



OLYMPIC PARALYMPIC TRAINING CENTER EXPERIENCE

USA Swimming, in association with the United States Olympic Paralympic Training Center in Colorado Springs, Colorado, offers USA Swimming Clubs a unique experience.

Attendance Eligibility

- ◆ Athletes must be a minimum of 12 years old. A ratio of one staff member for every ten athletes is required.
- ◆ Anyone attending a training program at the OPTC, to include athletes, coaches, managers, and chaperones, etc., **must be current USA Swimming members.** Membership status of all participants, in any program at the OPTC, will be verified by USA Swimming staff prior to the start of the program.
- ◆ Everyone attending 18 and over must also have a valid background screen
- ◆ Please indicate if any international participants in your group.

Transportation

- ◆ Transportation to and from Colorado Springs is the responsibility of the team or group. Upon arrival in Colorado Springs, the OPTC will provide scheduled transportation between the airport and the OTC from 4:30am-10:30pm.
- ◆ Transportation from Denver International Airport is the responsibility of the team or group, as the OPTC Transportation Service does not extend outside the Colorado Springs area.

Program Costs

- **Room and Board Fees**

There is a \$90 per night fee for each domestic athlete/staff/volunteer that attends a training program at the OPTC. All international participants (foreign athletes/staff) that attend training programs at the OPTC will be charged \$125 per night. These fees are subject to change without notice

- **Fines & Penalties**

The Olympic Paralympic Training Center reserves the right to charge a fine for cancellation of an approved program (past assigned deadline) or cancelled time reserved in the pool, gym or weight room, less than 24 hours before scheduled time.

All fees are subject to change at the discretion of the Olympic Paralympic Training Center.



OPTC PROGRAM APPLICATION

Email this application to: Jennifer Thomas jthomas@usaswimming.org

Team Name: _____

Contact Person: _____

Street Address: _____

City/State/Zip: _____

Cell Phone: _____

E-mail: _____

PROGRAM PARTICIPANTS

Note: A ratio of one staff member for every ten athletes is required.

of Athletes _____ (# male _____ # female _____)

of Coaches _____ (# male _____ # female _____)

of Staff _____ (# male _____ # female _____)

of Chaperones _____ (# male _____ # female _____)

of Foreign Athletes _____ (# male _____ # female _____)

of Foreign Staff _____ (# male _____ # female _____)

REQUESTED PROGRAM DATES:

Arrival

Month Day Year

Departure

Month Day Year

First Choice: _____

Alternate: _____

POOL/GYM/WEIGHT ROOM/ MEETING ROOMS

Pool: Your staff will perform all coaching in two daily, two-hour sessions based on facility availability. Multiple groups will be training though the day in the facilities. Pool sessions will not exceed 2 hours and is all long course training.



Strength & Conditioning Center: You may also request scheduled time in the Strength & Conditioning Center. Requested time will be scheduled around your pool time and facility availability.

Meeting Rooms: Rooms are available for team meetings and can be scheduled based on availability.

Scheduled training times, in the pool/gym/weight room need to be cancelled with 24 hours notice to OPTC Pool Staff or OPTC Strength & Conditioning Center staff. Cancellations without 24-hour notice will incur a fine (amount to be determined by the OPTC).

ACTUAL TRAINING TIMES WILL BE SCHEDULED BY OTC STAFF BASED ON AVAILABILITY OF FACILITY AND STAFF