 F – SWIMWEAR**

102.8 SWIMWEAR

.1 Design

A-E [no changes]

F No Technical Suits shall be worn by any 12 & Under USA Swimming athlete member in competition at any sanctioned, approved or observed meet.

(1)-(2) [no changes]

- .2-3 [no changes]

HK-6	ADOPTED	Effective Immediately
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Location: Page 35 – **102.10.5 A – OFFICIALS**

102.10 OFFICIALS

- .1-4 [no changes]

- .5 **Officials for USA Swimming Championships**

- A Officials for USA Swimming championship meets shall be assigned by the National Officials Committee Chair with the approval of the Program & Events Coordinator (or his/her designee).
- B-D *[no changes]*

HK-7	ADOPTED	Effective Immediately
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Location: Page 59 – 105.5 – PHYSICAL DISABILITIES

105.5 PHYSICAL DISABILITIES

.1 **Start** — Swimmers with physical disabilities:

A-D *[no changes]*

E *[no changes]*

(1)-(3) *[no changes]*

(4) For breaststroke and butterfly, after the start and after each turn, a swimmer who is unable to push off with the leg(s) may perform one arm stroke that need not be simultaneous ~~or on the horizontal plane~~ to attain the breast position.

Examples of modified starting positions are shown in Figures 3 through 7.

.2-4 *[no changes]*

HK-8	ADOPTED	Effective Immediately
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Location: Page 63 – 202.4.11 – REQUIREMENTS FOR SANCTION

202.4 REQUIREMENTS FOR SANCTION — Sanctions are issued, withheld or withdrawn in accordance with the following regulations:

.1-10 *[no changes]*

.11 Application for sanction must be accompanied by a copy of the complete meet announcement which must include the following:

A-I *[no changes]*

J The following statement: “Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.”

Exceptions may be granted with prior written approval by the Program & Events ~~Committee~~ Coordinator (or his/her designee).

K-O *[no changes]*

.12 *[no changes]*

.13 Sanction fees shall be established by the LSC, except those for national and international meets which shall be established by the USA Swimming President/CEO.

.14-16 *[no changes]*

HK-9	ADOPTED	Effective Immediately
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Location: Page 65 – 202.6.4 REQUIREMENTS FOR APPROVAL

202.6 REQUIREMENTS FOR APPROVAL – Approval of competition may be issued, withheld or withdrawn by an LSC in accordance with the following regulations:

.1-3 *[no changes]*

.4 Approvals may be issued to member clubs or to LSCs for open competition conducted in accordance with USA Swimming technical rules if that competition has been specifically approved by the ~~Times & Recognition~~ Registration/Membership Committee staff leader (or his/her designee).

.5-18 *[no changes]*

HK-10	ADOPTED	Effective Immediately
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Location: Page 76 – 206.3.1 – AWARD OF EVENTS

206.3 AWARD OF EVENTS

- .1 USA Swimming National Championships, Trials Class, U.S. Open, Open Water Championships and Disability Championships shall be contracted for by the USA Swimming President/CEO (or his/her designee) in accordance with Article 206 and Article 207, after approval by the Board of Directors.
- .2 *[no changes]*

HK-11	ADOPTED	Effective Immediately
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Location: Page 96 – 501.1.3 – RULES & REGULATIONS COMMITTEE

501.1.3 RULES & REGULATIONS COMMITTEE

- A The Rules & Regulations Committee shall consist of the following:
 - (1) The National Officials Committee Chair (or his/her designee) and the Program & Events Coordinator;
 - (2)-(6) *[no changes]*
- B-E *[no changes]*

HK-12	ADOPTED	Effective Immediately
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Location: Page 109 – 607.1 – APPEALS AND REVIEW

607.1 PETITION TO THE USA SWIMMING RULES AND REGULATIONS COMMITTEE —

Any House of Delegates of any LSC or any member of USA Swimming may petition the USA Swimming Rules & Regulations Committee with respect to any proposed changes referenced in Articles 604 and 605 above. Such appeal must be submitted at least one hundred (100) days prior to the next regular or special meeting of the USA Swimming House of Delegates.

HK-13	ADOPTED	Effective Immediately
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Location: Page 121 – 705.3 – ENTRY FEES

705.3 ENTRY FEES — The entry fees shall be determined by the Meet Director with the concurrence of the President/CEO (or his/her designee).

HK-14	ADOPTED	Effective Immediately
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Location: Page 121 – 705.4 – ENTRY PROCESS AND MEET ANNOUNCEMENT

705.4 ENTRY PROCESS AND MEET ANNOUNCEMENT — The entry procedure shall be stated in the meet announcement. The meet announcement shall be prepared under joint direction of and approved by the National Team Steering Committee, the Meet Director, Program & Events Coordinator, and the President/CEO of USA Swimming (or his/her designee).

HK-15	ADOPTED	Effective Immediately
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Location: Multiple Occurrences

Change all references from:
 Chair of the Rules & Regulations Committee
 Chair of the USA Swimming Rules & Regulations Committee
 Rules Chair

To the:
 Rules & Regulations Committee Chair

HK-16	ADOPTED	Effective Immediately
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Location: Various Sections – Required LSC Bylaws Template

1.2 OBJECTIVES - The objectives and primary purpose of XXSI shall be the education, instruction and training of individuals to develop and improve their capabilities in the sport of swimming. XXSI shall promote swimming for the benefit of swimmers of all ages and abilities, in accordance with the standards, rules, regulations, policies and procedures of FINA World Aquatics, USA Swimming, and XXSI and its *Articles/Certificate* [select one] of Incorporation.

6.2 OTHER DIRECTORS

.1 ATHLETE BOARD REPRESENTATIVES -
Provision A: Two (2) Athlete Board Representatives shall be elected, one each year for a two-year term, or until their respective successors are elected. At the time of election, the Athlete Board Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the two (2) immediately preceding years, in a USA Swimming sanctioned event conducted by XXSI or another LSC; and (d) have ~~his or her~~ their place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). The balloting shall take place via electronic vote and/or at a meeting called for that purpose by the Senior Athlete Board Representative *or the Athletes Committee*, or failing that, at a time and in a manner designated by the Board of Directors. At least *twenty (20) days'* written notice of the election shall be given to all clubs. The Athlete Board Representatives elected shall be determined by a majority of the [define the athlete voting members who elect the Athlete Board Representatives].

Provision B: Two (2) Athlete Board Representatives shall be elected by the House of Delegates, one each year, for a two-year term or until their respective successors are elected. At the time of election, the Athlete Board Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the two (2) immediately preceding years, in a USA Swimming sanctioned event conducted by XXSI or another LSC; and (d) have ~~his or her~~ their place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education).

7.4 STANDING COMMITTEES & COORDINATORS

.1 ATHLETES COMMITTEE -
 A CHAIR - The Senior Athlete Board Representative or ~~his or her~~ their designee shall be the chair of the committee.
 B-C [no changes]
 .2-4 [no changes]

7.5 DUTIES OF CHAIRS AND COORDINATORS GENERALLY - The duties of the General Chair, the division chairs, committee chairs, and coordinators (in addition to those provided elsewhere in these Bylaws) shall be as follows:

.1 [no changes]
 .2 See that all duties and responsibilities of the *coordinator* or the respective division, committee or sub-committee in ~~his or her~~ their charge are properly and promptly carried out;

.3-6 [no changes]

- 10.4 EXTENT OF INDEMNITY - To the full extent permitted by law, the indemnification provided in this Article shall include expenses (including attorneys' fees, disbursements and expenses), judgments, fines, penalties and amounts paid in settlement, and, except as limited by applicable laws, these expenses shall be paid by XXSI in advance of the final disposition of such action, suit or proceeding. If doubt exists as to the applicability of an exclusion to XXSI's obligation to indemnify, XXSI may require an undertaking from the Indemnified Person obliging ~~him~~them to repay such sums if it is subsequently determined that an exclusion is applicable. In the case of any person engaged in the sport of swimming for compensation or other gain, if XXSI determines that there is reasonable doubt as to such person's ability to make any repayment, XXSI shall not be obligated to make any payments in advance of the final determination. This indemnification shall not be deemed to limit the right of XXSI to indemnify any other person for any such expenses to the full extent permitted by law, nor shall it be deemed exclusive of any other rights to which any Indemnified Person may be entitled under any agreement, vote of members or disinterested directors or otherwise, both as to action in an official capacity and as to action in another capacity while holding such office.
- 13.2 ADMINISTRATIVE REVIEW BOARD ORGANIZATION -
- .1-9 [no changes]
- .10 Substitutions for Member - In the event that a regular member of the Administrative Review Board is unable or unwilling to promptly act for any reason, recuses ~~herself or himself~~themselves or is disqualified in any particular circumstance, the Chair (or, if the person so unable or unwilling to act or recused or disqualified is the Chair, the Vice-Chair; or failing that, the General Chair) shall appoint an alternate *member* to act in the regular member's place in respect of that circumstance.
- 14.2 DEFINITIONS - When used in these Bylaws, the following terms shall have the meanings indicated in this Section, and the definitions of such terms are equally applicable both to the singular and plural forms.
- .1-3 [no changes]
- .4 ATHLETE REPRESENTATIVE - shall be (a) an athlete member in good standing; (b) currently competing, or have competed within the two (2) immediately preceding years, in a USA Swimming sanctioned event conducted by XXSI or another LSC, and (c) have ~~his or her~~their place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education).
- .5-8 [no changes]
- ~~.9 FINA - the Federation Internationale de Natation, the international governing body for the sport of swimming.~~
[re-number remaining]
- .20 WORLD AQUATICS - the international governing body for the sport of swimming.
- .21 [no changes]

Resolution to Increase the Annual Club Fee

Whereas, the annual fee for existing club teams will increase to \$225 per year.

Whereas, the additional \$155 increase over the existing annual fee will be utilized in the Sport Development budget.

Whereas, the club fee for new club teams to USA Swimming will be \$750 for their first year. USA Swimming Staff may determine reduced fees for new clubs based on outreach membership and, or geographical isolation.

Whereas, a quarterly report will be submitted by Sport Development and posted on the website to outline the services provided.

Now, therefore, be it resolved that the USA Swimming House of Delegates approves the annual club fee for year-round clubs to be \$225 and the annual fee for the first year for all new clubs to be \$750.