

USA Swimming Media Guide - 2019 FINA World Championships usaswimming.org I @USASwimming I @USASwimmingNews I #FINAGwangju2019



WORLD **CHAMPIONSHIPS**

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Record Progressions: usaswimming.org

Ouick Facts

What: 18th FINA World Championships

Where: Gwangju, South Korea Open Water: Yeosu Expo Ocean Park, Yeosu, South Korea Pool: Nambu International Aquatics Centre, Gwangju, South Korea

When: July 13-28, 2019

Pool Format: Long Course Meters (50m) **USA Swimming Media Contacts:**

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Event Schedule

Open Water Events

Saturday, July 13 8 a.m. - 5K Men Sunday, July 14 8 a.m. - 10K Women Tuesday, July 16 8 a m. - 10K Men Wednesday, July 17 8 a.m. - 5K Women Thursday, July 18 8 a.m. - 5K Team Relay Friday, July 19 8 a.m. - 25K Men 8:20 a.m. - 25K Women

Pool Events

Sunday, July 21 10 a.m. Session - All Heats Women 200m Individual Medley Men 400m Freestyle Women 100m Butterfly Men 50m Butterfly Women 400m Freestyle Men 100m Breaststroke Women 4x100m Freestyle Relay Men 4x100m Freestyle Relay

8 p.m. Session Men 400m Freestyle (FINAL) Women 100m Butterfly (Semifinal) Men 50m Butterfly (Semifinal) Women 400m Freestyle (FINAL) Men 100m Breaststroke (Semifinal) Women 200m Individual Medley (Semifinal) Men 4x100m Freestyle Relay (FINAL) Women 4x100m Freestyle Relay (FINAL)

Monday, July 22 10 a.m. Session - All Heats Women 100m Backstroke Men 100m Backstroke Women 100m Breaststroke Men 200m Freestyle Women 1500m Freestyle

8 p.m. Session Men 100m Breaststroke (FINAL) Women 100m Butterfly (FINAL) Men 100m Backstroke (Semifinal) Women 100m Breaststroke (Semifinal) Men 50m Butterfly (FINAL) Women 100m Backstroke (Semifinal) Men 200m Freestyle (Semifinal) Women 200m Individual Medley (FINAL)

Tuesday, July 23

10 a.m. Session - All Heats Men 50m Breaststroke Women 200m Freestvle Men 200m Butterfly Men 800m Freestvle

8 p.m. Session

Men 200m Freestyle (FINAL) Women 1500m Freestyle (FINAL) Men 50m Breaststroke (Semifinal) Women 100m Backstroke (FINAL) Men 100m Backstroke (FINAL) Women 200m Freestyle (Semifinal) Men 200m Butterfly (Semifinal) Women 100m Breaststroke (FINAL)

Wednesday, July 24 10 a.m. Session - All Heats

Women 50m Backstroke Men 100m Freestyle Men 200m Individual Medley Women 200m Butterfly Mixed 4x100m Medley Relay

8 p.m. Session . Men 800m Freestyle (FINAL) Women 200m Freestyle (FINAL) Men 100m Freestyle (Semifinal) Women 50m Backstroke (Semifinal) Men 200m Butterfly (FINÀL) Men 50m Breaststroke (FINAL) Women 200m Butterfly (Semifinal) Men 200m Individual Medley (Semifinal) Mixed 4x100m Medley Relay (FINAL)

Thursday, July 25

10 a.m. Session - All Heats Women 100m Freestyle Men 200m Backstroke Women 200m Breaststroke Men 200m Breaststroke Women 4x200m Freestyle Relay

8 p.m. Session Women 200m Butterfly (FINAL) Women 100m Freestyle (Semifinal) Men 100m Freestyle (FINAL) Women 50m Backstroke (FINAL)

Men 200m Breaststroke (Semifinal) Men 200m Individual Medley (FINAL) Women 200m Breaststroke (Semifinal) Men 200m Backstroke (Semifinal) Women 4x200m Freestyle Relay (FINAL)

Friday, July 26

10 a.m. Session - All Heats Men 100m Butterfly Women 200m Backstroke Men 50m Freestyle Women 50m Butterfly Men 4x200m Freestyle Relay Women 800m Freestyle

8 p.m. Session Women 100m Freestyle (FINAL) Men 100m Butterfly (Semifinal) Women 200m Backstroke (Semifinal) Men 50m Freestyle (Semifinal) Women 200m Breaststroke (FINAL) Men 200m Backstroke (FINAL) Women 50m Butterfly (Semifinal) Men 200m Breaststroke (FINAL) Men 4x200m Freestyle Relay (FINAL)

Saturday, July 27 10 a.m. Session - All Heats Women 50m Freestyle Men 50m Backstroke Women 50m Breaststroke Mixed 4x100m Free Relay Men 1500m Freestyle

8 p.m. Session Women 50m Butterfly (FINAL) Men 50m Freestyle (FINAL) Women 50m Freestyle (Semifinal) Women 50m Breaststroke (Semifinal) Men 100m Butterfly (FINAL) Women 200m Backstroke (FINAL) Men 50m Backstroke (Semifinal) Women 800m Freestyle (FINAL) Mixed 4x100m Medlev Relav (FINAL)

Sunday, July 28 10 a.m. Session - All Heats Men 400m Individual Medley Women 400m Individual Medley Women 4x100m Medlev Relay Men 4x100m Medley Relay

8 p.m. Session Men 1500m Freestyle (FINAL) Women 50m Breaststroke (FINAL) Women 50m Freestyle (FINAL) Men 50m Backstroke (FINAL) Women 400m Individual Medley (FINAL) Men 400m Individual Medlev (FINAL) Women 4x100 Medley Relay (FINAL) Men 4x100 Medley Relay (FINAL)

All start times local

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Women

Name	Age*	Event(s)	Hometown	Club	@Twitter
Haley Anderson	27	10k	Granite Bay, Calif.	Trojan Swim Club	@SwimHaley
Kathleen Baker	22	50/100/200 BK	Winston-Salem, N.C.	Team Elite/California Aquatics	@KathleenBaker2
Katy Campbell	25	25k	La Cañada, Calif.	Team Santa Monica	
Mallory Comerford	21	100 FR	Kalamazoo, Mich.	University of Louisville	@malcomerford
Kelsi Dahlia	24	50/100 FL	Westampton, N.J.	Cardinal Aquatics	@kelsiwhirl
Gabby DeLoof	23	800 FR-R	Grosse Pointe, Mich.	University of Michigan Swim Team	@gmdeloof
Katie Drabot	21	200 FL	Cedarburg, Wis.	Stanford Swimming/Ozaukee	@katiedrabot
Ella Eastin	22	200 IM	Irvine, Calif.	Stanford Swimming	@ella_eastin
Hali Flickinger	25	200 FL	Spring Grove, Pa.	Athens Bulldog Swim Club/Georgia	@Hali_Flickinger
Brooke Forde	20	400 IM	Louisville, Ky.	Stanford Swimming/Lakeside	@forde_b
Margo Geer	27	400 FR-R	Milford Center, Ohio	Mission Viejo Nadadores/Indiana	@mmgeer
Lilly King	22	50/100/200 BR	Evansville, Ind.	Indiana University	@_king_lil
Katie Ledecky	22	200/400/800/1500 FR	Bethesda, Md.	Stanford Swimming/NCAP	@katieledecky
Simone Manuel	22	50/100 FR; 800 FR-R	Sugar Land, Texas	Stanford Swimming/First Colony	@simone_manuel
Melanie Margalis	27	200 IM; 800 FR-R	Clearwater, Fla.	St. Petersburg Aquatics/Georgia	@melmargalis
Ally McHugh	22	400 IM	Philadelphia, Pa.	Unattached/Penn State	@AllyMcHugh14
Katie McLaughlin	22	100 FL	Dana Point, Calif.	California Aquatics/TIDE	@KatieMcLaugh1in
Hannah Moore	22	5k	Cary, N.C.	Wolfpack Elite	
Lia Neal	24	400 FR-R	Brooklyn, N.Y.	Stanford Swimming/Asphalt Green	@LiaNeal
Allison Schmitt	29	200 FR; 400 FR-R	Canton, Mich.	Pitchfork Aquatics	@arschmitty
Leah Smith	24	400/800 FR; 800 FR-R	Pittsburgh, Pa.	Tucson Ford Dealers Aquatics	@lgsmith19
Regan Smith	17	200 BK	Lakeville, Minn.	Riptide Swim Team	@reganesmith4
Olivia Smoliga	24	50/100 BK	Glenview, III.	Athens Bulldog Swim Club/Georgia	@OliviaSmoliga
Micah Sumrall	28	100/200 BR	Pflugerville, Texas	Chattahoochee Gold Swim Club	@micah_lawrence
Erica Sullivan	18	25k	Las Vegas, Nev.	Sandpipers of Nevada	@erica_sully
Ashley Twichell	30	1500 FR; 5k; 10k	Fayetteville, N.Y.	TAC Titans	@atwich616
Abbey Weitzeil	22	50 FR; 400 FR-R	Saugus, Calif.	California Aquatics	@AbbeyWeitzeil

Men

Name	Age*	Event(s)	Hometown	Club	@Twitter
Nathan Adrian	30	400 FR-R	Bremerton, Wash.	California Aquatics	@nathangadrian
Michael Andrew	20	50 FR; 50/100 BR; 50 FL	Lawrence, Kan.	Race Pace Club	@SwimmerMichael
Zach Apple	22	400/800 FR-R	Trenton, Ohio	Indiana University	@apple_zach
Michael Brinegar	19	5k	Columbus, Ind.	Mission Viejo Nadadores	
Michael Chadwick	24	400 FR-R	Charlotte, N.C.	Unattached/Team Elite	@mchad95
Jack Conger	24	100 FL; 800 FR-R	Rockville, Md.	Nation's Capital Swim Club/Texas	
Abrahm DeVine	22	200 IM	Seattle, Wash.	Stanford Swimming	
Caeleb Dressel	22	50/100 FR; 50/100 FL	Green Cove Springs, Fla.	Bolles School Sharks/Florida	@CaelebDressel
Brennan Gravley	18	5k; 25k	Las Vegas, Nev.	Sandpipers of Nevada	
Matt Grevers	34	100 BK	Lake Forest, III.	Tucson Ford Dealers Aquatics	@MattGrevers
Zane Grothe	27	400/800/1500 FR	Boulder City, Nev.	Mission Viejo Nadadores/Indiana	@zane_growth_ee
Fownley Haas	22	200 FR/400 FR-R	Richmond, Va.	NOVA of Virginia Aquatics/Texas	@TownleyH
Zach Harting	21	200 FL	Madison, Ala.	University of Louisville	@hartingz
David Heron	24	10k; 25k	Mission Viejo, Calif.	Mission Viejo Nadadores	@_davidheron_
Chase Kalisz	25	200/400 IM	Bel Air, Md.	Athens Bulldog Swim Club/Georgia	@chasekalisz
lack Levant	19	800 FR-R	Southlake, Texas	North Texas Nadadores	@JackLevant
lay Litherland	23	400 IM	Alpharetta, Ga.	Dynamo Swim Club/Georgia	@j_litherland
Ryan Murphy	24	50/100/200 BK	Jacksonville, Fla.	California Aquatics	@ryan_f_murphy
lacob Pebley	25	200 BK	Corvallis, Ore.	California Aquatics	@Jacob_Pebley
Blake Pieroni	23	100 FR; 800 FR-R	Valparaiso, Ind.	Indiana Swim Club	@BPieronigold
losh Prenot	25	200 BR	Santa Maria, Calif.	California Aquatics	@JoshPrenot
Andrew Seliskar	22	200 FR	McLean, Va.	California Aquatics	
Grant Shoults	22	400 FR	Laguna Hills, Calif.	Stanford Swimming	@grantshoults
lordan Wilimovsky	25	800/1500 FR; 10k	Malibu, Calif.	Team Santa Monica	@j_wilimovsky
Andrew Wilson	25	100/200 BR	Bethesda, Md.	Longhorn Aquatics	@awil5504
Justin Wright	23	200 FL	Fresno, Calif.	Tucson Ford Dealers Aquatics	@THE MrRight

Pool Head Coaches: David Durden (Cal), Greg Meehan (Stanford Swimming); Assistant Coaches: Teri McKeever (Cal Swimming), Gregg Troy (Gator Swim Club), Ray Looze (Indiana Swimming), Arthur Albiero (Louisville Swimming), Jack Bauerle (Georgia Swimming), David Marsh (Team Elite Aquatics) Open Water Head Coach: Catherine Kase (USC Swimming); Assistant Coaches: David Kelsheimer (Team Santa Monica), John Payne (TAC Titans), Bill Rose (Mission Viejo Nadadores) NOTES: *Age at the start of the 2019 FINA World Championships on July 15: Relay line-ups will be determined by the coaching staff.

Team USA Stares Down Medal No. 500

After totaling 38 medals at the 2017 FINA World Championships, Team USA currently sits at 479 total World Championships medals. Needing just 21 medals in Gwangju in 2019, American swimmers will have the chance to give USA Swimming a title that no other country can claim: 500 total World Championships medals.

The accomplishment will be in reach of the American swimmers competing in Gwangiu, as Team USA has recorded at least 20 medals in every World Championships swimming competition dating back to 1973. While the United States will be looking to achieve win No. 500 this time around, they hold a commanding lead in the all-time World Championships medal count, sitting ahead of runner-up Australia by 179 medals.

The United States has won the outright medal count in the pool in each of the last 12 FINA World Championships contested since 1986 and will look to extend that streak in Gwangiu. Over this span, the U.S. also topped the medal table at the 1988. 1992, 1996, 2000, 2004, 2008, 2012 and 2016 Olympic Games— good for a streak of 20 consecutive major international meets atop the medal table.

Ledecky In Reach of Top Female Medalist Mark

Currently at 15 medals in FINA World Championships competition, Katie Ledecky needs six more to pass Natalie Coughlin for most all-time World Championships medals among female competitors. Coughlin reached landmark medal No. 20 at age 31 and in her sixth FINA World Championships appearance, whereas the 22-year-old Ledecky can reach the mark at her fourth FINA World Championships appearance.

Ledecky's current medal total comes via 14 gold and one silver. At the 2017 FINA World Championships, Ledecky took home gold medals in the 400m, 800m and 1500m freestyle, as well as the 4x100m and 4x200m freestyle relays.

Four Americans Look to Punch Tickets to Olympic Games Tokyo 2020

The top-10 finishers of the FINA World Open Water Championships 10k race will earn automatic invitations to compete in the event at the 2020 Olympic Games Tokyo. Four Americans— Haley Anderson, Ashley Twichell, David Heron and Jordan Wilimovsky— will be attempting to earn their Olympic spots. Each athlete posted top-10 finishes in the 10k in 2017.

Dressel Searching for Medal No. 10

Caeleb Dressel excelled in Budapest in 2017, winning a gold medal in all seven of his swims in his FINA World Championships debut. This time around in Gwangju, Dressel has the chance to become the seventh American to boast double-digit medals in World Championships history— joining the ranks of Michael Phelps, Ryan Lochte, Nathan Adrian, Aaron Peirsol, Matt Biondi and Matt Grevers. If Dressel can tally three gold medals in Gwangju, he will join Phelps, Lochte and Peirsol as the only Americans with at least 10 gold medals.

U.S. Olympic Gold Medalists Competing in Gwangju

18 swimmers with 39 combined gold medals

- Nathan Adrian (5): 2016 400 FR-R, 400 MED-R; 2012 100 FR, 400 MED-R; 2008 400 FR-F
- Kathleen Baker (1): 2016 400 MED-R
- Jack Conger (1): 2016 800 FR-R
- Kelsi Dahlia (1): 2016 400 MED-R
- Caeleb Dressel (2): 2016 400 FR-R, 400 MED-R
- Matt Grevers (4): 2012 100 BK, 400 MED-R; 2008 400 MED-R, 400 FR-R Townley Haas (1): 2016 - 800 FR-R
- Lilly King (2): 2016 100 BR; 400 MED-R
- Katie Ledecky (5): 2016 200 FR, 400 FR, 800 FR, 800 FR-R; 2012 800 FR
- Simone Manuel (2): 2016 100 FR; 400 MED-R
- Melanie Margalis (1): 2016 800 FR-R
- Ryan Murphy (3): 2016 100 BK, 200 BK, 400 MED-R
- Blake Pieroni (1): 2016 400 FR-R
- Allison Schmitt (4): 2016 Gold. 800m FR-R; 2012: Gold. 200m FR. 800m FR-R. 400 MED-R
- Leah Smith (1): 2016 800 FR-R
- Olivia Smoliga (1): 2016 400 MED-R
- Abbey Weitzeil (1): 2016 400 MED-R

Team USA By The Numbers

	Male	Female	Team
Team Size	26	27	52
Average Age	23.42	23.41	23.42
Oldest Athletes ^(a)	Matt Grevers March 26, 1985	Ashley Twichell ^(b) June 16, 1989	
Youngest Athletes ^(a)	Brennan Gravley, 18 ^(c) Sept. 28, 2000	Regan Smith, 17 Feb. 9, 2002	
# of Olympians	12	14	26
# of Olympic Medalists	9	12	21
# of Olympic Gold Medalists	7	10	18
# of 2016 Olympians	12	13	25
# of 2017 Worlds Team Members	15	16	31
National Team Rookies ^(d)	4	5	9
# of Athletes Making Worlds Debuts	5	11	16

 At the start of the competition (July 21, 2019)
Allison Schmitt (29, June 7, 1990) is the oldest female athlete in the pool competition for the U.S.
Jack Levant (19, Oct. 3, 1999) is the youngest male athlete in the pool competition for the U.S. ^(d) Has never competed for the U.S. at a senior-level international competition

FINA World Championships Team History

Note: includes selections to U.S. roster fo		ly.
Six-Time Selections (2) Nathan Adrian (09-11-13-15-17-19) Haley Anderson (09-11-13-15-17-19)	Five-Time Selections (1) Matt Grevers (09-13-15-17-19)	Four-Time Selections (5) Chase Kalisz (13-15-17-19) Katie Ledecky (13-15-17-19) Simone Manuel (13-15-17-19) Ashley Twichell (11-15-17-19) Jordan Wilimovsky (13-15-17-19)
Three-Time Selections (9) Kathleen Baker (15-17-19) David Heron (15-17-19) Melanie Margalis (15-17-19) Ryan Murphy (15-17-19) Lia Neal (15-17-19) Leah Smith (15-17-19) Allison Schmitt (09-11-17) Micah Sumrall (13-15-19) Abbey Weitzeil (15-17-19)	Two-Time Selections (19) Zach Apple (17-19) Katy Campbell (15-19) Michael Chadwick (17-19) Mallory Comerford (17-19) Jack Conger (17-19) Kelsi Dahlia (17-19) Abrahm DeVine (17-19) Hali Flickinger (17-19) Hali Flickinger (17-19) Margo Geer (15-19) Zane Grothe (17-19) Townley Haas (17-19) Lilly King (17-19) Lilly King (17-19) Jac Urtherland (17-19) Blake Pieroni (17-19) Blake Pieroni (17-19) Blake Pieroni (17-19) Olivia Smoliga (17-19)	First-Time Selections (17) Michael Andrew (19) Michael Brinegar (19) Gabby DeLoof (19) Katie Drabot (19) Brooke Forde (19) Broeke Forde (19) Brennan Gravley (19) Zach Harting (19) Jack Levant (19) Ally McHugh (19) Hannah Moore (19) Josh Prenot (19) Andrew Seliskar (19) Grant Shoults (19) Erica Sullivan (19) Andrew Wilson (19) Justin Wright (19)
Olympic Team History		
Three-Time Olympians (2) Nathan Adrian (08-12-16) Allison Schmitt (08-12-16)	Two-Time Olympians (4) Haley Anderson (12-16) Matt Grevers (08-12) Katie Ledecky (12-16) Lia Neal (12-16)	One-Time Olympians (20) Kathleen Baker (16) Jack Conger (16) Caeleb Dressel (16) Kelsi Dahlia (16) Hali Flickinger (16) Townley Haas (16) Chase Kalisz (16) Lilly King (16) Jay Litherland (16) Simone Manuel (16) Melanie Margalis (16) Ryan Murphy (16) Jacob Pebley (16) Blake Pieroni (16) Divia Smoliga (16) Leah Smith (16) Micah Sumtrall (12) Abbey Weitzeil (16) Jordan Wilimovsky (16)

World Championships Superlatives usaswimming.org I @USASwimming I @USASwimmingNews I #FINAGwangju2019

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7

Women

Most Total Medals

- 1. Natalie Coughlin (USA)
- Missy Franklin (USA) 2. Ranomi Kromowidjojo (NED)
- 4. Katie Ledecky (USA)
- Lisbeth Trickett (AUS) 6. Yulia Efimova (RUS) Leisel Jones (AUS)
- Jenny Thompson (USA) Emily Seebohm (AUS)
- 10. Katinka Hosszu (HUN)
- 11. Sarah Sjostrom (SWE)
- 12. Emma McKeon (AUS) Others tied with 10

Most Gold Medals

1. Katie Ledecky (USA)

- 2. Missy Franklin (USA)
- 3. Natalie Coughlin (USA) Kornelia Ender (GDR) Lisbeth Trickett (AUS)
- 7. Simone Manuel (USA) Katie Hoff (USA) Katinka Hosszu (HUN) Sarah Sjostrom (SWE) Jenny Thompson (USA) Leisel Jones (AUS) Kristin Otto (GDR)
- 13. Others tied with 5

Most Total USA Medals

- 1. Natalie Coughlin
- 2. Missy Franklin
- 3. Katie Ledecky
- 3. Jenny Thompson
- 4. Shirley Babashoff
- Jessica Hardy
- Dana Vollmer
- 8. Simone Manuel
- Mary T. Meagher
- 10. Tracy Caulkins
- 11. Katie Hoff
- Others tied with 7

Most USA Gold Medals

- 1. Katie Ledecky
- 2. Missy Franklin
- 3. Natalie Coughlin
- 4. Simone Manuel Katie Hoff
- Jenny Thompson 7. Mallorv Comerford
- **Tracy Caulkins** 9. Kelsi Dahlia
- **Lilly King**
- Dana Vollmer
- Shannon Vreeland Kate Ziegler
- 15. Elizabeth Pelton
- Others tied with 3

Men

Most Total Medals

20 1. Michael Phelps (USA) 16 2. Ryan Lochte (USA) 15 3. Grant Hackett (AUS) 14 4. Sun Yang (CHN) 10 5. Nathan Adrian (USA) 10 Ian Thorpe (AUS) 10 Michael Gross (GER) 9 Laszlo Cseh (HUN) 9 9. Aaron Peirsol (USA) 8

33

27

19

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6

Kosuke Kitajima (JPN)

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3

10. Matt Grevers (USA)

Others tied with 11

14 **Most Gold Medals**

- 1. Michael Phelps (USA)
- 8 2. Ryan Lochte (USA) 7
 - 3. Ian Thorpe (AUS)
 - 4. Grant Hackett (AUS)
 - Aaron Peirsol (USA)
 - 6. Sun Yang (CHN)
- 7. Nathan Adrian (USA) 4 4
 - 8. Caeleb Dressel (USA)
 - Jim Montgomery (USA) Michael Klim (AUS)
 - **11.Matt Grevers (USA)**
 - Others tied with 6

Most Total USA Medals 1. Michael Phelps 33 27 2. Rvan Lochte 13 3. Nathan Adrian 12 4. Aaron Peirsol 5. Matt Grevers 11 Matt Biondi 11 7. Brendan Hansen 9 9 Jim Montgomery 9 Ian Crocker 8 10. Rowdy Gaines **11.Caeleb Dressel** 7 Others tied with 7 **Most USA Gold Medals** 26 1. Michael Phelps 2. Ryan Lochte 18 Aaron Peirsol 10 3. 4. Nathan Adrian 8

10 5. Caeleb Dressel 10 Jim Montgomery 9 7. Matt Grevers 8

7

7

6

6

6

5

- Matt Biondi Brendan Hansen
- 10. Rowdy Gaines

All-Time FINA World Championships

Year and Date
1973: August 31-September 9
1975: July 19-July 27
1978: August 20-August 28
1982: July 29-August 8
1986: August 13-August 23
1991: January 3-January 13
1994: September 1-September 11
1998: January 8-January 17
2001: July 16-July 29
2003: July 12-July 27
2005: July 16-July 31
2007: March 18-April 1
2009: July 17-August 2
2011: July 16-July 31
2013: July 19-August 4
2015: July 24-August 9
2017: July 14-30
2019: July 12-28

Championship I FINA World Championships II FINA World Championships **III FINA World Championships** IV FINA World Championships V FINA World Championships VI FINA World Championships **VII FINA World Championships** VIII FINA World Championships IX FINA World Championships X FINA World Championships XI FINA World Championships XII FINA World Championships XIII FINA World Championships XIV FINA World Championships XV FINA World Championships XVI FINA World Championships XVII FINA World Championships XVIII FINA World Championships

Location Belgrade, Yugoslavia Cali, Colombia West Berlin, West Germany Guayaquil, Écuador Madrid, Spain Perth, Australia Rome, Italy Perth, Australia Fukuoka, Japan Barcelona, Spain Montreal, Canada Melbourne, Australia Rome, Italy Shanghai, China Barcelona, Spain Kazan, Russia Budapest, Hungary Gwangju, South Korea

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World Championships Medal Count (Since 1973) usaswimming.org I @USASwimming I @USASwimmingNews I #FINAGwangju2019

3.

Germany

All-Time Medal Table

Rank	Country	Gold	Silver	Bronze	Total
1.	USA	208	159	112	479
2.	Australia	74	73	53	200
3.	East Germany	50	40	25	115
4.	China	46	23	40	109
5.	Hungary	28	19	27	74
6.	Germany	20	33	34	87
7.	Great Britain	19	17	34	70
8.	Russia	17	29	22	68
9.	France	16	18	20	54
10.	Italy	15	17	22	54

Women's World Championships Medal Count

Rank	Country	Gold	Silver	Bronze	Total
1.	USA	88	74	63	225
2.	Australia	39	44	31	114
3.	East Germany	44	32	15	91
4.	China	34	19	30	83
5.	Germany	12	21	18	51
6.	Netherlands	10	13	23	46
7.	Japan	2	7	18	27
8.	Great Britain	4	10	12	26
9.	Hungary	11	6	8	25
10.	Sweden	10	10	5	25

Year-by-Year Medal Count

iour by rour mouur oount						
2017 World Championships (Budapest, HUN)						
Rank	Country	Gold	Silver	Bronze	Total	
1.	USA	18	10	10	38	
T2.	China	3	3	4	10	
T2.	Russia	3	3	4	10	
2015 V	Vorld Championsh	ips (Kazan,	RUS)			
Rank	Country	Gold	Silver	Bronze	Total	
1.	USA	8	10	5	23	
2.	Australia	7	3	6	16	
3.	China	5	1	7	13	
	2013 World Championships (Barcelona, SPN)					
2013 V	Vorld Championsh	iips (Barceld	ona, SPI	N)		
2013 V Rank	V orld Championsh Country	i ips (<i>Barcelo</i> Gold		V) Bronze	Total	
	•	• •			Total 29	
Rank	Country	Gold	Silver	Bronze		
Rank 1.	Country USA	Gold 13	Silver 8	Bronze 8	29	
Rank 1. 2. 3.	Country USA Australia China	Gold 13 3 5	Silver 8 10 2	Bronze 8 0 2	29 13	
Rank 1. 2. 3. 2011 V	Country USA Australia China Vorld Championsh	Gold 13 3 5 iips (Shangh	Silver 8 10 2 nai, CHI	Bronze 8 0 2 V)	29 13 9	
Rank 1. 2. 3. 2011 V Rank	Country USA Australia China Vorld Championsh Country	Gold 13 3 5 hips (Shangh Gold	Silver 8 10 2 nai, CHI Silver	Bronze 8 0 2 V) Bronze	29 13 9 Total	
Rank 1. 2. 3. 2011 V Rank 1.	Country USA Australia China Vorld Championsh Country USA	Gold 13 3 5 iips (Shangh Gold 16	Silver 8 10 2 nai, CHI Silver 5	Bronze 8 0 2 V) Bronze 8	29 13 9 Total 29	
Rank 1. 2. 3. 2011 V Rank	Country USA Australia China Vorld Championsh Country	Gold 13 3 5 hips (Shangh Gold	Silver 8 10 2 nai, CHI Silver	Bronze 8 0 2 V) Bronze	29 13 9 Total	

Men's World Championships Medal Count

Total
250
85
49
44
43
39
37
37
37
35

U.S. Total Medal Count

USA	Gold	Silver	Bronze	Total
Men	120*	85	49	254*
Women	88	74	63	225
Total	208*	159	112	479*

*Includes four mixed medley relay gold medals

2009 World Championships (Rome, ITA) Rank Country Gold Silver Bronze Total USA 22 1. 10 6 6 2. 3 4 9 16 Australia 2 3. China 4 4 10 2007 World Championships (Melbourne, AUS) Gold Silver Bronze Rank Country Total 1. USA 20 13 3 36 2. 9 7 5 21 Australia 3. 2 4 Japan 1 7 2005 World Championships (Montreal, CAN) Rank Country Gold Silver Bronze Total USA 1. 15 11 6 32 2. Australia 13 5 4 22 6 3. 0 3 9 Japan 2003 World Championships (Barcelona, SPN) Rank Country Gold Silver Bronze Total USA 11 12 28 1. 5 2. Australia 6 10 6 22

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<u>Women</u>

Event	Gold	Medal	Team USA Notes
50 Free	Amy Van Dyken, 1998	Simone Manuel, 2017 (Bronze)	Manuel won the first medal since 1998
100 Free	Simone Manuel, 2017	Simone Manuel, 2017 (Gold)	2017 gold was first for U.S. since 1998
200 Free	Katie Ledecky, 2015	Katie Ledecky, 2017 (Silver)	U.S. medaled in last three WCs
400 Free	Katie Ledecky, 2017	Katie Ledecky, 2017 (Gold); Leah Smith, 2017 (Silver)	Ledecky has won gold the past three WCs
800 Free	Katie Ledecky, 2017	Katie Ledecky, 2017 (Gold); Leah Smith, 2017 (Bronze)	U.S. medaled in 16 of 17 WCs
1500 Free	Katie Ledecky, 2017	Katie Ledecky, 2017 (Gold)	Gold for U.S. in 5 of last 7 WCs
50 Back	Leila Vaziri, 2007	Missy Franklin, 2011 (Bronze)	Medaled in 2 of last 6 WCs
100 Back	Missy Franklin, 2013	Kathleen Baker, 2017 (Silver)	1st WC title in event for Franklin
200 Back	Missy Franklin, 2013	Kathleen Baker, 2017 (Bronze)	Eight-straight podium finishes for U.S.
50 Breast	Lilly King, 2017	Lilly King, 2017 (Gold); Katie Meili, 2017 (Bronze)	2017 gold was first since 2011
100 Breast	Lilly King 2017	Lilly King, 2017 (Gold); Katie Meili, 2017 (Bronze)	U.S. medaled in last 6 of 7 WCs
200 Breast	Rebecca Soni, 2011	Bethany Galat, 2017 (Silver)	8 all-time medals
50 Fly	None	Jenny Thompson, 2003 (Silver)	U.S. has medaled just once
100 Fly	Dana Vollmer, 2011	Kelsi Dahlia, 2017 (Bronze)	Vollmer won first U.S. gold since 2003 in 2011
200 Fly	Summer Sanders, 1991	Camille Adams, 2015 (Silver)	11 all-time medals
200 IM	Ariana Kukors, 2009	Madisyn Cox, 2017 (Bronze)	U.S. has won 4 of the last 8 WCs
400 IM	Elizabeth Beisel, 2011	Maya DiRado, 2015 (Silver)	Three-straight medals for U.S. from 2011 to 2015
400 Free Relay	2017	2017 (Gold)	2013 gold was first for U.S. since 2003
800 Free Relay	2017	2017 (Gold)	Gold in 7 of last 8 WCs
400 Medley Relay	2017	2017 (Gold)	Won gold the last 3 of 4 WCs

Men

Event	Gold	Medal	Team USA Notes
50 Free	Caeleb Dressel, 2017	Caeleb Dressel, 2017 (Gold)	Dressel won first gold since 2007
100 Free	Caeleb Dressel, 2017	Caeleb Dressel, 2017 (Gold); Nathan Adrian, 2017 (Silver)	Double medals in 2017 by Dressel and Adrian
200 Free	Ryan Lochte, 2011	Townley Haas, 2017 (Silver)	Gold for U.S. in 3 of last 7 WCs
400 Free	Tim Shaw, 1975	Connor Jaeger, 2013 (Bronze)	Jaeger's 2013 bronze was 1st medal since 1986
800 Free	None	Michael McBroom, 2013 (Silver)	McBroom was only third American to medal
1500 Free	Tim Shaw, 1975	Connor Jaeger, 2015 (Silver)	Seven all-time medals
50 Back	Randall Bal, 2001	Matt Grevers, 2017 (Bronze)	Grevers has won 3 of 4 medals for U.S.
100 Back	Matt Grevers, 2013	Matt Grevers, 2017 (Silver); Ryan Murphy, 2017 (Bronze)	Grevers, Murphy went 2-3 in 2017
200 Back	Ryan Lochte, 2013	Ryan Murphy, 2017 (Silver); Jacob Pebley, 2017 (Bronze)	U.S. has won 8 of the last 10 titles;
50 Breast	None	Kevin Cordes, 2015 (Bronze)	Cordes earned first medal for U.S. since 2009
100 Breast	Brendan Hansen, 2007	Kevin Cordes, 2015 (Silver)	Cordes won first U.S. medal since 2007
200 Breast	Brendan Hansen, 2005	Kevin Cordes, 2015 (Silver)	In 17 WCs, U.S. has medaled in 13 of them
50 Fly	None	Eugene Godsoe, 2013 (Silver)	4 all-time silver medals for U.S.
100 Fly	Caeleb Dressel, 2017	Caeleb Dressel 2017 (Gold)	Dressel's gold was the first since Phelps in 2011
200 Fly	Michael Phelps, 2011	Michael Phelps, 2011 (Gold)	Phelps won 5 of last 9 WCs
200 IM	Chase Kalisz, 2017	Chase Kalisz, 2017 (Gold)	5 straight gold medals for U.S.
400 IM	Chase Kalisz, 2017	Chase Kalisz, 2017 (Gold)	U.S. has won 7 of last 11 WCs
400 Free Relay	2017	2017 (Gold)	2017 was first U.S. gold since 2009
800 Free Relay	2013	2017 (Bronze)	Before 2015, U.S. won gold in five straight WCs
400 Medley Relay	2017	2017 (Gold)	Has won 13 of 17 WCs

Event-by-Event Superlatives

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Women

50m Freestyle

2018 National Champion: Manuel (USA), 24.10 2017 World Champion: Sjostrom (SWE), 23.69 2016 Olympic Champion: Blume (DEN), 24.07

100m Freestyle

2018 National Champion: Manuel (USA), 52.54 2017 World Champion: Manuel (USA), 52.27 2016 Olympic Champion: Manuel (USA) & Oleksiak (CAN), 52.70

200m Freestyle

2018 National Champion: Ledecky (USA), 1:54.60 2017 World Champion: Pellegrini (ITA), 1:54.73 2016 Olympic Champion: Ledecky (USA), 1:53.73

400m Freestyle

2018 National Champion: Ledecky (USA), 3:59.09 2017 World Champion: Ledecky (USA), 3:58.34 2016 Olympic Champion: Ledecky (USA), 3:56.46

800m Freestyle

2018 National Champion: Ledecky (USA), 8:11.98 2017 World Champion: Ledecky (USA), 8:12.68 2016 Olympic Champion: Ledecky (USA), 8:04.79

1500m Freestyle

2018 National Champion: Twichell (USA), 15:55.68 2017 World Champion: Ledecky (USA), 15:31.82

50m Backstroke

2018 National Champion: Smoliga (USA), 27.70 2017 World Champion: Medeiros (BRA), 27.14

100m Backstroke

2018 National Champion: Baker (USA), 58.00 2017 World Champion: Masse (CAN), 58.10 2016 Olympic Champion: Hosszu (HUN), 58.45

200m Backstroke

2018 National Champion: Baker & Smith (USA), 2:06.43 2017 World Champion: Seebohm (AUS), 2:05.68 2016 Olympic Champion: DiRado (USA), 2:05.99

50m Breaststroke

2018 National Champion: King (USA), 29.82 2017 World Champion: King (USA), 29.40

100m Breaststroke

2018 National Champion: King (USA), 1:05.36 2017 World Champion: King (USA), 1:04.13 2016 Olympic Champion: King (USA), 1:04.93

200m Breaststroke

2018 National Champion: Sumrall (USA), 2:22.06 2017 World Champion: Efimova (RUS), 2:19.64 2016 Olympic Champion: Kaneto (JPN), 2:20.30

50m Butterfly

2018 National Champion: Dahlia (USA), 25.48 2017 World Champion: Sjostrom (SWE), 24.60

100m Butterfly

2018 National Ćhampion: Dahlia (USA), 56.83 2017 World Champion: Sjostrom (SWE), 55.53 2016 Olympic Champion: Sjostrom (SWE), 55.48

200m Butterfly

2018 National Champion: Flickinger (USA), 2:06.14 2017 World Champion: Belmonte (ESP), 2:05.26 2016 Olympic Champion: Garcia (ESP), 2:04.85

200m Individual Medley

2018 National Champion: Baker (USA), 2:08.32 2017 World Champion: Hosszu (HUN), 2:07.00 2016 Olympic Champion: Hosszu (HUN), 2:06.58

400m Individual Medley

2018 National Champion: McHugh (USA), 4:34.80 2017 World Champion: Hosszu (HUN), 4:29.33 2016 Olympic Champion: Hosszu (HUN), 4:26.36

<u>Men</u>

50m Freestyle

2018 National Champion: Andrew (USA), 21.49 2017 World Champion: Dressel (USA), 21.15 2016 Olympic Champion: Ervin (USA), 21.40

100m Freestyle

2018 National Champion: Pieroni (USA), 48.08 2017 World Champion: Dressel (USA), 47.17 2016 Olympic Champion: Chalmers (AUS), 47.58

200m Freestyle

2018 National Champion: Seliskar (USA), 1:45.70 2017 World Champion: Yang (CHN), 1:44.39 2016 Olympic Champion: Yang (CHN), 1:44.65

400m Freestyle

2018 National Champion: Grothe (USA), 3:46.53 2017 World Champion: Yang (CHN), 3:41.38 2016 Olympic Champion: Horton (AUS), 3:41.55

800m Freestyle

2018 National Champion: Grothe (USA), 7:44.57 2017 World Champion: Detti (ITA), 7:40.77

1500m Freestyle

2018 National Champion: Wilimovsky (USA), 14:48.89 2017 World Champion: Paltrinieri (ITA), 14:35.85 2016 Olympic Champion: Paltrinieri (ITA), 14:34.57

50m Backstroke

2018 National Champion: Murphy (USA), 24.24 2017 World Champion: Lacourt (FRA), 24.35

100m Backstroke

2018 National Champion: Murphy (USA), 52.51 2017 World Champion: Xu (CHN), 52.44 2016 Olympic Champion: Murphy (USA), 51.97

200m Backstroke

2018 National Champion: Murphy (USA), 1:54.15 2017 World Champion: Rylov (RUS), 1:53.61 2016 Olympic Champion: Murphy (USA), 1:53.62

50m Breaststroke

2018 National Champion: Andrew (USA), 26.84 2017 World Champion: Peaty (GBR), 25.99

100m Breaststroke

2018 National Champion: Andrew (USA), 59.38 2017 World Champion: Peaty (GBR), 57.47 2016 Olympic Champion: Peaty (GBR), 57.13

200m Breaststroke

2018 National Champion: Prenot (USA), 2:07.28 2017 World Champion: Chupkov (RUS), 2:06.96 2016 Olympic Champion: Balandin (KAZ), 2:07.47

50m Butterfly

2018 National Champion: Andrew (USA), 22.93 2017 World Champion: Proud (GBR), 22.75

100m Butterfly

2018 National Champion: Dressel (USA), 50.50 2017 World Champion: Dressel (USA), 49.86 2016 Olympic Champion: Schooling (SIN), 50.39

200m Butterfly

2018 National Champion: Wright (USA), 1:54.63 2017 World Champion: le Clos (RSA), 1:53.33 2016 Olympic Champion: Phelps (USA), 1:53.36

200m Individual Medley

2018 National Champion: Kalisz (USA), 1:55.73 2017 World Champion: Kalisz (USA), 1:55.56 2016 Olympic Champion: Phelps (USA), 1:54.66

400m Individual Medley

2018 National Champion: Kalisz (USA), 4:08.25 2017 World Champion: Kalisz (USA), 4:05.90 2016 Olympic Champion: Hagino (JPN), 4:06.05

Open Water World Championships History usaswimming.org I @USASwimming I @USASwimmingNews I #FINAGwangju2019

Open Water World Championships: The Last Time ...

Women			
Event	Gold	Medal	
5K	Ashley Twichell, 2017	Ashley Twichell, 2017	
10K	Never	Never	
25K	Tobbie Smith, 1998	Eva Fabian, 2013 (Bronze)	
Men			
Event	Gold	Medal	
5K	Never	Fran Crippen, 2010 (Bronze)	
10K	Jordan Wilimovsky, 2015	Jordan Wilimovsky, 2017 (Silver)	
25K	Alex Meyer, 2010	Alex Meyer, 2015 (Silver)	

Team

Event	Gold	Medal	
5K Team Event	Twichell, Gemmell, Ryan, 2011	Casey, Twichell, Anderson, Wilmovsky, 2017 (Silver)	

All-Time Open Water World Medalists

Women

5K (10)

Ashley Twichell, 2017 (Gold) Haley Anderson, 2015 (Gold) Haley Anderson, 2013 (Gold) Eva Fabian, 2010 (Gold) Erica Rose, 1998 (Gold) Margy Keefe, 2005 (Silver) Kalyn Keller, 2000 (Šilver) Sara McLarty, 2004 (Bronze) Chloe Sutton, 2008 (Bronze) Ashley Twichell, 2011 (Bronze)

10K (None)

Men

5K (3)

Chip Peterson, 2006 (Silver) Chip Peterson, 2005 (Silver) Fran Crippen, 2010 (Bronze)

10K (5)

Jordan Wilimovsky, 2015 (Gold) Chip Peterson, 2005 (Gold) Jordan Wilimovsky, 2017 (Silver) Andrew Gemmell, 2009 (Silver) Fran Crippen, 2009 (Bronze)

25K (4)

Alex Meyer, 2010 (Gold) Chad Hundeby, 1991 (Gold) Mark Warkentin, 2008 (Silver) Alex Meyer, 2015 (Silver)

25K (5) Tobie Smith, 1998 (Gold)

Kalyn Keller, 2007 (Silver)

Martha Jahn, 1991 (Silver)

Eva Fabian, 2013 (Bronze) Karen Burton, 1991 (Bronze)

Team

5K Team Event (7) Andrew Gemmell, 2011 (Gold) Sean Ryan, 2011 (Gold) Ashley Twichell, 2011 (Gold) Brendan Casey, 2017 (Silver) Ashley Twichell, 2017 (Silver) Haley Anderson, 2017 (Silver) Jordan Wilimovsky, 2017 (Silver)

Most Career Open Water World Medals

Women

- 3 Ashley Twichell (2 Gold, 1 Bronze)
- 2 Haley Anderson (2 Gold)
- 2 Eva Fabian (1 Gold, 1 Bronze)
- 2 Kalyn Keller (2 Silver)

Men

- 3 Chip Peterson (1 Gold, 2 Silver)
- 2 Fran Crippen (2 Bronze)
- 2 Andrew Gemmell (1 Gold, 1 Silver)
- 2 Alex Meyer (1 Gold, 1 Silver)
- 2 Jordan Wilimovsky (1 Gold, 1 Silver)

FINA Open Water World Championships

1991 Perth, Australia 1994 Rome, Italy 1998 Perth. Australia 2000 Honolulu, Hawaii (USA) 2001 Fukuoka, Japan 2002 Sharm El Sheikh, Egypt Barcelona, Spain 2003 2004 Dubai, UAE 2005 Montreal, Canada 2006 Naples, Italy 2007 Melbourne, Australia 2008 Sevilla, Spain Rome, Italy 2009 2010 Roberval, Canada 2011 Shanghai, China 2013 Barcelona, Spain 2015 Kazan, Russia 2017 Budapest, Hungary Yeosu, South Korea 2019

*Between 2000-10, the FINA World Open Water Swimming World Championships were held between each FINA World Championships.

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David Durden Head Coach Cal/California Aquatics

David Durden, an assistant men's coach for the 2016 U.S. Olympic Team, coached six members of the U.S. men's roster in Rio – Nathan Adrian, Ryan Murphy, Jacob Pebley, Josh Prenot, Anthony Ervin and Tom Shields. This group combined for 11 medals, including four by Adrian and three from Murphy, who

also set a world record in the 100m back. Adrian, Murphy, Ervin and Prenot were all individual medalists.

The 2016 American Swimming Coaches Association Coach of the Year, Durden also served as the head coach for the U.S. men at the 2015 FINA World Championships and was an assistant at the 2011 World Championships and the 2010 Pan Pacific Championships.

On the collegiate front, Durden guided the Golden Bears to a Championship title at the men's 2019 NCAA Championships. He also won three men's NCAA titles in Berkeley (2011, 2012, 2014) and his team has finished first or second at the NCAA Championships in each of the last 10 seasons.



Greg Meehan Head Coach Stanford Swimming

Greg Meehan's swimmers made quite an impact on the 2016 U.S. Olympic Swimming Team with Maya DiRado, Simone Manuel and Lia Neal combining to earn nine medals in Rio. DiRado and Manuel were breakout stars, winning four medals each at the Games, five of them in individual events. Manuel

claimed gold in the 100-meter freestyle and silver in the 50m free, while DiRado earned gold in the 200m backstroke, silver in the 400m individual medley and bronze in the 200m IM.

A women's assistant coach for Team USA in Rio, Meehan also guided the Stanford women to back-to-back NCAA Championship titles in 2017, 2018 and 2019 after a runner-up finish at the 2016 NCAA Championships. In 2017, he led five-time Olympic gold medalist Katie Ledecky to a record-setting collegiate debut.

Prior to 2016. Meehan served as an assistant coach for Team USA at the 2015 FINA World Championships and the 2014 Pan Pacific Championships.



Catherine Kase Open Water Head Coach USC Swimming

Catherine Kase, an associate head coach at USC, will lead Team USA's open water swimmers for the fourth time in her career. At the 2015 World Championships in Kazan, Russia, Kase coached Team USA to three medals (two gold) and 11 top-10 finishes, resulting in an open water team title and an

open water head coaching position for Team USA at the 2016 Rio Olympics.

During her 11 seasons with the Trojan Swim Club, Kase has helped lead the program to some of its most successful seasons in history, including a 2017 season highlighted by the USC Women's Swimming & Diving program's first Pac-12 title.

Prior to her arrival at USC, Kase was an assistant coach at North Carolina, where she also swam for four years in the distance freestyle before graduating in 2000. Kase resides with her daughter, Carson, and her husband, former UCLA Academic All-American football player, George Kase.



Lindsay Mintenko National Team Managing Director

A two-time gold medal winner, Lindsay Mintenko has served as USA Swimming National Team Managing Director since 2006.

While serving as U.S. team captain at the 2000 and 2004 Olympic Games, she stood atop the podium as a member of the winning 800-meter freestyle relay team. She added a silver in the

400-meter freestyle relay in 2004.

A 10-time U.S. national champion, 10-time World Championships medalist and five-time medalist at the Pan Pacific Championships, she set numerous USC, American and world records. After five years as a USC assistant coach, she joined USA Swimming.

One of the most decorated swimmers in the legendary University of Southern California program, she was a 21-time All-American. She won five NCAA individual titles - three in the 500-yard freestyle (1996-97-99) and two in the 200-yard backstroke (1996-97) - and helped the Women of Troy to their only NCAA team championship in 1997. In her USC career, she reached the NCAA finals in all 12 individual events in which she competed. She also won six career Pac-10 titles.

Team USA Assistant Coaches

Arthur Albiero Louisville Swimming Jack Bauerle Georgia Swimming Ray Looze Indiana Swimming	Teri McKeever
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Broadcast Schedule/Selection Procedures

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NBC Broadcast Schedule

Date	Event	Time (EDT)	Network	Live/Taped
Saturday, July 12	Men's 5K	7 p.m.	Olympic Channel	Live
Sunday, July 13	Women's 10K	10:30 p.m.	Olympic Channel	Same Day Delay
Tuesday, July 15	Men's 10K	7 p.m.	Olympic Channel	Live
Wednesday, July 16	Women's 5K	7 p.m.	Olympic Channel	Live
Thursday, July 17	5K Team Relay	7 p.m.	Olympic Channel	Live
Friday, July 18	Men's & Women's 25K	7 p.m.	Olympic Channel	Live
Sunday, July 21	Swimming: Day 1	7 a.m.	Olympic Channel	Live
Sunday, July 21	Day 1 Finals	2 p.m.	NBC	Same Day Delay
Monday, July 22	Swimming: Day 2	7 a.m.	NBCSN	Live
Tuesday, July 23	Swimming: Day 3	7 a.m.	Olympic Channel	Live
Tuesday, July 23	Day 3 Finals	12 p.m.	NBCSN	Same Day Delay
Wednesday, July 24	Swimming: Day 4	7 a.m.	Olympic Channel	Live
Wednesday, July 24	Day 4 Finals	12 p.m.	NBCSN	Same Day Delay
Thursday, July 25	Swimming: Day 5	7 a.m.	Olympic Channel	Live
Thursday, July 25	Day 5 Finals	12 p.m.	NBCSN	Same Day Delay
Friday, July 26	Swimming: Day 6	7 a.m.	Olympic Channel	Live
Friday, July 26	Day 6 Finals	12 p.m.	NBCSN	Same Day Delay
Saturday, July 27	Swimming: Day 7	7 a.m.	Olympic Channel	Live
Saturday, July 27	Day 7 Finals	12 p.m.	NBCSN	Same Day Delay
Sunday, July 28	Swimming: Day 8	7 a.m.	NBCSN	Live

Note: Broadcast times are subject to change

Pool Athlete Selection for the 2019 FINA World Championships

A maximum of 26 men and 26 women were selected for the 2019 FINA World Championships pool competition using the following criteria:

Priority #1: The top four finishers in the finals of the 100m and 200m freestyle and the winner of each individual Olympic event.

Priority #2: The second-place finisher in each individual Olympic event.

Priority #3: The winner in each non-Olympic event.

Priority #4: The fifth-place finisher in the 100m and 200m free.

Priority #5: The sixth-place finisher in the 100m and 200m free.

If the above priorities result in a list of more than 26 men or 26 women, integrated international rankings will be used for the selection. If all five priorities are used and the result is fewer than 26 men or 26 women, no additional swimmers will be added. Note: This is an abbreviated version of the selection criteria. For the complete document, visit www.usaswimming.org.

Open Water Athlete Selection for the 2019 FINA World Championships

U.S. open water swimmers were selected from the top finishers in the 10K and 5K races at the 2019 USA Swimming Open Water National Championships May 3 - 5 at Miami Marine Stadium in Miami, Florida. The top two finishers in the 10K automatically earned a spot to compete in the Olympic-distance 10K race at the FINA World Championships in Yeosu, South Korea. The first-place finishers in the men's and women's 5K were selected to swim the 5K at the World Championships. Remaining team vacancies in either the 10K or 25K were filled by place finish in the 10K at Nationals. This is an abbreviated version of the selection criteria; complete details outlining the selection procedures can be found online at usaswimming.org.



쭏 Nathan Adrian

CLUB: California Aquatics (CAL-CA) AGE: 30 DOB: Dec 7, 1988 HEIGHT: 6' 6 1/2" (199.4 cm) WEIGHT: 225 lbs (102.1 kg) HOMETOWN: Bremerton, Wash. RESIDENCE: Berkeley, Calif. COACHED BY: Dave Durden

Career Highlights:

Three-time Olympian and eight-time Olympic medalist ... Won the 50m free and was second in the 100m free at 2018 Winter Nationals ... Anchored Team USA to gold in the 400m medley relay at 2018 Pan Pacs ... Runner-up in the 100m free and took third in the 50m free at 2018 Phillips 66 Nationals ... Gold medalist in the 400m free relay, 400m medley relay, mixed 400m free relay, silver medalist in the 100m free and placed 10th in the 50m free at the 2017 FINA World Championships ... Champion in the 100m free and runner-up in the 50m free at 2017 Phillips 66 Nationals ... Won four medals at the 2016 Olympic Games - bronze in the 50m and 100m free and gold in the 400m medley relay and 400m free relay ... Winner of the 50m and 100m free at 2016 U.S. Olympic Team Trials to qualify for his third Olympic Team ... National champ in the 50m free at 2015 AT&T Winter Nationals ... Won gold in the 400m medley relay and silver in the 50m free at the 2015 FINA World Championships ... At 2014 AT&T Winter Nationals, became the first man to win the 50y, 100y and 200y free in a single Nationals ... Won gold as part of the 400m medley relay team, took silver in the 100m free and bronze in the 50m free at 2014 Pan Pacs ... Won the 100m free and was second in the 50m free at 2014 Phillips 66 Nationals to earn a spot on the Pan Pacs roster ... Won both the 50y and 100y free at the 2013 AT&T Winter Nationals ... Won bronze in the 100m free and silver in the 400 free relay at the 2013 FINA World Championships ... Qualified for the 2013 FINA World Championships with wins in the 50m and 100m free at Phillips 66 Nationals ... Brought home three medals from the 2012 Olympic Games ... Won gold in both the 100m free and 400m medley relay and took silver in the 400m free relay; went a best time of 47.52 in the 100m free as well ... Qualified for the 2012 Olympic team by finishing first in the 100m free ... Brought home two medals from the 2011 FINA World Championships, including gold in the 4x100m medley relay and bronze in the 4x100m free relay; individually, placed fourth in the 50m free and sixth in the 100m free ... Won the 50m free at the 2011 ConocoPhillips National Championships ... Won two gold medals in the 50y and 100y Fr at the 2011 NCAA Championships ... Won four gold medals at the 2010 MOO Pan Pacific Championships ... Earned two national titles in the 50m and 100m free at the 2010 National Championships ... Took home two gold medals at the 2009 FINA World Championships in the 400m free relay and the 400m medley relay (pr) won and set American records in the 50y and 100y free at the 2009 NCAA Championships Won gold at the 2008 Olympics by swimming on the the 400m free-relay (prelims) ... Qualified for the 2008 Olympic team by placing forth in the 100m free ... Won gold and set a meet record in the 100m free at the 2008 Short Course World Championships ... Member of the 400m free-relay team that broke the world record at 2008 Short Course Worlds.

Olympics History:

2016: Bronze, 100m FR; Bronze, 50m FR; Gold, 400m MR; Gold, 400m FR-R ... 2012: Gold, 100m FR; Gold, 400m MR; Silver, 400m FR-R ... 2008: Gold, 400m FR-R (pr)

World Champs History:

2017: Gold, 400m FR-R,; Gold, 400m Med-R; Gold, Mixed 400m FR-R; Silver, 100m FR; 10th, 50m FR ... 2015: Gold, 400m MR; Silver, 50m FR; 7th, 100m FR ... 2013: Bronze, 100m FR; Silver, 400m FR-R; 4th, 50m FR ... 2011: 4th, 50m FR; 6th, 100m FR; Gold, 400 MR; Bronze, 400 FR-R ... 2009: Gold, 400m FR-R; Gold, 400m MR-R (pr); 6th, 50m FR; 10th, 100m FR

Pan Pacs History:

2018: Nathan Adrian: Gold, 400m MR; 10th, 100m FR ... 2014: Silver 100m FR; Bronze, 50m FR; Gold, 400m MR... 2010: Gold, 50m FR, 100m FR, 400 FR-R, 400 MR

SC Worlds History:

2008: 1st, 100m FR; 1st, 400m FR-R (WR); 2nd, 400m MR

Duel in the Pool History:

2009: Gold, 50m/100m FR; Gold, 400m FR-R; Gold, 400m MR

Olympic Trials History:

2016: 1st, 50m FR; 1st, 100m FR ... 2012: 1st, 100m FR; 3rd, 50m FR ... 2008: 4th, 100m FR; 6th, 50m FR

U.S. Nationals History:

2018 Winter: 1st, 50m FR; 2nd, 100m FR ... 2018: 2nd, 100m FR; 3rd, 50m FR ... 2017: 1st, 100m FR; 2nd, 50m FR ... 2014: 1st, 100m FR; 2nd, 50m FR ... 2013: 1st, 50m FR; 1st, 100m FR

NCAA History:

2011 (Sr): 1st, 50y FR; 1st, 100y FR; 8th, 100y FL ... 2010 (Jr): 1st, 100y FR; 2nd, 50y FR ...

FAST FACTS

Three-Time Olympian (2016, 2012, 2008)

Eight Olympic Games medals (5g, 1s, 2b)

Thirteen World Champs LCM medals (8g, 3s, 2b)

MEDALS

2018 Pan Pacific Championships 2018: Gold, 400m MED-R

2017 World Championships

2017: Gold, 400m FR-R Mixed; Gold, 400m FR-R; Gold, 400m MED-R; Silver, 100m FR $\,$

2016 Olympic Games

2016: Gold, 400m FR-R; Gold, 400m MED-R; Bronze, 100m FR; Bronze, 50m FR

2015 World Champs

2015: Gold, 400m FR-R Mixed; Gold, 400m MED-R; Silver, 50m FR $\,$

2014 Pan Pacific Championships

2014: Gold, 400m MED-R; Silver, 400m FR-R; Silver, 100m FR; Bronze, 50m FR

2013 World Champs 2013: Silver, 400m FR-R; Bronze, 100m FR

2012 Olympic Games

2012: Silver, 400m FR-R; Gold, 400m MED-R; Gold, 100m FR

2011 World Champs

2011: Bronze, 400m FR-R; Gold, 400m MED-R

2010 Pan Pacific Champs

2010: Gold, 400m FR-R; Gold, 400m MED-R; Gold, 400m MED-R; Gold, 400m FR-R; Gold, 100m FR; Gold, 50m FR

2009 World Champs

2009: Gold, 400m MED-R (pr); Gold, 400m FR-R

2008 Olympic Games

2008: Gold, 400m FR-R (pr)

2008 SC Worlds

2008: Silver, 400m MED-R (SCM) (AR); Gold, 400m FR-R (SCM) (WR); Gold, 100m FR (SCM)

TOP TIMES		
Event	Best	Year
50m FR	21.37	Aug 15
100m FR	47.52	Jul 12

Nathan Adrian

2009 (So): 1st, 50y/100y FR ... 2007 (Fr): 6th, 200y FR-R; 7, 800y FR-R; 8th, 100y FR; 10th, 400y MR; 11th, 50y FR; 13th, 100y FL

Briefly:

3x Olympian, 4x World Champ member for USA

RECORDS:

Former WR holder in 400m FR-R (SCM), set at 2010 SCM World Champs ... Former WR holder in 400m FR-R (SCM), set at 2008 SC Worlds ... Holds AR in 400m FR-R (SCM), set at 2008 SC Worlds ... Former AR holder in 400m MED-R (SCM), set at 2008 SC Worlds

ADDITIONAL HONORS: National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Bremerton H.S. '06 College: University of California Berkeley '12 College Major: Public Health Future Professional Aspirations: Doctor Parents: Jim and Cecilia ... Jim is a nuclear engineer and Cecilia is a school nurse Sibling(D). Has an elder sister (Concello) and an elder brother (Justic) who both any

Sibling(s): Has an older sister (Donella) and an older brother (Justin) who both swam competitively

Started Swimming: At age 5 when brother, because his sister and friend started swimming Sports Played Before Swimming: Soccer

Hobbies Outside the Pool: Hanging out with friends, jet skiing, boating, dirt biking

Most Influential Person: Parents ... "Because of their perfect balance of love and support for me over the years."

Training Stats: Swims 5k-8k ... 5 hours a day ... 2-3 workouts a day, 5 days a week



Haley Anderson

CLUB: Trojan Swim Club (TROJ-CA) AGE: 27 DOB: Nov 20, 1991 HEIGHT: 5' 10" (177.8 cm) HOMETOWN: Granite Bay, Calif. COACHED BY: David Salo

Career Highlights:

Repeated as gold medalist in the open water 10K at 2018 Pan Pacs ... Runner-up in the 10K at 2018 Open Water Nationals ... Posted top-four finishes in the 400m, 800m, and 1500m free at 2018 Phillips 66 Nationals ... Silver medalist in the 5K Team Relay, placed fifth in the open water 5K and sixth in the 10K at the 2017 FINA World Championships ... Champion in the 5K and runner-up in the 10K at 2017 Open Water Nationals ... Finished fifth in the 10K at the 2016 Olympic Games in Rio de Janeiro ... Qualified for her second Olympic Team with a ninth-place finish in the 10K at the 2015 FINA World Championships ... Also repeated as gold medalist in the 5K at 2015 Worlds ... Qualified for the 2015 FINA World Championships with a runner-up finish in the 10K and a win in the 5K at 2015 Open Water Nationals ... Gold medalist in the open water 10K at the 2014 Pan Pacific Championships in Maui, Hawaii ... Won a gold medal in the 5K at the 2014 Open Water National Championships ... Claimed second in the 10K at 2014 Open Water Nationals to earn a spot on the U.S. roster for the 2014 Pan Pacific Championships ... Won a gold medal in the 5K at the 2013 FINA Open Water World Championships in Barcelona ... Qualified for the 2013 FINA World Championships with a win in the 5k at 2013 Open Water Nationals ... Won a silver medal as a member of the 2012 Olympic open water team in the 10k ... Won the 1500m free and finished second in the 800m free at the 2011 World University Games ... Finished second in the 800m free, seventh in the 400m IM and eighth in the 400m free at the 2011 ConocoPhillips National Championships ... Finished third in the 800m free at the 2010 CP National Championships ... Just missed the medal stand in the 25K at the 2010 Open Water World Championships ... Placed ninth in the 1500m free at the 2009 FINA World Championships ... Finished second in the 800m free at the 2009 National Championships ... Placed first in the 800m and 1500m free at the 2009 Junior Pan Pacific Championships.

OW Worlds History:

2017: 2nd, 5K Team-R; 5th, 5K; 6th, 10k ... 2015: Gold, 5K; 9th, 10K ... 2013: Gold, 5K; 6th, 5K Team Event ... 2010: 4th, 25K

Pan Pacs History:

2018: Gold, 10K ... 2014: Gold, 10K OW; 7th, 800m FR ... 2010: 4th, 1500m FR; 4th, 10K OW; 8th, 800m FR

WUGs History:

2011: 1st, 1500m FR; 2nd, 800m FR

SC Worlds History:

2018: 7th, 800m FR; 12th, 400m FR

Olympic Trials History:

2016: 9th, 400m FR; 7th, 800m FR ... 2012: 3rd, 800m FR; 8th; 400m IM; 11th, 400m FR ... 2008: 17th, 400m IM; 20th(t), 400m FR; 25th, 800m FR; 84th, 200m FL

U.S. Nationals History:

2018: 3rd, 400m FR; 3rd, 800m FR; 4th, 1500m FR

OW U.S. Nationals History:

2018: 2nd, 10K ... 2017: 1st, 5K; 2nd, 10K ... 2016: 2nd, 5K; 4th, 10K ... 2015: 1st, 5K; 2nd, 10K ... 2014: 1st, 5K; 2nd, 10K ... 2013: 1st, 5K; 8th, 10K ... 2012: 2nd, 10K ... 2011: 4th, 10K ... 2010: 6th, 10K

NCAA History:

2013: 1st, 500y FR; 1st, 1650y FR ... 2012: 1st, 500y FR; 3rd, 1650y FR ... 2011: 3rd, 1650y FR; 6th, 500y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Granite Bay HS '09

College: USC '13

College Major: Communication Parents: Randy and Colette ... father is in sales and mother is in marketing ... Colette swam at Hawaii Sibling(s): One older sister, Alyssa, and one younger sister, Jordan ... both are swimmers ... Alyssa also swam on the 2012 Olympic Team

Sports Played Before Swimming: Soccer, track and cross country

Two-Time Olympian - Open Water (2016, 2012)

One Olympic Medal (1s - Open Water)

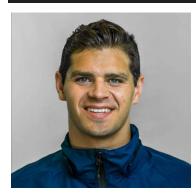
Three OW World Championships Medals (2g, 1s)

MEDALS

FAST FACTS

2009 Jr Pan Pacific Champs 2009: Gold, 1500m FR; Gold, 800m FR

Event	<u>Best</u>	<u>Year</u>
400m FR (SCM)	4:05.89	Dec 18
800m FR (SCM)	8:18.70	Dec 18
800m FR	8:24.13	Jul 18
1500m FR	16:04.26	Aug 18



Michael Andrew

CLUB: Race Pace Club (RPC-CA) AGE: 20 DOB: Apr 18, 1999 HEIGHT: 6' 6 3/4" (200.0 cm) WEIGHT: 200 lbs (90.7 kg) HOMETOWN: Lawrence, Kansas

COACHED BY: Peter Andrew

Career Highlights:

Won five relay medals - four gold - at the 2018 FINA World Championships (25m) ... Gold medalist in the 50m free at 2018 Pan Pacs ... Qualified for first Pacific Championships roster after winning the 50m free and 100m breast titles at 2018 Phillips 66 Nationals ... Also added wins in the 50m fly and 50m breast to become the first man since 2008 to win at least four titles at a single Nationals or Olympic Trials ... Winner of the men's high point trophy at 2018 Phillips 66 Nationals ... Tied for the men's high point title at the 2017 Winter National Championships ... Won five medals (three gold) and claimed the men's FINA Trophy at the 2017 FINA World Junior Championships ... Gold medalist in the 100m IM at the 2016 FINA World Championships (25m) ... Finalist in the 100m breast at 2016 U.S. Olympic Team Trials ... Won five medals at the 2015 FINA World Junior Championships (25m) ... Finalist in the 100m breast at 2015 Junior Worlds ... Runner-up in the 100m break at the 2017 World Sum Pacific Championships.

Pan Pacs History:

2018: Gold, 50m FR; Bronze, 400m Mixed MR; 7th, 100m BR

SC Worlds History:

2018: 4th, 100m IM; Gold, 400m MR; Gold, 400m FR-R; Gold, Mixed 200m FR-R; Gold, Mixed 200m MR; Silver, 200m MR ... 2016: Gold, 100m IM; Silver, 200m MR; Silver, 200m FR-R

Olympic Trials History:

2016: 4th, 100m BR; 11th, 50m FR; 15th, 100m FL

U.S. Nationals History:

2018: 1st, 50m FR; 1st, 100m BR; 1st, 50m BR; 1st, 50m FL

Intl. Results:

2017 World Junior Champs: Gold, 50m FR; Gold, 50m BK; Gold, 50m FR; Bronze, 50m BR; Bronze, 100m BR; 8th, 200m IM

RECORDS:

Holds AR in 200m MED-R (SCM), set at 2018 SCM World Champs

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

MEDALS

2018 Pan Pacific Championships

2018: Gold, 50m FR; Bronze, 400m MED-R Mixed

2018 SCM World Champs

2018: Silver, 200m MED-R (SCM) (AR); Gold, 200m FR-R (SCM) Mixed (pr); Gold, 200m MED-R (SCM) Mixed; Gold, 200m FR-R (SCM) (pr); Gold, 400m MED-R (SCM) (pr)

2017 World JR Champs

2017: Bronze, 100m BR; Gold, 50m BK; Gold, 50m FL; Bronze, 50m BR

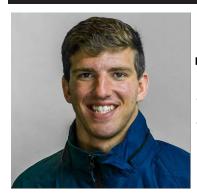
2016 SCM World Champs

2016: Gold, 100m IM (SCM); Silver, 200m FR-R (SCM) (pr); Silver, 200m MED-R (SCM) (pr) $\,$

2014 Jr Pan Pacific Championships

2014: Silver, 100m BK

Event	<u>Best</u>	Year
50m FR (SCM)	20.94	Nov 18
50m BR (SCM)	26.10	Nov 18
50m FL (SCM)	22.32	Nov 18
50m FR	21.46	Aug 18
100m FR	49.87	May 19
50m BK	24.39	Jun 19
50m BR	26.84	Jul 18
100m BR	59.38	Jul 18
50m FL	22.93	Jul 18
100m FL	51.53	Aug 18
200m IM	1:57.49	Apr 19



Zach Apple

CLUB: Indiana Swim Club (ISC-IN)

AGE: 22 DOB: Apr 23, 1997 HEIGHT: 6' 6 1/2" (199.4 cm) WEIGHT: 195 lbs (88.5 kg) HOMETOWN: Trenton, Ohio BIRTHPLACE: Middletown, Ohio COACHED BY: Phil Cole / Ray Looze

Career Highlights:

Gold medalist in the 800m free relay at 2018 Pan Pacs ... Took fourth in the 100m free at 2018 Phillips 66 Nationals ... Earned gold as a member of the 400m free relay at the 2017 FINA World Championships ... Finished fourth in the 50m and 100m free at 2017 Phillips 66 Nationals ... All-American freestyler at Auburn University.

World Champs History:

2017: Gold, 400 FR-R (pr) Pan Pacs History:

Gold, 800m FR-R; 5th,100m FR; 10th, 50m FR; 10th, 200m FR

U.S. Nationals History:

2018: 100m FR; 4th; 50m FR, 5th ... 2017: 4th, 50m FR; 4th, 100m FR

NCAA History:

2019: 2nd 200 Fr, 3rd 100 Fr, 5th 50 Fr \dots 2018: 3rd, 200y FR; 5th (t), 50y FR \dots 2017: 4th (t), 50y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Edgewood High School '15 College: Indiana '19 College Major: Exercise Science Parents: Doug and Allison Apple Sibling(s): Younger sister, Rachel Started Swimming: Did not swim on a year round club until after sophomore year of high school Sports Played Before Swimming: Football, basketball, baseball and soccer Hobbies Outside the Pool: Video games

FAST FACTS

One World Champs LCM medal (1g)

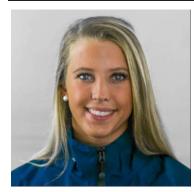
MEDALS

2018 Pan Pacific Championships 2018: Gold, 800m FR-R

2017 World Championships

2017: Gold, 400m FR-R (pr)

<u>Event</u>	<u>Best</u>	<u>Year</u>
50m FR	22.00	Jul 17
100m FR	48.03	Aug 18



쭏 Kathleen Baker

CLUB: Team Elite (TE-CA) AGE: 22 DOB: Feb 28, 1997 HEIGHT: 5' 8 1/2" (174.0 cm) HOMETOWN: Winston Salem, N.C. RESIDENCE: Berkeley, Calif. BIRTHPLACE: Winston Salem, N.C. COACHED BY: David Marsh

Career Highlights:

Won four medals at the 2018 FINA World Championships (25m), including individual silver in the 200m back and bronze in the 200m IM ... Four-time medalist at 2018 Pan Pacs, including gold in the 200m back ... Set a world record in the 100m back (58.00) and added titles in the 200m back and 200m IM at 2018 Phillips 66 Nationals ... Posted top-three finishes in three events for Cal at the NCAA Championships ... Broke world record and won gold in the 400m medley relay, silver medalist in the 100m back, bronze in the 200m back and fifth in the 50m back at the 2017 FINA World Championships ... Champion in the 100m and 200m back at 2017 Phillips 66 Nationals ... Three-time nCAA champion for Cal in 2017 ... Silver medalist in the 100m back and earned gold in the 400m medley relay at the 2016 Olympic Games ... Finished second in the 100m back at 2016 U.S. Olympic Team Trials to earn a spot on her first U.S. Olympic Team ... Runner-up in the 200y IM at the 2016 NCAA Championships ... Silver medalist in the 200m free relay and was sixth in the 100m back at 2014 FINA Short Course Worlds in Doha, Qatar ... Qualified for 2014 Pan Pacs with a runner-up finish in the 200m back at Phillips 66 Nationals ... Finished fourth in the 200y IM at 2013 At&T Winter Nationals ... Won four medals at the 2013 FINA World Junior Championships - silver in the 100m and 200m back, and bronze in both the 400m medley relay and the mixed 400m medley relay ... Won bronze in the 400m IM at 2013 Speedo Junior Nationals and bronze in the 200m IM at the 2013 U.S. Open.

Olympics History:

2016: Silver, 100m BK; Gold, 400m MR

World Champs History:

2017: Gold, 400m Med-R; Silver, 100 BK; Bronze, 200 BK; 5th, 50 BK ... 2015: 8th, 100m BK Pan Pacs History:

2018: Gold, 200m BR; Silver, 400m MR; Bronze, 100m BK; Bronze, 400m Mixed MR ... 2014: 9th, 100m BK

SC Worlds History:

2018: Silver, 200m BK, Bronze, 200m IM, Gold, 400m MR, 5th 100 Bk; ... 2014: Silver, 200m FR-R (PR); 6th, 100m BK; 11th, 200m BK

Duel in the Pool History:

2013: 3rd, 200m BK; 7th, 100m FL; 6th, 100m BK; 7th, 200m IM

Olympic Trials History:

2016: 2nd, 100m BK ... 2012: 13th, 200m BK; 14th, 100m BK; 23rd, 200m IM

U.S. Nationals History:

2018: 1st, 100m BK; T-1st, 200m BK; 1st, 200m IM ... 2017: 1st, 100m BK; 1st, 200m BK; 2nd, 50m BK

NCAA History:

2018: 1st, 200y BK: 2nd, 200y IM: 3rd, 100y BK ... 2017: 1st, 200y IM; 1st, 100y BK; 1st; 200y BK ... 2016: 2nd, 200y IM

RECORDS:

Holds WR in 100m BK, set at 2018 Summer Nationals ... Holds WR in 400m MED-R, set at 2017 World Championships

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Forsyth Country Day, Homeschooled '15 College: California '19 College Major: Public Health Future Professional Aspirations: Interested in pursuing a career in the medical field Parents: Norris and Kimberley ... Norris is an administrator/educator, Kimberley is a CFP and swam at College of Charleston

Sibling(s): Older sister (Rachel) swims at Washington & Lee University

FAST FACTS

One-Time Olympian (2016)

Three World Champs medals (1g, 1s, 1b)

Two Olympic Games medals (1g, 1s)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 400m MED-R; Gold, 200m BK; Bronze, 400m MED-R Mixed; Bronze, 100m BK

2018 SCM World Champs

2018: Gold, 200m MED-R (SCM) (pr); Gold, 400m MED-R (SCM) (pr); Silver, 200m BK (SCM); Bronze, 200m IM (SCM)

2017 World Championships

2017: Gold, 400m MED-R (WR); Silver, 100m BK; Bronze, 200m BK

2016 Olympic Games

2016: Gold, 400m MED-R; Silver, 100m BK

2014 SCM World Champs

2014: Silver, 200m FR-R (SCM) (pr)

TOP TIMES		
Event	<u>Best</u>	Year
50m BK (SCM)	26.30	Oct 18
100m BK (SCM)	55.91	Sep 18
200m BK (SCM)	2:00.69	Oct 18
100m IM (SCM)	58.02	Oct 18
200m IM (SCM)	2:05.54	Dec 18
50m BK	27.48	Jul 17
100m BK	58.00	Jul 18
200m BK	2:06.14	Aug 18
200m IM	2:08.32	Jul 18



Michael Brinegar

CLUB: Mission Viejo Nadadores (MVN-CA)

AGE: 19 DOB: Sep 15, 1999 HEIGHT: 6' 4" (193.0 cm) WEIGHT: 175 lbs 2 oz (79.4 kg) HOMETOWN: Columbus, Ind. COACHED BY: Mark Schubert / Mark Schubert

MEDALS

2017 World JR Champs

2017: Bronze, 800m FR; Silver, 1500m FR

TOP TIMES

<u>Event</u>		Best	Year
	400m FR	3:54.56	Mar 17
	800m FR	7:57.22	Aug 17
	1500m FR	15:07.04	Aug 18

Career Highlights:

Finished as the No. 3 American in both the 5k and 10k at 2019 Open Water Nationals ... Was as the No. 4 American in the 10K at 2018 Pan Pacs ... Was the top American at 2018 French Nationals to earn a spot on the Pan Pacs roster ... Took third in the 10K and fourth in the 5K at 2018 Open Water Nationals ... Silver medalist in the 1500m free and bronze medalist in the 800m free at the 2017 FINA World Junior Championships in his home state of Indiana.

OW U.S. Nationals History:

2019: 5th, 10k; 6th, 5k ... 2018: 3rd, 10K; 4th, 5K NCAA History:

2019: 2nd 1650 Fr

ADDITIONAL HONORS: National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Tesoro High School '18 College: Indiana '22 Parents: Jamie Brinegar and Jennifer Hooker Brinegar ... Mother swam at Indiana and was a member of the 1976 Olympic Team ... Father was a track & field athlete at Yale. Sibling(s): Brother Kevin swam at Denison University Started Swimming: Age 6 Sports Played Before Swimming: Soccer, baseball and basketball

Ultimate Way to Relax: Video games and movies



Katy Campbell

CLUB: Team Santa Monica (TSM-CA)

AGE: 25 DOB: Mar 4, 1994 HEIGHT: 5' 11" (180.3 cm) HOMETOWN: La Cañada, Calif. COACHED BY: Dave Kelsheimer / Dave Kelsheimer

TOP TIMES

Event	Best	Year
800m FR	8:30.46	Aug 14
1500m FR	16:17.59	Aug 14

Career Highlights:

Finished as the No. 4 American at 2019 Open Water Nationals ... Placed fourth in the 10K at 2018 Open Water Nationals ... Finished first in the 1500m free and fifth in the 800m free at the 2014 Phillips 66 National Championships.

World Champs History: 2015: 18th, 1500m FR

WUGs History: 2015: 6th, 800m FR; 7th, 1500m FR

Olympic Trials History: 2016: 12th, 400m FR; 13th, 800m FR

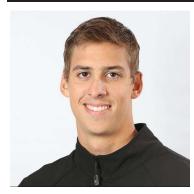
U.S. Nationals History:

2019: 5, 10k; 9, 5k ... 2018: 13th, 800m FR ... 2014: 1st, 1500m FR; 5th, 800m FR **OW U.S. Nationals History:** 2018: 4th, 10K; 10th, 5K ... 2017: 11th, 10K; 18th, 5K

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL: High School: La Canada High School '12 College: UCLA '16 College Major: Sociology



Michael Chadwick

COUNTRY: USA (United States) CLUB: Team Elite (TE-CA) AGE: 24 DOB: Apr 15, 1995 HEIGHT: 6' 6" (198.1 cm) WEIGHT: 185 lbs (83.9 kg) HOMETOWN: Charlotte, N.C.

COACHED BY: David Marsh

Career Highlights:

Won five relay medals - four gold - at the 2018 FINA World Championships (25m) ... Champion in the 100m free at 2018 Winter Nationals ... Earned gold as a member of the 400m free relay at the 2017 FINA World Championships ... Gold medalist in the mixed 200m medley relay, silver medalist in the 200m free relay and 200m medley relay and bronze medalist in the 400m free relay at the 2016 FINA World Championships (25m) ... Posted top-five finishes in the 50m and 100m free at the 2015 Phillips 66 National Championships ... Was fifth in the 100y free at 2015 NCAAs.

World Champs History:

2017: Gold, 400 FR-R (pr)

SC Worlds History:

2018: Gold, 200m FR-R; Gold, 400m FR-R; Gold, Mixed 200m FR-R; Gold, Mixed 200m MR; Silver, 200m MR

Olympic Trials History: 2016: 6th. 50m FR

U.S. Nationals History:

2018: 5th, 100m FR; 4th, 50m FR ... 2017: 5th, 100m FR

NCAA History:

2017: 2nd, 100y FR; 4th (t) 50y FR ... 2016: 4th, 50y FR; 6th, 100y FR ... 2015: 5th, 100y FR

RECORDS:

Holds WR in 200m FR-R (SCM), set at 2018 SCM World Champs ... Former WR holder in 400m FR-R (SCM), set at 2018 SCM World Champs

ADDITIONAL HONORS:

General Accolades: 2018 Mizzou '39 Award recipient, presented to 39 outstanding seniors each year

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Charlotte Latin, 2013 College: Missouri, 2017 College Major: Journalism Parents: Son of David and Marilyn Chadwick ... Father played basketball at North Carolina from 1968-71.

FAST FACTS

One World Champs LCM medal (1g)

MEDALS

2018 SCM World Champs

2018: Gold, 400m FR-R (SCM) (WR); Gold, 200m FR-R (SCM) Mixed (pr); Gold, 200m MED-R (SCM) Mixed (pr); Gold, 200m FR-R (SCM) (WR); Silver, 200m MED-R (SCM) (pr)

2016 SCM World Champs

2016: Gold, 200m MED-R (SCM) Mixed; Silver, 200m FR-R (SCM); Silver, 200m MED-R (SCM); Bronze, 400m FR-R (SCM)

2017 World Championships

2017: Gold, 400m FR-R (pr)

<u>Event</u>	Best	Year
100m FR (SCM)	46.90	Nov 18
100m FR	48.44	Jul 18



Mallory Comerford

CLUB: University of Louisville (UOFL-KY) AGE: 21 DOB: Sep 6, 1997 HEIGHT: 5' 9" (175.3 cm) HOMETOWN: Kalamazoo, Mich. COACHED BY: Arthur Albiero

Career Highlights:

Won eight medals, including five gold, at the 2018 FINA World Championships (25m) ... Silver medalist in the 400m free relay at 2018 Pan Pacs ... Runner-up in the 100m free at 2018 Phillips 66 Nationals ... 2018 NCAA champion in the 200y free ... Tied for the women's high point title at the 2017 Winter National Championships ... Won five gold medals as a member of the 400m free relay, 800m free relay, 400m medley relay, mixed 400m free relay, mixed 400m medley relay at the 2017 FINA World Championships ... Champion in the 100m free at 2017 Phillips 66 Nationals ... Tied for the 2017 NCAA title in the 200y free with Katie Ledecky ... Won gold in the 400m free relay, 400m medley relay and 200m mixed medley relay and silver in the 800m free relay at the 2016 FINA World Championships (25m) ... 2016 NCAA runner-up in the 200y free for Louisville ... Named 2016 ACC Freshman of the Year.

World Champs History:

2017: Gold 400m FR-R; Gold, 800m FR-R; Gold, Mixed 400m FR-R; Gold, Mixed 400m MED-R (pre); Gold, 400m MED-R (pre), 4th 100 Fr

Pan Pacs History:

2018: Silver, 400m FR-R; 4th, 100m FR; 5th, 100m FL

SC Worlds History:

2018: Silver, 200m FR; Bronze, 100m FR; 4th, 50m FR; Gold, Mixed 200m FR-R; Gold, 400m FR-R; Gold, 400m MR; Silver, 800m FR-R; Gold, 200m FR-R; Gold, 200m MR ... 2016: Gold, 400m MR; Gold, 400m FR-R; Gold, 200m Mixed MR; Silver, 800m FR-R; 5th, 200m FR

Olympic Trials History:

2016: 12th, 100m FR; 13th, 200m FR

U.S. Nationals History:

2018: 2nd, 100m FR; 4th, 100m FL; 7th, 200m FR ... 2017: 1st, 100m FR; 4th, 200m FR; 6th, 50m FR

NCAA History:

2019: 1st 100 Fr, 1st 200 Fr, 3rd 50 Fr ... 2018: 1st, 200y FR; 2nd, 100y FR ... 2017: 1st (t) 200y FR; 3rd, 100y FR; 4th, 500y FR ... 2016: 2nd, 200y FR; 8th, 500y FR

RECORDS:

Holds WR in 200m MED-R (SCM), set at 2018 SCM World Champs ... Holds AR in 400m FR-R, set at 2017 World Championships ... Holds USO in 100m FR, set at 2017 Summer National Champs

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: lainwell High School, '15 College: Louisville, '19

Parents: Daughter of Laurie Comerford and Scott and Laura Comerford

FAST FACTS

Five World Champs LCM medals (5g)

Five World Champs LCM medals (5g)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 400m FR-R

2018 SCM World Champs

2018: Gold, 200m MED-R (SCM) (WR); Gold, 400m FR-R (SCM); Gold, 200m FR-R (SCM) Mixed; Gold, 400m MED-R (SCM); Gold, 200m FR-R (SCM); Silver, 200m FR (SCM); Silver, 800m FR-R (SCM); Bronze, 100m FR (SCM)

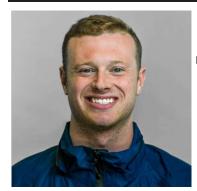
2017 World Championships

2017: Gold, 400m FR-R (AR); Gold, 400m FR-R Mixed; Gold, 400m MED-R Mixed (pr); Gold, 400m MED-R (pr); Gold, 800m FR-R

2016 SCM World Champs

2016: Gold, 200m MED-R (SCM) Mixed (pr); Gold, 400m FR-R (SCM); Gold, 400m MED-R (SCM); Silver, 800m FR-R (SCM)

<u>Event</u>	<u>Best</u>	<u>Year</u>
100m FR (SCM)	51.63	Dec 18
200m FR (SCM)	1:51.81	Dec 18
100m FR	52.59	Jul 17
200m FR	1:56.95	Jun 17



Tra Jack Conger

CLUB: Cavalier Swimming (CAV-VA)

AGE: 24 DOB: Sep 26, 1994 HEIGHT: 6' 4" (193.0 cm) WEIGHT: 180 lbs (81.6 kg) HOMETOWN: Rockville, Md. RESIDENCE: Austin, Texas COACHED BY: Todd DeSorbo

Career Highlights:

Won three relay medals at the 2018 FINA World Championships (25m) ... Silver medalist in the 100m fly at 2018 Pan Pacs ... Runner-up in the 100m fly and took third in the 200m fly at 2018 Phillips 66 Nationals ... Bronze medalist in the 800m free relay and finished eighth in the 200m fly at the 2017 FINA World Championships ... Champion in the 200m fly at 2017 Phillips 66 Nationals ... Earned gold in the 800m free relay at the 2016 Olympic Games ... Posted three top-four finishes at 2016 Olympic Trials ... Qualified for first Olympic roster with a third-place finish in the 200m free ... Runner-up in the 100m free, 100m fly and 200m fly at 2015 Phillips 66 Nationals ... Three-time medalist at the 2015 World University Games ... Set American record in the 200y fly in a time trial at the 2015 Big 12 Championships ... Gold medalist in the 200m back at the 2013 World University Games.

Olympics History:

2016: Gold, 800m FR-R

World Champs History:

2017: Bronze, 800 FR-R; 5th, 200m FL

Pan Pacs History:

2018: Silver, 100m FL; 7th, 200m FL

WUGs History:

2015: Gold, 400 FR-R; Silver, 100m FR; Bronze, 100m BK ... 2013: Gold, 200m BK; Bronze, 400m MR

SC Worlds History:

2018: Gold, 200m FR-R; Gold, 400m MR; Silver, 200m MR; 7th, 100m FL

Olympic Trials History:

2016: 3rd, 200m FR; 3rd, 200m FL; 4th, 100m FL ... 2012: 5th, 200m BK; 8th, 100m BK U.S. Nationals History:

2019, 2nd 100m EL 2m

2018: 2nd, 100m FL; 3rd, 200m FL; 6th, 200m FR ... 2017: 1st, 200m FL; 3rd, 100m FL NCAA History:

2017: 1st, 200y FL; 3rd, 100y FL ... 2016: 2nd, 200y FL; 3rd, 100y FL

RECORDS:

Holds WR in 200m FR-R (SCM), set at 2018 SCM World Champs ... Holds AR in 800y FR-R, set at 2017 NCAA DI Mens ... Holds AR in 200y FL, set at 2015 Big 12 Swimming Time Tria ... Holds USO in 400y FR-R, set at 2017 NCAA DI Mens ... Holds USO in 400y MED-R, set at 2017 NCAA DI Mens ... Former USO holder in 400y MED-R, set at 2015 NCAA DI Mens ... Holds USO in 200y FL, set at 2015 Big 12 Swimming Time Tria

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Our Lady of Good Counsel '13 College: Texas '17 College Major: Corporate Communication

FAST FACTS

One-Time Olympian (2016)

One World Champs LCM medal (1b)

One Olympic Games medal (1g)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 100m FL

2018 SCM World Champs

2018: Gold, 200m FR-R (SCM) (WR); Gold, 400m MED-R (SCM) (pr); Silver, 200m MED-R (SCM) (pr)

2017 World Championships

2017: Bronze, 800m FR-R

2016 Olympic Games 2016: Gold, 800m FR-R (pr)

2012 Jr Pan Pacific

2012: Gold, 100m BK (NAG (17-18)); Gold, 200m BK; Gold, 50m FR; Bronze, 100m FR

TOP TIMES		
Event	<u>Best</u>	Year
100m FL (SCM)	50.20	Dec 18
200m FR	1:45.77	Jun 16
100m FL	51.00	Mar 18
200m FL	1:54.47	Jun 17

rr Kelsi Dahlia

CLUB: Cardinal Aquatics (CARD-KY)

AGE: 24 DOB: Jul 15, 1994 HEIGHT: 5' 11" (180.3 cm) HOMETOWN: Westampton, N.J. RESIDENCE: Louisville, Ky. COACHED BY: Arthur Albiero

Career Highlights:

Led the Team USA women with nine medals, including seven gold, at the 2018 FINA World Championships (25m) ... Triple silver medalist at 2018 Pan Pacs, including silver in the 100m fly ... Repeat champion in the 50m and 100m fly at 2018 Phillips 66 Nationals ... Broke world record in the 400m medley relay, also won gold in the 400m free relay and as a member of the mixed 400m free and mixed 400m medley relays, bronze medalist in the 100m fly and finished fourth in the 50m fly at the 2017 FINA World Championships ... Champion in the 50m and 100m fly at 2017 Phillips 66 Nationals ... Won silver medals and set American records in the 50m, 100m and 200m fly at the 2016 FINA World Championships (25m) ... Also added four relay gold medals in Windsor ... Gold medalist as part of the 400m medley relay at the 2016 Olympic Games ... Finished first in the 100m butterfly at 2016 Olympic Trials to earn her first Olympic Games berth... 2016 NCAA championships ... Earned three medals at the 2015 Pan American Games, including gold in the 100m fly ... Set an American record in the 100y fly at the 2015 NCAA Championships where she won titles in the 100y and 200y fly events ... Won the 100y and 200y fly titles at the 2014 AT&T Winter National Championships.

Olympics History:

2016: Gold, 400m MR (pr); 9th, 100m FL

World Champs History:

2017: Gold, 400m FR-R; Gold, 400m Med-R; Gold, Mixed 400m Med-R (pr); Gold, Mixed 400m FR-R (pr); Bronze, 100m FL; 4th, 50m FL

Pan Pacs History:

2018: Silver, 100m FL; Silver, 400m FR-R; Silver, 400m MR

Pan Ams History:

2015: Gold, 100m FL; Gold, 400m MR; Silver, 400m FR-R (pr)

SC Worlds History:

2018: Gold, 100m FL; Silver, 200m FL; Bronze, 50m FL; Gold, Mixed, 200m FR-R; Gold, 400m FR-R; Gold, 400m MR; Gold, 200m FR-R; Gold, 200m MR; Gold, Mixed 200m MR ... 2016: Silver, 50m FL; Silver, 100m FL; Silver, 200m FR; Gold, 400m FR-R; Gold, 200m MR; Gold, 400m MR; Gold, 200m Mixed MR

Olympic Trials History:

2016: 1st, 100m FLY; 7th, 200m FLY; 8th, 100m FR

U.S. Nationals History:

2017: 1st, 50m FL; 1st, 100m FL ... 1st, 50m FL; 1st, 100m FL ... 2015: 1st, 100m FL; 4th, 100m BK; 3rd, 50m FR ... 2014: 3rd, 50m FL; 6th, 100m FL

NCAA History:

2016: 1st, 100y FL; 1st, 200y FL; 4th, 50y FR ... 2015: 1st, 100y FL; 1st, 200y FL; 3rd, 50y FR ... 2014: 2nd, 100y FL; 4th, 200y FL ... 2013: 4th, 100y FL

RECORDS:

Holds WR in 200m MED-R (SCM), set at 2018 SCM World Champs ... Holds WR in 400m MED-R, set at 2017 World Championships ... Former WR holder in 400m MED-R (SCM), set at Mutual of Omaha Duel in the Pool ... Holds AR in 400m FR-R, set at 2017 World Championships ... Holds AR in 100y FL (Prelim), set at 2015 NCAA D1 Womens ... Former AR holder in 100y FL, set at 2015 NCAA D1 Womens ... Former USO holder in 100y FL, set at 2015 NCAA D1 Womens ... Holds USO in 100y FL (Prelim), set at 2015 NCAA D1 Womens

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Rancocas Valley Regional High School '12 College: Louisville '16 College Major: Exercise Science Parents: Bob and Erica Worrell Sibling(s): One of six siblings; Sister, Taylor, swims for the University of South Carolina ... All six are swimmers.

FAST FACTS

One-Time Olympian (2016)

Five World Champs LCM medals (4g, 1b)

One Olympic Games medal (1g)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 400m FR-R; Silver, 400m MED-R; Silver, 100m FL

2018 SCM World Champs

2018: Bronze, 50m FL (SCM); Gold, 100m FL (SCM); Gold, 400m MED-R (SCM); Gold, 200m FR-R (SCM); Silver, 200m FL (SCM); Gold, 400m FR-R (SCM); Gold, 200m FR-R (SCM) Mixed; Gold, 200m MED-R (SCM) (WR); Gold, 200m MED-R (SCM) Mixed

2017 World Championships

2017: Gold, 400m FR-R Mixed (pr); Gold, 400m MED-R Mixed (pr); Gold, 400m FR-R (AR); Bronze, 100m FL; Gold, 400m MED-R (WR)

2016 Olympic Games

2016: Gold, 400m MED-R (pr)

2016 SCM World Champs

2016: Gold, 400m FR-R (SCM); Gold, 200m MED-R (SCM); Gold, 200m MED-R (SCM) Mixed; Gold, 400m MED-R (SCM); Silver, 200m FL (SCM); Silver, 100m FL (SCM); Silver, 50m FL (SCM)

2015 Pan American Games

2015: Gold, 400m MED-R; Gold, 100m FL; Silver, 400m FR-R (pr)

<u>Event</u>	<u>Best</u>	<u>Year</u>
50m FL (SCM)	24.93	Dec 18
100m FL (SCM)	54.84	Oct 18
200m FL (SCM)	2:01.73	Dec 18
100m FR	53.87	Jun 17
50m FL	25.48	Jul 18
100m FL	56.37	Jul 17



Gabby DeLoof

CLUB: Club Wolverine (CW-MI) AGE: 23 DOB: Mar 13, 1996 HOMETOWN: Grosse Pointe, Mich. COACHED BY: Gunnar Schmidt / Mike Bottom

TOP TIMES

<u>Event</u>	<u>Best</u>	<u>Year</u>
100m FR	54.53	Jul 18
200m FR	1:56.55	Jul 18

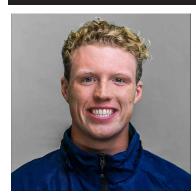
Career Highlights:

Placed third in the 200m free at 2018 Phillips 66 Nationals to earn a spot on her first Pan Pacs roster ... CSCAA All-American at Michigan.

U.S. Nationals History: 2018: 3rd, 200m FR; 11th, 100m FR ... 2017: 10th, 200m FR; 12th, 100m FR NCAA History: 2018: 9th, 200y FR ... 2017: 6th, 200y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team



Abrahm DeVine

CLUB: Alto Swim Club (ALTO-CA)

AGE: 22 DOB: Sep 3, 1996 HEIGHT: 6' 2" (188.0 cm) WEIGHT: 185 lbs (83.9 kg) HOMETOWN: Seattle, Wash. COACHED BY: Ted Knapp

TOP TIMES

			_
<u>Event</u>	<u>Best</u>	Year	
200m IM	1:56.79	Jul 17	
400m IM	4:13.77	Jul 18	

Career Highlights:

Took fifth in the 200m IM at 2018 Pan Pacs ... Runner-up in the 200m IM at 2018 Phillips 66 Nationals ... 2018 NCAA champion in the 400y IM ... Placed 10th in the 200m IM at the 2017 FINA World Championships ... Runner-up in the 200m IM at 2017 Phillips 66 Nationals ... Finalist in the 200m IM and 400m IM at 2016 U.S. Olympic Team Trials ... Was sixth in the 400y IM at the 2016 NCAA Championships for Stanford

World Champs History:

2017: 10th, 200m IM Pan Pacs History: 2018: 5th, 200m IM SC Worlds History: 2016: 8th, 400m IM Olympic Trials History: 2016: 6th, 200m IM; 6th, 400m IM U.S. Nationals History: 2018: 2nd, 200m IM; 5th, 400m IM ... 2017: 2nd, 200m IM NCAA History: 2019: 1st 400 IM, 5th 200 IM ... 2018: 1st, 400y IM; 4th, 200y IM; 8th, 200y BK ... 2017: 5th, 400y IM ... 2016: 6th, 400y IM

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Lakeside, '15 College: Stanford, '19 College Major: Undeclared Parents: Son of Jim DeVine and Rene Folk



Katie Drabot

CLUB: Alto Swim Club (ALTO-CA)

AGE: 21 DOB: Sep 2, 1997 HEIGHT: 5' 7" (170.2 cm) HOMETOWN: Cedarburg, Wisc. BIRTHPLACE: Chicago, III. COACHED BY: Greg Meehan

Career Highlights:

Bronze medalist in the 200m fly at 2018 Pan Pacs ... Runner-up in the 200m fly at 2018 Phillips 66 Nationals to clinch a spot on the Pan Pacs roster ... Silver medalist in the 200m free at the 2017 World University Games ... Won gold in the 400m free relay and silver in the 800m free relay at the 2016 FINA World Championships (25m) ... Won gold in the 800m free relay at the 2013 FINA World Junior Championships.

Pan Pacs History:

2018: Bronze, 200m FL; 11th, 400m FR WUGs History:

2017: Silver, 200m FR

SC Worlds History:

2016: Gold, 400m FR-R; Silver, 800m FR-R

Olympic Trials History:

2016: 11th, 200m FR

U.S. Nationals History: 2018: 2nd, 200m FL; 11th, 200m FR; 10th, 400m FR

NCAA History:

2019: 5th 200 Fl ... 2018: 2nd, 500y FR; 2nd, 200y FL; 4th, 200y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Cedarburg, '16

College: Stanford, '20

College Major: Human Biology

Future Professional Aspirations: Wants to be a physician's assistant **Parents:** Lawrence and Nancy Drabot. Father is an Attorney and Mother is an Accountant and Haroist.

Sibling(s): Annie Drabot (24): Graduated from Macalester College in St. Paul, Mn. and played basketball in college .. Joe Drabot (21): Senior at Bellarmine University in Louisville, Ky. where

he runs track and cross country ... Grace (13): Swims for Ozaukee Aquatics **Started Swimming:** July 2004 because she was high-energy and competitive as a kid

Sports Played Before Swimming: Basketball, soccer and baseball

Pet(s): 2 cats: Millie (7) and Pinhead Larry (5)

Hobbies Outside the Pool: Listening to music, hanging out with friends and spending time with animals

Hobbies Outside the Pool: Hanging out with friends, cooking, cleaning, going to the beach and hiking

Ultimate Way to Relax: Taking naps, hanging out with friends, going to the each, listening to music, watching music, playing with small animals (her cats)

Training Stats: 1,100-5,500 meters/yards for 2-4.5 hours a day, 1-2 workouts day for 6 days a week

 $\ensuremath{\mathsf{Favorites:}}$ Favorite sports teams: Chicago Bears and Chicago Cubs .. Sports Moment: Winning NCAAs in 2017

MEDALS

2018 Pan Pacific Championships 2018: Bronze, 200m FL

2016 SCM World Champs

2016: Gold, 400m FR-R (SCM) (pr); Silver, 800m FR-R (SCM) (pr)

2014 Jr Pan Pacific Championships

2014: Gold, 200m FR

Event	Best	Year
200m FR	1:57.61	Aug 17
200m FL	2:06.67	Jun 19



쭏 Caeleb Dressel

CLUB: Gator Swim Club (GSC-FL) AGE: 22 DOB: Aug 16, 1996 HEIGHT: 6' 2" (188.0 cm) WEIGHT: 190 lbs (86.2 kg) HOMETOWN: Green Cove Springs, Fla. **RESIDENCE:** Gainesville, Fla. COACHED BY: Gregg Troy

Career Highlights:

Led the Team USA men with nine medals - six gold, three silver, at the 2018 FINA World Championships (25m) ... Five-time medalist at the 2018 Pan Pacific Championships, including gold in the 100m fly, silver in the 50m free and bronze 100m free ... At 2018 Phillips 66 Nationals, took first in the 100m fly and second in the 50m free and 50m fly ... Won three individual NCAA titles in 2018 and set American records in the 50y and 100y free ... Named 2017 FINA Male Swimmer of the Year and USA Swimming Athlete of the Year ... Won seven gold medals in the 50m free, 100m free, 100m fly, 400m free relay, 400m medley relay, mixed 400m free relay, mixed 400m free relay and also finished fourth in the 50m fly at the 2017 FINA World Championships ... Champion in the 50m free, 50m and 100m fly and runner-up in the 100m free at 2017 Phillips 66 Nationals ... Triple NCAA champion for Florida in 2017 ... Won gold in the 400m free relay and 400m medley relay at the 2016 Olympic Games ... Runner-up in the 100m free at 2016 Olympic Trials to earn his first Olympic Games berth ... 2016 NCAA champion in the 50y and 100y free for Florida ... Claimed national titles in the 50m and 100m free at the 2015 Phillips 66 National Championships ... 2015 NCAA champion in the 50y free at the University of Florida ... Won six medals at the 2013 FINA World Junior Championships gold in the 100m free, silver in the 400m free relay, silver in the mixed 400m free relay, and bronze in the mixed 400m medley relay, 50m free, and the 800m free relay

Olympics History:

2016: Gold, 400m FR-R; 400m MED-R (pr); 6th, 100m FR

World Champs History:

2017: Gold, 50m FR; Gold, 100m FR; Gold, 100m FL; Gold, 400m FR-R; Gold, 400m Med-R; Gold, Mixed 400m FR-R; Gold, Mixed 400m Med-R; 4th, 50m FL

Pan Pacs History:

2018: Gold, 100m FL; Silver, 50m FR; Bronze, 100m FR; Gold, 400m MR; Bronze, 400m Mixed MR

SC Worlds History:

2018: Gold, 100m FR; Silver, 50m FR; Silver, 100m FL; Gold, 400m FR-R; Gold, 400m MR; Gold, 200m FR-R; Gold, Mixed 200m FR-R; Gold, Mixed 200m MR; Silver, 200m MR

Olympic Trials History: 2016: 2nd, 100m FR; 4th, 50m FR

U.S. Nationals History:

2018: 1st, 100m FL; 2nd, 50m FR; 2nd, 50m FL; 6th, 100m FR ... 2017: 1st, 50m FR; 1st, 50m FL; 1st, 100m FL; 2nd, 100m FR ... 2015: 1st, 50m FR; 1st, 100m FR

NCAA History:

2018: 1st, 50y FR; 100y, FR; 100y, FL ... 2017: 1st, 50y FR; 1st, 100y FL; 1st, 100y FR ... 2016: 1st, 50y FR; 1st, 100y FR; 2nd, 100y FL ... 2015: 1st, 50y FR

RECORDS:

Holds WR in 200m FR-R (SCM), set at 2018 SCM World Champs ... Former WR holder in 400m FR-R (SCM), set at 2018 SCM World Champs ... Holds AR in 400m MED-R (SCM), set at 2018 SCM World Champs ... Holds AR in 200m MED-R (SCM), set at 2018 SCM World Champs ... Holds AR in 100y FR, set at 2018 NCAA Division 1 Mens Swim ... Holds AR in 100y FL, set at 2018 NCAA Division 1 Mens Swim ... Holds AR in 50y FR, set at 2018 NCAA Division 1 Mens Swim ... Former AR holder in 50y FR, set at 2016 SEC Swim ... Holds USO in 100y FR, set at 2018 NCAA Division 1 Mens Swim ... Holds USO in 100y FL, set at 2018 NCAA Division 1 Mens Swim ... Holds USO in 50y FR, set at 2018 NCAA Division 1 Mens Swim

ADDITIONAL HONORS:

General Accolades: 2017 FINA Male Swimmer of the Year ... 2017 USA Swimming Athlete of the Year ... Earned 2017 Golden Goggle Awards for Male Athlete of the Year and Male Race of the Year (100m fly).

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Clay High School '14 College: Florida '18 Parents: Michael and Christina Sibling(s): Has three siblings, Tyler, Kaitlyn and Sherriden

2019 FINA World Championships 26

FAST FACTS

One-Time Olympian (2016)

Seven World Champs LCM medals (7g)

Two Olympic Games medals (2g)

MEDALS

2018 Pan Pacific Championships

2018: Gold, 100m FL; Bronze, 400m MED-R Mixed; Gold, 400m MED-R; Silver, 100m FR; Silver, 50m FR

2018 SCM World Champs

2018: Silver, 200m MED-R (SCM) (AR); Gold, 400m MED-R (SCM) (AR); Gold, 100m FR (SCM); Silver, 50m FR (SCM); Gold, 200m FR-R (SCM) (WR); Silver, 100m FL (SCM); Gold, 400m FR-R (SCM) (WR); Gold, 200m FR-R (SCM) Mixed; Gold, 200m MED-R (SCM) Mixed

2017 World Championships

2017: Gold, 400m FR-R Mixed; Gold, 400m MED-R Mixed; Gold, 100m FL; Gold, 100m FR; Gold, 50m FR; Gold, 400m FR-R; Gold, 400m MED-R 2016 Olympic Games

2016: Gold, 400m FR-R; Gold, 400m MED-R (pr)

<u>Event</u>	<u>Best</u>	Year
50m FR (SCM)	20.43	Dec 18
100m FR (SCM)	45.62	Dec 18
50m FL (SCM)	22.88	Dec 18
100m FL (SCM)	48.71	Dec 18
50m FR	21.15	Jul 17
100m FR	47.17	Jul 17
200m FR	1:47.31	Apr 19
50m FL	22.76	Jul 17
100m FL	49.86	Jul 17



🐝 Ella Eastin

CLUB: Alto Swim Club (ALTO-CA)

AGE: 22 DOB: Mar 28, 1997 HEIGHT: 5' 9" (175.3 cm) HOMETOWN: Irvine, Calif. COACHED BY: Greg Meehan

MEDALS

2016 SCM World Champs

2016: Silver, 400m IM (SCM); Silver, 200m IM (SCM)

2014 Jr Pan Pacific Championships

2014: Gold, 400m IM; Gold, 200m IM

TOP TIMES

Event	<u>Best</u>	<u>Year</u>
200m IM	2:09.90	Aug 18
400m IM	4:37.18	May 19

Career Highlights:

Took fourth in the 200m IM at 2018 Pan Pacs ... Placed third in the 200m IM at 2018 Phillips 66 Nationals ... Three-time NCAA champion in 2018 - 200y IM, 400y IM and 200y fly ... Won gold in the 200y fly and 400y IM, and finished second in the 200y IM at the 2017 NCAA Championships ... Set the American record in the 400y IM at the 2017 NCAA Championships ... Silver medalist in the 200m and 400m IM at the 2016 FINA World Championships (25m) ... Finished fifth in the 2016 NCAA Championships ... Set the American record in the 400m IM at the 2016 U.S. Olympic Team Trials ... Winner of the 200y IM at 2016 NCAA Championships ... Set the American record in the 400m IM at the 2016 U.S. Olympic Team Trials ... Winner of the 200y IM at 2016 NCAA S... Won gold in the 400m IM and silver in the 200m IM at the 2013 FINA World Junior Championships

Pan Pacs History: 2018: 4th, 200m IM

WUGs History:

2017: Gold 200 FI, Silver 200 IM

SC Worlds History:

2016: Silver, 200m IM; Silver, 400m IM

Olympic Trials History:

2016: 5th, 200m IM; 9th, 400m IM ... 2012: 26th, 200m IM

U.S. Nationals History: 2018: 3rd, 200m IM

NCAA History:

2019: 1st 400 IM, 2nd 200 IM, 2nd 200 FI ... 2018: 1st, 200y FL; 1st, 200y IM; 1st, 400y IM ... 2017: 1st, 400y IM; 1st, 200y FL; 2nd, 200y IM ... 2016: 1st, 200y IM; 1st, 400y IM; 2nd 200y FL

RECORDS:

Holds AR in 800y FR-R, set at 2017 NCAA DI Womens ... Holds USO in 800y FR-R, set at 2017 NCAA DI Womens

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL: High School: Crean Lutheran, '15 College: Stanford, '19

College Major: Undeclared



쭏 Hali Flickinger

CLUB: Athens Bulldog Swim Club (ABSC-GA)

AGE: 24 DOB: Jul 7, 1994 HEIGHT: 5' 5" (165.1 cm) HOMETOWN: Spring Grove, Pa. RESIDENCE: Athens, Ga. BIRTHPLACE: York, Pa.

Career Highlights:

Won the 200m fly and posted five top-three finishes at 2018 Winter Nationals ... Gold medalist in the 200m fly at 2018 Pan Pacs ... Repeat national champion in the 200m fly at 2018 Phillips 66 Nationals ... Placed ninth in the 200m fly at the 2017 FINA World Championships ... Champion in the 200m fly at 2017 Phillips 66 Nationals ... Finished seventh in the 200m fly at 2017 Phillips 66 Nationals ... Finished seventh in the 200m fly at the 2016 Olympic Games ... Took second in the 200m fly at 2016 U.S. Olympic Team Trials to earn a spot on the Olympic roster ... National champion in the 200m free, 400m free and 200m back ... Won bronze in the 400m IM and 200m fly at gold in the 800m free relay at the 2015 World University Games ... Finished third in the 200m fly at 2014 Phillips 66 Nationals to earn a spot on the Pan Pacs roster.

Olympics History:

2016: 7th, 200m FL

World Champs History: 2017: 9th, 200m FL; Gold, 800m FR-R

Pan Pacs History:

2018: Gold, 200m FL WUGs History:

2015: Bronze, 400m IM; Bronze, 200m FL; Gold, 800m FR-R

Olympic Trials History:

2016: 2nd, 200m FL; 8th, 100m FL; 12th, 200m FR; 24th, 200m BK ... 2012: 25th, 200m FL; t29th, 200m BK; 30th, 200m IM

U.S. Nationals History:

2018 Winter: 1st, 200m FL; 2nd, 400m FR; 3rd, 400m IM; 3rd, 200m FR; 2nd, 200m BK ... 2018: 1st, 200m FL ... 2017: 1st, 200m FL

NCAA History:

2016: 3rd, 500y FR; 4th, 200y FR; 4th, 200y FL ... 2015: 2nd, 400y IM; 3rd, 200y FL; 6th, 500y FR ... 2014: 6th, 200y FL

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Spring Grove H.S. '12 College: University of Georgia '17 College Major: Finance Parents: Lea and Doug Flickinger Parents: Martin Grodzki, former swimmer at Georgia and member of the German national team Sibling(s): Brother, Chase Pet(s): Persian cat named Princess Hobbies Outside the Pool: Painting, Scrapbooking/Crafting, Cooking/Baking, Fashion, Yoga, Tennis

FAST FACTS

One-Time Olympian (2016)

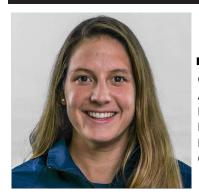
MEDALS

2018 Pan Pacific Championships 2018: Gold, 200m FL

2017 World Championships

2017: Gold, 800m FR-R (pr)

TOP TIMES		
<u>Event</u>	<u>Best</u>	<u>Year</u>
200m FR	1:58.18	Aug 15
400m FR	4:06.72	Jul 18
100m FL	58.48	Jul 18
200m FL	2:05.87	Jul 18
200m IM	2:12.62	Jul 18



Brooke Forde

CLUB: Alto Swim Club (ALTO-CA)

AGE: 20 DOB: Mar 4, 1999 HEIGHT: 5' 9" (175.3 cm) HOMETOWN: Louisville, Ky. BIRTHPLACE: Louisville, Ky. COACHED BY: Greg Meehan

MEDALS

2016 Jr Pan Pacific Swimming Championships 2016: Silver, 400m IM

TOP TIMES

Event	<u>Best</u>	Year	
200m IM	2:12.80	Jul 18	
400m IM	4:35.09	Jul 18	

Career Highlights:

Took fourth in the 400m IM at 2018 Pan Pacs ... Qualified for first Pan Pacs roster with a runner-up finish in the 400m IM at 2018 Phillips 66 Nationals ... Member of the 2017 World University Games roster.

OW Worlds History: 2018: 4th, 400m IM; 11th, 200m IM

WUGs History: 2017: 5th, 400m IM; 7th, 200m IM

Olympic Trials History:

2016: 15th, 400m IM

U.S. Nationals History: 2018: 2nd, 400m IM; 7th, 200m IM; 12th, 200m FR; 14th, 400m FR

NCAA History:

2019: 1st 500 Fr, 3rd 400 IM \dots 2018: 4th, 400y IM

ADDITIONAL HONORS: National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Sacred Heart Academy, '17 College: Stanford, '21 Parents: Pat and Tricia Forde Sibling(s): Brother Mitchell swam at Missouri; Brother Clayton swims at Georgia Started Swimming: At age 4 to keep up with her older brothers Sports Played Before Swimming: Basketball, gymnastics, track, cross country, football Pet(s): 2 cats - Midnight and Ziggy Hobbies Outside the Pool: Hiking, baking, reading Charities: Special Olympics



Margo Geer

COUNTRY: USA (United States)

CLUB: Mission Viejo Nadadores (MVN-CA) AGE: 27 DOB: Mar 17, 1992 HEIGHT: 6' 0 1/2" (184.2 cm) HOMETOWN: Milford Center, Ohio COACHED BY: Ray Looze

Career Highlights:

Took second in the 100m free and fourth in the 50m free at 2018 Winter Nationals ... Won silver in the 400m free relay at 2018 Pan Pacs ... Finished third in the 50m and 100m free at 2018 Phillips 66 Nationals ... Earned a bronze medal in the 400m free relay at the 2015 FINA World Championships ... Finished sixth in the 100m free at 2014 Phillips 66 Nationals ... All-American at the University of Arizona ... Winner of the 100y free and was third in the 50y free at 2014 NCAAs ... Finished source at 100y free at 2013 NCAAs ... Finished seventh in 50m free and 12th in 100m free at 2012 Olympic Trials.

World Champs History:

2015: Bronze, 400m FR-R

Pan Pacs History:

2018: Silver, 400m FR-R; 11th, 50m FR; 11th, 100m FR

Olympic Trials History:

2016: 15th, 100m FR; 16th, 50m FR ... 2012: 7th, 50m FR; 12th, 100m FR

U.S. Nationals History:

2018 Winter: 4th, 50m FR; 2nd, 100m FR ... 2018: 3rd, 100m FR; 50m FR NCAA History:

2014: 1st, 100y FR; 3rd, 50y FR ... 2013: 1st, 50y FR; 1st, 100y FR ... 2012: 2nd, 50y FR; 2nd, 200y Med-R; 2nd, 400y Med-R; 3rd, 100y FR; 3rd, 200y FR-R, 3rd, 800y FR-R ... 2011: 3rd, 50y FR; 3rd, 100y FR

PERSONAL:

High School: Fairbanks '10 College: Arizona '14 Parents: Mark and Linda ... both parents are teachers Sibling(s): Older brother (Marcus) swims for Denison University Started Swimming: Age 4 ... her brother joined a summer league team and it seemed like fun Sports Played Before Swimming: Volleyball, basketball Pet(s): One dog (Gentry) who is a Boxer Hobbies Outside the Pool: Playing guitar, hanging out with friends, watching movies Ultimate Way to Relax: Being at home hanging out with family Most Influential Person: Brother Training Stats: Swims 5-6,000 meters/yards a day, 2-3 hours a day, 6-7 days a week Favorites: U.S. city: Ft. Lauderdale, Fla. ... int'l destination: Europe ... bands: The Beatles and

Favorites: U.S. city: Ft. Lauderdale, Fla. ... int'l destination: Europe ... bands: The Beatles and Voxtrot ... summer activity: vacationing ... holiday song: Frosty the Snowman ... magazine: Splash ... book: Beneath the Surface

MEDALS

2018 Pan Pacific Championships 2018: Silver, 400m FR-R

2015 World Champs

2015: Gold, 400m FR-R Mixed (pr); Silver, 400m MED-R Mixed; Bronze, 400m FR-R

Event	<u>Best</u>	Year
50m FR	24.72	May 18
100m FR	53.44	Jul 18



Brennan Gravley

CLUB: Sandpipers Of Nevada (SAND-NV)

AGE: 18 DOB: Sep 28, 2000 HEIGHT: 5' 8 1/2" (174.0 cm) HOMETOWN: Las Vegas, Nev. COACHED BY: Ron Aitken

TOP TIMES

Event	<u>Best</u>	Year
400m FR	3:58.52	Jul 18
800m FR	8:09.95	Nov 18
1500m FR	15:24.75	May 19

Career Highlights:

Qualified for his first Open Water World Championships appearance by finishing fifth in the 10k at the 2019 Open Water Nationals ... Placed fourth in the 10K and won silver in the 4x1250m Mixed Team Relay at the 2018 FINA World Junior Open Water Championships ... Took third in the 5K and sixth in the 10K at 2018 Open Water Nationals.

OW U.S. Nationals History:

2019: 5th, 5k; 6th 10k ... 2018: 3rd, 5K; 6th, 10K

PERSONAL:

College: Committed to swim at Florida



Matt Grevers

PRONOUNCED: GREE-vers CLUB: Tucson Ford Dealers Aquatics (FORD-AZ)

AGE: 34 DOB: Mar 26, 1985 HEIGHT: 6' 8" (203.2 cm) HOMETOWN: Lake Forest, III. RESIDENCE: Tucson, Ariz. COACHED BY: Augie Busch

Career Highlights:

Two-time Olympian and six-time Olympic medalist ... Won three relay medals at the 2018 FINA World Championships (25m) ... Runner-up in the 100m back at the 2018 Phillips 66 Nationals ... Gold medalist in the 400m medley relay and mixed 400m medley relay, won silver in the 100m back and bronze in the 50m back at the 2017 FINA World Championships ... Champion in the 100m back and runner-up in the 50m back at 2017 Phillips 66 Nationals .. Third-place finisher in the 100m back at 2016 U.S. Olympic Team Trials ... Set short-course meters world record in the 100m back at the 2015 Mutual of Omaha Duel in the Pool ... Champion in the 100m and 200m back at the 2015 AT&T Winter Nationals ... Won gold in the 400m medley relay, silver in the 50m back and bronze in the 100m back at the 2015 FINA World Championships ... Won five medals at the 2014 FINA Short Course World Championships in Doha, Qatar ... Won gold as part of the 400m medley relay team and finished second in 100m back at 2014 Pan Pacs...Won the 100m back at 2014 Phillips 66 Nationals to earn a spot on the Pan Pacs roster ... Also took first in the 50m fly ... Earned three podium positions at the 2013 AT&T Winter Nationals - first in the 100y fly, second in the 100y back, and third in the 100y free ... Won gold in the 100m back and tied for silver in the 50m back at the 2013 FINA World Championships ... Qualified for the 2013 FINA World Championships with a win in the 50m back and a second-place finish in the 100m back at Phillips 66 Nationals ... Won the 100m back and 400m medley relay at the 2012 Olympic Games, grabbing gold in both ... Also took home a silver medal in the 400m free relay ... Qualified for the 2012 Olympic team by finishing first in the 100m back and third in the 100m free ... Won the 100m and 200m back and finished fourth in the 100m free and seventh in the 50m free at the 2011 ConocoPhillips National Championships ... Captured three gold medals at the 2009 MOO Duel in the Pool ... Earned two gold medals at the 2009 FINA World Championships as a member of the 4x100 free relay and the 4x100 medley relay (prelims) ... Earned a silver medal in the 100m back at the 2008 Olympic Games, also won gold swimming prelims in the 400m med-relay and 400m free-relay ... Won gold as a member of the men's Games record-setting 400m free relay team at 2007 WUGS, and took silver in the 400m medley relay ... Swam the finals of five events at the 2005 WUGs, earning two silvers (100m back and 400m medley relay) and two bronze medals (50m back and 400m free relay) Captured his first NCAA title in the 100y back in 2005.

Olympics History:

2012: Gold, 100m BK; Gold, 400m MR; (p) Silver, 400m FR-R ... 2008: Gold, 400m FR-R (pr); Gold, 400m MR (pr); Silver, 100m BK

World Champs History:

2017: Gold, 400m Med-R; Gold, Mixed 400m Med-R; Silver, 100m BK; Bronze, 50m BK ... 2015: Gold, 400m MR; Silver, 50m BK; Bronze, 100m BK ... 2013: Gold, 100m BK; Silver (tie), 50m BK ... 2009: Gold, 400m FR-R; Gold, 400m MR (pr); 7th, 100m BK

Pan Pacs History:

2018: 4th, 100m BK ... 2014: Silver, 100m BK; Gold, 400m MR

WUGs History:

2007: Gold, 400m FR-R; Silver, 400m MR; 9th, 100m FR ... 2005: Silver, 100m BK & 400m MR; Bronze, 50m BK & 400m FR-R

SC Worlds History:

2018: Gold, 400m FR-R; Gold, 400m MR; Silver, 200m MR; 6th, 100m BK ... 2014: Bronze, 100m BK; Silver, 400m MR; Bronze, 200m MR; Silver, 200m FR-R; Bronze, 400m FR-R; 6th, 50m BK ... 2012: Silver, 50m BK; Gold, 400m FR-R; Gold, 100m BK ... 2006: Silver, 400m MR (pr); Bronze, 400m FR-R

Duel in the Pool History:

2011: Gold, 100m BK; Gold, 100m FL; Gold, 400m FR-R; Gold, 400m MR \dots 2009: Gold, 100m BK; Gold, 200m BK; Gold, 400m FR-R; Silver, 50m FR

Olympic Trials History:

2016: 3rd, 100m BK; 15th, 100m FR ... 2012: Gold, 100m BK; Bronze, 100m FR; 6th, 50m FR ... 2008: Silver, 100m BK; 5th, 100m FR ... 2004: 7th, 100m BK; 12th, 50m FR; 14th, 100m FR

U.S. Nationals History:

2018: 2nd, 100m BK; 5th, 50m BK ... 2017: 1st, 100m BK; 2nd, 50m BK ... 2014: 1st, 100m BK; 1st, 50m FL; 5th, 50m FR; 6th, 100m FR

FAST FACTS

Two-time Olympian (2012, 2008)

Six Olympic Games medals (4g, 2s)

Eleven World Champs LCM medals (6g, 3s, 2b)

MEDALS

2018 SCM World Champs

2018: Silver, 200m MED-R (SCM) (pr); Gold, 400m FR-R (SCM) (pr); Gold, 400m MED-R (SCM) (pr)

2017 World Championships

2017: Gold, 400m MED-R Mixed; Gold, 400m MED-R; Silver, 100m BK; Bronze, 50m BK

2015 World Champs

2015: Gold, 400m MED-R (pr); Silver, 50m BK; Bronze, 100m BK

2014 Pan Pacific Championships

2014: Gold, 400m MED-R; Silver, 100m BK

2014 SCM World Champs

2014: Gold, 200m FR-R (SCM) Mixed; Silver, 200m FR-R (SCM) (pr); Silver, 400m MED-R (SCM); Bronze, 400m FR-R (SCM); Bronze, 200m MED-R (SCM) (pr); Bronze, 100m BK (SCM)

2013 World Champs

2013: Gold, 100m BK; Silver, 50m BK

2012 Olympic Games

2012: Gold, 100m BK; Gold, 400m MED-R; Silver, 400m FR-R (pr)

2012 SCM World Champs

2012: Gold, 400m MED-R (SCM); Gold, 400m FR-R (SCM); Gold, 100m BK (SCM); Silver, 50m BK (SCM)

2009 World Champs

2009: Gold, 400m MED-R (pr); Gold, 400m FR-R

2008 Olympic Games

2008: Gold, 400m MED-R (pr); Gold, 400m FR-R (pr); Silver, 100m BK

2007 World University Games

2007: Gold, 400m FR-R; Silver, 400m MED-R

2006 SC World Champs

2006: Silver, 400m MED-R (SCM) (pr); Bronze, 400m FR-R (SCM)

TOP TIMES		
Event	<u>Best</u>	Year
50m BK (SCM)	23.17	Dec 12
100m BK (SCM)	48.92	Dec 15
50m BK	24.53	Jul 18
100m BK	52.08	Jun 12

Matt Grevers

RECORDS:

Former WR holder in 100m BK (SCM), set at Mutual of Omaha Duel in the Pool ... Former NAG (13-14) holder in 200y BK, set at 2000 US Speedo Junior Ch

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team Collegiate: Four-time NCAA Champion ... 27-time All-American High School: 2003 Swimming World High School Swimmer of the Year

PERSONAL:

High School: Lake Forest '03 College: Northwestern '07

Graduate Studies: Communications

Parents: Ed and Anja Grevers ... father is a landscape architect, and mother is a swim coach ... both originally from the Netherlands

Spouse: Married to former National Team member Annie Chandler ... Couple has one daughter, Skylar

Sibling(s): Older sister (Carolyn) swam for University of Kansas ... older brother (Andy) swam for Northern Illinois ... both are current swim coaches

Sports Played Before Swimming: Basketball, water polo, volleyball, tennis, soccer

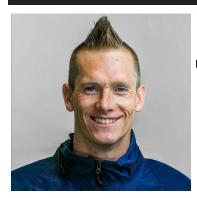
Nickname(s): Dutch and Nu ... nicknamed Dutch because he is Dutch ... nicknamed Nu because that is the name of his mage in Warcraft (a role-playing game)

Hobbies Outside the Pool: Playing video games, volleyball, basketball, ultimate frisbee,

foosball, ping pong, four square, reading sci-fi books

Ultimate Way to Relax: World of Warcraft, video games

Most Influential Person: Family ... "Each of my family members inspires me in different ways. As a swim coach, my mom understands swimming from the teacher's perspective as well as the family perspective. My dad and brother are always so proud of all my accomplishments. My sister was a Division I and Olympic Trials qualifier, so she's experienced almost everything I'm about to experience and can offer advice, which helps. Outside of my family, Lea Maurer has had a big influence on me. She showed me how to claim the feeling." ... role model: "Rick Demount, he's one of the happiest humans I know."



Zane Grothe

COUNTRY: USA (United States) CLUB: Boulder City Henderson Swim Team (BCH-NV) AGE: 27 DOB: Apr 22, 1992 HEIGHT: 6' 2 3/4" (189.9 cm) WEIGHT: 165 lbs (74.8 kg) HOMETOWN: Boulder City, Nev. RESIDENCE: Bloomington, Ind. BIRTHPLACE: Henderson, Nev. COACHED BY: Ray Looze / Mike Polk

Career Highlights:

Triple medalist at 2018 Pan Pacs - gold in the 800m free, silver in the 1500m free and bronze in the 400m free ... Champion in the 400m and 800m free at 2018 Phillips 66 Nationals ... Set American records in the 500y and 1650y free at the 2017 Winter National Championships ... Bronze medalist in the 800m free relay, finished seventh in the 400m free and eighth in the 800m free at the 2017 FINA World Championships ... Champion in the 400m free and runnerup in the 800m free at 2017 Phillips 66 Nationals ... Silver medalist in the 800m free relay at the 2016 FINA World Championships (25m) ... Finalist in the 400m and 1500m free at 2016 U.S. Olympic Trials ... 2015 Phillips 66 Nationals champion in the 400m free and runner-up in the 200m free.

World Champs History:

2017: Bronze, 800m FR-R; 7th, 400m FR; 8th, 800m FR

Pan Pacs History:

2018: Gold, 800m FR; Silver, 1500m FR; Bronze, 400m FR

SC Worlds History:

2018: 6th, 400m FR; 4th, 800m FR-R; 8th, 1500m FR ... 2016: Silver, 800m FR-R; 7th, 400m FR

SC Worlds History:

2018: 6th 400 Fr, 8th 1500 Fr

Olympic Trials History:

2016: 4th, 400m FR; 8th, 1500m FR; 16th, 200m FR ... 2012: 14th, 400m FR; 25th, 1500m FR

U.S. Nationals History:

2018: 1st, 400m FR; 2nd, 800m FR; 3rd, 1500m FR ... 2017: 1st, 400m FR; 2nd, 800m FR ... 2015: 1st, 400m FR; 2nd, 200m FR

NCAA History:

2014: 5th, 1650y FR; 11th, 500y FR ... 2013: 7th, 500y FR ... 2012: 4th, 500y FR; 4th, 1650y FR ... 2011: 6th, 1650y FR; 7th, 500y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Boulder City '10 College: Auburn University '14 College Major: Aerospace Engineering Parents: Sy and Terry ... Sy is an owner/operator and Terry is a personal trainer Sibling(s): Has one older sister (Alexis) and two younger sisters (Natalie and Rachael) who are fraternal twins Started Swimming: Had first lesson at 6 weeks old ... to learn water safety Pet(s): Has a cat (Buddy) Training Stats: Swims 13,000 yards/meters a day ... 4 hours a day ... 2 workouts a day, 6 days a week Favorites: Sports Team: Denver Broncos ... Sports Moment: Winning the 800 free relay at the

Favorites: Sports Team: Denver Broncos ... Sports Moment: Winning the 800 free relay at the SEC Championships in 2012

FAST FACTS

One World Champs LCM medal (1b)

MEDALS

2018 Pan Pacific Championships

2018: Gold, 800m FR; Bronze, 400m FR; Silver, 1500m FR 2017 World Championships

2017: Bronze, 800m FR-R

2016 SCM World Champs

2016: Silver, 800m FR-R (SCM)

Event	<u>Best</u>	Year	
400m FR (SCM)	3:38.70	Dec 16	
1500m FR (SCM)	14:29.03	Dec 18	
200m FR	1:46.39	Jun 17	
400m FR	3:44.43	Jun 17	
800m FR	7:43.74	Aug 18	
1500m FR	14:48.40	Aug 18	



Townley Haas

CLUB: NOVA of Virginia Aquatics, Inc (NOVA-

VA) **AGE:** 22 **DOB:** Dec 13, 1996 **HEIGHT:** 6' 5" (195.6 cm) **WEIGHT:** 185 lbs (83.9 kg) **HOMETOWN:** Richmond, Va. **RESIDENCE:** Austin, Texas **COACHED BY:** Eddie Reese

Career Highlights:

Won gold in the 200m free and 800m free relay at 2018 Pan Pacs ... Finished in the top four in the 100m free and 200m free at 2018 Phillips 66 Nationals ... 2018 NCAA champion in the 200y free ... Gold medalist in the 400m free relay, 400m medley relay, mixed 400m free relay, won silver in the 200m free and bronze in the 800m free relay at the 2017 FINA World Championships ... Champion in the 200m free at 2017 Phillips 66 Nationals ... Gold medalist in the 800m free relay at the 2016 Morie at 2017 Phillips 66 Nationals ... Gold medalist in the 800m free relay at the 2016 Morie at 2017 Phillips 66 Nationals ... Gold medalist in the 800m free relay at the 2016 Morie at 2017 Phillips 66 Nationals ... Gold medalist in the 800m free relay at the 2016 Olympic Games ... Also placed fifth in the 200m free ... Qualified for his first Olympic Games with a win in the 200m free at the 2016 U.S. Olympic Team Trials ... Set an American record in the 200y free en route to the NCAA title in the event in 2016 ... Also won the 2016 NCAA title in the 500y free.

Olympics History:

2016: Gold, 800m FR-R; 5th, 200m FR

World Champs History:

2017: Gold, 400m FR-R; Gold, 400m Med-R (pre); Gold, Mixed 400m FR-R (pr); Silver, 200m FR; Bronze, 800m FR-R

Pan Pacs History:

2018: Gold, 200m FR; Gold, 800m FR-R

Olympic Trials History:

2016: 1st, 200m FR; 3rd, 400m FR

U.S. Nationals History:

2018: 3rd, 200m FR; 4th, 100m FR ... 2017: 1st, 200m FR

NCAA History:

2019: 1st 500 Fr, 4th 200 Fr ... 2018: 1st, 200y FR; 1st, 500y FR; 6th, 100y FR ... 2017: 1st, 200y FR; 2nd, 500y FR ... 2016: 1st, 200y FR; 1st, 500y FR; 4th, 1650y FR

RECORDS:

Holds AR in 800y FR-R, set at 2017 NCAA DI Mens ... Holds USO in 400y FR-R, set at 2017 NCAA DI Mens ... Holds NAG (17-18) in 400m MED-R, set at 2015 U.S. National Champs ... Holds NAG (17-18) in 800m FR-R, set at 2015 U.S. National Champs ... Former NAG (15-16) holder in 500y FR, set at 2013 Speedo Winter Junior Nationals

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Benedictine '15 College: Texas '19

FAST FACTS

One-Time Olympian (2016)

Five World Champs LCM medals (3g, 1s, 1b)

One Olympic Games medal (1g)

MEDALS

2018 Pan Pacific Championships

2018: Gold, 800m FR-R; Gold, 200m FR

2017 World Championships

2017: Gold, 400m FR-R Mixed (pr); Silver, 200m FR; Gold, 400m FR-R; Gold, 400m MED-R (pr); Bronze, 800m FR-R

2016 Olympic Games

2016: Gold, 800m FR-R

2014 Jr Pan Pacific Championships

2014: Gold, 800m FR; Gold, 200m FR

Event	<u>Best</u>	<u>Year</u>
100m FR	48.20	Jun 17
200m FR	1:45.03	Jun 17



Zach Harting

CLUB: University of Louisville (UOFL-KY)

AGE: 21 DOB: Aug 27, 1997 HEIGHT: 5' 9 1/2" (176.5 cm) WEIGHT: 158 lbs (71.7 kg) HOMETOWN: Madison, Ala. COACHED BY: Arthur Albiero

MEDALS

2018 Pan Pacific Championships 2018: Bronze, 200m FL

Event	<u>Best</u>	<u>Year</u>	
200m FL (SCM)	1:51.57	Dec 18	
100m FL	52.00	Jul 18	
200m FL	1:55.05	Aug 18	

Career Highlights:

Bronze medalist in the 200m fly at 2018 Pan Pacs ... Runner-up in the 200m fly at 2018 Phillips 66 Nationals ... Took third in the 200y fly at 2017 Winter Nationals ... Member of the 2017 World University Games roster ... Placed sixth in the 100m and 200m fly at 2017 Phillips 66 Nationals ... Finalist in the 200m fly at 2016 U.S. Olympic Trials.

Pan Pacs History:

2018: Bronze, 200m FL; 10th, 100m FL SC Worlds History: 2018: 5th, 200m FL Olympic Trials History: 2016: 7th, 200m FL U.S. Nationals History: 2018: 2nd, 200m FL; 6th, 100m FL ... 2017: 6th, 100m FL; 6th, 200m FL NCAA History: 2019: 6th 200 Fr

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Bob Jones High School, '15 College: Louisville, '19 College Major: Mechanical Engineering Parents: Scott and Lori Harting Sibling(s): Younger sister, Nicole Started Swimming: Age 5 while living in Guam More: A huge fan of super heroes ... Dressed as Batman at 2016 Olympic Trials.



David Heron

CLUB: Mission Viejo Nadadores (MVN-CA)

AGE: 24 DOB: Mar 26, 1995 HEIGHT: 6' 0" (182.9 cm) WEIGHT: 165 lbs (74.8 kg) HOMETOWN: Mission Viejo, Calif. RESIDENCE: Knoxville, Tenn. BIRTHPLACE: Long Beach, Calif. COACHED BY: Mark Schubert

TOP TIMES

<u>Event</u>	<u>Best</u>	Year
800m FR	8:05.73	Aug 14
1500m FR	15:18.85	Aug 14

Career Highlights:

Finished top-10 in the 5k and 10k at the 2019 Open Water Nationals ... Was the No. 2 American and took sixth overall in the 10K at 2018 Pan Pacs ... Runner-up in the 10K at 2018 Open Water Nationals ... Finished 10th in the 5K at the 2017 FINA World Championships ... Champion in 5K at 2017 Open Water Nationals ... Took sixth in the 5K at the 2015 FINA World Championships ... Won silver in the 10K at the 2015 Pan American Games in Toronto ... Finished second in the 5K and fourth in the 10K at 2015 Open Water Nationals ... Won the 5K and finished third in the 10K at the 2012 Open Water National Championships ... Won gold in the 10K at 2012 Junior Pan Pacs

OW Worlds History: 2017: 10th, 10K Pan Pacs History:

2018: 6th, 10K

Pan Ams History: 2015: Silver, 10K

Olympic Trials History: 2012: 22nd, 1500m FR

OW U.S. Nationals History:

2019: 4th, 10k; 7th, 5k ... 2018: 2nd, 10K ... 2017: 1st, 5K ... 11th, 10K ... 2016: 6th, 5K; 12th, 10K ... 2015: 2nd, 5K; 4th, 10K ... 2014: 5th, 5K; 5th, 10K ... 2013: 7th, 5K; 10th, 10K ... 2012: 1st, 5K; 3rd, 10K ... 2011: 5th, 5k NCAA History:

2015: 14th, 1650y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Mission Viejo High School '13 College: Tennessee '17 Parents: Chris and Helga Heron...both are geologists. Started Swimming: 7 years old..."My mom wanted me to learn how to swim stroke." Hobbies Outside the Pool: mountain biking, body boarding Ultimate Way to Relax: Off roading, hiking, and going to the beach Training Stats: Swims 16,000m per day, 5 hours a day, 7 days a week More: "I swim faster when I don't taper. All I need is a little rest." Favorites: Fan of: triathlon, downhill biking



Chase Kalisz

PRONOUNCED: KAY-lish CLUB: Athens Bulldog Swim Club (ABSC-GA) AGE: 25 DOB: Mar 7, 1994 HEIGHT: 6' 4" (193.0 cm) WEIGHT: 195 lbs (88.5 kg) HOMETOWN: Bel Air, Md. RESIDENCE: Athens, Ga. BIRTHPLACE: Baltimore, Md. COACHED BY: Jack Bauerle / Bob Bowman

Career Highlights:

Gold medalist in the 200m and 400m IM at 2018 Pan Pacs ... 2018 Phillips Nationals champion in the 200m and 400m IM ... Winner of the 2018 TYR Pro Swim Series overall men's title ... Gold medalist in the 200m and 400m IM events at the 2017 FINA World Championships ... Champion in the 200m and 400m IM at 2017 Phillips 66 Nationals ... Won the men's series title for the 2017 arena Pro Swim Series ... Four-time NCAA Champion in the 400y IM (2017, 2015, 2014, 2013) ... Silver medalist in the 400m IM at the 2016 Olympic Games ... Winner of the 400m IM at the Olympic Trials to earn a spot on the U.S. roster for the 2016 Olympic Games ... Took bronze in the 400m IM at the 2015 FINA World Championships ... Finished 3rd in the 400m IM at 2014 Pan Pacs...Was the runner-up in the 400m IM and took third in the 200m fly at 2014 Phillips 66 Nationals to earn a spot on the Pan Pacs roster ... Set an American record in the 400y IM at 2014 NCAAs ... Won silver in the 400m IM at the 2013 FINA World Championships ... Qualified for the 2013 FINA World Championships with a win in the 400m IM at Phillips 66 Nationals ... Won gold in the 400m individual medley at the 2013 NCAA Championships ... Finished fifth in the 200m individual medley and sixth in the 400m individual medley at the 2012 Olympic Trials.

Olympics History:

2016: Silver, 400m IM

World Champs History:

2017: Gold, 200m IM; Gold, 400m IM ... 2015: Bronze, 400m IM ... 2013: Silver, 400m IM Pan Pacs History:

2018: Gold, 200m IM; Gold, 400m IM ... 2014: Bronze, 400m IM

Duel in the Pool History:

2013: 2nd, 400m IM; 7th, 200m BR; 3rd, 200m IM

Olympic Trials History:

2016: 1st, 400m IM; 5th, 200m FL ... 2012: 5th, 200m IM; 6th, 400m IM; 27th, 200 BR U.S. Nationals History:

2018: 1st, 200m IM; 1st, 400m IM, 6th, 200m FL ... 2017: 1st, 200m IM; 1st, 400m IM ... 2014: 3rd, 200m FL; 5th, 200m IM; 2nd, 400m IM ... 2013: 1st, 400m IM; 3rd, 200m IM; 8th, 200m FL:

NCAA History:

2017: 1st, 400y IM; 5th, 200y IM ... 2015: 2nd, 400 IM ... 2014: 1st, 400y IM; 2nd, 200y IM ... 2013: 1st, 400y IM

Intl. Results:

2011 World Junior Champs: 4th, 200m IM; 4th, 200m BR; 6th, 400m IM

RECORDS:

Holds AR in 400y IM, set at 2014 NCAA Mens DI ... Holds USO in 400y IM, set at 2014 NCAA Mens DI ... Former NAG (17-18) holder in 400y IM, set at 2013 SEC Swimming & Diving Cha

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Fallston '12 College: University of Georgia '17 College Major: Business Parents: Mike and Cathy ... Mike is an athletic director and Cathy works for the government Sibling(s): Has an older sister (Courtney), younger brother (Connor) and younger sister (Cassidy) Started Swimming: At age 5 Sports Played Before Swimming: Lacrosse, basketball, soccer Hobbies Outside the Pool: Sleeping, going to college football games Ultimate Way to Relax: Going to football games or watching on TV, hanging out with the team and friends

Training Stats: Swims 12-15 meters/yards a day ... 3.5-4 hours a day ... 6 days a week ... 2 swims and either weights or dry land a day except only 1 swim on Thursdays and Saturdays

FAST FACTS

One-Time Olympian (2016)

Four World Champs LCM medals (2g, 1s, 1b)

One Olympic Games medal (1s)

MEDALS

2018 Pan Pacific Championships 2018: Gold, 400m IM; Gold, 200m IM

2017 World Championships 2017: Gold, 200m IM; Gold, 400m IM

2016 Olympic Games 2016: Silver, 400m IM

2015 World Champs

2015: Bronze, 400m IM

2014 Pan Pacific Championships 2014: Bronze, 400m IM

2013 World Champs

2013: Silver, 400m IM

2012 Jr Pan Pacific

2012: Gold, 400m IM; Gold, 200m IM

Event	<u>Best</u>	Year
200m FL	1:54.79	Jun 17
200m IM	1:55.40	Aug 18
400m IM	4:05.90	Jul 17



Lilly King

CLUB: Indiana Swim Club (ISC-IN) AGE: 22 DOB: Feb 10, 1997 HEIGHT: 5' 9 3/4" (177.2 cm) HOMETOWN: Evansville, Ind. RESIDENCE: Bloomington, Ind. BIRTHPLACE: Evansville, Ind. COACHED BY: Ray Looze

Career Highlights:

Three-time medalist at 2018 Pan Pacs, including gold in the 100m breast and silver in the 200m breast ... Won titles in the 50m and 100m breast at 2018 Phillips 66 Nationals ... Broke world records and won gold in the 50m breast, 100m breast, 400m medley relay and mixed 400m medley relay, also finished fourth in the 200m breast at the 2017 FINA World Championships ... Champion in the 50m, 100m and 200m breast at 2017 Phillips 66 Nationals ... Bold Championships ... Champion in the 50m, 100m and 200y breast for Indiana ... Gold medalist in the 50m breast and won silver in the 100m breast at the 2016 FINA World Championships (25m) ... Won gold in the 100m breast and set an Olympic record at the 2016 Olympic Games ... Also added gold in the 400m medley relay at the 2016 Olympic Games ... Won the 100m breast at the 2016 U.S. Olympic Team Trials to qualify for her first Olympic Team ... NCAA champion in the 100y and 200y breast for Indiana ... Runner-up in the 100m breast at 2015 Phillips 66 Nationals ... Finished sixth in the 100m breast at 2014 Phillips 66 Nationals and clinched a spot on the 2014-15 USA Swimming National Team ... Gold medalist in the 100m breast at the 2014 Junior Pan Pacific Championships ... Two-time medalist at 2013 Speedo Winter Junior Nationals.

Olympics History:

2016: Gold, 100m BR; Gold, 400m MR; 12th, 200m BR

World Champs History:

2017: Gold, 50m BR; Gold, 100m BR; Gold, 400m Med-R; Gold, Mixed 400 Med-R; 4th, 200m BR

Pan Pacs History:

2018: Gold, 100m BR; Silver, 400m MR; Silver, 200m BR

WUGs History:

2015: Silver, 100m BR; 8th, 50m, BR

SC Worlds History:

2016: Gold, 50m BR; Silver. 100m BR; Gold, 200m MR; Gold, 400m MR; Gold, Mixed, 200m MR $\,$

Olympic Trials History:

2016: 1st, 100m BR; 1st, 200m BR

U.S. Nationals History:

2018: 1st, 50m BR; 1st, 100m BR; 5th, 200m BR ... 2017: 1st, 50m BR; 1st, 100m BR; 1st, 200m BR

NCAA History:

2019: 1st 100 Br, 1st 200 Br ... 2018: 1st 100 Br, 1st 200 Br ... 2017: 1st, 100y BR; 1st, 200y BR ... 2016: 1st, 100y BR; 1st, 200y BR

Briefly:

Current American record holder in the 100y and 200y breaststroke.

RECORDS:

Holds WR in 50m BR, set at 2017 World Championships ... Holds WR in 400m MED-R, set at 2017 World Championships ... Holds WR in 100m BR, set at 2017 World Championships

ADDITIONAL HONORS:

General Accolades: Named Breakout Performer of the Year at the 2016 Golden Goggle Awards National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: FJ Reitz High School '15 College: Indiana University '19 College Major: Physical Education Future Professional Aspirations: Teaching/Coaching Parents: Mark and Ginny ... Father is a industrial designer and mother is a teacher... Mark ran track and cross-country at Indiana State and Ginny swam for Eastern Kentucky and Illinois State. Sibling(s): One younger brother, Alex, runs track and also swims. Started Swimming: At age 7 ... "I had so much energy when I was younger, swimming was the only thing that would calm me down."

Sports Played Before Swimming: Gymnastics, Baseball, Cross Country, Track, Volleyball, Tugo-war

FAST FACTS

One-Time Olympian (2016)

Four World Champs LCM medals (4g)

Two Olympic Games medals (2g)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 400m MED-R; Gold, 100m BR; Silver, 200m BR

2017 World Championships

2017: Gold, 100m BR (WR); Gold, 50m BR (WR); Gold, 400m MED-R Mixed; Gold, 400m MED-R (WR)

2016 SCM World Champs

2016: Gold, 50m BR (SCM); Silver, 100m BR (SCM); Gold, 200m MED-R (SCM); Gold, 200m MED-R (SCM) Mixed; Gold, 400m MED-R (SCM)

2016 Olympic Games

2016: Gold, 100m BR; Gold, 400m MED-R

2014 Jr Pan Pacific Championships

2014: Gold, 100m BR

TOP TIMES			
<u>Event</u>	<u>Best</u>	Year	
50m BR	29.40	Jul 17	
100m BR	1:04.13	Jul 17	
200m BR	2:21.39	May 19	



TYR Katie Ledecky

CLUB: Nation's Capital Swim Club (NCAP-

MD) **AGE:** 22 **DOB:** Mar 17, 1997 **HEIGHT:** 5' 11 3/4" (182.2 cm) **HOMETOWN:** Bethesda, Md. **RESIDENCE:** Stanford, Calif. **BIRTHPLACE:** Washington, D.C. **COACHED BY:** Greg Meehan

Career Highlights:

Five-time Olympic gold medalist and two-time Olympian ... Swept the 200m, 400m and 800m free titles at 2018 Winter Nationals ... Five-time medalist at 2018 Pan Pacs, including gold in the 400m, 800m and 1500m free ... Won the 200m, 400m and 800m free at 2018 Phillips 66 Nationals ... Won the women's TYR Pro Swim Series overall title with 66 points across the series ... Posted 14th career world record in her professional debut at the 2018 TYR Pro Swim Series at Indianapolis with a time of 15:20.48 in the 1500m free ... Led Stanford to the 2018 NCAA title with wins in the 500y and 1650y free ... Gold medalist in the 400m, 800m, 1500m free, 400m free relay, 800m free relay and silver medalist in the 200m free at the 2017 FINA World Championships ... Champion in the 200m, 400m and 800m free at 2017 Phillips 66 Nationals ... Led Stanford to the 2017 NCAA title with wins in the 200y, 500y and 1650y free .. One of just four American women to win four gold medals at a single Olympics; won gold in the 200m, 400m and 800m freestyle events and 800m free relay at the 2016 Olympic Games ... Added silver in the 400m free relay ... Joined Debbie Meyer (1968) as the only women to win the 200m, 400m and 800m freestyle at the same Olympic Games ... Bested her own world records with swims of 3:56.46 in the 400m free and 8:04.79 in the 800m free in Rio de Janeiro ... Won the 200m, 400m and 800m free at the 2016 U.S. Olympic Team Trials to qualify for her second Olympic Games appearance ... Set 11th career world record at the 2016 Arena Pro Swim Series at Austin, swimming the 800m free in 8:06.68 on Jan. 17 ... Won five gold medals at the 2015 FINA World Championships, becoming the first swimmer to win 200-, 400-, 800-, and 1500-meter freestyles in a major competition ... Also won gold in the 800m free relay and broke her own world records in the 800m and 1500m free ... At 2014 AT&T Winter Nationals, won the 200y, 500y and broke her own American record in the 1650y free with a time of 15:13.30 ... At the 2014 Pan Pacific Championships, became the first woman to win four individual gold medals as she topped the podium in the 200m, 400m, 800m and 1500m free and added gold in the 800m free relay \dots Over the final two nights of competition at Pan Pacs, broke her 400m free record by nearly a half second with a time of 3:58.37 and took an six seconds off her 1500m free record with at time of 15:28.36 ... Set a world record of 3:58.86 in the 400m free at 2014 Phillips 66 Nationals ... Also won national titles in the 200m free and 800m free to secure a spot on the Pan Pacs roster ... Eclipsed her own world records in the 1500- and 800-meter free at the 2014 Woodlands Swim Team Senior Invitational in Shenandoah, Texas, with times of 15:34.23 and 8:11:00, respectively ... Broke the American record in the 1650y free by nine seconds at 2013 AT&T Winter Nationals with a time of 15:15.17 ... Also added a win in the 500y free and a runner-up finish in the 200y free ... Won four gold medals and set world records in the 800m free (8:13.86) and 1500m free (15:36.53) at the 2013 FINA World Championships ... Broke the 1500m free record by more than six seconds ... Also set an American record en route to gold in the 400m free with a time of 3:59.82 ... Fourth gold came as a member of the 800m free relay ... Won the FINA Trophy as the highest scoring female swimmer at the 2013 World Championships ... Qualified for the 2013 FINA World Championships with wins in the 400m, 800m and 1500m free at 2013 Phillips 66 Nationals ... Broke Janet Evans' 1988 meet record with a time of 15:47.15 at 2013 Nationals and also established a personal best of 4:04.05 in the 400m free ... Also placed second in the 200m free at 2013 Nationals ... Won gold in the 800m free at the 2012 Olympic Games in London, breaking Janet Evans' 1989 American record with a time of 8:14.63 ... Qualified for the 2012 Olympic Team by finishing first in the 800m free at Trials.

Olympics History:

2016: Gold, 200m FR; Gold, 400m FR; Gold, 800m FR; Gold, 800m FR-R; Silver, 400m FR-R ... 2012: Gold, 800m FR

World Champs History:

2017: Gold, 400m FR; Gold, 800m FR; Gold, 1500 FR; Gold, 400m FR-R; Gold, 800m FR-R; Silver (t), 200m FR ... 2015: Gold, 200m FR; Gold, 400m FR; Gold, 800m FR; Gold, 1500m FR; Gold, 800m FR-R ... 2013: Gold, 400m FR; Gold, 800m FR; Gold, 1500m FR; Gold, 800m FR-R

Pan Pacs History:

2018: Gold, 400m FR; Gold, 800m FR; Gold, 1500m FR; Silver, 800m FR-R; Bronze, 200m FR ... 2014: Gold, 200m FR; Gold, 400m FR; Gold, 800m FR; Gold, 1500m FR; Gold, 800m FR-R

Duel in the Pool History:

2013: 6th, 400m FR; 2nd, 200m FR; 6th, 200m FL

FAST FACTS

Two-Time Olympian (2016, 2012)

Six Olympic Games medals (5g, 1s)

Fifteen World Champs LCM medals (14g, 1s)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 800m FR-R; Gold, 800m FR; Bronze, 200m FR; Gold, 400m FR; Gold, 1500m FR

2017 World Championships

2017: Gold, 400m FR-R (AR); Gold, 1500m FR; Silver, 200m FR; Gold, 400m FR; Gold, 800m FR; Gold, 800m FR-R

2016 Olympic Games

2016: Gold, 400m FR (WR); Gold, 200m FR; Gold, 800m FR (WR); Gold, 800m FR-R; Silver, 400m FR-R

2015 World Champs

2015: Gold, 800m FR-R; Gold, 400m FR; Gold, 1500m FR (WR); Gold, 200m FR; Gold, 800m FR (WR)

2014 Pan Pacific Championships

2014: Gold, 1500m FR (WR); Gold, 800m FR; Gold, 400m FR (WR); Gold, 200m FR; Gold, 800m FR-R

2013 World Champs

2013: Gold, 800m FR-R; Gold, 1500m FR (WR); Gold, 800m FR (WR); Gold, 400m FR (NAG (15-16))

2012 Olympic Games

2012: Gold, 800m FR (NAG (15-16))

TOP TIMES			
Event	<u>Best</u>	<u>Year</u>	
100m FR	53.75	Jan 16	
200m FR	1:53.73	Aug 16	
400m FR	3:56.46	Aug 16	
800m FR	8:04.79	Aug 16	
1500m FR	15:20.48	May 18	

Katie Ledecky

Olympic Trials History:

2016: 1st, 200m FR; 1st, 400m FR; 1st, 800m FR; 7th, 100m FR ... 2012: 1st, 800m FR; 3rd, 400m FR; 9th, 200m FR

U.S. Nationals History:

2018 Winter: 1st, 200m FR; 400m FR; 800m FR ... 2018: 1st, 200m FR; 1st, 400m FR; 1st, 800m FR ... 2017: 1st, 200m FR; 1st, 400m FR; 1st, 800m FR ... 2014: 1st, 200m FR, 1st, 400m FR (WR); 1st, 800m FR ... 2013: 1st, 400m FR; 1st, 800m FR; 1st, 1500m FR; 2nd, 200m FR

NCAA History:

2018: 1st, 500y FR; 1st, 1650y FR; 2nd, 400y IM ... 2017: 1st, 500y FR; 1st 1650 FR; 1st (t) 200y FR

Briefly:

She is the current World Record holder in the 400m, 800m and 1500m free. She is also the current American Record holder in the 400m, 800m and 1500m free. She is the current American Record holder in the 500y and 1650y free.

Briefly:

Voted the 2017 Associated Press Female Athlete of the Year ... Honored as WSF 2017 Sportswoman of the Year (Individual category) ... Won the 2016-17 Honda Award as the nation's top female collegiate athlete ... 2016 U.S. Olympic Committee Female Athlete of the Olympic Games ... 2016 FINA Female Top Olympic Performer ... Four-time USA Swimming Athlete of the Year (2013, 2014, 2015, 2016); First swimmer to win the award in four consecutive years ... Winner of the USA Swimming Golden Goggle Awards Female Race of the Year for 2012, 2013, 2014 and 2015 ... Four-time Golden Goggle Awards winner for Female Athlete of the Year (2013, 2014, 2015, 2016) ... 2013 FINA Female Athlete of the Year for Swimming ... Named 2012-13 Female Olympic SportsWoman of the Year by the U.S. Olympic Committee

RECORDS:

Holds WR in 1500m FR, set at 2018 Indianapolis PSS ... Holds WR in 800m FR, set at 2016 Olympic Games ... Holds WR in 400m FR, set at 2016 Olympic Games ... Former WR holder in 800m FR, set at 2016 ST Arena Pro Swim at Austin ... Former WR holder in 800m FR, set at 2015 World Champs ... Former WR holder in 1500m FR, set at 2015 World Champs ... Former WR holder in 1500m FR (Prelim), set at 2015 World Champs ... Former WR holder in 1500m FR, set at 2014 Pan Pacific Championships ... Former WR holder in 400m FR, set at 2014 Pan Pacific Championships ... Former WR holder in 400m FR, set at 2014 Summer Nationals . Former WR holder in 1500m FR, set at 2014 GU TWST Senior Invitational ... Former WR holder in 800m FR, set at 2014 Woodlands Senior Invite ... Former WR holder in 800m FR, set at 2013 World Champs ... Former WR holder in 1500m FR, set at 2013 World Champs Holds AR in 400m FR-R, set at 2017 World Championships ... Holds AR in 400y FR-R, set at 2017 NCAA DI Womens ... Holds AR in 800y FR-R, set at 2017 NCAA DI Womens ... Holds AR in 1500m FR, set at 2015 World Champs ... Former AR holder in 1500m FR (Prelim), set at 2015 World Champs ... Holds AR in 500y FR (Prelim), set at 2015 PV OB Washington Metro Championships ... Holds AR in 1650y FR, set at 2014 AT&T Winter National Cham ... Holds AR in 400m FR, set at 2014 Pan Pacific Championships ... Former AR holder in 1500m FR, set at 2014 Pan Pacific Championships ... Former AR holder in 500y FR (Prelim), set at 2014 PV OB Metro (Wash DC Region) HS Championships ... Holds USO in 400m FR, set at 2017 Summer National Champs ... Holds USO in 400y FR-R, set at 2017 NCAA DI Womens . Holds USO in 800y FR-R, set at 2017 NCAA DI Womens ... Holds USO in 500y FR (Prelim), set at 2015 PV OB Washington Metro Championships ... Holds USO in 1650y FR, set at 2014 AT&T Winter National Cham ... Former USO holder in 400m FR (Prelim), set at 2014 Summer Nationals ... Former USO holder in 500y FR (Prelim), set at 2014 PV OB Metro (Wash DC Region) HS Championships

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Stone Ridge School of the Sacred Heart '15

College: Stanford '20

Parents: David and Mary Gen Ledecky ... mother swam at University of New Mexico **Sibling(s):** One older brother, Michael, was also a swimmer ... He is a 2016 graduate of Harvard College

Started Swimming: Age 6 ... started swimming with brother for summer league swim team, Palisades

Nickname(s): Ledecks, Ledeckster, Deckster

Hobbies Outside the Pool: Volunteering, Scrabble, chess, piano

Charities: Catholic Charities, Shepherd's Table, Bikes for the World and Wounded Warriors **Training Stats:** Wake up at 4 a.m.; swim practice 5-7 a.m.; Dryland training 11 a.m. to noon (3 days/week); Swim practice 3:30-6 p.m.

Favorites: Sports Teams: Washington Capitals and New York Islanders ... Most Inspirational Athlete: Wounded Warrior athletes at Walter Reed base in Bethesda ... Favorite musicians: The Beatles, Bruce Springsteen, Taylor Swift, Train, Gavin DeGraw ...



Jack Levant

CLUB: North Texas Nadadores (NTN-TX)

AGE: 19 DOB: Oct 3, 1999 HEIGHT: 6' 3" (190.5 cm) WEIGHT: 172 lbs (78.0 kg) HOMETOWN: Southlake, Texas COACHED BY: Ted Knapp

MEDALS

2017: Silver, 800m FR-R

TOP TIMES

TOP TIMES		
Event	<u>Best</u>	<u>Year</u>
200m FR	1:46.39	Jul 18
400m FR	3:51.33	Jul 18
200m FL	1:55.89	Jul 18

Career Highlights:

Placed fifth in the 200m free at 2018 Phillips 66 Nationals to earn a spot on the roster for the 2019 FINA World Championships ... Won silver as a member of the 800m free relay team at the 2017 FINA World Junior Championships.

U.S. Nationals History:

2018: 5th, 200m FR; 8th, 200m FL; 11th, 400m FR

RECORDS:

Former NAG (13-14) holder in 400m MED-R, set at 2014 ST Texas Age Group Championships

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Carroll '18 College: Stanford '22 Parents: Jeff and Michelle LeVant Sibling(s): Has one brother, Lucas



Jay Litherland

CLUB: Dynamo Swim Club (DYNA-GA)

AGE: 23 DOB: Aug 24, 1995 HEIGHT: 6' 0" (182.9 cm) WEIGHT: 180 lbs (81.6 kg) HOMETOWN: Alpharetta, Ga. RESIDENCE: Athens, Ga. COACHED BY: Jack Bauerle

Career Highlights:

Won the 400m IM at 2018 Winter Nationals ... Runner-up in the 400m IM at 2018 Phillips 66 Nationals ... Earned bronze as a member of the 800m free relay and finished fifth in the 400m IM at the 2017 FINA World Championships ... Runner-up in the 400m IM at 2017 Phillips 66 Nationals ... Took fifth in the 400m IM at the 2016 Olympic Games ... Was second in the 400m IM at the 2016 U.S. Olympic Team Trials to earn a spot on the Olympic Team ... Won gold in the 400m IM at the 2015 World University Games ... Finished fourth in the 400m IM at 2014 Phillips 66 Nationals ... Won bronze in the 800m free relay (prelims) at the 2013 FINA World Junior Championships.

Olympics History: 2016: 5th, 400m IM

World Champs History:

2017: Bronze, 800 FR-R; 5th, 400m IM

Pan Pacs History: 2018: 4th, 400m IM; 9th, 200m IM; 11th, 200m BK WUGs History:

2015: Gold, 400m IM

Olympic Trials History: 2016: 2nd, 400m IM; 5th, 200m IM

U.S. Nationals History:

2018 Winter: 5th, 400m FR; 1st, 400m IM; 7th, 200m FR; 4th, 200m BK ... 2018: 2nd, 400m IM, 6th, 200m IM; 7th, 200m FR ... 2017: 2nd, 400m IM

NCAA History:

2018: 5th, 400y IM ... 2017: 7th, 400y IM ... 2016: 3rd, 400y IM

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Chattahoochee H.S. '14 College: Georgia '18 College Major: Business Parents: Andrew and Chizuko ... Father is a chef. Sibling(s): Is a triplet ... Two brothers, Kevin and Mick, also swim for Georgia Started Swimming: At age 8 ... "I was awful at every other sport." Hobbies Outside the Pool: Skateboarding Training Stats: 10,000 yards a day ... 4 hours a day ... 2 workouts a day, 6 days a week.

More: Jay is a triplet with his brothers Kevin and Mick. He has triple citizenship in the United States, Japan and New Zealand. He can speak Japanese. Twitter: @j_litherland

FAST FACTS

One-Time Olympian (2016)

One World Champs LCM medal (1b)

MEDALS

2017 World Championships

2017: Bronze, 800m FR-R (pr)

Event	<u>Best</u>	Year	
200m FR	1:47.58	Jul 18	
400m IM	4:09.31	Jun 17	



Simone Manuel

CLUB: Alto Swim Club (ALTO-CA) AGE: 22 DOB: Aug 2, 1996 HEIGHT: 5' 10 3/4" (179.7 cm) HOMETOWN: Sugar Land, Texas RESIDENCE: Stanford, Calif. COACHED BY: Greg Meehan

Career Highlights:

Won the 50m and 100m free at 2018 Winter Nationals ... Five-time medalist at 2018 Pan Pacs, including silver in the 50m and 100m free ... Set U.S. Open records in winning the 50m and 100m free at 2018 Phillips 66 Nationals ... Led Stanford to 2018 NCAA title and won the 50y and 100y free titles ... Gold medalist in the 100m free, 400m free relay, 400m medley relay, mixed 400m free relay, mixed 400m medley relay and bronze medalist in the 50m free at the 2017 FINA World Championships ... Champion in the 50m free and runner-up in the 100m free at 2017 Phillips 66 Nationals ... Won four medals at the 2016 Olympic Games - gold in the 100m free and 400m medley relay and silver in the 50m free and 400m free relay ... Her gold in the women's 100m free was history making - it was the first for the U.S. in the event since 1984 and marked the first-ever individual gold medal for an African-American female swimmer ... Finished second in the 50m and 100m freestyle at the 2016 U.S. Olympic Team Trials to qualify for her first Olympic Team ... Champion in the 50m and 100m free at 2015 AT&T Winter Nationals ... Finished second as part of both the 400m free relay and medley relay and finished third in the 100m free and fourth in the 50m free at 2014 Pan Pacs... Won the 50m free and was second in the 100m free at 2014 Phillips 66 Nationals to earn a spot on the Pan Pacs roster ... Anchored Team USA's tie-breaking 200m mixed medley relay to victory at the 2013 Mutual of Omaha Duel in the Pool ... Won gold by swimming in the prelims of the 400m free relay at the 2013 FINA World Championships ... Also finished seventh in the 50m free with a lifetime best and 15-16 age-group record of 24.80 at 2013 Worlds ... Qualified for the 2013 FINA World Championships with a runner-up finish in the 50m free and a third-place finish in the 100m free at Phillips 66 Nationals ... Gold medalist in the 100m free at 2012 Junior Pan Pacs ... Finished fourth in the 100m free at the 2011 FINA Junior World Championships.

Olympics History:

2016: Gold (tie), 100m FR; Gold, 400m MR; Silver, 50m FR; Silver, 400m FR-R

World Champs History:

2017: Gold, 100m FR; Gold, 400m FR-R; Gold, 400m Med-R; Gold, Mixed 400m FR-R; Gold, Mixed 400m Med-R; Bronze, 50m FR ... 2015: 4th, 400m MR; 6th, 100m FR; 8th, 50m FR ... 2013: Gold, 400m FR-R (pr); 7th, 50m FR

Pan Pacs History:

2018: Silver, 50m FR; Silver, 100m FR; Silver, 400m FR-R; Silver, 400m MR; Bronze, 400m Mixed MR ... 2014: Bronze, 100m FR; Silver, 400m FR-R; 4th 50m FR; Silver, 400m MR

Duel in the Pool History:

2013: 4th, 100m FR; 3rd, 50m FR; 2nd, 400m FR-R; 1st, 200m MM-R

Olympic Trials History:

2016: 2nd, 50m FR; 2nd, 100m FR; 7th, 200m FR ... 2012: 17th, 100m FR; (t) 20th, 50m FR **U.S. Nationals History:**

2018 Winter: 1st, 100m FR; 1st, 50m FR; 2nd 200m FR ... 2018: 1st, 50m FR; 1st, 100m FR; 5th, 200m FR ... 2017: 1st, 50m FR; 2nd, 100m FR ... 2014: 1st, 50m FR; 2nd, 100m FR ... 2013: 2nd, 50m FR; 3rd, 100m FR

NCAA History:

2018: 1st, 50y FR; 1st, 100y FR; 3rd, 200y FR ... 2017: 1st, 50y FR; 1st, 100y FR; 3rd, 200y FR ... 2015: 1st, 50y FR; 1st, 100y FR; 2nd, 200y FR

Intl. Results:

2011 World Junior Champs: 4th, 100m FR

Briefly:

Winner of the 2018 Honda Award, presented annually to the nation's top collegiate athlete

RECORDS:

Holds WR in 400m MED-R. set at 2017 World Championships ... Former WR holder in 400m MED-R (SCM), set at Mutual of Omaha Duel in the Pool ... Holds AR in 400y MED-R, set at 2018 PAC-12 WOMEN'S SWIMMING & ... Holds AR in 400m FR-R, set at 2017 World Championships ... Holds AR in 400y FR-R, set at 2017 NCAA DI Womens ... Former AR holder in 200y FR-R, set at 2017 NCAA DI Womens ... Holds AR in 800y FR-R, set at 2017 NCAA DI Womens ... Former AR holder in 400y FR-R, set at 2015 NCAA D1 Womens ... Former AR holder in 400y MED-R, set at 2015 NCAA D1 Womens ... Holds AR in 100y FR, set at 2015 NCAA D1 Womens ... Former AR holder in 100y FR, set at Art Adamson Invitational ... Former AR holder in 100y FR, set at 2014 FL NASA Junior National Cham ... olde LISO in

FAST FACTS

One-Time Olympian (2016)

Nine World Champs LCM medals (7g, 2b)

Four Olympic Games medals (2g, 2s)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 400m FR-R; Silver, 400m MED-R; Silver, 100m FR; Silver, 50m FR; Bronze, 400m MED-R Mixed

2017 World Championships

2017: Gold, 400m FR-R Mixed; Gold, 400m MED-R Mixed; Gold, 400m FR-R (AR); Gold, 100m FR; Bronze, 50m FR; Gold, 400m MED-R (WR)

2016 Olympic Games

2016: Gold, 100m FR; Silver, 50m FR; Silver, 400m FR-R; Gold, 400m MED-R

2015 World Champs

2015: Gold, 400m FR-R Mixed; Bronze, 400m FR-R

2014 Pan Pacific Championships

2014: Silver, 400m FR-R: Silver, 400m MED-R: Bronze, 100m FR

2013 World Champs

2013: Gold, 400m FR-R (pr)

2012 Jr Pan Pacific

2012: Gold, 100m FR

Event	<u>Best</u>	Year
50m FR	23.97	Jul 17
100m FR	52.27	Jul 17
200m FR	1:57.01	Jul 18

Simone Manuel

RECORDS: (continued)

2017 NCAA DI Womens ... Former USO holder in 400y FR-R, set at 2015 NCAA D1 Womens ... Holds USO in 400y MED-R, set at 2015 NCAA D1 Womens ... Holds USO in 100y FR, set at 2015 NCAA D1 Womens

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Fort Bend Austin High School College: Stanford '19 Sibling(s): Brother (Ryan) played basketball at Southern Methodist University Favorites: Movie: Beyond The Lights ... Olympic Moment: Michael Phelps winning eight gold medals ... Trip: National Team trip to Barcelona



Melanie Margalis

CLUB: Saint Petersburg Aquatics (SPA-FL) AGE: 27 DOB: Dec 30, 1991 HEIGHT: 5' 8" (172.7 cm) HOMETOWN: Clearwater, Fla. RESIDENCE: Athens, Ga. COACHED BY: Jack Bauerle

FAST FACTS

One-Time Olympian (2016)

One World Champs LCM medal (1g)

One Olympic Games medal (1g)

MEDALS

2018 SCM World Champs

2018: Silver, 400m IM (SCM); Silver, 200m IM (SCM); Silver, 800m FR-R (SCM); Gold, 400m MED-R (SCM) (pr)

2018 Pan Pacific Championships

2018: Silver, 400m IM

2017 World Championships

2017: Gold, 800m FR-R

2016 Olympic Games

2016: Gold, 800m FR-R (pr)

2014 SCM World Champs

2014: Bronze, 200m IM (SCM)

TOP TIMES

Event	<u>Best</u>	<u>Year</u>
100m IM (SCM)	58.32	Dec 18
200m IM (SCM)	2:04.62	Dec 18
400m IM (SCM)	4:25.84	Dec 18
200m FR	1:56.58	Jul 17
200m IM	2:08.70	Jul 17

Career Highlights:

Four-time medalist at the 2018 FINA World Championships (25m) ... Silver medalist in the 400m IM at 2018 Pan Pacs ... Posted top-three finishes in the 200m and 400m IM at 2018 Phillips 66 Nationals ... Tied for the women's high point title at the 2017 Winter National Championships ... Gold medalist in the 800m free relay and fourth-place finisher in the 200m IM at the 2017 FINA World Championships ... Champion in the 200m IM at 2017 Phillips 66 Nationals ... Gold medalist in the 800m free relay and placed fourth in the 200m IM at the 2016 Olympic Games ... Finished second in 200m IM at the 2016 U.S. Olympic Team Trials to qualify for her first Olympic Team ... Bronze medalist in the 200m IM at 2014 FINA Short Course Worlds in Doha, Qatar ... Won the 200m IM and was third the 200m breast and 400m IM at 2014 Phillips 66 Nationals to earn a spot on the Pan Pacs roster.

Olympics History:

2016: Gold, 800m FR-R (pr); 4th, 200m IM

World Champs History:

2017: Gold, 800 FR-R; 4th, 200m IM ... 2015: 7th, 200m IM

Pan Pacs History:

2018: Silver, 400m IM; 5th, 200m IM ... 2014: 12th 400m IM; 9th, 200m IM

WUGs History: 2013: Gold, 800m FR-R (pr); Bronze, 200m IM

SC Worlds History:

2019: Silver 200m IM

2018: Silver, 200m IM; Silver, 400m IM; Gold, 400m MR; Silver, 800m FR-R; 4th, 100m IM Olympic Trials History:

2016: 2nd, 200m IM; 5th, 200m BR; 6th, 200m FR ... 2012: 26th, 200m BR

U.S. Nationals History:

2018: 2nd, 200m IM; 3rd, 400m IM; 6th, 200m FR ... 2017: 1st, 200m IM ... 2014: 3rd, 200m BR; 1st, 200m IM; 3rd, 400m IM

NCAA History:

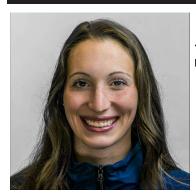
2014: 2nd, 200y IM; 3rd, 400y IM; 4th, 200y BR ... 2013: 6th, 200y IM; 7th, 400y IM ... 2012: 3rd, 400y FR-R; 6th, 200y IM ... 2011: 6th, 200y IM

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Countryside H.S. '10 College: University of Georgia '14 College Major: Fashion Merchandising Sibling(s): Brother (Robert) is a previous USA Swimming National Team member as well as 2008 World Championships Team member Hobbies Outside the Pool: Cooking/Baking, Dancing, Fashion, Reading/Books



Ally McHugh

CLUB: Wisconsin Aquatics (WA-WI)

AGE: 22 DOB: May 14, 1997 HEIGHT: 5' 9" (175.3 cm) HOMETOWN: Philadelphia, Pa. COACHED BY: Yuri Suguiyama / Erik Posegay

TOP TIMES

Event	<u>Best</u>	Year
800m FR	8:24.22	Jul 18
1500m FR	16:02.56	Jul 18
400m IM	4:34.80	Jul 18

Career Highlights:

Won first career national title in the 400m IM at 2018 Phillips 66 Nationals to earn a spot on the Pan Pacs roster ... 2018 NCAA runner-up in the 1650y free for Penn State ... Took silver in the 400m IM at the 2017 World University Games.

Pan Pacs History: 2018: 9th, 400m IM; 10th, 400m FR WUGs History:

2017: Silver, 400m IM NCAA History: 2019: 1st 1650 Fr ... 2018: 2nd, 1650y FR

ADDITIONAL HONORS: National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Little Flower Catholic '15 College: Penn State '19 College Major: Biobehavioral Health Parents: Michael and Andrea McHugh Sibling(s): Sister, Kelley and a brother, Ryan

Katie McLaughlin



CLUB: California Aquatics (CAL-CA) AGE: 21 DOB: Jul 9, 1997 HEIGHT: 5' 8" (172.7 cm) HOMETOWN: Dana Point, Calif. COACHED BY: Teri McKeever

Career Highlights:

Silver medalist in the 800m free relay at 2018 Pan Pacs ... Runner-up in the 100m fly at 2018 Phillips 66 Nationals ... Member of the 2017 World University Games team ... Finalist in the 200m fly and 200m free at 2016 Olympic Trials ... Won gold as part of the 800m free relay at the 2015 FINA World Championships ... Touched third in the 200m fly at 2014 Pan Pacs ... Was second in the 200m fly at 2014 Phillips 66 Nationals to claim a spot on the Pan Pacs roster ... Also finished fourth in the 100m fly ... Won four medals at the 2013 FINA World Junior Championships - gold in the 800m free relay and in the 200m fly, bronze in the 400m free relay and in the mixed 400m medley relay ... Earned five medals at the 2013 Speedo Junior National Championships.

World Champs History:

2015: Gold, 800m FR-R; 6th, 200m FL

Pan Pacs History:

2018: Silver, 800m FR-R; 9th, 100m FL; 9th, 200m FR ... 2014: Bronze, 200m FL WUGs History:

2017: 5th, 100m FL; 8th, 50m FL

Olympic Trials History:

2016: 6th, 200m FL; 8th, 200m FR; 9th, 100m FL ... 2012: t28th, 100m FL

NCAA History:

2019: 3rd 400 IM, 4th 200 Fl, 7th 400 200 Fr, ... 2018: 4th, 200y FR; 6th, 100y FL: 8th, 200y FR ... 2017: 2nd, 200y FL

RECORDS:

Holds AR in 200y FR-R, set at 2018 PAC-12 WOMEN'S SWIMMING &

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Santa Margarita Catholic '15

College: California '19 College Major: American Studies Parents: James and Mary McLaughlin

MEDALS

2018 Pan Pacific Championships 2018: Silver, 800m FR-R

2015 World Champs

2015: Silver, 400m MED-R Mixed; Gold, 800m FR-R

TOP TIMES		
Event	Best	Year
100m FR	54.14	Aug 18
200m FR	1:56.48	Jun 19
100m FL	57.51	Jul 18
200m FL	2:06.95	Aug 15

Hannah Moore



CLUB: Wolfpack Elite (WOLF-NC) AGE: 22 DOB: Aug 22, 1996 HEIGHT: 5' 7 1/2" (171.5 cm) HOMETOWN: Cary, N.C. COACHED BY: Mark Bernardino

MEDALS

Summer Youth Olympic Games 2014: Gold, 200m BK; Gold, 400m FR

TOP TIMES

<u>Event</u>	<u>Best</u>	Year
400m FR	4:09.35	Jun 17
800m FR	8:27.58	Jun 17
1500m FR	16:08.68	Jul 17

Career Highlights:

Earned an Open Water World Championships spot by finishing as the No. 2 American at the 2019 Open Water Nationals ... Was the No. 3 American in the open water 10K at 2018 Pan Pacs ... Finished fifth in the 1500m free at 2018 Phillips 66 Nationals ... Runner-up in the 5K and 6th in the 10K at 2018 Open Water Nationals ... Placed ninth at French Nationals to earn a spot on the 2018 Pan Pacs roster ... Took third in the 1650y free at the 2018 NCAA Championships ... Bronze medalist in the 800m free (sixth) at the 2016 U.S. Olympic Team Trials ... Runner-up in the 800m free at the 2016 U.S. Open ... Placed fourth in the 1650y free at the 2016 NCAA Championships ... 2014 Youth Olympic Games gold medalist in the 200m back and 400m free.

WUGs History:

2017: Bronze, 1500m FR; 7th, 800m FR

Olympic Trials History:

2016: 6th, 800m FR; 7th, 400m FR ... 2012: 11th, 200m BK

U.S. Nationals History: 2018: 5th, 1500m FR; 16th, 800m FR

OW U.S. Nationals History:

2019: 3rd, 5k ... 2018: 2nd, 5K; 6th, 10K

NCAA History:

2018: 3rd, 1650y FR; 7th, 500y FR ... 2017: 5th, 500y, FR; 5th, 1650y FR ... 2016: 4th, 1650y FR; 6th, 500y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Green Hope '14 College: NC State '18



쭏 Ryan Murphy

CLUB: California Aquatics (CAL-CA)

AGE: 23 DOB: Jul 2, 1995 HEIGHT: 6' 3" (190.5 cm) WEIGHT: 205 lbs (93.0 kg) HOMETOWN: Jacksonville, Fla. RESIDENCE: Berkeley, Calif. BIRTHPLACE: Chicago, Ill. COACHED BY: Dave Durden

Career Highlights:

Won six medals - three gold and three silver - at the 2018 FINA World Championships (25m) ... Triple gold medalist at 2018 Pan Pacs - 100m and 200m back, 400m medley relay ... Swept the 50m, 100m and 200m back titles at 2018 Phillips 66 Nationals and set an American record in the 50m back ... Earned gold as a member of the 400m medley relay and mixed 400m medley relay, silver medalist in the 200m back and bronze in the 100m back at the 2017 FINA World Championships ... Champion in the 200m back and runner-up in the 100m back at 2017 Phillips 66 Nationals ... 2017 NCAA champion in the 100y and 200y back ... Triple gold medalist at the 2016 Olympic Games, winning the 100m back, 200m back and 400m medley relay ... Set a world record in the 100m back (51.85) leading off the medley relay in Rio ... Qualified for first U.S. Olympic Team with wins in the 100m and 200m back at 2016 Trials . 2016 NCAA champion in the 100y and 200y back ... Won gold in the 400m medley relay at the 2015 FINA World Championships ... 2015 NCAA champion in the 100y and 200y back . Finished third in the 100m back at 2014 Pan Pacs also adding a fourth-place finish in 200m back... Runner-up in the 100m and 200m back at 2014 Phillips 66 Nationals to clinch a spot on the Pan Pacs roster ... 2014 NCAA champion in the 100y and 200y back ... Took third in both the 100y and 200y back at 2013 AT&T Winter Nationals ... Won the 200m back and was second in the 100m back at the 2013 U.S. Open ... Finished fourth in the 200m backstroke and sixth in the 100m backstroke at the 2012 Olympic Trials ... Won bronze in the 200m backstroke at the 2011 Pan American Games.

Olympics History:

2016: Gold, 100m BK; Gold, 200m BK; Gold, 400m MR

World Champs History:

2017: Gold, 400m Med-R (pr); Gold, Mixed 400m Med-R (pr); Silver, 200m BK; Bronze, 100m BK ... 2015: Gold, 400m MR; Silver, Mixed 400m Med-R; 5th, 200m BK

Pan Pacs History:

2018: Gold, 100m BK; Gold, 200m BK; Gold, 400m MR ... 2014: Bronze, 100m BK; 4th, 200m BK

Pan Ams History:

2011: Bronze, 200m BK

SC Worlds History:

2018: Gold, 100m BK; Silver, 50m BK; Silver, 200m BK; Gold, 400m MR; Gold, Mixed 200m MR; Silver, 200m MR... 2012: Gold, 400m MR (pr); Bronze 200m BK

Olympic Trials History:

2016: 1st, 100m BK; 1st, 200m BK ... 2012: 4th, 200m BK; 6th, 100m BK

U.S. Nationals History:

2018: 1st, 50m BK; 1st, 100m BK; 1st, 200m BK ... 2017: 1st, 200m BK; 2nd, 100m BK NCAA History:

2017: 1st, 100y BK; 1st, 200y BK; 3rd, 200y IM ... 2016: 1st, 100y BK; 1st, 200y BK; 3rd, 200y IM ... 2015: 1st, 100y BK; 1st, 200y BK; 5th, 200y IM ... 2014: 1st, 100y BK; 1st, 200y BK; 8th, 200y IM

Briefly:

World record holder in the 100m back ... Current American record holder in the 100y and 200y back.

RECORDS:

Holds WR in 100m BK, set at 2016 Olympic Games ... Holds AR in 400m MED-R (SCM), set at 2018 SCM World Champs ... Holds AR in 200m MED-R (SCM), set at 2018 SCM World Champs ... Holds AR in 400y MED-R, set at 2017 NCAA DI Mens ... Holds AR in 200y BK, set at 2016 NCAA DI Mens ... Holds AR in 100y BK, set at 2016 NCAA DI Mens ... Former AR holder in 100y BK, set at 2016 NCAA DI Mens ... Former AR holder in 100y BK, set at 2016 NCAA DI Mens ... Former AR holder in 200y BK, set at 2015 NCAA DI Mens ... Former AR holder in 200y MED-R, Set at 2015 NCAA DI Mens ... Former AR holder in 400y MED-R, set at 2015 NCAA DI Mens ... Former AR holder in 200y MED-R, set at 2014 NCAA Mens DI ... Holds USO in 200y BK, set at 2016 NCAA DI Mens ... Holds USO in 100y BK, set at 2016 NCAA DI Mens ... Former USO holder in 100y BK, set at 2016 NCAA DI Mens ... Former USO holder in 200y BK, set at 2015 NCAA DI Mens ... Former USO holder in 100y BK, set at 2016 NCAA DI Mens ... Former USO holder in 100y BK, set at 2016 NCAA DI Mens ... Former USO holder in 100y BK, set at 2016 NCAA DI Mens ... Former USO holder in 100y BK, set at 2015 NCAA DI Mens ... Former USO holder in 100y BK, set at 2016 NCAA DI Mens ... Former USO holder in 100y BK, set at 2016 NCAA DI Mens ... Former USO holder in 200y BK, set at 2015 NCAA DI Mens ... Former USO holder in 100y BK, set at 2016 NCAA DI Mens ... Former USO holder in 200y BK, set at 2015 NCAA DI Mens ... Former USO holder in 200y BK, set at 2015 NCAA DI Mens ... Former USO holder in 200y BK, set at 2015 NCAA DI Mens ... Former USO holder in 200y BK, set at 2015 NCAA DI Mens ... Former USO holder in 200y BK, set at 2015 NCAA DI Mens ... Former USO holder in 200y BK, set at 2015 NCAA DI Mens

FAST FACTS

Third LCM World Championships (2019, 2017, 2015) One-Time Olympian (2016)

Six World Champs LCM medals (3g, 2s,

1b) Three Olympic Games medals (3g)

MEDALS

2018 Pan Pacific Championships

2018: Gold, 100m BK; Gold, 200m BK; Gold, 400m MED-R

2018 SCM World Champs

2018: Gold, 400m MED-R (SCM) (AR); Silver, 200m MED-R (SCM) (AR); Gold, 100m BK (SCM); Silver, 50m BK (SCM); Silver, 200m BK (SCM); Gold, 200m MED-R (SCM) Mixed (pr)

2017 World Championships

2017: Gold, 400m MED-R Mixed (pr); Bronze, 100m BK; Silver, 200m BK; Gold, 400m MED-R (pr)

2016 Olympic Games

2016: Gold, 100m BK; Gold, 200m BK; Gold, 400m MED-R $\,$

2015 World Champs

2015: Gold, 400m MED-R; Silver, 400m MED-R Mixed

2014 Pan Pacific Championships

2014: Bronze, 100m BK

2012 SCM World Champs

2012: Bronze, 200m BK (SCM); Gold, 400m MED-R (SCM) (pr)

2011 Pan American Games

2011: Bronze, 200m BK

TOP TIMES		
<u>Event</u>	<u>Best</u>	<u>Year</u>
50m BK (SCM)	22.63	Dec 18
100m BK (SCM)	49.23	Dec 18
200m BK (SCM)	1:47.34	Dec 18
50m BK	24.24	Jul 18
100m BK	51.85	Aug 16
200m BK	1:53.57	Aug 18

Ryan Murphy

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Bolles School '13 College: California '17 College Major: Business Administration Parents: Pat and Katy Murphy Sibling(s): Older brother, Patrick; Older sister, Shannon Sports Played Before Swimming: Soccer, Baseball, Football Nickname(s): Murph Hobbies Outside the Pool: Sports fan, Golf, Investing, Listening to Music Most Influential Person: Grandpa Sullivan (Poppy) Charities: USA Swimming Foundation Sponsor(s): Speedo, Goldfish Swim School More: Ryan is passionate about increasing water safety among youth and believes that sports teach invaluable lessons to children. Favorites: Sports Teams: Chicago Bulls, Jacksonville Jaguars, Chicago Cubs



Lia Neal

CLUB: Team Elite (TE-CA) AGE: 24 DOB: Feb 13, 1995 HEIGHT: 5' 10 3/4" (179.7 cm) HOMETOWN: Brooklyn, N.Y. BIRTHPLACE: Brooklyn, N.Y. COACHED BY: David Marsh

Career Highlights:

Won four relay medals at the 2018 FINA World Championships (25m) ... Earned a gold medal as a member of the 400m free relay at the 2017 FINA World Championships ... Finished third in the 50m and 100m free at 2017 Phillips 66 Nationals ... Silver medalist in the 400m free relay at the 2016 Olympic Games ... Finished fourth in 100m freestyle at the 2016 U.S. Olympic Team Trials to qualify for his second Olympic Team ... Runner-up in the 100m free at 2015 AT&T Nationals ... Won bronze in the 400m free relay at the 2015 FINA World Championships ... Won gold in the 400m free relay at the 2015 World University Games ... Won bronze in the 400m free relay at the 2015 World University Games ... Won bronze in the 400m free relay at the 2015 World University Games ... Won bronze in the 400m free relay at the 2012 Olympic team by finishing fourth in the 100m free ... Earned three gold medals as part of the 400m free relay, 800m free relay and 400m medley relay teams at the 2010 Junior Pan Pacific Championships; also earned individual silver in the 100m free and bronze in the 50m free.

Olympics History:

2016: Silver, 400m FR-R ... 2012: Bronze, 400m FR-R

World Champs History:

2017: Gold, 400m FR-R (pre) ... 2015: Bronze, 400m FR-R

WUGs History:

2015: Gold, 400m FR-R

SC Worlds History:

2018: 7th, 100m FR; Gold, 400m FR-R; Gold, 400m MR; Gold, 200m FR-R; Silver, 800m FR-R **Olympic Trials History:**

2016: 4th, 100m FR; 7th, 50m FR ... 2012: 4th, 100m FR, 24rd, 50 Fr ... 2008: 28th, 50m FR; 78th, 100m FR; 89th, 100m FR

U.S. Nationals History:

2018: 5th, 100m FR ... 2017: 3rd, 50m FR; 3rd, 100m FR

NCAA History:

2017: 4th 100 Fr ... 2016: 2nd, 100y FR; 3rd, 200y FR; 6th, 50y FR ... 2015: 2nd, 100y FR; 3rd, 200y FR ... 2014: 2nd, 100y FR; 9th, 200y FR; 10th, 50y FR

RECORDS:

Holds AR in 400y FR-R, set at 2017 NCAA DI Womens ... Former AR holder in 200y FR-R, set at 2017 NCAA DI Womens ... Holds AR in 800y FR-R, set at 2017 NCAA DI Womens ... Former AR holder in 400y FR-R, set at 2015 NCAA D1 Womens ... Former AR holder in 400y MED-R, set at 2014 NCAA Womens D1 ... Holds USO in 400y FR-R, set at 2017 NCAA DI Womens ... Former USO holder in 400y FR-R, set at 2015 NCAA D1 Womens ... Former USO holder in 400y FR-R, set at 2015 NCAA D1 Womens ... Former USO holder in 400y FR-R, set at 2015 NCAA D1 Womens ... Former USO holder in 400y FR-R, set at 2015 NCAA D1 Womens ... Former USO holder in 400y MED-R, set at 2014 NCAA Womens D1

ADDITIONAL HONORS:

National Teams: Member of 2018-19 National Team

PERSONAL:

High School: Convent of Sacred Heart '13 College: Stanford '17

Parents: Jerome and Siu...Jerome works in theatre and Siu is retired

Started Swimming: 6 yrs old..."My friends were taking lessons and suggested I join them." Pet(s): One cat, Peanut, is about 6-7 years old

Hobbies Outside the Pool: Going to movies, restaurants, concerts

Charities: Started a program called 'Swim Brooklyn' in 2012 to help raise water safety

awareness specifically in urban communities

Training Stats: 5-8,000 meters a day...2-3.5 hours a day...1-2 workouts a day More: Fluen in Mandarin and Cantonese

FAST FACTS

Two-Time Olympian (2016, 2012)

Second LCM World Championships (2017, 2015)

Two Olympic Games medals (1s, 1b)

Four World Champs LCM medals (2g, 1s, 1b)

MEDALS

2018 SCM World Champs

2018: Gold, 400m FR-R (SCM); Gold, 400m MED-R (SCM) (pr); Gold, 200m FR-R (SCM) (pr); Silver, 800m FR-R (SCM) (pr)

2017 World Championships

2017: Gold, 400m FR-R Mixed (pr); Gold, 400m FR-R (pr)

2016 Olympic Games

2016: Silver, 400m FR-R (pr)

2015 World Champs

2015: Silver, 400m MED-R Mixed (pr); Bronze, 400m FR-R

2012 Olympic Games

2012: Bronze, 400m FR-R

2012 SCM World Champs

2012: Gold, 400m FR-R (SCM); Gold, 400m FR-R (SCM)

2010 Jr Pan Pacific Champs

2010: Gold, 800m FR-R; Gold, 400m FR-R; Gold, 400m MED-R; Silver, 100m FR

2009 Jr Pan Pacific Champs

2009: Silver, 50m FR (NAG (13-14))

TOP TIMES		
<u>Event</u>	<u>Best</u>	<u>Year</u>
100m FR (SCM)	52.01	Dec 15
100m FR	53.59	Jun 17

Trans Jacob Pebley

CLUB: Team Elite (TE-CA) AGE: 25 DOB: Sep 17, 1993 HEIGHT: 6' 4" (193.0 cm) WEIGHT: 192 lbs (87.1 kg) HOMETOWN: Corvallis, Ore. RESIDENCE: Berkeley, Calif. BIRTHPLACE: Albany, Ore. COACHED BY: David Marsh

Career Highlights:

Won the 200m free and 200m back titles at 2018 Winter Nationals ... Runner-up in the 200m back at 2018 Phillips 66 Nationals ... Bronze medalist in the 200m back at the 2017 FINA World Championships ... Runner-up in the 200m back at 2017 Phillips 66 Nationals ... Silver medalist in the 200m back at the 2016 FINA World Championships (25m) ... Finished fifth in the 200m back at the 2016 Olympic Games ... Qualified for first Olympic Team with a runner-up finish in the 200m back at the 2016 U.S. Olympic Team Trials ... Won the national title in the 200m back at the 2015 Phillips 66 National Championships ... Won gold in the 200m back and silver in the 400m medley relay at the 2015 World University Games ... Clinched a berth on the 2014 Pan Pacs roster with a fourth-place finish in the 200m back at Phillips 66 Nationals ... Placed second in the 200m back at the 2013 AT&T Winter Nationals ... Won bronze in both the 100m and 200m backstroke, and bronze in 400m medley relay prelims at the World University Games ... Placed sixth in the 200m back at the 2013 AT&T Winter Nationals ... Placed sixth in the 200m back at the 2011 ConocoPhillips National Championships ... Earned a silver and bronze medal in the 100m back and 200m back,

respectively, at the 2010 Junior Pan Pacific Championships; also placed fifth in the 200m IM. **Olympics History:**

2016: 5th, 200m BK

World Champs History:

2017: Bronze, 200m BK

WUGs History:

2015: Gold, 200m BK; Silver, 400m MR; 4th, 100m BK $\ ...$ 2013: Bronze, 100m BK; Bronze, 200m BK; Bronze, 400m MR (pr)

SC Worlds History:

2018: 5th, 200m BK ... 2016: Silver, 200m BK; Silver, 200m MR

Olympic Trials History:

2016: 2nd, 200m BK; 4th, 100m BK ... 2012: 7th, 200m BK; 16th, 100m BK; t17th, 100m BK U.S. Nationals History:

2018: 2nd, 200m BK, 5th, 100m BK ... 2017: 2nd, 200m BK ... 2015: 1st, 200m BK; 5th, 100m BK ... 2014: 4th, 200m BK; 5th, 100m BK

NCAA History:

2016: 2nd, 200y BK; 6th, 100y BK ... 2015: 5th, 200y BK ... 2014: 4th, 200y BK; 11th, 100y BK ... 2013: 3rd, 200y BK; 7th, 100y BK

Briefly:

2011 World Junior Champs: 1st, 100m BK; 1st, 200m BK; 2nd 50m BK

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Crescent Valley H.S. '12 College: California '16 College Major: Psychology Parents: Walter Pebley and Cheslah Barkdoll Nickname(s): Pebs or Pebbles Pet(s): Two rats named Fifel and Lasagna Hobbies Outside the Pool: Hiking, Camping, Kayaking/Canoeing, Cooking/Baking

FAST FACTS

One-Time Olympian (2016)

MEDALS

2017 World Championships

2017: Bronze, 200m BK

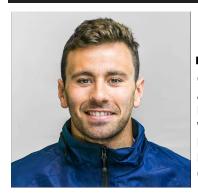
2016 SCM World Champs

2016: Silver, 800m FR-R (SCM); Silver, 200m MED-R (SCM); Silver, 200m BK (SCM)

2010 Jr Pan Pacific Champs

2010: Silver, 200m BK; Bronze, 100m BK

<u>Event</u> 200m BK (SCM)	<u>Best</u> 1:48.98	<u>Year</u> Dec 16
100m BK	52.95	Jun 16
200m BK	1:54.77	Jul 16



Blake Pieroni

CLUB: Indiana Swim Club (ISC-IN) AGE: 23 DOB: Nov 15, 1995 HEIGHT: 6' 2" (188.0 cm) WEIGHT: 185 lbs (83.9 kg) HOMETOWN: Valparaiso, Ind. RESIDENCE: Bloomington, Ind. COACHED BY: Mike Westphal

Career Highlights:

Triple gold medalist at the 2018 FINA World Championships (25m) - 200m free, 400m free relay, 400m medley relay ... Gold medalist in the 800m free relay at 2018 Pan Pacs ... Winner of the 100m free and runner-up in the 200m free at 2018 Phillips National Championships ... Gold medalist in the 400m free relay and prize relay and finished 13th in the 200m free at the 2017 FINA World Championships ... Runner-up in the 200m free at 2017 FINA World Championships ... Runner-up in the 200m free at 2017 Phillips 66 Nationals ... Took silver in the 200m free relay and bronze in the 400m free relay at the 2016 FINA World Championships (25m) ... Won gold in the 400m free relay at the 2016 Olympic Games ... Earned a spot on the 2016 U.S. Olympic Team with a sixth-place finish in the 100m free at Olympic Trials ... Finished third in the 200m free at 2015 Phillips 66 Nationals ... Silver medalist in the 100m free relay at the 2014 Junior Pan Pacific Championships ... Won bronze in the 800m free relay at the 2013 FINA World Championships ... Won bronze in the 2014 Junior Championships ... Won bronze in the 800m free relay at the 2013 FINA

Olympics History:

2016: Gold, 400m FR-R (pr)

World Champs History:

2017: Gold, 400m FR-R; Gold, Mixed 400m FR-R (pr); Bronze, 800 FR-R; 13th, 200m FR OW Worlds History:

2018: Gold, 800m FR-R; 9th, 100m FR; 9th, 200m FR

SC Worlds History:

2018: Gold, 200m FR; 7th (tie), 100m FR; Gold, 400m FR-R; Gold, 400m MR ... 2016: Silver, 200m FR-R; Bronze, 400m FR-R; 4th, 100m FR

Olympic Trials History:

2016: 6th, 100m FR; 12th, 200m FR

U.S. Nationals History:

2018: 1st, 100m FR; 2nd, 200m FR ... 2017: 2nd, 200m FR; 6th, 100m FR

NCAA History:

2018: 2nd, 200y FR; 4th, 100y FR; 8th, 50y FR ... 2017: 2nd (t) 200y FR; 8th, 100y FR ... 2016: 8th, 200y FR ... 2015: 4th, 200y FR

RECORDS:

Former WR holder in 400m FR-R (SCM), set at 2018 SCM World Champs

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Chesterton H.S. '14 College: Indiana '18 College Major: Biology major, Spanish minor Parents: Christopher and Cathy Pieroni ... Father swam at Purdue University Sibling(s): Sister, April Pet(s): Two dogs - a black lab and a German shepard, named Blackjack and Zoey Hobbies Outside the Pool: Golfing, Fishing, Snowboarding, Paint Ball

FAST FACTS

One-Time Olympian (2016)

Three World Champs LCM medals (2g, 1b)

One Olympic Games medal (1g)

MEDALS

2018 Pan Pacific Championships 2018: Gold, 800m FR-R

2018 SCM World Champs

2018: Gold, 200m FR (SCM); Gold, 400m FR-R (SCM) (WR); Gold, 400m MED-R (SCM) (pr)

2017 World Championships

2017: Gold, 400m FR-R Mixed (pr); Gold, 400m FR-R; Bronze, 800m FR-R

2016 Olympic Games 2016: Gold, 400m FR-R (pr)

2016 SCM World Champs

2016: Silver, 200m FR-R (SCM); Silver, 800m FR-R (SCM); Bronze, 400m FR-R (SCM)

2014 Jr Pan Pacific Championships

2014: Silver, 200m FR; Silver, 100m FR

Event	<u>Best</u>	<u>Year</u>
100m FR (SCM)	46.25	Oct 18
200m FR (SCM)	1:41.15	Nov 18
100m FR	48.08	Jul 18
200m FR	1:45.93	Jul 18



Josh Prenot

PRONOUNCED: PRE-no CLUB: California Aquatics (CAL-CA) AGE: 25 DOB: Jul 28, 1993 HEIGHT: 5' 11" (180.3 cm) WEIGHT: 167 lbs (75.8 kg) HOMETOWN: Santa Maria, Calif. RESIDENCE: Berkeley, Calif. COACHED BY: Dave Durden

Career Highlights:

Won the 200m IM silver medal at the 2018 FINA World Championships (25m) ... Champion in the 200m breast at 2018 Phillips 66 Nationals to earn a spot on second Pan Pacs roster ... Silver medalist in the 200m breast at the 2016 Olympic Games ... Set an American record and qualified for the 2016 U.S. Olympic Team with a win in the 200m breaststroke at Olympic Trials ... 2016 NCAA champion in the 400y IM ... Won gold in the 200m IM and 200m breast and silver in the 400m IM at the 2015 World University Games ... Touched fourth in the 200m breast at 2014 Pan Pacs ... Finished third in the 200m breast and the 200m IM at 2013 AT&T Winter Nationals ... Finished eighth in the 400m IM at the 2011 ConocoPhillips National Championships ... Placed fifth in the 400m IM and sixth in the 200m fly at the 2010 Junior Pan Pacific Championships.

Olympics History:

2016: Silver, 200m BR

Pan Pacs History:

2018: 5th, 200m BR ... 2014: 4th, 200m BR

WUGs History:

2015: Gold, 200m BR; Silver, 200m IM, Silver, 400m IM

SC Worlds History:

2018: Silver, 200m IM; 5th, 200m BR

Olympic Trials History:

2016: 1st, 200m BR; 3rd, 100m BR ... 2012: 10th, 200m BR; 13th, 400m IM; 14th, 200m IM

U.S. Nationals History:

2018: 1st, 200m BR; 5th, 200m IM; 7th, 100m BR ... 2017: 3rd, 200m BR; 7th, 100m BR; 3rd, 200m IM ... 2015: 10th, 100m BR ... 2014: 3rd, 200m BR; 6th, 200m IM; 3rd, 400m IM

NCAA History:

2016: 1st, 400y IM; 2nd, 200y BR; 2nd, 200y IM 2015: 3rd, 200y IM; 4th, 400y IM ... 2014: 3rd, 400y IM; 5th, 200y IM; 6th, 200y BR ... 2013: 5th, 200y IM; 5th, 200y BR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Family Partnership Charter School '12 College: California '17 College Major: Physics Parents: Bill and Tammy Prenot ... Father was in the Air Force for 20 years Hobbies Outside the Pool: Hiking, Camping, Rock Climbing, Cycling, Photography, Cooking/Baking, Slackline

More: Favorite Sports Teams: Green Bay Packers, Chicago Blackhawks

FAST FACTS

One-Time Olympian (2016)

One Olympic Games medal (1s)

MEDALS

2018 SCM World Champs

2018: Silver, 200m IM (SCM)

2016 Olympic Games

2016: Silver, 200m BR

	<u>Event</u> 200m BR (SCM)	<u>Best</u> 2:03.12	<u>Year</u> Dec 18
	200m IM (SCM)	1:52.69	Dec 18
	100m BR	59.60	Jun 16
	200m BR	2:07.17	Jun 16
	200m IM	1:57.14	Jul 17



Allison Schmitt

CLUB: Sun Devil Swimming (SUN-AZ) / North Baltimore AGE: 29 DOB: Jun 7, 1990 HEIGHT: 6' 1 1/2" (186.7 cm) HOMETOWN: Canton, Mich. BIRTHPLACE: Pittsburgh, Pa. COACHED BY: Bob Bowman

Career Highlights:

Silver medalist in the 800m free relay at 2018 Pan Pacs ... Runner-up in the 200m free at 2018 Phillips 66 Nationals after returning to competition in April ... Earned a pair of relay medals at the 2016 Olympic Games - gold in the 800m free relay and silver in the 400m free relay ... Finished fourth in the 200m freestyle and fifth in the 100m freestyle at the 2016 U.S. Olympic Team Trials to qualify for her third Olympic Team ... Won gold in the 200m free and added three medals (two gold) in relays at the 2015 Pan American Games ... At the 2012 Olympic Games in London, won bronze in the 400m free relay, took gold in the 800m free relay, gold in the 400m medley relay (WR) and gold in the 200m free with a best time of 1:53.61 ... Also took silver in the 400m free with a best time of 4:01.77 ... Qualified for the 2012 Olympic Team by finishing first in the 200m free (setting a new American record) and 400m free and third in the 100m free at Trials ... Won a gold medal as part of the 800m free relay at the 2011 FINA World Championships and was sixth in the 200m free ... At the 2011 ConocoPhillips National Championships, won the 200m free and placed fourth in the 100m and 400m free ... Won the 500y FR and 200y FR at the 2011 NCAA Championships ... Claimed first place in the 200m free and second in the 400m free at the 2010 CP National Championships ... Set American records in the 200m and 400m free events at the 2009 MOO Duel in the Pool ... Earned silver medals in the 200m free and 800m free relay at the 2009 FINA World Championships ... Earned a national title in the 400m free at the 2009 National Championships ... Claimed her first NCAA title in the 500y free in 2009 ... Earned a bronze medal and an American record in the 800m free relay at the 2008 Olympic Games; also placed ninth in the 200m free.

Olympics History:

2016: Gold, 800m FR-R; Silver, 400m FR-R ... 2012: Gold, 200m FR; Gold 800m FR-R; Gold 400 MR; Silver, 400m FR, Bronze, 400m FR-R ... 2008: Bronze, 800m FR-R (AR); 9th, 200m FR

World Champs History:

2011: Gold, 800m FR-R; 6th, 200m FR ... 2009: Silver, 200m FR; Silver, 800m FR-R; 4th, 400m FR

Pan Pacs History:

2018: Silver, 800m FR-R; 4th, 200m FR ... 2010: Gold, 200m FR; Gold, 800m FR-R; 4th, 400m FR

Pan Ams History:

2015: Gold, 200m FR; Gold, 800m FR-R; Gold, 400m MR; Silver, 400m FR-R

Olympic Trials History:

2016: 4th, 200m FR; 5th, 100m FR; 5th, 400m FR ... 2012: Gold, 200m FR; Gold, 400m FR; Bronze, 100m FR ... 2008: Silver, 200m FR; Bronze, 400m FR; 26th(t), 100m FR

U.S. Nationals History:

2018: 2nd, 200m FR; 9th, 400m FR; 6th, 100m FR ... 2015: 1st, 200m FR; 2nd, 100m FR; 6th, 400m FR

NCAA History:

2013: 1st, 200y FR; 5th, 100y FR; 6th, 500y FR ... 2011: 1st, 500y FR; 1st, 200y FR ... 2010: 1st, 500y FR; 1st, 200y FR; ... 2009: 1st, 500y FR; 2nd, 800y FR-R; 3rd, 200y FR; 4th, 400y FR-R

Briefly:

Current American record holder in the 200m free

RECORDS:

Former WR holder in 400m MED-R, set at 2012 Olympic Games ... Holds WR in 800m FR-R, set at 2009 World Champs ... Former NAG (17-18) holder in 200m FR, set at 2008 Olympic Trials

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

High School: Ten-time All-American...Holds two Michigan High School records (200 & 500 Freestyle) ...2008 Michigan High School Female Athlete of the Year (Detroit Athletic Club)... 2006 & 2007 Michigan High School Swimmer of the Year ...Four-time Canton HS Swim and Dive team MVP

FAST FACTS

Three-Time Olympian (2016, 2012, 2008)

Eight Olympic Games medals (4g, 2s, 2b)

Three World Champs LCM medals (1g, 2s)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 800m FR-R

2016 Olympic Games

2016: Gold, 800m FR-R; Silver, 400m FR-R (pr)

2015 Pan American Games

2015: Gold, 200m FR; Gold, 800m FR-R; Gold, 400m MED-R; Silver, 400m FR-R

2012 Olympic Games

2012: Gold, 200m FR; Gold, 800m FR-R; Gold, 400m MED-R (WR); Silver, 400m FR; Bronze, 400m FR-R

2012 SCM World Champs

2012: Gold, 800m FR-R (SCM); Gold, 400m FR-R (SCM); Gold, 400m FR-R (SCM); Gold, 200m FR (SCM)

2011 World Champs

2011: Gold, 800m FR-R

2010 Pan Pacific Champs

2010: Gold, 800m FR-R; Gold, 800m FR-R; Gold, 200m FR

2009 World Champs

2009: Silver, 800m FR-R (WR); Silver, 200m FR

2008 Olympic Games

2008: Bronze, 800m FR-R

2007 Jr Pan Pacific Champs

2007: Bronze, 200m FR; Bronze, 100m FR

TOP TIMES		
Event	<u>Best</u>	Year
100m FR	53.87	Jul 16
200m FR	1:53.61	Jul 12
400m FR	4:01.77	Jul 12

Allison Schmitt

PERSONAL:

High School: Canton H.S. '08

College: University of Georgia '13

Graduate Studies: Pursing a masters in social work from Arizona State

Parents: Ralph and Gaii father is a financial analyst and mother is a System Project Manager **Sibling(s)**: Older sister (Kirsten) graduated from University of Florida and law school at Washington University in St. Louis ... Older brother (Derek) swam for the University of Pittsburgh

... younger twin sisters (Kari and Sara) played in USA Hockey National Championship game in 2008 and play hockey at Ohio State

Started Swimming: Age 9... "I followed my sister, Kirsten. I thought about quitting, but stayed one more season and loved it."

Sports Played Before Swimming: Soccer, dance, basketball, volleyball, softball, and had the equipment for hockey but decided to swim instead

Nickname(s): Schmitty, AI, Allie

Hobbies Outside the Pool: Enjoys scrapbooking, taking pictures, playing outdoor games and playing board games.

Ultimate Way to Relax: Watching a movie, getting a massage

Andrew Seliskar



CLUB: California Aquatics (CAL-CA)

AGE: 22 DOB: Sep 26, 1996 HEIGHT: 6' 0" (182.9 cm) WEIGHT: 170 lbs (77.1 kg) HOMETOWN: McLean, Va. RESIDENCE: Berkeley, Calif. BIRTHPLACE: Charlotte, N.C. COACHED BY: Dave Durden

Career Highlights:

Claimed gold in the 800m free relay and silver in the 200m free at 2018 Pan Pacs ... Won first career national title in the 200m free at 2018 Phillips 66 Nationals ... Collegiate All-American at Cal ... Gold medalist in the 200m fly, 200m IM and 400m IM at 2014 Junior Pan Pacs; added silver in the 100m fly ... Won the 400y IM and was second in the 200y IM and 200y fly at 2013 AT&T Winter Nationals ... Won gold in the 200m fly and bronze in the 800m free relay (prelims) at the 2013 FINA World Junior Championships

Pan Pacs History:

2018: Gold, 800m FR-R; Silver, 200m FR

WUGs History:

2015: 8th, 50m FL; 8th, 200m FL

Olympic Trials History:

2016: 8th 200 FI, 7th 200 IM, 12th 400 IM ... 2012: 18th, 200m IM

U.S. Nationals History:

2018: 1st, 200m FR; 7th, 100m FL; 3rd, 200m IM

NCAA History:

2019: 1st 200 IM, 1st 200 Fr, 1st 200 Br ... 2018: 2nd, 200y BR; 3rd, 400y IM; 5th, 200y IM ... 2017: 2nd, 400y IM; 6th, 200y IM, 6th, 200y FL ... 2016: 3rd, 200y FL; 5th, 400 IM; 7th, 200y IM

RECORDS:

Holds NAG (17-18) in 400y MED-R, set at 2015 FL NCSA Spring Champs ... Holds NAG (17-18) in 200y MED-R, set at 2015 FL NCSA Spring Champs ... Holds NAG (17-18) in 200y FR-R, set at 2015 FL NCSA Spring Champs ... Former NAG (17-18) holder in 200y BR, set at 2015 PV SC Senior Championships ... Holds NAG (17-18) in 400y IM, set at 2015 PV SC Senior Championships ... Former NAG (17-18) holder in 200y FL, set at 2014 PV Speedo Tom Dolan Invitational ... Former NAG (17-18) holder in 200y BR, set at 2014 PV Speedo Tom Dolan Invitational ... Former NAG (15-16) holder in 200y BR, set at 2014 FL AP NCSA Spring Championship ... Former NAG (15-16) holder in 200m IM, set at 4th FINA World Junior Swimming ... Holds NAG (15-16) in 400m MED-R, set at 2013 Speedo Junior National ... Former NAG (15-16) holder in 200m IM, set at 2013 Speedo Junior National ... Former NAG (15-16) holder in 200m IM, set at 2013 Speedo Junior National ... Former NAG (15-16) holder in 200m IM, set at 2013 Speedo Junior National ... Former NAG (15-16) holder in 200m IM, set at 2013 Speedo Junior National ... Former NAG (15-16) holder in 200m IM, set at 2013 Speedo Junior National ... Former NAG (15-16) holder in 200m IM, set at 2013 NCSA Junior Swim ... Former NAG (15-16) holder in 200y BR, set at 2013 NCSA Junior Swim ... Former NAG (15-16) holder in 100y BR (Prelim), set at 2013 PV SC Senior Championship ... Former NAG (15-16) holder in 100y BR, set at 2013 PV SC Senior Championship ... Former NAG (15-16) holder in 100y BR, set at 2013 PV SC Senior Championship ... Former NAG (15-16) holder in 100y BR, set at 2013 PV SC Senior Championship ... Former NAG (15-16) holder in 100y BR, set at 2013 PV SC Senior Championship ... Former NAG (15-16) holder in 100y BR, set at 2013 PV SC Senior Championship ... Former NAG (15-16) holder in 100y BR, set at 2013 PV SC Senior Championship ... Former NAG (15-16) holder in 100y BR, set at 2013 PV OB Virginia HS North Region Championships

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Thomas Jefferson '15 College: California '19 Job Outside of Swimming: Swim instructor for young children during summer Parents: Dan and Fontaine ... Dan is a project manager, Fontaine is a registered nurse ... Dan was recruited to play football but decided not to play Sibling(s): Has an older brother (Stephen) ... an engineering undergraduate and swimmer at Purdue University Notable Relative(s): Grandfather played varsity football at Marquette University Started Swimming: At age 6 ... "began swimming in the local summer swim league after watching my older brother swim and compete" Sports Played Before Swimming: Soccer, track and field Pet(s): Two pet cacti, that have not yet been named Hobbies Outside the Pool: Playing electric and acoustic guitarist ... singer/songwriter

Hobbies Outside the Pool: Playing electric and acoustic guitarist ... singer/songwriter Charities: Volunteer swim instructor for Nadar Por Vida ... because "they support a great cause to help kids become water-safe, and spread the love of swimming across the D.C. Metro area." Training Stats: Swims 8-10k yards ... 3 hours a day ... 1 or 2 workouts a day, 6 days a week More: Lead guitarist for the rock band (Seahorse Yesterday) formed with fellow NCAP teammates ... Certified open water scuba diver

MEDALS

2018 Pan Pacific Championships

2018: Gold, 800m FR-R; Silver, 200m FR

2014 Jr Pan Pacific Championships

2014: Gold, 200m FL; Gold, 400m IM; Silver, 100m FL; Gold, 200m IM

Event	<u>Best</u>	Year
200m FR	1:45.70	Jul 18
100m FL	51.42	Jun 19
200m IM	1:58.23	Jul 18



Tra Leah Smith

PRONOUNCED: LEE-uh CLUB: Tucson Ford Dealers Aquatics (FORD-AZ) AGE: 24 DOB: Apr 19, 1995 HEIGHT: 5' 9" (175.3 cm) HOMETOWN: Pittsburgh, Pa. COACHED BY: Augie Busch

Career Highlights:

Silver medalist in the 800m free relay and won bronze in the 800m free at the 2018 FINA World Championships (25m) ... Four-time medalist at 2018 Pan Pacs, including bronze in the 400m, 800m and 1500m free ... Runner-up in the 400m free and 800m free at 2018 Phillips 66 Nationals ... Gold medalist in the 800m free relay, silver in the 400m free, bronze in the 800m free and sixth-place finisher in the 200m free and 400m IM at the 2017 FINA World Championships ... Champion in the 400m IM and 1500m free and runner-up in the 200m, 400m and 800m free at 2017 Phillips 66 Nationals ... Runner-up in the 500y and 1650y free at the 2017 NCAA Championships ... Gold medalist in the 400m and 800m free at the 2016 FINA World Championships (25m) ... Bronze medalist in the 400m free at the 2016 Olympic Games and won gold as a member of the 800m free relay ... Was also fourth in the 800m free ... Finished second in the 400m and 800m freestyle at 2016 U.S. Olympic Team Trials to qualify for her first Olympic Team ... 2016 NCAA champion in the 500y free and 1650y free ... Won gold in the 800m free relay at the 2015 FINA World Championships ... Won gold at the 2015 World University Games in the 400m free and 800m free relay ... 2015 NCAA champion in the 500v and 1650v free ... Won gold as part of the 800m free relay team at 2014 Pan Pacs ... Was third in the 200m and 400m free at 2014 Phillips 66 Nationals to claim a spot on the Pan Pacs roster ... Was also fifth in the 1500m free and sixth in the 800m free.

Olympics History:

2016: Bronze, 400m FR; Gold, 800m FR-R; 6th, 800m FR

World Champs History:

2017: Gold, 800 FR-R; Silver, 400m FR; Bronze, 800m FR; 6th, 200m FR; 6th, 400m IM ... 2015: Gold, 800m FR-R

Pan Pacs History:

2018: Bronze, 400m FR; Bronze, 800m FR; Bronze, 1500m FR; Silver, 800m FR-R ... 2014: 9th, 800m FR; Gold, 800m FR-R; 9th, 400m FR

WUGs History:

2015: Gold, 400m FR; Gold, 800m FR-R, 4th 200 Fr

SC Worlds History:

2018: Bronze, 800m FR; 4th, 400m FR; Silver, 800m FR-R ... 2016: Gold, 400m FR; Gold, 800m FR; Silver, 800m FR-R

Olympic Trials History:

2016: 2nd, 400m FR; 2nd, 800m FR; 3rd, 200m FR ... 2012: 12th, 800m FR; 14th, 400m FR U.S. Nationals History:

2018: 2nd, 800m FR; 2nd, 400m FR; 4th, 200m FR; 4th, 400m IM ... 2017: 1st, 1500m FR; 1st, 400m IM; 2nd, 200m FR; 2nd, 400m FR; 2nd, 800m FR

NCAA History:

2017: 2nd, 500y FR; 2nd, 1650y FR; 5th, 200y FR ... 2016: 1st, 500y FR; 1st, 1650y FR; 6th, 200y FR ... 2015: 1st, 500y FR; 1st, 1650y FR; 7th, 200 FR ... 2014: 3rd, 1650y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Oakland Catholic '13 College: Virginia '17

Parents: Margee and Dan Smith... Father was a pole vaulter at the University of Virginia **Sibling(s):** Sister (Aileen) swims at the University of Columbia

Sibling(s): Has two older siblings, Aileen and Daniel, and a younger brother, Neal

Notable Relative(s): Great Uncle (Billy Conn) was a World Light Heavyweight Boxing Champion; Grandfather (Jimmy Smith) was a World Series champion with the 1919 Cincinnati Reds.

FAST FACTS

One-Time Olympian (2016)

Four World Champs LCM medals (2g, 1s, 1b)

Two Olympic Games medals (1g, 1b)

MEDALS

2018 Pan Pacific Championships

2018: Silver, 800m FR-R; Bronze, 1500m FR; Bronze, 800m FR; Bronze, 400m FR 2018 SCM World Champs

2018: Silver, 800m FR-R (SCM); Bronze, 800m FR (SCM)

2017 World Championships

2017: Gold, 800m FR-R; Silver, 400m FR; Bronze, 800m FR $\!\!\!$

2016 Olympic Games

2016: Gold, 800m FR-R; Bronze, 400m FR

2016 SCM World Champs

2016: Gold, 800m FR (SCM); Gold, 400m FR (SCM); Silver, 800m FR-R (SCM)

2015 World Champs 2015: Gold. 800m FR-R

2014 Pan Pacific Championships

2014: Gold, 800m FR-R

2012 Jr Pan Pacific

2012: Gold, 800m FR; Gold, 400m FR; Bronze, 200m FR

<u>Event</u>	<u>Best</u>	<u>Year</u>
200m FR (SCM)	1:54.49	Dec 16
400m FR (SCM)	3:57.78	Dec 16
800m FR (SCM)	8:07.67	Dec 16
400m IM (SCM)	4:32.84	Oct 18
200m FR	1:55.97	Jul 17
400m FR	4:00.65	Jun 16
800m FR	8:16.33	Apr 19
1500m FR	16:00.82	Aug 18
400m IM	4:33.86	Jun 17

Regan Smith

CLUB: Riptide (RIPT-MN) AGE: 17 DOB: Feb 9, 2002 HEIGHT: 5' 7 1/2" (171.5 cm) HOMETOWN: Lakeville, Minn. COACHED BY: Mike Parratto

Career Highlights:

Bronze medalist in the 200m back at 2018 Pan Pacs ... Tied for first in the 200m back and was third in the 100m back and 200m fly at 2018 Phillips 66 Nationals ... Gold medalist in the 100m and 200m back at the 2017 FINA World Junior Championships ... Placed eighth in the 200m back at the 2017 FINA World Championships ... Runner-up in the 200m back at 2017 Phillips 66 Nationals ... Ranks as the youngest American swimmer to qualify for the FINA World Championships since 2007.

World Champs History:

2017: 8th, 200 BK Pan Pacs History:

2018: Bronze, 200m BK; 4th, 100m BK

Olympic Trials History:

2016: 13th, 100m BK

U.S. Nationals History:

2018: T-1st, 200m BK; 3rd, 200m FL; 3rd, 100m BK ... 2017: 2nd, 200m BK

RECORDS:

Holds NAG (17-18) in 100y BK, set at 2019 NC Speedo ESSZ Spring SC ... Holds NAG (17-18) in 200y BK, set at 2019 NC Speedo ESSZ Spring SC ... Holds NAG (15-16) in 200y FL, set at 2018 West Speedo Winter Junior ... Holds NAG (15-16) in 100y BK, set at 2018 West Speedo Winter Junior ... Holds NAG (15-16) in 100m BK, set at 2018 Summer Nationals ... Former NAG (15-16) holder in 100y BK, set at 2018 LE Speedo Sectionals ... Holds NAG (15-16) in 200y BK (Prelim), set at 2018 LE Speedo Sectionals ... Former NAG (15-16) holder in 200y BK, set at 2018 LE Speedo Sectionals ... Former NAG (15-16) holder in 200y BK, set at 2018 LE Speedo Sectionals ... Former NAG (15-16) holder in 2007 College Challange

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Lakeville North '20

MEDALS

2018 Pan Pacific Championships 2018: Bronze, 200m BK

2017 World JR Champs

2017: Gold, 100m BK (NAG (15-16)); Gold, 200m BK; Silver, 400m MED-R Mixed; Silver, 400m MED-R

TOP TIMES		
<u>Event</u>	<u>Best</u>	<u>Year</u>
100m BK	58.45	Jun 19
200m BK	2:06.43	Jul 18
200m FL	2:07.42	Jul 18

Grant Shoults



CLUB: Alto Swim Club (ALTO-CA)

AGE: 22 DOB: Jun 6, 1997 HEIGHT: 6' 0" (182.9 cm) WEIGHT: 186 lbs (84.4 kg) HOMETOWN: Laguna Hills, CA BIRTHPLACE: Long Beach, CA COACHED BY: Ted Knapp

TOP TIMES

<u>Event</u>	<u>Best</u>	<u>Year</u>
400m FR	3:46.90	Jul 18
800m FR	7:53.83	Aug 17

Career Highlights:

Placed fourth in the 400m free at 2018 Pan Pacs ... Runner-up in the 400m free at 2018 Phillips 66 Nationals ... Bronze medalist in the 400m free at the 2017 World University Games.

OW Worlds History: 2018: 4th, 400m FR WUGs History: 2017: Bronze, 400m FR; 4th, 800m FR Olympic Trials History: 2016: 7th 400 Fr, 15th 1500 Fr U.S. Nationals History: 2018: 2nd, 400m FR ... 2017: 4th, 400m FR; 5th 800m FR NCAA History: 2018: 4th, 500y FR ... 2017: 4th, 500y FR; 8th, 1650y FR ADDITIONAL HONORS: National Teams: Member of the 2018-19 National Team

PERSONAL: High School: Santa Margarita Catholic High School '16 College: Stanford University, anticipated graduation 2020 Future Professional Aspirations: Orthopedic Surgeon Job Outside of Swimming: Intern at Vasper Systems at NASA's Ames Research Center Parents: Scott and Susan. Father went to University of Southern California and is an Executive Avaya. Mother wen to University of California, San Diego and is a Homemaker. Sibling(s): Jaquelyn "Jax" Shoults, age 21, Senior Captain of UCLA swim team. Started Swimming: 4 years old, 2001 because he had a lot of energy as a kid, so parents put him in a summer league Sports Played Before Swimming: Baseball, soccer, karate, gymnastics, basketball, flag football and lacrosse Pet(s): A dog named Bella that is an Aussie Shepard that he's had for 9 years and two cats named Jet and Lucy that are Ragdolls that he has had for 12 years Hobbies Outside the Pool: Surfing, golfing Charities: NEGU Foundation (on the Jr. Board of Directors), Shea Therapeutic Riding Center... friend created the NEGU Foundation before she passed.

Training Stats: Swims 6,000-13,000 meters/yards per day for 2-4 hours a day, 1-3 workouts per day for 6 days a week... Favorite set: Grant Hackett Set

Injuries: Had a bike accident in 2016, elbow surgery in 2012

More: Has a black belt and was born with 12 fingers

Favorites: Favorite Sports Teams/Athletes: Los Angeles Angels of Anaheim, Los Angeles Lakers, Albert Pujols, Kobe Bryant, Klay Thompson, Skip Schumaker ... Favorite Sports Moment: 2008 Men's 4x100 Relay

Olivia Smoliga

CLUB: Athens Bulldog Swim Club (ABSC-GA) AGE: 24 DOB: Oct 12, 1994 HEIGHT: 6' 2" (188.0 cm) HOMETOWN: Glenview, Ill. RESIDENCE: Athens, Ga. COACHED BY: Brian Smith

Career Highlights:

Won eight gold medals at the 2018 FINA World Championships (25m), including wins in the 50m and 100m back ... Earned gold as a member of the 400m free relay and finished fourth in the 100m back at the 2017 FINA World Championships ... Placed second in the 100m back at 2017 Phillips 66 Nationals ... Runner-up in the 100y back, 50y and 100y free at the 2017 NCAA Championships ... Earned gold as a member of the 400m medley relay and finished sixth in the 100m back at the 2016 Olympic Games ... Finished first in the 100m backstoke at 2016 U.S. Olympic Team Trials to qualify for his first Olympic Team .. Silver medalist in the 100m back at the 2012 Olympic Trials ... Took home three medals at 2012 FINA Short Course Championships - wong old in 100m back, won silver in 50m back and won bronze in 400m medley relay ... Gold medalist in the 100m back and silver medalist in the 50m free at 2012 Junior Pan Pacs.

Olympics History:

2016: Gold, 400m MR (pr); 6th, 100m BK

World Champs History:

2017: Gold, 400m FR-R (pre); 4th, 100m BK Pan Pacs History:

2018: 9th, 100m BK; 11th, 200m BK

Pan Ams History:

2015: Silver, 100m BK

SC Worlds History:

2018: Gold, 50m BK; Gold, 100m BK; Gold, 400m FR-R; Gold, 400m MR; Gold, 200m FR-R; Gold, 200m MR; Gold, Mixed, 200m FR-R; Gold, Mixed, 200m MR

Duel in the Pool History:

2013: 3rd, 100m FR; 2nd, 400m M-R; 2nd, 100m BK; 4th, 50m FR; 2nd, 400m FR-R **Olympic Trials History:**

2016: 1st, 100m BK; 4th, 50 FR; 10th, 100m FR ... 2012: 4th, 100m BK; 23rd, 50m FR U.S. Nationals History:

2018: 1st, 50m, BK; 2nd, 100m BK; 5th, 200m BK ... 2017: 2nd, 100m BK; 5th, 100m FR NCAA History:

2017: 2nd, 50y FR; 2nd, 100y BK; 2nd, 100y FR ... 2016: 1st, 50y FR; 1st, 100y FR ... 2015: 5th (t), 100y BK; 8th, 50y FR ... 2014: 1st, 50y FR; 9th, 100y FR

RECORDS:

Holds WR in 200m MED-R (SCM), set at 2018 SCM World Champs

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Glenbrook South H.S. '12 College: Georgia '17 College Major: Exercise and Sport Science Parents: Tom and Elizabeth Smoliga

FAST FACTS

One-Time Olympian (2016)

One World Champs LCM medal (1g)

One Olympic Games medal (1g)

MEDALS

2018 SCM World Champs

2018: Gold, 100m BK (SCM); Gold, 50m BK (SCM); Gold, 400m FR-R (SCM); Gold, 200m FR-R (SCM) Mixed (pr); Gold, 200m MED-R (SCM) (WR); Gold, 200m MED-R (SCM) Mixed; Gold, 400m MED-R (SCM); Gold, 200m FR-R (SCM) (pr)

2017 World Championships

2017: Gold, 400m FR-R (pr); Gold, 400m MED-R (pr)

2016 Olympic Games

2016: Gold, 400m MED-R (pr)

2015 Pan American Games

2015: Silver, 100m BK

2012 SCM World Champs

2012: Gold, 100m BK (SCM); Silver, 50m BK (SCM); Bronze, 400m MED-R (SCM); Bronze, 400m MED-R (SCM)

2012 Jr Pan Pacific

2012: Gold, 100m BK; Silver, 50m FR

Event 50m BK (SCM)	<u>Best</u> 25.85	<u>Year</u> Dec 18
100m BK (SCM)	55.47	Dec 18 Dec 18
50m BK	27.43	Apr 18
100m BK	58.73	Apr 19
200m BK	2:08.58	Jul 18

Erica Sullivan



CLUB: Sandpipers Of Nevada (SAND-NV)

AGE: 18 DOB: Aug 9, 2000 HEIGHT: 5' 7" (170.2 cm) HOMETOWN: Las Vegas, Nev. COACHED BY: Ron Aitken

Career Highlights:

Earned top-5 finishes in the 5k and 10k at the 2019 Open Water Nationals ... Took second in the 1500m free and third in the 800m free at 2018 Winter Nationals ... Ranked as the No. 3 American in the 800m free and No. 4 American in the open water 10K at 2018 Pan Pacs .. Finished third in the 1500m free at 2018 Phillips 66 Nationals ... Champion in the 5K and took third in tihe 10K at 2018 Open Water Nationals ... Won national junior title in the open water 5K in 2017 ... Placed second in the 1650y free and third in the 500y free at 2017 Winter Nationals ... Was fourth in the 1500m free and eighth in the 800m free at teh 2017 FINA World Junior Championships.

Olympic Trials History: 2016: 12th, 800m FR

U.S. Nationals History:

2018 Winter: 2nd, 1500m FR; 3rd, 800m FR; 5th, 400m FR ... 2018: 3rd, 1500m FR; 5th, 800m FR

OW U.S. Nationals History: 2019: 4th, 10k; 5th, 5k ... 2018: 1st, 5K; 3rd, 10K

PERSONAL:

High School: Palo Verde High School '18 College: University of Southern California - anticipated graduation 2023 Future Professional Aspirations: Film Production Parents: John and Masako. Father is an Electrical Engineer and swam for University of Wisconsin. Mother is a College Teacher. Sibling(s): Nina Sullivan, age 13 Started Swimming: Age 6, 2006 Sports Played Before Swimming: Gymnastics, cheerleading, dance Hobbies Outside the Pool: Filming music videos, obsessing over Fifth Harmony, Maia Mitchell or Lily Collins Ultimate Way to Relax: Watching Glee on Netflix Training Stats: Swims 8,000 meters/yards a day, 4.5 hours a day, 2 workouts a day for 6 days of the week ... Favorite set: 6x100 build on 1:30 then 400 free for time (3-5 times through)

MEDALS

2016 Jr Pan Pacific Swimming Championships 2016: Bronze, 1500m FR

Event	<u>Best</u>	Year	
800m FR	8:26.15	Jun 19	
1500m FR	15:55.25	Jun 19	

Micah Sumrall



CLUB: Chattahoochee Gold Swim Club (GOLD-GA) AGE: 28 DOB: Jul 20, 1990 HEIGHT: 6' 0" (182.9 cm) HOMETOWN: Pflugerville, Texas RESIDENCE: Charlotte, N.C. BIRTHPLACE: Las Cruces, N.M. COACHED BY: Mark Schilling

Career Highlights:

Took first in the 100m breast and third in the 200m breast at 2018 Winter Nationals ... 2018 Pan Pacs gold medalist in the 200m breast ... Champion in the 200m breast at 2018 Phillips 66 Nationals ... Won silver in the 200m breast at the 2015 FINA World Championships ... Won the 200y breast and was third in the 100y breast at 2014 AT&T Winter Nationals ... Finished first in the 200m breast and tied for the win in the 100m breast at 2014 Phillips 66 Nationals to earn a spot on the Pan Pacs roster ... Placed second in the 200y breast and fourth in the 100y breast at 2013 AT&T Winter Nationals ... Bronze medalist in the 200m breast at the 2013 FINA World Championships ... Qualified for the 2013 FINA World Championships with a second-place finish in the 200m breast at Phillips 66 Nationals ... Qualified for the 2012 Olympic Team by finishing second in the 200m breast at Trials ... Placed sixth in the 100m breast and seventh in the 50m breast at the 2011 World University Games ... Won the 200m breast and finished fifth in the 100m breast at the 2011 ConocoPhillips National Championships ... At the 2010 ConocoPhillips National Championships, she earned a spot on the PanPacific Championship team with a third-place finish in the 100m breast ... Micah was a member of the 2007 Junior PanPac team, where she earned bronze in the 200m breast ... Took home bronze from the 2006 Speedo Junior Nationals in the 200m breast.

Olympics History:

2012: 6th, 200m BR

World Champs History:

2015: Silver, 200m BR ... 2013: Bronze, 200m BR

Pan Pacs History:

Gold, 200m BR; 5th, 100m BR ... 2014: 9th, 100m BR; 5th, 200m BR

Duel in the Pool History:

2013: 1st, 200m BR; 2nd 100m BR

Olympic Trials History:

2016: 4th 200m BR; 15th, 100m BR ... 2012: 2nd, 200m BR; 7th, 100m BR ... 2008: 14th, 200m BR; 36th, 100m BR

U.S. Nationals History:

2018 Winter: 1st, 100m BR; 3rd, 200m BR ... 2018: 1st, 200m BR ... 2014: 1st, 200m BR; 1st (tie), 100m BR; 3rd (tie), 50m BR ... 2013: 2nd, 200m BR; 3rd, 100m BR

Short Course National Championships:

2014: 1st, 200y BR; 3rd, 100y BR

Briefly:

1x Olympian, 2x World Champ member for USA

Briefly: Swam at Auburn University. Her senior year was 2013

PERSONAL:

High School: Pflugerville HS '08 College: Auburn University/Queens University College Major: Graphic Design Future Professional Aspirations: Tattoo artist, magazine designer Job Outside of Swimming: Lifeguard Parents: Scott and Caroline ... father is a computer engineer and played soccer at New Mexico State ... mother ran track and field at Boston University and New Mexico State Sibling(s): Two older sisters, Sarah (triathlete at New Mexico State) and Alannah (swimmer and New Mexico State grad) ... one younger sister, Debbi (swimmer at Northern Michigan) Started Swimming: Age 8 ... "My oldest sister, Sarah, hurt her knee and my parents got the idea that swimming would be helpful, and thus the journey began ... ' Sports Played Before Swimming: Soccer Pet(s): One cat (Atticus) Hobbies Outside the Pool: Baking, drawing, eating, video games Ultimate Way to Relax: Playing video games Most Influential Person: Sister Alannah ... "I basically live for her approval (it's sad, I know, but she's really cool) '

Training Stats: Swims 4 hours a day, 6 days a week

FAST FACTS

One-time Olympian (2012)

MEDALS

2018 Pan Pacific Championships 2018: Gold, 200m BR

2015 World Champs

2015: Silver, 200m BR

2013 World Champs

2013: Bronze, 200m BR

2007 Jr Pan Pacific Champs 2007: Bronze, 200m BR

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Event	<u>Best</u>	Year
100m BR	1:06.34	Jul 18
200m BR	2:21.74	Jul 13

Transa Ashley Twichell

CLUB: TAC Titans (TAC-NC) AGE: 30 DOB: Jun 16, 1989 HEIGHT: 5' 9" (175.3 cm) HOMETOWN: Fayetteville, N.Y. RESIDENCE: Apex, N.C. COACHED BY: John Payne / Bill Rose

Career Highlights:

Gold medalist in the 5k, silver medalist in the 10k at 2019 Open Water Nationals ... Won the 1500m free, was second in the 800m free and tied for third in the 400m free at 2018 Winter Nationals ... Placed fourth in the 10K at 2018 Pan Pacs and also ranked among the top 10 in the 800m and 1500m free ... Won third consecutive 10K title at 2018 Open Water Nationals ... 1500m free champion at 2018 Phillips 66 Nationals ... Gold medalist in the 5K, silver medalist in the 5K Team Relay and 10th in the 10K at the 2017 FINA World Championships ... Champion in the 10K and fourth-place finisher at 2017 Open Water Nationals ... Silver medalist in the 800m free at the 2016 FINA World Championships (25m) ... Finalist in the 800m free at the 2016 U.S. Olympic Trials ... Champion in the 10K and was eighth in the 5K at 2016 Open Water Nationals ... Placed sixth in the 5K and ninth in the 25K at the 2015 FINA World Championships ... Took third in the 10K and second in the 5K at 2015 Open Water Nationals ... Won gold in the open water 10K at the 2013 World University Games ... Swept the 5K and 10K titles at 2012 Open Water Nationals ... Won gold in the 5kKTeam Pursuit and bronze in the 5K at the 2011 FINA World Championships ... Finished third in the 800m free at the 2011 ConocoPhillips National Championships ... Won the 5K and placed third in the 10K at the 2011 USA Swimming Open Water National Championships.

World Champs History:

2017: Gold, 5K; Silver, 5K Team-R; 10th, 10K ... 2015: 5th, 5K Team-R; 6th, 5K; 9th, 25K ... 2011: Gold, 5K Team-R; Bronze, 5K

Pan Pacs History:

2018: 4th, 10K

WUGs History:

2013: Gold, 10k OW SC Worlds History:

2016: Silver, 800m FR

Olympic Trials History:

2016: 5th 800 Fr, 11th 400 Fr ... 2012: 10th, 800m FR; 18th, 400m FR

U.S. Nationals History:

2018 Winter: 1st, 1500m FR; 2nd, 800m FR; 3rd (tie), 400m FR ... 2018: 1st, 1500m FR; 8th, 800m FR

OW U.S. Nationals History:

2019: 1st, 5k; 2nd, 10k ... 2018: 1st, 10K ... 2017: 1st, 10K; 4th, 5K ... 2016: 1st, 10K; 8th, 5K ... 2015: 3rd, 10K; 2nd, 5K ... 2014: 6th, 10K ... 2013: 5th, 10K; 7th, 10K ... 2012: 1st, 10K; 1st, 5K ... 2011: 3rd, 10K; 1st, 5K ... 2010: 9th, 5K

NCAA History:

2011: 5th, 1650y FR ... 2008 (Fr): 16th, 1650y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

PERSONAL:

High School: Fayetteville-Manlius High School '07 College: Duke '11 Parents: Terry and Deirdre Sibling(s): Has two brothers, Brandon and Ryan, and one sister, Carly

FAST FACTS

Four OW World Championships Medals (2g, 1s, 1b)

MEDALS

2016 SCM World Champs

2016: Silver, 800m FR (SCM)

2011 Pan American Games

2011: Silver, 800m FR

Event	<u>Best</u>	Year
800m FR	8:25.31	Aug 16
1500m FR	15:55.68	Jul 18



Jordan Wilimovsky

CLUB: Team Santa Monica (TSM-CA)

AGE: 25 DOB: Apr 22, 1994 HEIGHT: 5' 10" (177.8 cm) WEIGHT: 150 lbs (68.0 kg) HOMETOWN: Malibu, Calif. BIRTHPLACE: Malibu, Calif. COACHED BY: Dave Kelsheimer

Career Highlights:

Silver medalist in the 10k at 2019 Open Water Nationals ... Swept the 400m, 800m and 1500m free titles at 2018 Winter Nationals ... 2018 Pan Pacs champion in the open water 10K and 1500m free and took silver in the 800m free ... Earned 2018 Pan Pacs roster spots in pool and open water with titles in the 10K and 1500m free ... Silver medalist in the 10K and 5K Team Relay at the 2017 FINA World Championships ... Champion in the 10K at 2017 Open Water Championships ... Placed fourth in the 1500m free and fifth in the open water 10K at the 2016 Olympic Games ... First American to qualify for the pool and open water competitions at the same Olympic Games ... Finished second in the 1500m free at 2016 U.S. Olympic Team Trials ... Captured gold in the 10K at the 2015 FINA World Championships to earn a spot on the 2016 U.S. Olympic Team in the event ... Won the 10K at the 2015 Open Water National Championships to qualify for the 2015 FINA World Championships ... Earned a silver medal in the 10K at 2014 Open Water Nationals to qualify for the 2014 Pan Pacific Championships . Was third in the 1500m free at 2014 Phillips 66 Nationals ... Finished 2nd in the 5K at the 2014 Open Water National Championships ... Finished 14th in the open water 25K at the 2013 FINA World Championships ... Qualified for the 2013 FINA World Championships with at fourth-place finish in the 10K at 2013 Open Water Nationals, where he was also fourth in the 5K ... Placed second in the 5K at 2012 Open Water Nationals ... Won the 1500m free at 2012 Junior Nationals ... Earned silver in the 7.5K at the 2012 FINA World Junior Open Water Championships

Olympics History:

2016: 4th, 1500m FR; 5th, 10K

OW Worlds History:

2017: Silver, 10K; Silver, 5K Team-R ... 2015: Gold, 10K; 5th, 5K Team-R ... 2013: 14th, 25K Pan Pacs History:

2018: Gold, 10K; Gold, 1500m FR; Silver, 800m FR ... 2014: 7th, 1500m FR; 16th, 10k Open Water

Olympic Trials History:

2016: 2nd, 1500m FR ... 2012: 17th, 1500m FR

U.S. Nationals History:

2018 Winter: 1st, 800m FR; 1st, 400m FR; 1st, 1500m FR \dots 2018: 1st, 1500m FR; 2nd, 800m FR

OW U.S. Nationals History:

2019: 2nd, 10k ... 2018: 1st, 10K ... 2017: 1st, 10K ... 2015: 1st, 10K ... 2014: 2nd, 10K; 2nd, 5K ... 2013: 4th, 10K; 4th, 5K ... 2012: 2nd, 5K; 9th, 10K ... 2011: 7th, 5K

NCAA History:

2017: 4th, 1650y FR ... 2015: 3rd, 1650y FR ... 2014: 4th, 1650y FR ,,, 2013: 24th, 1650y FR; 48th, 500y FR

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team in pool and open water events

PERSONAL:

High School: Malibu H.S. '12 College: Northwestern University '17 College Major: Political Science Future Professional Aspirations: Business School Parents: Rolf and Wendy ... Rolf is in computer networking and Wendy is a director of French Language School Sibling(s): Has a younger brother, Alec, who is a resident triathlete at the U.S. Olympic Training Center Started Swimming: At age 9 ... because "the summer camp I wanted to do required you go 1:50 in the 100 yard free and I couldn't make the cut." Sports Played Before Swimming: Surfing, water polo Pet(s): Has a pet dog (Hurley) Hobbies Outside the Pool: Reading, going to the beach, surfing Training Stats: Swims 16,000 meters/yards a day ... 4.5 hours a day ... 2 workouts a day, 6 days a week

FAST FACTS

One-Time Olympian (2016)

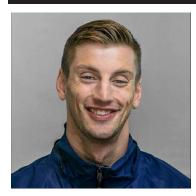
Three OW World Championships Medal (1g, 2s)

MEDALS

2018 Pan Pacific Championships

2018: Gold, 1500m FR; Silver, 800m FR

<u>Event</u>	Best	<u>Year</u>
800m FR	7:45.19	Aug 18
1500m FR	14:45.03	Aug 16



Andrew Wilson

CLUB: Athens Bulldog Swim Club (ABSC-GA)

AGE: 25 DOB: Sep 16, 1993 HEIGHT: 6' 0" (182.9 cm) WEIGHT: 175 lbs (79.4 kg) HOMETOWN: Bethesda, Md. RESIDENCE: Austin, Texas COACHED BY: Harvey Humphries / Jack Bauerle

Career Highlights:

Earned gold in the 400m medley relay and silver in the 200m medley relay at the 2018 FINA World Championships (25m) ... Won gold as a member of the 400m medley relay at 2018 Pan Pacs ... Runner-up in the 100m and 200m breast at 2018 Phillips 66 Nationals ... Gold medalist in the 100m and 200m breast at the 2017 World University Games ... Won the 100m breast at was third in the 200m breast at 2015 Phillips 66 Nationals ... 2015 NCAA Division III champion in the 100y and 200y breast at Emory University.

WUGs History:

2017: Gold (tie), 100m BR; Gold, 200m BR; 4th, 50m BR

SC Worlds History:

2018: Gold, 400m MR; Silver, 200m MR; 8th, 100m BR

Olympic Trials History:

2016: 4th, 200m BR; 5th, 100m BR

U.S. Nationals History:

2018: 2nd, 100m BR; 2nd, 200m BR ... 2017: 4th, 200m BR; 2nd, 50m BR; 4th, 100m BR ... 2015: 3rd, 200m BR; 1st, 100m BR

NCAA History:

NCAA Division III national record holder in the 100/200y breaststroke at Emory.

RECORDS:

Holds AR in 400m MED-R (SCM), set at 2018 SCM World Champs

ADDITIONAL HONORS:

National Teams: Member of the 2018-19 National Team

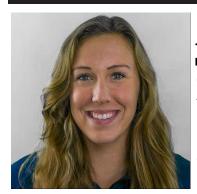
MEDALS

2018 Pan Pacific Championships 2018: Gold, 400m MED-R

2018 SCM World Champs

2018: Gold, 400m MED-R (SCM) (AR); Silver, 200m MED-R (SCM) (pr)

Event	<u>Best</u>	Year
50m BR (SCM)	26.58	Dec 18
100m BR (SCM)	56.92	Dec 18
200m BR (SCM)	2:04.02	Dec 18
100m BR	59.19	Mar 18
200m BR	2:08.37	Aug 17



Abbey Weitzeil

CLUB: California Aquatics (CAL-CA) AGE: 22 DOB: Dec 3, 1996 HEIGHT: 5' 10" (177.8 cm) HOMETOWN: Saugus, Calif. RESIDENCE: Berkeley, Calif. COACHED BY: Teri McKeever

Career Highlights:

Finished second in the 50m free and fourth in the 100m free at 2018 Phillips 66 Nationals ... Placed 15th in the 50m free at the 2017 FINA World Championships ... Runner-up in the 50m free at 2017 Phillips 66 Nationals ... At the 2016 Olympic Games won gold in the 400m medley relay, silver in the 400m free relay and was seventh in the 100m free ... Finished first in the 50m and 100m freestyle at 2016 Olympic Trials to earn her first Olympic Games berth ... Won bronze as part of the 400m free relay at the 2015 FINA World Championships ... Won gold in the 400m free relay and silver in the 100m free at the 2015 World University Games ... Set a then-American record in the 100y free leading off the 400y free relay at 2014 Speedo Winter Junior Nationals ... Won silver in the 200m free relay and 400m free relay at the 2014 FINA Short Course World Championships ... Also won gold and set a world record in the 200m mixed free relay at the event ... Took silver as part of the 400m free relay team at 2014 Pan Pacs ... Finished fourth in the 100m free at 2014 Phillips 66 Nationals to earn a spot on the Pan Pacs roster ... Won silver in the mixed 400m free relay and bronze in the 400m free relay at the 2013 FINA World Junior Championships in Dubai

Olympics History:

2016: Gold, 400m MR (pr); Silver, 400m FR-R; 12th, 50m FR; 7th, 100m FR

World Champs History: 2017: 15th, 50m FR ... 2015: Bronze, 400m FR-R

Pan Pacs History:

2018: 5th, 50m FR ... 2014: 10th, 100m FR; Silver, 400m FR-R

WUGs History:

2015: Gold, 400m FR-R; Silver, 100m FR, 5th 50 Fr

SC Worlds History:

2014: Gold, 200m mixed FR-R; Silver, 200m FR-R; Silver, 400m FR-R

Olympic Trials History:

2016: 1st, 100m FR; 1st, 50m FR

U.S. Nationals History:

2017: 2nd, 50m FR

NCAA History:

2019: 1st 50 Fr, 4th 100 Fr, 4th 200 Fr ... 2018: 3rd, 100y FR; 4th, 50y FR ... 2017: 5th, 50y FR; 8th, 100y FR

RECORDS:

Holds AR in 200y FR-R, set at 2018 PAC-12 WOMEN'S SWIMMING & ... Former AR holder in 100y FR, set at 2014 Speedo Winter Junior Cham ... Holds USO in 200y FR-R, set at 2017 NCAA DI Womens ... Former USO holder in 100y FR, set at 2014 Speedo Winter Junior Cham

ADDITIONAL HONORS:

National Teams: Member of the 201-19 National Team

PERSONAL:

High School: Saugus H.S. '15 College: California '19 College Major: Public Health Parents: Konrad and Michelle Weitzeil

FAST FACTS

One-Time Olympian (2016)

Two World Champs LCM medals (1g, 1b)

Two Olympic Games medals (1g, 1s)

MEDALS

2016 Olympic Games

2016: Gold, 400m MED-R (pr); Silver, 400m FR-R

2015 World Champs

2015: Gold, 400m FR-R Mixed (pr); Bronze, 400m FR-R (pr)

2014 SCM World Champs

2014: Gold, 200m FR-R (SCM) Mixed

2014 Pan Pacific Championships

2014: Silver, 400m FR-R

2014 SCM World Champs

2014: Silver, 200m FR-R (SCM); Silver, 400m FR-R (SCM)

<u>Event</u>	<u>Best</u>	Year
50m FR	24.28	Jul 16
100m FR	53.28	Jul 16

Justin Wright

CLUB: Tucson Ford Dealers Aquatics (FORD-

AZ) AGE: 23 DOB: Jun 3, 1996 HEIGHT: 5' 7" (170.2 cm) WEIGHT: 155 lbs (70.3 kg) HOMETOWN: Fresno, Calif. RESIDENCE: Tucson, Ariz. BIRTHPLACE: Boston, Mass. COACHED BY: Augie Busch

MEDALS

2012 Jr Pan Pacific 2012: Bronze, 200m FL

TOP TIMES

Event	<u>Best</u>	<u>Year</u>
200m FL (SCM)	1:59.07	Nov 13
100m FL	53.82	Jun 19
200m FL	1:54.63	Jul 18

Career Highlights:

Won first career national title in the 200m fly at 2018 Phillips 66 National Championships to earn a spot on the Pan Pacs roster ... Member of the 2017 World University Games team ... Collegiate All-American at Arizona.

WUGs History: 2017: 6th, 200m FL

SC Worlds History: 2018: 10th, 200m FL Olympic Trials History:

2016: 9th, 200m FL ... 2012: 23rd, 200m FL

U.S. Nationals History: 2018: 1st, 200m FL ... 2017: 5th, 200m FL NCAA History:

2018: 5th, 200y FL ... 2017: 7th, 200y FL

ADDITIONAL HONORS:

International: Member of the 2018-19 National Team

PERSONAL:

High School: Clovis West '14 College: Arizona '18 Parents: Dowain and Trish Wright Sibling(s): Older brother, Cary