

USA Swimming 2025 House of Delegates Meeting Minutes

September 27, 2025 / Denver, CO

CALL TO ORDER

The September 27, 2025, USA Swimming House of Delegates (HOD) meeting was opened by Bob Vincent, Interim Chief Executive Officer, at 12:39 p.m. Mountain Daylight Time.

PRESENT: Attachment 2

NOT PRESENT: Attachment 2

USA SWIMMING INTERIM CEO'S WELCOME

Mr. Vincent introduced new CEO, Kevin Ring, to the House of Delegates. Mr. Ring expressed gratitude to Mr. Vincent for his commitment to the sport of swimming, welcomed the Delegates, and introduced the event host, Zach Toothman, Co-Chair of the Zone Directors' Council.

RULES AND REGULATIONS CHAIR ELECTION

Derek Paul, Associate General Counsel, opened the vote to elect Taylor Rogers as Rules & Regulations Committee Chair.

***MOTION:** That the House of Delegates vote to approve Taylor Rogers as Chair of the Rules and Regulations Committee as appointed by the Board Chair for a two-year term. Motion passed.*

BOARD ELECTION

Mr. Paul opened the election for three non-athlete seats, to include at least two coaches, on the Board of Directors.

FOUNDATION REPORT

Missy Franklin, USA Swimming Foundation Ambassador, spotlighted the impactful efforts of the USA Swimming Foundation, emphasizing its commitment to expanding access to swim lessons for individuals of all ages and fostering community engagement with the sport nationwide. Ms. Franklin also noted that the Foundation has contributed over \$1 million in 2024 to support the National Team through key initiatives, including mentorship, mental health resources, and career transition programs.

MEMORIAL PRESENTATION

Mr. Paul asked for a moment of silence in remembrance of USA Swimming members who have passed away this past year.

PRESENTATIONS TO LIFE MEMBERS

Mr. Toothman announced the members presented with Life Memberships.

Bridgette Acchione – Maryland Swimming
Donna Beyerl – Allegheny Mountain Swimming
Jamie Bloom – North Carolina Swimming
Julie Chen – Connecticut Swimming
Ellen Colket – Potomac Valley Swimming
Vincent Colwell – Ohio Swimming
Charlie Fry – Gulf Swimming

William Gallagher – Middle Atlantic Swimming
Phillip Grant – Pacific Swimming
Marty Keating – Niagara Swimming
Helen Millward – Pacific Northwest Swimming
Pooja Parsons – New England Swimming
Tia Pollick – Inland Empire Swimming
Trey Prinz – South Texas Swimming
Mark Rhodenbaugh – North Texas Swimming
Barbara Roselli – North Texas Swimming
Travis Sandifer – Gulf Swimming
Rebecca Thomas – North Carolina Swimming

CREDENTIALS REPORT

Laurie Benton, Credentials & Elections Committee Chair, reported that 339 delegates out of 364 were credentialed.

FINANCIAL REPORT

Kenneth Chung, Vice-Chair of Fiscal Oversight, reported a strong financial position for the organization, noting an investment reserve of approximately \$29 million. Mr. Chung highlighted key financial developments, including the receipt of a clean audit for 2024, the appointment of Goldman Sachs as the organization's investment advisor, and the onboarding of a new insurance broker effective January 1, 2026.

Mr. Chung followed with a budget overview, emphasizing strategic investments in grassroots initiatives and the organization's commitment to sound financial stewardship aimed at shaping the future of the sport.

MEMBERSHIP REPORT

Angela Monty, Registration & Membership Committee Chair, presented the Membership Report, including a comparison of the 2024 and 2025 membership statistics (Attachment 3).

USA SWIMMING BOARD ELECTION RESULTS

Mr. Paul announced that the HOD elected Jack Bauerle, Kate Lundsten, and Brent Lang to the non-athlete seats on the Board of Directors.

Mr. Paul announced that the 10-Year Athletes have elected Phoebe Bacon, Gunnar Bentz, Lilly King, and Alex Walsh to the Athletes' Advisory Council.

Mr. Paul announced that the election for the 10-Year Athletes' seat on the Board of Directors was extended due to a tie in voting.

RULES & REGULATIONS

USA Swimming Rules & Regulations Committee Chair, Taylor Rogers, presented the 2025 Proposed Amendments to the Rulebook. Additionally, Ms. Rogers provided the procedures for pulling legislation, making a motion, speaking on legislation, and voting.

The HOD voted to adopt legislative proposals R-1 through R-7, R-9 through R-11, R-13 and HK-1 through HK-4 (Attachment 4).

ADJOURNMENT

Mr. Toothman adjourned the meeting at 2:22 p.m. Mountain Time.

Respectfully submitted:



Michelle Steinfeld, Secretary and General Counsel



Chris Brearton, Board Chair

USA Swimming 2025 House of Delegates Meeting Minutes

September 27, 2025 / Denver, CO

Attachment 1	Agenda
Attachment 2	Page 1 – Record of Attendance
Attachment 3	Page 2 – Membership Statistics
Attachment 4	Page 3 – 2025 Rules & Regulations Report

USA Swimming 2025 House of Delegates Agenda

September 27, 2025 / Denver, CO

- I. Call To Order
- II. Usa Swimming Interim Ceo's Welcome
- III. Rules And Regulations Chair Election
- IV. Board Election
- V. Foundation Report
- VI. Memorial Presentation
- VII. Presentations To Life Members
- VIII. Credentials Report
- IX. Financial Report
- X. Membership Report
- XI. Usa Swimming Board Election Results
- XII. Rules & Regulations
- XIII. Adjournment

PRESENT:		
Coach	Eric	Anger
Official	Stanton	Anker
Other	Katherine	Arris-Wilson
Official	Monna	Arvinen-Barrow
2-Year Athlete	Julissa	Arzave
Coach	Andrew	Austria
Coach	Tanja	Avant
Coach	Mikaela	Bagley
Official	Jennifer	Bancroft
Coach	Barbara	Barker
Coach	Timothy	Bauer
Coach	Mark	Bennett
10-Year Athlete	Joseph	Bentz
Official	Donna	Beyerl
2-Year Athlete	Christopher	Bishop
Coach	Jamie	Bloom
Coach	James	Bocci
Coach	Dominick	Boccio
Official	Ruth-Ann	Bode
Coach	Jessica	Bogie
Coach	John	Boxmeyer
Coach	John	Bradley
Coach	Pamela	Bradley
2-Year Athlete	Casey	Bretz
Coach	Jody	Broyles
Coach	John	Bruenning
Coach	Patrick	Burda
Coach	Patricia	Buswell
Official	Coleman	Bye
Coach	Marci	Callan
Coach	Todd	Capen
Official	Paul	Cary
10-Year+ Athlete	Christopher	Cavanaugh
Coach	William	Chidsey
Official	Stacy	Christie
Official	Kenneth	Chung
Coach	Nicole	Cicalo-DeCaro
Coach	Matthew	Cohen
Official	David	Coleman

Official	Ellen	Colket
Coach	Vincent	Colwell
Coach	Brandon	Converse
Coach	Rory	Coplan
Official	Dana	Covington
Coach	Marisa	Cozort
Coach	Erin	Crabtree
10-Year+ Athlete	Jayme	Cramer
Official	Judi	Creech
Official	Stephanie	Crofton
Coach	Lucas	Curotto Ferreira
Coach	Bruno	Darzi
Coach	Maria	Davila
Official	Michael	Davis
Coach	Aaron	Dean
Coach	Sarah	DeLay
Coach	Ryan	DeLong
Coach	Jared	Diallo
Official	Michael	Dilli
Official	Arthur	Dinkin
Official	Daniel	Diver
Coach	James	Dodson
Coach	Paul	Donovan
Coach	William	Doughty
Coach	Denise	Duitscher
Official	Carron	Dunker
Coach	Jason	Eaddy
Official	Brett	Elliott
2-Year Athlete	Brianna	Elliott
Coach	Chad	Englehart
Coach	Michael	Essig
Official	Scott	Eudey
Coach	Joshua	Everett
Official	Brett	Ewald
2-Year Athlete	Reese	Fairfax
Coach	Michael	Falati
Official	JoAnn	Faucett
Official	Steven	Fidanze
10-Year Athlete	Nicolas	Fink
Coach	Kristen	Finnegan
2-Year Athlete	Anakin	Fischer

Official	Kathleen	Fish
Other	Kathleen	Fish
Coach	Mary	Fleckenstein
Official	Julie	Floyd
Coach	Patrick	Foley
Coach	Tristan	Formon
10-Year Athlete	Carson	Foster
Official	Robert	Foy
Coach	Haley	Foydel
Official	Jason	Frankel
2-Year Athlete	Harper	Freeman
2-Year Athlete	Venuki	Gamage
2-Year Athlete	Eloise	Gerlach
Coach	Cristina	Gervais
Coach	Plemin	Gillette
Coach	Daryn	Glasgow
Coach	Brittany	Glass
Official	Amanda	Gleason
Coach	Ryan	Gober
10-Year+ Athlete	Scott	Goldblatt
Coach	Kyle	Goodrich
Official	Mette	Graversen
Coach	Nicholas	Graves
2-Year Athlete	Marco	Greico
2-Year Athlete	Chloe	Gustin
Coach	Daniel	Hafner
Official	Sammie	Hail
2-Year Athlete	Bradyn	Hale
Coach	Alexander	Haley
Coach	Tim	Haley
10-Year Athlete	Natalie	Hall
Coach	Michael	Hamann
Official	Clark	Hammond
Coach	Eric	Harse
Coach	Jon	Hayashida
Official	Gary	Heapy
Official	Melissa	Hellervik-Bing
Coach	Veronica	Hernandez
Coach	Meghan	Hershey
2-Year Athlete	Benjamin	Hinds
Coach	David	Hoch

Coach	Cody	Huckabay
Official	Susan	Huckeby
Coach	Lurena	Huffman
Coach	John	Hulvey
Coach	Kathryn	Humitz
2-Year Athlete	Lauren	Hurt
Coach	Lehla	Irwin
Coach	Mary-Catherine	Ivey
Official	Paris	Jacobs
2-Year Athlete	Simran	Jayasinghe
Coach	Rhiannon	Jeffrey
Other	Evan	Johnston
Coach	Michael	Julian
Coach	Kyle	Kallin
Coach	Jonathan	Kaplan
Coach	Alexis	Keto
Coach	David	Kilmer
2-Year Athlete	Cole	Kincart
10-Year Athlete	Lillia	King
Coach	Ira	Klein
2-Year Athlete	Brooke	Kramer
Official	Tara	Kurilchick
Coach	Tanya	Lane
Coach	Emmanuel	Lanzo
2-Year Athlete	Diego	Lara
Coach	Edgar	Lary
Coach	Michael	Lawrence
Coach	Wendy	Lawrence
Coach	Scott	Lawson
Official	Edward	Lesnick
Coach	Jaime	Lewis
Coach	David	Lind
Coach	Ellen	Lindauer
Coach	Janice	Lopez
Other	Pamela	Lowenthal
Coach	Cody	Mackall
Coach	Robert	MacLeod
2-Year Athlete	Brian	Magargle
2-Year Athlete	Emma	Main
Official	Stephen	Mandacina
Official	Meridith	Mangianracina

Coach	Todd	Marsh
Coach	Vicki	Marsh
Official	Patricia	Martin
Official	Stefanie	Martinez
Official	Kerra	Mayor
Coach	James	McCombs
Coach	Sophie	McCorkle
Official	Robert	McCoskey
Official	Tracy	Meece
10-Year Athlete	Catherine	Meili
Coach	Natalie	Melenric
Coach	Emily	Melina
Coach	Alexis	Mendenhall
2-Year Athlete	Sara	Mendoza
Coach	Jon-Paul	Merchant
Coach	Kevin	Milak
Coach	Brandon	Miller
10-Year Athlete	Jacob	Mitchell
Official	Lisa	Montplaisir
Coach	Angela	Monty
Other	Carla	Morelli
Other	Sabir	Muhammad
Coach	Ian	Murray
Coach	Adam	Nelsen
2-Year Athlete	Aubrey	Nelsen
Coach	David	Nelson
Coach	Virginia	Nussbaum
Official	Jason	Overby
Coach	Jimmy	Parmenter
Coach	Amy	Parratto
Coach	Michael	Parratto
Coach	Marcella	Parshall
Coach	Mark	Parshall
Coach	Ben	Pearthree
Official	Davis	Peden
Coach	Jenna	Pehowski
Coach	James	Peterfish
Coach	Eric	Peterson
Official	Joseph	Phillips
Coach	Alison	Pick
10-Year+ Athlete	Mary	Plant

Other	James	Platt
Coach	Kathleen	Prindle
Coach	Jenna	Purkey
2-Year Athlete	William	Rankin
Coach	Shelly	Rawding
Coach	Pete	Raykovich
2-Year Athlete	Kase	Reckling
Coach	Sean	Redmond
Coach	Robert	Rettle
Coach	Forest	Riek
Coach	Meghan	Risper
2-Year Athlete	Lara	Robertson
Coach	David	Rodriguez
Coach	Taylor	Rogers
Coach	Paul	Root
Coach	Alan	Rosenfeld
Other	Steven	Roush
2-Year Athlete	Kermit	Roux
Coach	John	Roy
2-Year Athlete	Makenzie	Royal
Official	Betsy	Russell
Coach	Kevin	Ryan
Official	Jeffrey	Sargent
Official	Kathleen	Scandary
Coach	Kaylee	Schell
Coach	Kathryn	Scheuer
10-Year Athlete	Allison	Schmitt
Official	Erin	Schwab
Official	Karen	Schwartz
2-Year Athlete	Violet	Schwartz
Coach	Michael	Seip
Coach	Sean	Sell
Official	Judith	Sharkey
Coach	Cornelius	Shea
2-Year Athlete	Thornton	Shelton
Official	Jason	Shibata
Coach	Benjamin	Shriner
Coach	Jon	Siegel
Coach	Kimberly	Sikkema
Official	Derigan	Silver
Coach	Paul	Silver

Other	Jeanette	Skow
Coach	Benjamin	Smith
Coach	Bradley	Smith
10-Year Athlete	Caitlin	Smith
Coach	Shawn	Smith
Coach	Stacy	Smith
Official	Rayleen	Soderstrom
Coach	Gwendolyn	Sorensen
Other	Robert	Staab
Coach	Todd	Stafek
Coach	Samuel	Stapleton
2-Year Athlete	Evan	Steffy
Coach	Todd	Sterlitz
Coach	Terry	Stoddard
Coach	Kirsty	Stooke
Coach	Michael	Stromberg
2-Year Athlete	Sidney	Stromberg
Coach	Katie	Sullivan
Coach	Benjamin	Sutton
Official	Jeffrey	Sutton
Official	Jack	Swanson
Coach	Emily	Swett
2-Year Athlete	Ava	Swigart
Coach	Uldis	Tazans
Official	Lorraine	Temple
Coach	Dennis	Tesch
Official	John	Thomas
2-Year Athlete	Olivia	Tighe
Official	Sarah	Tobin
2-Year Athlete	Zachary	Toothman
Official	Mary	Turner
10-Year Athlete	Ashley	Twichell
2-Year Athlete	Josephine	Uerling
Coach	Thomas	Ugast
Coach	Sage	Vadney
Official	Ronnie	Van Pool
Official	Cherlynn	Venit
Official	Lisa	Vetterlein
Official	Bryan	Wallin
2-Year Athlete	Thomas	Walsh
2-Year Athlete	Eleanor	Wang

2-Year Athlete	Abigail	Warnke
2-Year Athlete	Hadley	Wartner
Coach	Alec	Wathen
Coach	Matthew	Webber
Coach	Nicholas	Weiner
10-Year Athlete	Amanda	Weir
Coach	James	Willis
10-Year Athlete	Andrew	Wilson
Coach	Ashley	Wilson
Coach	Chad	Winkle
Coach	Daniel	Wohl
Coach	Melissa	Woltz
Official	Joan	Wong
Coach	Kimberly	Wyer-Ferraris
Coach	Hilary	Yager
Coach	George	Young
Coach	Kevin	Zacher
Coach	Margaret	Zajdzinski
Coach	Joseph	Zemaitis
2-Year Athlete	Nicole	Zhang

NOT PRESENT:		
Coach	Gethsemane	Acosta-Drury
Coach	Jerome	Adams
Coach	Ronald	Aitken
10-Year Athlete	Madeline	Andrews
Coach	William	Bayer
Coach	William	Benedict
Coach	Alexandra	Billings
Coach	Robert	Bowman
Other	Christopher	Brearton
Coach	Ashley	Burns
Other	Francis	Busch
Coach	Carol	Capitani
Coach	William	Carpenter
Coach	Matthew	Cerizo
Other	Martha	Chiwanza
Coach	Kathrine	Chronic
Official	Ashlee	Coleman
Coach	Todd	DeSorbo
Coach	Christian	Fossum
Coach	Jay	Friend
Coach	William	Gallagher
10-Year Athlete	Andrew	Gemmell
Coach	Alice	Godfred
Coach	Robert	Gonzalez
Coach	Tara	Goss
Coach	Richard	Guenther
Coach	Tyler	Hayes
Coach	Brian	Heaton
Coach	Patrice	Hildreth
Coach	Kent	Huckins
Official	Anissa	Kanzari
2-Year Athlete	Ann	Kramer
Coach	Nicholas	Kredich
10-Year+ Athlete	Jeffrey	Kubiak
Coach	Sarah	Landreneau
10-Year Athlete	Breeja	Larson
Coach	Ronald	Lockwood
Coach	Rosibel	Maldonado
Other	Brooke	Martin

Coach	Julia	Merrill
Coach	William	Morse
Coach	John	Moseley
Official	Lomax	Napper
Coach	Kelly	Nathane
Coach	Anthony	Nesty
Coach	Eric	Paden
Coach	Ashton	Palmer
Coach	Christopher	Plumb
Coach	Renee	Riggs
Coach	Daniel	Roberts
Official	Deborah	Schmidt
Coach	Anne	Sievers
Coach	Rocky	Smith
2-Year Athlete	Alexander	Suh
Coach	Pamela	Swander
Coach	Edward	Ware
Coach	Kevin	Zakrzewski

2024 and 2025 Membership Statistics

	2024*	2025*	Difference 2024 vs 2025
Athletes			
Year-Round Athletes (includes Outreach and Flex)	319,986	318,265	-1,721
Outreach	7,090	8,362	1,272
Flex	29,656	31,588	1,932
Seasonal Athletes (Season 1, 2 and Individual)	14,038	14,317	279
Open Water Single Meet Athletes	142	100	-42
Clubs	2,745	2,713	-32
New Clubs	87	106	19
Season 1 and 2 clubs	60	52	-8
Organizations	30	25	-5
Non-athletes	46,018	45,310	-708

* The statistics are as of August 31.

USA SWIMMING

**RULES & REGULATIONS COMMITTEE
ACTIONS TAKEN ON PROPOSED AMENDMENTS**

September 27, 2025

No.	Description	Location	Action
R-1	To update the current definition of disability.	OFFICIAL GLOSSARY 105.1 701.24	Adopted
R-2	To modify the jurisdiction of the starting position from the Starter to the Starter or Stroke and Turn Judge.	101.1	Adopted
R-3	To provide additional competition opportunities for 15-18 swimmers, aligning with World Aquatics and the addition of 50s of stroke into the LA28 Olympics.	102.1	Adopted
R-4	To provide uniform procedures for Administrative Officials, based on current practices, when it is found that swimmers have been over-entered and/or competed beyond allowable limits.	102.2	Adopted
R-5	To provide a swimmer the option of a counter in the 16 length 400 SCM freestyle race. This would especially benefit younger and newer swimmers.	102.6	Adopted
R-6	To clarify technical swimsuit restrictions for 12 & Under athletes.	102.8	Adopted
R-7	To clarify which distances and strokes are recognized for American and United States Open Records.	104.2	Adopted
R-8	To make it easier for athletes to achieve results when the LSC cannot obtain enough officials for observed meets.	202.8	Defeated
R-9	To align with current practices and to allow the Senior Development Committee the ability to evaluate Futures Championships each year for the best opportunities for the athletes.	204.10	Adopted
R-10	To clarify that 12 & Under athletes shall only swim in one preliminary session and the related finals when preliminaries and finals are contested.	205.3	Adopted
R-11	To align athlete representation on the Coach Advisory Council with other similar committees.	501.1.2	Adopted
R-12	To allow for Potomac Valley Swimming to sanction meets in a territory occupied by Potomac Valley Swimming clubs.	603.2	Defeated
R-13	To bring LSC Bylaws into alignment and conformity with USA Swimming desired practices.	7.4.3 7.4.4 Required LSC Bylaws	Adopted
HK-1	To conform to World Aquatics regulations and to clarify that at least one toe from each foot must be in contact with the end wall or touchpad.	101.4	Adopted
HK-2	To conform to current practice and align with World Aquatics events.	102.1	Adopted
HK-3	To align with USOPC requirements.	304.3	Adopted
HK-4	To correct a reference to Article 404 that no longer exists, and to remove references to specific policy numbers in the Operating Policy Manual.	Multiple Occurrences Required LSC Bylaws	Adopted
M-1	To conform to World Aquatics regulations.	102.21	Informational
M-2	To conform to World Aquatics regulations and to clean up the "Mandatory" notations.	103.15	Informational
I-1	To merge Lake Erie Swimming and Ohio Swimming into one LSC as described in 604.4; to redistrict Woodbury County from Midwestern Swimming to Iowa Swimming, and to redistrict multiple towns in Maine from Maine Swimming to New England Swimming.	603.2 605.1	Informational
	Appeal to move Floyd and Clark Counties of Indiana from the Kentucky Swimming LSC to the Indiana Swimming LSC.	603.2	Defeated
	Appeal to move Platinum Aquatics and Tiger Sharks of Texas as well as Bell and Milam Counties of Texas from the South Texas LSC to the Gulf Swimming LSC	603.2	Defeated

USA SWIMMING
RULES & REGULATIONS COMMITTEE

**ACTIONS TAKEN ON 2025 PROPOSED LEGISLATION
BY USA SWIMMING HOUSE OF DELEGATES**

Prepared by Taylor Rogers (Chair),

Herb Schwab (Secretary)

September 27, 2025

USA SWIMMING
RULES & REGULATIONS COMMITTEE
ACTIONS TAKEN ON PROPOSED
AMENDMENTS TO RULES AND REGULATIONS

R-1	ADOPTED/AMENDED	Effective Immediately
-----	-----------------	-----------------------

Location: Page 16 – **OFFICIAL GLOSSARY**
Page 56 – **105.1 – GENERAL**
Page 118 – **701.24 – SWIMMERS WITH DISABILITIES**

OFFICIAL GLOSSARY

DISABILITY – a permanent physical or cognitive disability that substantially impacts one or more major life activities.

105.1 GENERAL

.1 **Authority** — The USA Swimming Rules & Regulations grant the Referee the authority to modify the rules for the swimmer with a disability. ~~Disability is defined as a permanent physical or cognitive disability that substantially limits one or more major life activities.~~ This section contains guidelines and suggestions for making such modifications. Reference 701.24 for Open Water competitions.

.2-.3 *[no changes]*

701.24 SWIMMERS WITH DISABILITIES

.1 **Authority** — The USA Swimming Rules & Regulations grant the Referee authority to modify any rule or race management procedure for a swimmer with a disability. ~~Disability is defined as a permanent physical or cognitive disability that substantially limits one or more major life activities.~~ Any such modification shall affect only the current event and does not set precedent.

.2 *[no changes]*

R-2	ADOPTED	Effective Immediately
-----	---------	-----------------------

Location: Page 22 – **101.1 – STARTS**

101.1 STARTS

.1 *[no changes]*

.2 The Start
A-D *[no changes]*

E A swimmer shall not be disqualified for an illegal starting position at the start if the race is permitted to proceed. Enforcement of the correct starting position is the responsibility of the Starter. A swimmer shall be disqualified for an illegal starting position at the start if the swimmer moves from a legal starting position to an illegal starting position immediately prior to or after the “take your marks” command provided that the illegal starting position exists when the signal to start the race is given. Enforcement of the correct starting position is the responsibility of the Starter or the Stroke and Turn Judges.

.3-.5 *[no changes]*

Location: Page 26 – **102.1 – EVENTS**

102.1 EVENTS — Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events for any group of swimmers in any one day and to provide adequate meal and rest breaks and properly supervised sheltered rest areas. Refer to 205.3.1F for additional provisions.

.1 [no changes]

.2 **AGE GROUP EVENTS** — Competitions may be composed of events selected from the following recognized list of events or other such events/meet types as may be sanctioned by the LSC.

10 Years and Younger

50, 100, 200, 400m/500y freestyle
 50, 100 backstroke
 50, 100 breaststroke
 50, 100 butterfly
 100, 200 individual medley
 200 freestyle relay
 200 medley relay
 200 mixed competition category freestyle relay
 200 mixed competition category medley relay

11, 12 Years

50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle
 50, 100, 200 backstroke
 50, 100, 200 breaststroke
 50, 100, 200 butterfly
 100, 200, 400 individual medley
 200, 400 freestyle relay
 200, 400 medley relay
 200, 400 mixed competition category freestyle relay
 200, 400 mixed competition category medley relay

13, 14, 15, 16, 17, 18 Years

50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle
 50, 100, 200 backstroke
 50, 100, 200 breaststroke
 50, 100, 200 butterfly
 200, 400 individual medley
 200, 400, 800 freestyle relay
 200, 400 medley relay
 200, 400, 800 mixed competition category freestyle relay
 200, 400 mixed competition category medley relay

~~15, 16, 17, 18 Years~~

~~50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle
 100, 200 backstroke
 100, 200 breaststroke
 100, 200 butterfly
 200, 400 individual medley
 200, 400, 800 freestyle relay
 200, 400 medley relay
 200, 400, 800 mixed competition category freestyle relay
 200, 400 mixed competition category medley relay~~

.3-.7 [no changes]

Location: Page 28 – **102.2 – GENERAL RULES**

102.2 GENERAL RULES

.1-.6 [no changes]

- .7 The above limitations on individual events apply regardless of the classification mixture or if separate meets or time trials are being conducted. These, and additional limitations on entries which may be established by the LSC's sanction or approval, shall be clearly stated in the meet announcement.

- A Unless explicitly stated otherwise, a swimmer found, prior to seeding, to have exceeded the session, daily, or overall meet entry limit shall be scratched from any and all events that occur beyond the allowable limit, in the order that events are contested.
- B Unless explicitly stated otherwise, a swimmer found to have competed in events beyond entry limits shall be administratively disqualified from any and all events that were swum beyond the allowable limit.

.8-.9 [no changes]

R-5	ADOPTED	Effective Immediately
-----	---------	-----------------------

Location: Page 31 – **102.6 – COUNTERS**

102.6 COUNTERS

- A A swimmer in the 500/1000/1650 yard or ~~800/1500~~ 400/800/1500 Short Course Meter or 800/1500 Long Course Meter freestyle or other long distance pool event (see 102.1.4) may appoint one counter to call lengths or indicate lengths by visual sign.
- B-E [no changes]

R-6	ADOPTED	Effective Immediately
-----	---------	-----------------------

Location: Page 33 – **102.8 – SWIMWEAR**

102.8 SWIMWEAR

.1 Design

- A-E [no changes]
- F No Technical Suits shall be worn by any 12 & Under athlete in competition at any sanctioned, approved or observed meet.
- (1) Exceptions to the foregoing restriction are only for Junior Nationals, U.S. Open, National Championships, and Olympic Trials.
- (2) A Technical Suit is one that has the following components:
- a. Any suit with any bonded or taped seams regardless of its fabric or silhouette;
- or
- b. ~~Any suit with woven fabric extending past the hips.~~ Any suit which includes any woven fabric and which extends past the hips.

(Note: WOVEN FABRIC — A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC — A suit with knit fabric and sewn seams not extending below the knees is permitted.)

.2-3 [no changes]

Location: Page 53 – 104.2 – USA SWIMMING RECORDS

104.2 USA SWIMMING RECORDS

.1 [no changes]

.2 American and United States Open Records

A [no changes]

B **Recognized Distances and Strokes (Men and Women)** – Times submitted for American and United States Open Records shall be achieved in the recognized events in 102.1.1 with the following exceptions: the 100 Short Course Meters (SCM) individual medley event shall be eligible for American and United States Open Records.

- (1) **Short Course Yards** — Made only over courses 25 yards long
- | | |
|---|-------------------------------------|
| Freestyle | 50, 100, 200, 500, 1000, 1650 yards |
| Backstroke | 100, 200 yards |
| Breaststroke | 100, 200 yards |
| Butterfly | 100, 200 yards |
| Individual Medley | 200, 400 yards |
| Freestyle Relay | 200, 400, 800 yards |
| Mixed Competition Category Freestyle Relay | 200, 400, 800 yards |
| Medley Relay | 200, 400 yards |
| Mixed Competition Category Medley Relay | 200, 400 yards |
- (2) **Short Course Meters** — Made only over courses 25 meters long
- | | |
|---|-------------------------------------|
| Freestyle | 50, 100, 200, 400, 800, 1500 meters |
| Backstroke | 50, 100, 200 meters |
| Breaststroke | 50, 100, 200 meters |
| Butterfly | 50, 100, 200 meters |
| Individual Medley | 100, 200, 400 meters |
| Freestyle Relay | 200, 400, 800 meters |
| Mixed Competition Category Freestyle Relay | 200, 400, 800 meters |
| Medley Relay | 200, 400 meters |
| Mixed Competition Category Medley Relay | 200, 400 meters |
- (3) **Long Course** — Made only over courses 55 yards or 50 meters long
- | | |
|---|-------------------------------------|
| Freestyle | 50, 100, 200, 400, 800, 1500 meters |
| Backstroke | 50, 100, 200 meters |
| Breaststroke | 50, 100, 200 meters |
| Butterfly | 50, 100, 200 meters |
| Individual Medley | 200, 400 meters |
| Freestyle Relay | 200, 400, 800 meters |
| Mixed Competition Category Freestyle Relay | 200, 400, 800 meters |
| Medley Relay | 200, 400 meters |
| Mixed Competition Category Medley Relay | 200, 400 meters |

C [no changes]

.3-.5 [no changes]

Location: Page 67 – **202.8 – REQUIREMENTS FOR OBSERVED SWIMS**

202.8 REQUIREMENTS FOR OBSERVED SWIMS — Swims may be observed by assigned USA Swimming or YMCA officials for conformance with USA Swimming technical rules in a meet conducted under other than USA Swimming rules (NFHS, USMS, USOPC). Official times achieved as observed swims may be submitted for entry into the SWIMS database if all of the following conditions are met:

.1-4 [no changes]

.5 Meets described under .1 and .2 above officiated by a minimum of one referee, one starter and two stroke and turn judge association officials, but with insufficient USA Swimming and/or YMCA observers, may be loaded into SWIMS if the appropriate form (Form A, Form B) is submitted to the LSC National Times Verification Officer in accordance with LSC procedures at least 10 days prior to the meet. Such times shall not be eligible for USA Swimming records as defined within Articles 104.2.1-104.2.4.

Location: Page 72 – **204.10 – USA SWIMMING FUTURES CHAMPIONSHIPS**

204.10 USA SWIMMING FUTURES CHAMPIONSHIPS — The USA Swimming Futures Championships shall be governed and conducted by USA Swimming.

.1 [no changes]

.2 LSCs ~~will~~ may be assigned to a specific Futures meet based upon the recommendation from the Senior Development Committee.

Location: Page 73 – **205.3 – PROGRAM AND EVENTS**

205.3 PROGRAM AND EVENTS

.1 [no changes]

A-E [no changes]

F With the exception of championship and open water meets, the program in all other age group competition shall be planned to allow the events for swimmers twelve (12) years and younger to be completed in four (4) hours or less per session (prelims, finals, timed finals). Events for the same 12 & under swimmers shall be limited to one session per day, except for prelim/final meets where events for 12 & under swimmers may be offered in both prelims and finals a single prelim session and the related finals.

.2 [no changes]

Location: Page 95 – **501.1.2 – COACH ADVISORY COUNCIL**

501.1.2 COACH ADVISORY COUNCIL

A [no changes]

(1) [no changes]

(2) Six (6) ~~10-Year Athlete representatives and/or 10-Year+ Actively Engaged Athlete representatives~~ appointed by the AAC. ~~At least 50% of the athletes must meet the requirements of 10-Year Athlete representatives.~~

B-F [no changes]

Location: Page 102 – **603.2 – NAMES AND JURISDICTIONAL BOUNDARIES**

603.2 The geographical areas or boundaries for the Local Swimming Committees shall be as indicated below. The two-letter Registration Codes are shown in parenthesis:

[AD through PN no changes]

POTOMAC VALLEY (PV) — The District of Columbia; Montgomery and Prince George's counties in the State of Maryland; and Arlington and Fairfax counties and the cities of Alexandria, Fairfax and Falls Church in the Commonwealth of Virginia.

Any pool within the boundaries of Loudoun County, Prince William County, and the city of Manassas in the Commonwealth of Virginia shall be available for the use of the Potomac Valley Swimming and Virginia Swimming LSCs and their respective member clubs, and both LSCs may sanction swimming events in these pools under their own rules and regulations.

[SI through UT no changes]

VIRGINIA (VA) — Commonwealth of Virginia, except Arlington and Fairfax counties and the cities of Alexandria, Fairfax and Falls Church; and including the counties of Pasquotank, Camden and Currituck in the State of North Carolina.

Any pool within the boundaries of Loudoun County, Prince William County, and the city of Manassas in the Commonwealth of Virginia shall be available for the use of the Potomac Valley Swimming and Virginia Swimming LSCs and their respective member clubs, and both LSCs may sanction swimming events in these pools under their own rules and regulations.

[WT through WY no changes]

Location: **Article 7.4.3 – Required LSC Bylaws Template**

Two provisions are offered with respect to Governance or Nominating Committees. Select one and delete the other.
--

Provision A (combined Governance & Nominating Committee)

7.4.3 GOVERNANCE COMMITTEE -

- A. **CHAIR** - The chair shall be elected annually by the Governance Committee from among its own members.

Two options are offered concerning the method of selection of the Governance Committee members. Select one and delete the other.
--

- B. **Option 1 MEMBERS -**

The Governance Committee members shall be appointed by the General Chair with advice and consent of the Board of Directors. The Committee shall be comprised of [list the number in factors of 3 or 4, in alignment with the term of office] with a sufficient number of Athlete Representatives so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Each member shall serve a *three or four-year* [select one] term, staggered so that *one-third (1/3) or one-fourth (1/4)* [select one to coincide with factor selected above] of such members are appointed each year. No more than one-half (1/2) of the Governance Committee members shall be members of the XXSI Board of Directors at any given time. After completion of two consecutive terms, members are not eligible for re-appointment to the Governance Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation. In no case shall the General Chair or paid staff serve on the Governance Committee.

Option 2 MEMBERS -

The Governance Committee shall be elected by the House of Delegates and shall be comprised of at least [insert a number] members, with a sufficient number of Athlete Representatives so as to constitute at least twenty percent (20%) of the voting membership of the Committee. No more than one half of the Committee

shall be members of the XXSI Board of Directors. If any member of the Governance Committee resigns or otherwise becomes unable to participate in its affairs, the General Chair, with the advice and consent of the Board of Directors, shall appoint a successor to serve until the next meeting of the House of Delegates. In no case shall the General Chair or paid staff serve on the Governance Committee. Members shall serve two-year terms, staggered so that approximately one-half of the members are elected each year. After completion of three consecutive terms, members are not eligible to be elected or appointed to the Governance Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation.

- C. QUORUM - When making nominations, a quorum for any meeting of the Governance Committee shall consist of a majority of its voting members. For all other meetings, a quorum shall consist of those members present and voting.

D. DUTIES

- (1) ~~To assist in periodic evaluation of the mission and vision statements and the Bylaws of XXSI.~~ To lead in the annual evaluation of the mission and vision statement of XXSI;
- (2) To lead in the annual evaluation of the Bylaws of XXSI;
- (3) To lead in the biennial review of all XXSI governance documents;
- (24) ~~To aid in the development of operating policies and procedures regarding conflict of interest (Board and staff), document retention, ethics, whistle-blower, procurement, contract review, grievance and other employment-related practices, etc.;~~
- (3) ~~To aid in the development of personnel practices procedure including job descriptions and annual review of staff;~~
- (45) ~~To ensure that the Board's focus remains on the strategic plan;~~
- (5) ~~To aid in the development of expectations and processes for accountability of Board members;~~
- (6) To lead in the development and review of the job descriptions criteria for the qualities and required characteristics of Board officers;
- (7) ~~To lead Board succession planning by assessing current and anticipated needs for of the Board;~~
- (8) ~~To lead in the composition and identifying and recruiting identification and recruitment of potential Board members;~~
- (89) To nominate Board members, Administrative Review Board members, Governance Committee members (when elected), and other coordinator or chair positions to be elected by the House of Delegates consistent with the matrix of skills, demographics, and talents needed;
- (910) To publish the slate of candidates to the XXSI membership at least twenty (20) days prior to the election. Additional nominations may be made from the floor of the House of Delegates by voting members of the House of Delegates;
- (4011) ~~To design and implement Board and Chair orientation and an ongoing program of Board education and development onboarding; and,~~
- (12) To design and implement an ongoing program of Board and Chair education and development.
- (14) ~~To lead periodic assessment of the Board's performance (as a whole and of individual members) and make recommendations to enhance Board effectiveness.~~

Provision B (separate Governance & Nominating Committees)

7.4.3 NOMINATING COMMITTEE -

- A. CHAIR - The Chair shall be elected annually by the Nominating Committee from among its own members.
- B. MEMBERS - The House of Delegates shall annually elect at least [insert a number] individuals to the Nominating Committee to serve a one-year term, with a sufficient number of Athlete Representatives so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Terms shall commence at the conclusion of the meeting at which members were elected and end when their successors assume office. If any member of the Nominating Committee resigns or otherwise becomes unable to participate in its affairs, the General Chair, with the advice and consent of the Board of Directors, shall appoint a successor to serve until the next meeting of the House of Delegates. No individual shall be eligible to serve more than six (6) consecutive years on the Nominating Committee until after a lapse of two years. A portion of any term served to fill a vacancy in the position shall not be considered in the computation of the successive term limitation. In no case shall the General Chair or paid staff serve on the Nominating Committee.
- C. QUORUM - A quorum for any meeting of the Nominating Committee shall consist of a majority of its voting members.
- D. DUTIES -

- (1) To work with the Board on succession planning assessing current and anticipated needs for Board composition;
- (42) To nominate Board members, Administrative Review Board members, Governance Committee (when elected), and other coordinator or chair positions to be elected by the House of Delegates consistent with the matrix of skills, demographics, and talents needed; and,
- (23) To publish the slate of candidates to the XXSI membership at least twenty (20) days prior to the election. Additional nominations may be made from the floor of the House of Delegates by voting members of the House of Delegates.

7.4.4 GOVERNANCE COMMITTEE -

- A. CHAIR - The Chair shall be elected annually by the Governance Committee from among its own members.
- B. MEMBERS - The Governance Committee members shall be appointed by the General Chair with advice and consent of the Board of Directors. The Committee shall be comprised of at least [insert a number] members with a sufficient number of Athlete Representatives so as to constitute at least twenty percent (20%) of the voting membership of the Committee. Each member shall serve a *three or four-year* [select one] term. Terms shall be staggered such that approximately *one-third (1/3) or one-fourth (1/4)* [select one to coincide with term selected above] of members are appointed each year.
- C. DUTIES - It shall be the duty of the Governance Committee to:
 - (1) ~~Assist in periodic evaluation of the mission and vision statements and the Bylaws of XXSI;~~To lead in the annual evaluation of the mission and vision statement of XXSI;
 - (2) To lead in the annual evaluation of the Bylaws of XXSI;
 - (3) To lead in the biennial review of all XXSI governance documents;
 - (24) ~~To aid in the development of operating policies and procedures regarding conflict of interest (Board and staff), document retention, ethics, whistle-blower, procurement, contract review, grievance and other employment-related practices, etc.;~~
 - (3) ~~Aid in the development of personnel practices procedure including job descriptions and annual review of staff;~~
 - (45) ~~Assist in shaping the Board's agenda based on the strategic plan~~To ensure that the Board's focus remains on the strategic plan;
 - (5) ~~Aid in the development of expectations and processes for accountability of Board members;~~
 - (6) ~~Develop criteria for the qualities and required characteristics of Board officers~~To lead in the development and review of the job descriptions of Board officers;
 - (7) To lead Board succession planning by working with the Nominating Committee to assess current and anticipated needs for Board composition;
 - (8) To design and implement Board and Committee orientation and onboarding; and an ongoing program of Board education and development; and
 - (9) To design and implement an ongoing program of Board and Committee education and development.
 - (9) ~~Lead periodic assessment of the Board's performance (as a whole and of individual members) and make recommendations to enhance Board effectiveness.~~

HK-1	ADOPTED	Effective Immediately
------	---------	-----------------------

Location: Page 24 – 101.4.1 – BACKSTROKE

101.4 BACKSTROKE

- .1 **Start** — The swimmers shall line up in the water facing the starting end, with both hands placed on the gutter or on the starting grips. Standing in or on the gutter, placing the toes above the lip of the gutter, or bending the toes over the lip of the gutter, before or after the start, is prohibited. When using a backstroke ledge at the start, at least one toe of ~~both feet~~ each foot must be in contact with the end wall or face of the touchpad. Bending the toes over the top of the touchpad is prohibited.
- .2-.4 [no changes]

HK-2	ADOPTED	Effective Immediately
------	---------	-----------------------

Location: Page 26 – **102.1 – EVENTS**

102.1 EVENTS — Meets should be planned to terminate within a maximum period of eight (8) hours of competitive events for any group of swimmers in any one day and to provide adequate meal and rest breaks and properly supervised sheltered rest areas. Refer to 205.3.1F for additional provisions.

.1 **SENIOR EVENTS** — The following events for National Championships are recommended for LSC and other championship meets. Eligibility for these championships shall be determined by the LSCs involved.

50, 100, 200, 400m/500y, 800m/1000y, 1500m/1650y freestyle

50, 100, 200 backstroke

50, 100, 200 butterfly

50, 100, 200 breaststroke

200, 400 individual medley

200, 400, 800 freestyle relay

200, 400 medley relay

200, 400, 800 mixed competition category freestyle relay

200, 400 mixed competition category medley relay

.2-.7 [no changes]

HK-3	ADOPTED	Effective Immediately
------	---------	-----------------------

Location: Page 90 – **304.3**

304.3 The following shall be considered violations of the USA Swimming Code of Conduct:

Measures to be adjudicated by the USA Swimming National Board of Review as set forth in the National Board of Review procedures, pursuant to the USA Swimming Operating Policy Manual.

.1 - .14 [no changes]

HK-4	ADOPTED	Effective Immediately
------	---------	-----------------------

Location: **Various Sections – Required LSC Bylaws Template**

2.1 **MEMBERS** - The membership of XXSI shall consist of the clubs, organizations and individuals who have registered with XXSI as set forth in the USA Swimming Corporate Bylaws, *including the optional categories of seasonal athlete membership, seasonal club membership, flex membership, and single event open water athlete membership.*

.1 [no changes]

.2 **MEMBERSHIP A PRIVILEGE NOT A RIGHT** - Membership in XXSI and USA Swimming is a privilege and shall not be interpreted as a right. Membership may be terminated by the National Board of Review or the U.S. Center for SafeSport in accordance with the National Board of Review procedures, pursuant to ~~Policy 26.0~~ of the USA Swimming Operating Policy Manual.

4.5.9 Remove from office any persons elected by the House of Delegates (Board Members, *members of the Administrative Review Board*, or committee chairs or coordinators) who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the National Board of Review for any of the reasons set forth in ~~Article 404 of USA Swimming Rules and Regulations~~ the National Board of Review procedures, pursuant to the USA Swimming Operating Policy Manual. However, no such individual may be removed without receiving thirty (30) days' written notice by the Secretary or other officer designated by the House of Delegates specifying the alleged

deficiency in the performance of the member's responsibilities or specific official duties or other reason and an opportunity to respond in writing within twenty (20) days to such allegations.

- 5.6 DUTIES AND POWERS - The Board of Directors shall act for XXSI and the House of Delegates during the intervals between meetings of the House of Delegates, except that it shall not remove a Board Member, *an Administrative Review Board member*, or other person not appointed by the Board of Directors or amend these Bylaws. Any actions taken are subject to the exercise by the House of Delegates of its powers of ratification or prospective modification or rescission. In addition to the powers and duties prescribed in the USA Swimming Rules and Regulations or elsewhere in these Bylaws, the Board of Directors shall have the power and it shall be its duty to:

.1-.9 [no changes]

- .10 Remove from office any Board Members, committee chairs, or committee members or coordinators of XXSI who were appointed/elected by the Board and who have failed to attend to their official duties or member responsibilities or have done so improperly, or who would be subject to penalty by the National Board of Review for any of the reasons set forth in the National Board of Review procedures, pursuant to ~~Policy 26.0~~ of the USA Swimming Operating Policy Manual. However, no At-Large Board Member, or committee chair or coordinator may be removed without receiving the thirty (30) days' written notice specifying the alleged deficiency in the performance of the member's responsibilities or specific official duties or other reasons and an opportunity to respond in writing within twenty (20) days to such allegations.

- 13.1 INTRODUCTION - USA Swimming was organized as the National Governing Body for the sport of swimming under the Amateur Sports Act of 1978, as amended by the Ted Stevens Olympic and Amateur Sports Act of 1998, both federal laws. These laws require USA Swimming to establish and maintain provisions for the swift and equitable resolution of all disputes involving any of its members. This Article, together with Section 2.2 and the National Board of Review procedures, pursuant to ~~Policy 26.0~~ of the USA Swimming Operating Policy Manual, are intended to provide a mechanism for resolving in an orderly and fair way all manner and kinds of disputes that may arise among its members in connection with the sport of swimming. Accordingly, XXSI has established the Administrative Review Board to hear complaints and appeals regarding administrative matters within XXSI which do not rise to the level of Code of Conduct violations and are not appeals of sanction decisions. The Administrative Review Board shall have no jurisdiction to hear complaints regarding conduct that may violate the USA Swimming Code of Conduct or otherwise violate the policies, procedures, rules and regulations adopted by USA Swimming, or conduct that may bring USA Swimming, XXSI or the sport of swimming into disrepute. This Article, together with the National Board of Review procedures, pursuant to ~~Policy 26.0~~ of the USA Swimming Operating Policy Manual, is intended to provide a fair hearing before a group of independent and impartial people. This Article and the National Board of Review procedures, pursuant to ~~Policy 26.0~~ of the USA Swimming Operating Policy Manual shall be construed accordingly.

- 13.3 GENERAL -

.1-.3 [no changes]

- .4 Timeliness of Petition - The Administrative Review Board need not exercise its jurisdiction with respect to a complaint the subject matter of which occurred, or concerns or is founded on events which occurred, more than ninety (90) days prior to the date the complaint is received. A determination not to exercise its jurisdiction as a result of the untimeliness of a complaint may be made by the Chair alone and may be the subject of a request for rehearing and, thereafter, appeal to the National Board of Review in accordance with the National Board of Review procedures, pursuant to ~~Policy 26.0~~ of the USA Swimming Operating Policy Manual.

- 14.2 DEFINITIONS - When used in these Bylaws, the following terms shall have the meanings indicated in this Section, and the definitions of such terms are equally applicable both to the singular and plural forms.

.1-.14 [no changes]

- .15 NATIONAL BOARD OF REVIEW - the National Board of Review of USA Swimming established in accordance with the National Board of Review procedures, pursuant to ~~Policy 26.0~~ of the USA Swimming Operating Policy Manual. Where the context requires, a reference to the National Board of Review shall include a reference to the USA Swimming Board of Directors when that body is acting upon an appeal from the National Board of Review.

.16-.21 [no changes]

M-1	Currently Effective
-----	---------------------

Location: Page 40 – **102.21 – DISQUALIFICATIONS**

102.21 DISQUALIFICATIONS

- .1-.4 *[no changes]*
- .5 ~~A-The swimmer must start and finish the race in the same lane.~~ remain and finish the race in the same lane in which they started.
- .6-.15 *[no changes]*

M-2	Currently Effective
-----	---------------------

Location: Page 50 – **103.15 – BACKSTROKE LEDGE**

103.15 ~~IM~~ BACKSTROKE LEDGE — The backstroke ledge shall conform to World Aquatics' specifications when used in competition as follows:

- .1 ~~IM~~-The ledge ~~may~~ shall be adjustable to 4 centimeters above or 4 centimeters below the water level and may not be used outside of this range.
- .2 ~~IM~~-The ledge shall be a minimum of ~~65~~ 60 centimeters in length.
- .3 ~~IM~~-The ledge must be 8 centimeters in height, 2 centimeters at the width with 10 degrees of slope.
- .4 ~~IM~~-The ledge may not be used in water depth less than 4 feet (1.22 meters).
- .5 ~~IM~~-Should backstroke ledges be used, identical ledges shall be provided for all lanes.

I-1	Information Only
-----	------------------

Location: Page 102 – **603.2 – NAMES AND JURISDICTIONAL BOUNDARIES**
Page 108 – **605.1**

603.2 The geographical areas or boundaries for the Local Swimming Committees shall be as indicated below. The two-letter Registration Codes are shown in parenthesis:

[AD through IE no changes]

IOWA (IA) — State of Iowa, except the counties of Lyon, Osceola, Sioux, O'Brien, Plymouth, Cherokee, ~~Woodbury~~, Ida, Monona, Crawford, Harrison, Shelby, Pottawattamie, Mills, Montgomery, Freemont and Page.

[KY no changes]

LAKE ERIE (LE) — ~~In the State of Ohio, the counties of Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull and Mahoning.~~

[LA no changes]

MAINE (ME) — That portion of the State of Maine, including the counties of Knox, ~~Kennebec~~, Hancock, Aroostook, Sagadahoc, Oxford, Lincoln, Washington, and Waldo. The portion of Cumberland County including the towns of Bridgton, Harrison, Freeport, Harpswell, and Brunswick. The portion of Penobscot County ~~(ME)~~ not including the towns of Dexter, Garland, Charleston, Bradford, Alton, Argyle Township, Greenbush, Old Town, Indian Island, Orono, Bradley, and Milford. The portion of Franklin County ~~(ME)~~ not including the towns of Jay, Chesterville, and New Sharon. ~~The portion of Franklin County (ME) not including the towns of Jay,~~

~~Chester~~ville, and New Sharon. The portion of Piscataquis County (~~ME~~) not including the towns of Wellington, Parkman, Sangerville, Guilford, Dover-Foxcroft, Sebec, and Atkinson. The portion of Somerset County not including the towns of Starks, Mercer, Anson, Embden, Concord Township, Bingham, and Brighton Plantation, and Fairfield. The portion of Kennebec County not including the towns of Waterville, Winslow, Benton, Oakland, Belgrade, and Rome.

[MD through MA no changes]

MIDWESTERN (MW) — State of Nebraska except the counties of Sioux, Scotts Bluff, Banner, Kimball, Dawes, Box Butte, Morrill, Cheyenne, Sheridan, Garden and Deuel; and including the counties of Lyon, Osceola, Sioux, O'Brien, Plymouth, Cherokee, ~~Woodbury~~, Ida, Monona, Crawford, Harrison, Shelby, Pottawattamie, Mills, Montgomery, Freemont and Page in the State of Iowa.

[MN through MT no changes]

NEW ENGLAND (NE) — The states of New Hampshire, Vermont, Massachusetts and Rhode Island. That portion of the State of Maine, including the counties of York, Androscoggin, and Cumberland, including towns of Baldwin, Cape Elizabeth, Casco, Chebeague Island, Cumberland, Falmouth, Frye Island, Gorham, Gray, Long Island, Naples, New Gloucester, North Yarmouth, Portland, Pownal, Raymond, Scarborough, Sebago, South Portland, Standish, Westbrook, Windham, and Yarmouth. The portion of Penobscot County (~~ME~~) in the State of Maine including the towns of Dexter, Garland, Charleston, Bradford, Alton, Argyle Township, Greenbush, Old Town, Indian Island, Orono, Bradley, and Milford. The portion of Franklin County (~~ME~~) in the State of Maine including the towns of Jay, Chesterville, and New Sharon. The portion of Piscataquis County (~~ME~~) in the State of Maine including the towns of Wellington, Parkman, Sangerville, Guilford, Dover-Foxcroft, Sebec, and Atkinson. The portion of Somerset County in the State of Maine including the towns of Starks, Mercer, Anson, Embden, Concord Township, Bingham, and Brighton Plantation, and Fairfield. The portion of Kennebec County in the State of Maine including the towns of Waterville, Winslow, Benton, Oakland, Belgrade, and Rome.

[NJ through NT no changes]

OHIO (OH) — State of Ohio, except the counties of ~~Seneca, Crawford, Erie, Huron, Richland, Lorain, Ashland, Cuyahoga, Medina, Wayne, Summit, Lake, Geauga, Portage, Stark, Tuscarawas, Ashtabula, Trumbull, Mahoning, Columbiana, Jefferson, Belmont, Washington and Lawrence~~; and including the counties of Campbell and Boone in the Commonwealth of Kentucky.

[OK through WY no changes]

605.1 For administrative purposes, USA Swimming has grouped the LSCs into the following zones:

Eastern Zone — *[no changes]*

Southern Zone — *[no changes]*

Central Zone — Arkansas, Illinois, Indiana, Iowa, ~~Lake Erie~~, Michigan, Midwestern, Minnesota, Missouri Valley, North Dakota, Ohio, Oklahoma, Ozark, South Dakota, Wisconsin.

Western Zone — *[no changes]*

DEFEATED

Appeal to move Floyd and Clark Counties of Indiana from the Kentucky Swimming LSC to the Indiana Swimming LSC.

DEFEATED

Appeal to move Platinum Aquatics and Tiger Sharks of Texas as well as Bell and Milam Counties of Texas from the South Texas LSC to the Gulf Swimming LSC