

How to Present Swimclusion

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This document provides guidance on how to effectively present the workshop in your community. These directions are also highlighted in the slides' speaker notes. **Please make a copy of the presentation before editing or presenting it.**

Step 1: Make a Copy of the Presentation

1. Click **File** → **Make a Copy** → **Entire Presentation** to create your own version.
2. Delete the instructional slide in your copy.

Step 2: Prepare Your Personalization

Most slides include speaker notes to guide you. However, there are opportunities to personalize the presentation:

- **Introduction Slide:**
 - Insert your own photo and write a short personal introduction.
 - Discuss:
 - Your journey in swimming and what brought you to this work.
 - The challenges Black youth face in accessing swimming opportunities, include being the most underrepresented group in the sport and having the highest drowning rates.
 - The workshop's purpose: to educate and empower participants to drive change.

Step 3: Set Expectations for the Workshop

- Encourage respectful conversations.
 - Acknowledge the possibility of triggering content; participants can step out if needed.
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Workshop Pathways: Choose and Adjust Slides

Towards the end, there will be time to brainstorm ideas to push swimming to be more inclusive. You'll guide the group through one of two brainstorming pathways. Hide the slides that are not relevant by clicking **Slide** → **Skip Slide** in your copy.

Pathway One: Identifying Barriers and Generating Ideas

(Slides 15–17)

1. Use Slide 15 to spark ideas and help participants consider barriers to swim access.
2. Refer to Slide 16 for brainstorming prompts.
3. Ask participants to share their observations and challenges they've witnessed in swim access.
4. Encourage participants to propose ideas for overcoming these challenges (no idea is too big).

Pathway Two: Addressing Exclusionary Practices

(Slides 18–19)

1. Use Slide 18 to pose the question: “What practices in swimming have been exclusionary, and how can we change them?”
 2. Capture participants' answers on Slide 19.
 3. Work together to develop solutions for combating exclusionary practices and encouraging inclusivity.
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Step 4: Group Sharing

In either pathway, conclude the brainstorming session by having groups share their ideas with everyone.

Step 5: Wrap-Up and Call to Action

- Return to the timeline slide to emphasize the audience's role in creating change.
- Add a new date to the timeline reflecting their commitment (e.g., parents, coaches, and swimmers taking actionable steps).

By following these steps, you'll foster meaningful discussions and inspire actionable ideas to make swimming more accessible and inclusive.