



U.S. OLYMPIC TEAM TRIALS
SWIMMING



presented by *Lilly*

WATCH PARTY KIT

2024

USA



JOIN THE ACTION

The 2024 U.S. Olympic Team Trials – Swimming presented by Lilly is officially here. Get ready for nine days of action-packed swimming in an NFL stadium to determine who will make this year’s U.S. Olympic Team roster.

While the competition is taking place at Lucas Oil Stadium in Indianapolis, every USA Swimming member can play a role in the electricity of this phenomenal meet. The spectacle of this Trials

is something that our sport deserves, and your support means everything to the athletes competing at Trials.

We have put together this Trials Watch Party Kit to help create excitement and involvement for you, your teammates, and your family around this historic competition. As you watch Trials with the swim fans in your life, we encourage you to use the activities in this packet and share your

watch parties and experiences on social media. **Be sure to tag @USASwimming in your posts and using the #SwimTrials24 hashtag in your caption.** Your posts may even be shared to USA Swimming’s social media channels!

We can’t do this meet without your support, so whether you inside Lucas Oil Stadium or watching from afar, cheer loud and get ready for some fast swimming.

WHAT IS THE U.S. OLYMPIC TEAM TRIALS SWIMMING?

Well, we're glad you asked.

This is the meet that determines our U.S. Olympic Team. This is the meet where even the biggest stars in swimming get nervous for. This is the meet where elite talents from around the world are plugged into because they want to see what the Americans are doing. This is THE marquee swim meet in the United States of America, and undeniably one of the most pressure-packed swimming competitions in the world. Many athletes will tell you that the U.S. Trials is a harder meet than the Olympics. Think about it: if you make an Olympic roster, you are an Olympian for life, regardless of where you finish on the world stage. The only way to get that Olympic title is by having a successful Trials. If you don't check that box, then your dreams of being an Olympian are either crushed or postponed for another four long years. For those who have watched Trials before, you know the drill. This meet is high-octane swimming star-power that pits the nation's best athletes against each other with Olympic

glory on the line. For those watching Trials for the first time, buckle up. Here is how the meet works:

Meet Details

- June 15-23
- Long-course meter competition
- Competition is taking place in Lucas Oil Stadium, making this the first time a swim meet has been held in an NFL Stadium
- Prelims will take place in the morning. The top-16 will advance to semifinals that night. From semifinals, the top-8 will advance to finals the following night

The Nation's Best Swimmers

- Athletes have been qualifying for Trials since November 2022
- Just more than 800 swimmers in Indianapolis, meaning the swimmers you are watching represent the top 0.2% of the more than 325,000 swimmers in the U.S.
- Athletes range in age from 14-46, meaning a high school freshman could be competing against a multi-time Olympic legend

Olympic Qualification*

- This meet is the ONLY way for an American pool swimmer to make a U.S. Olympic Team
- A maximum of 26 men and 26 women will make the pool team
- The first-place finisher in each event, as well as the top-4 finishers in the 100m and 200m freestyle events (due to relays), are the first priority to qualify for the U.S. Olympic Team
- If spots remain, second-place finishers in each event are given second priority to qualify for the U.S. Olympic Team
- If spots remain, the fifth-place finishers in the 100m and 200m freestyle events qualify for the U.S. Olympic Team as relay-only swimmers
- If spots remain, the sixth-place finishers in the 100m and 200m freestyle events qualify for the U.S. Olympic Team as relay-only swimmers



U.S. OLYMPIC TEAM TRIALS SWIMMING

presented by



ORDER OF EVENTS

2024

LIVE 11AM EST



NETWORK + **peacock**

HEATS

June 15 - Saturday

- W 100 Butterfly
- W 400 Freestyle
- M 100 Breaststroke
- M 400 Freestyle

June 16 - Sunday

- M 200 Freestyle
- M 400 IM
- W 100 Breaststroke
- M 100 Backstroke
- W 200 Freestyle

June 17 - Monday

- W 400 IM
- W 100 Backstroke
- M 800 Freestyle

June 18 - Tuesday

- M 200 Butterfly
- M 100 Freestyle
- W 1500 Freestyle
- W 100 Freestyle
- M 200 Breaststroke

June 19 - Wednesday

- W 200 Breaststroke
- M 200 Backstroke
- W 200 Butterfly

June 20 - Thursday

- W 200 Backstroke
- M 50 Freestyle
- M 200 IM

June 21 - Friday

- M 100 Butterfly
- W 200 IM
- W 800 Freestyle

June 22 - Saturday

- W 50 Freestyle
- M 1500 Freestyle

ORDER OF FINALS

LIVE
8PM EST



FINALS

June 15 - Saturday

W 100 Butterfly Semi
M 400 Freestyle Final
W 400 Freestyle Final
M 100 Breaststroke Semi

June 16 - Sunday

M 400 IM Final
W 100 Butterfly Final
M 200 Freestyle Semi
W 100 Breaststroke
Semi
M 100 Backstroke Semi
M 100 Breaststroke Final
W 200 Freestyle Semi

June 17 - Monday

W 400 IM Final
M 200 Freestyle Final
W 100 Backstroke Semi
M 100 Backstroke Final
W 100 Breaststroke Final
W 200 Freestyle Final

June 18 - Tuesday

M 100 Freestyle Semi
M 200 Butterfly Semi
W 100 Backstroke Final
M 800 Freestyle Final
W 100 Freestyle Semi
M 200 Breaststroke
Semi

June 19 - Wednesday

W 100 Freestyle Final
M 200 Butterfly Final
W 200 Butterfly Semi
W 1500 Freestyle Final
M 200 Backstroke Semi
W 200 Breaststroke
Semi
M 200 Breaststroke Final
M 100 Freestyle Final

June 20 - Thursday

W 200 Butterfly Final
M 200 Backstroke Final
M 50 Freestyle Semi
W 200 Breaststroke
Final
W 200 Backstroke Semi
M 200 IM Semi

June 21 - Friday

M 50 Freestyle Final
W 200 Backstroke Final
M 200 IM Final
M 100 Butterfly Semi
W 200 IM Semi

June 22 - Saturday

M 100 Butterfly Final
W 50 Freestyle Semi
W 200 IM Final
W 800 Freestyle Final

June 23 - Sunday

W 50 Freestyle Final
M 1500 Freestyle Final



The ROSTER

KEEP TRACK OF THE 2024 U.S. OLYMPIC SWIMMING TEAM BY FILLING OUT THIS ROSTER SHEET

MEN

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WOMEN

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 <h1 style="font-size: 4em; letter-spacing: 0.5em;">B I N G O</h1>				
BROADCAST SHOWS ROWDY GAINES REACTING TO THE END OF A RACE	TRIALS MEET RECORD SET	U.S. OPEN RECORD SET (FASTEST SWIM ON AMERICAN SOIL)	AMERICAN RECORD SET	WORLD RECORD SET
SWIM-OFF TO MAKE SEMIFINALS OR FINAL	TEENAGER QUALIFIES FOR OLYMPIC TEAM	ATHLETE QUALIFIES FOR SECOND OLYMPIC TEAM OF THEIR CAREER	ATHLETE QUALIFIES FOR THIRD OLYMPIC TEAM OF THEIR CAREER	ATHLETE QUALIFIES FOR FOURTH OLYMPIC TEAM OF THEIR CAREER
16&UNDER FINISHES TOP-8 IN AN EVENT	ATHLETE OVER 32 FINISHES TOP-8 IN AN EVENT		ATHLETE QUALIFIES FOR OLYMPICS IN MULTIPLE EVENTS	ATHLETE SWIMS TWO EVENTS IN ONE EVENING SESSION
FAN WITH FACE PAINT SHOWN IN THE STANDS	FAN WITH POSTER SHOWN IN THE STANDS	ROWDY GAINES SCREAMS "WOW" OVER THE BROADCAST	ATHLETE FROM YOUR HOME STATE SWIMS IN A FINAL	YOU CORRECTLY PREDICT AN ATHLETE'S TIME (TO A TENTH)
NATIONAL AGE GROUP RECORD SET	YOU CORRECTLY PICK THE FOUR ATHLETES WHO QUALIFY IN A RELAY EVENT (100/200 FREE)	COMMENT ON A USA SWIMMING INSTAGRAM POST	BROADCAST TV SHOWS THE EIFFEL TOWER REPLICA IN DOWNTOWN INDIANAPOLIS	ATHLETE MAKES YOU LAUGH WITH HOW THEY WALK OUT TO THE STARTING BLOCKS

WORD SEARCH

D	A	K	E	C	S	K	P	T	W	V	K	I	D	Y
T	A	K	C	D	P	O	A	E	R	P	D	G	Q	O
A	O	R	T	U	S	A	C	D	J	O	I	E	R	D
S	H	B	A	E	I	D	G	W	Q	O	N	V	G	A
F	I	D	J	K	A	R	K	E	W	L	M	S	S	D
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S	D	P	O	U	C	S	H	E	A	V	Z	C	E	S
R	Y	S	T	R	I	D	W	D	X	M	T	R	O	D
F	D	S	Z	B	L	U	E	F	S	E	O	U	L	K
A	W	E	V	B	N	T	R	I	A	L	S	E	Y	Y
L	E	W	H	T	S	B	M	N	S	I	L	O	M	T
S	A	T	R	I	E	F	B	E	X	H	U	N	P	K
B	I	T	D	R	N	D	Y	R	T	M	S	W	I	M
U	T	S	T	R	O	K	E	P	W	E	N	B	C	R
P	O	W	A	C	N	M	R	T	S	F	G	A	S	B

WORD BANK

POOL
STROKE
OLYMPICS
TRIALS

USA
TAPER
INDY
SWIM

FIND THE HIDDEN IMAGE!

We've hid *JP Sullivan, Boo, Randall, and Mike Wazowski (Monsters Inc.)* in the below image – **see if you can find them!**



PUT YOUR GOGGLES ON



The Goggles On campaign highlights the unifying moment of putting on goggles, symbolizing shared experiences across all levels of swimming, from beginners to Olympic athletes.



Share your swimming journey on social media and include the #GogglesOn hashtag so USA Swimming can hear your story. Head to www.usaswimming.org/goggleson for free marketing materials to celebrate the swimmer(s) in your life.

B	S	A	G	F	S	T	R	M	N	C	A	W	O	P
R	C	B	N	E	W	P	E	O	K	E	S	T	R	U
M	I	W	S	M	T	R	Y	D	N	R	D	T	B	I
K	P	N	U	H	X	E	B	F	E	I	R	T	S	A
T	M	O	L	S	I	N	S	B	M	S	T	H	W	L
Y	Y	E	A	L	S	E	T	R	I	A	L	S	E	A
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D	O	R	T	M	X	D	W	D	I	R	I	S	T	R
S	E	C	Z	A	V	E	A	H	E	C	U	P	O	S
W	P	W	U	T	G	S	G	R	E	A	P	H	N	O
D	S	S	M	L	W	E	K	A	R	K	J	D	I	F
A	G	N	V	O	Q	W	G	I	D	E	B	A	H	S
D	R	E	I	O	J	D	C	A	S	U	T	R	O	A
O	Q	G	D	P	R	E	A	O	P	C	D	C	A	T
Y	D	K	V	W	T	P	S	K	C	E	C	A	K	D

