

# USA SWIMMING



## Administrative Manual

## *Objectives & Goals*

The mission of the LSC Select Camp program is to provide our members with an exciting camp experience that fosters the love of swimming from the grassroots to the national level.

The objectives of the LSC Select Camp Program are to motivate and educate those swimmers participating in the camp.

Specifically:

- Provide an educational experience for each participating swimmer
- Create unity throughout the LSC
- Increase athlete retention by providing them motivation to continue in the sport
- Provide an opportunity for education, observation, communication and motivation of coaches

## *Theme Camps*

The LSC Select Camps can be any theme of your choosing. Your camp can focus on diversity & inclusion, all-star, backstroke, open water, turns, etc. Please be sure to indicate the theme of your camp on your application.

When creating your schedule, there is a great deal of flexibility in how you plan to execute your camp to fit the individual needs of the athletes selected to attend your camp. USA swimming recommends having a few educational sessions in addition to your in-water sessions. A parent education session could also be a good use of time. If you need additional assistance with programming please contact USA Swimming.

A computer, LCD projector and a screen would be useful for all sessions if a presentation is being provided.

## *Frequently Asked Questions*

What type of facility is needed?

Do you want it to be 25 SCY/SCM or do you want it to be held in a 50 LCM facility? You decide based on the number of athletes and the ability level of the athletes you plan on having. You will need somewhere with space for meetings.

How many swimmers and coaches?

Each camp includes materials for up to 50 swimmers and 6 staff members. However, you can add coaches and swimmers as needed. **Additional supplies may be purchased from USA Swimming for a cost of \$6/additional person.**

How many meeting rooms are needed?

Depending on the size of your group, one or two should be adequate. Make sure the room is large enough for everyone to sit comfortably. Considerations also need to be made for special speakers. If you are going to include parents in any of the talks, meeting space will need to be

available for this group as well. Consider what type of audio/visual equipment you will need (projector, screen, extension cord/power strip, microphones, etc.).

Should we split the group?

Several camps have found it advantageous to split into different groups for both pool sessions and talks. Some have had great success using a station method for large groups. Variables that may lead to your decision include: size of camp, age range of swimmers, ability levels of swimmers, size of staff, and experience level of staff. Do what works best for you.

How should we select our swimmers and coaches?

It is up to your LSC. Some suggestions to consider in selection are ability, age, stroke or geographic area.

Is housing needed, and what type?

Housing is only necessary if you are planning a camp that will cover more than one day. It might be wise even on a one-day camp to get your coaching staff together the night before to review the next day's activities. Some camps utilize housing available at a local college if that is also the site of the camp. Most use a local hotel that might also be available to provide food service and meeting rooms. Some LSCs have great success in finding housing from local teams in the city where the camp is being held. By doing this you can usually reduce the cost to the LSC, or to the swimmers attending the camp.

What costs are involved?

Camp costs are at the expense of the LSC. There are some LSCs that pass part, or all, of the costs on to the swimmers attending the camp. Some items that may be necessary to include in your budget are: postage, copies, pool rental, food, housing, local transportation, additional camp supplies for swimmers and coaches, room rental, etc.

What type of meals and at what cost?

Since nutrition is a topic that we encourage each camp to cover, we hope you plan healthy meals and snacks. The cost of the meals can be greatly reduced by going to local food establishments and getting donations or reduced costs. For a one-day camp you might even suggest that the swimmers bring a sack lunch. Be creative, meals can be a great time for learning. You might even divide your camp up and make them responsible for creating and cooking a healthy meal during the camp.

When should we hold our camp?

Try to pick a time that suits your LSC. Many camps are held in the spring and fall. Sometimes camps are held in conjunction with other LSC events, such as LSC Workshops, Award Banquets, or State Meets. It is a good idea when making your LSC schedule for the year to include your camps as part of that schedule so everyone is aware of the dates well in advance. It is important also to choose a facility that can meet the needs of your camp and is easily accessible to everyone in your LSC.

Can we make additional handouts?

We hope you do! Be creative; make your camp one that everyone will be talking about positively for a long time. If you plan to use any USA Swimming graphics (shield logo, camp logos, etc.) these must be submitted to [kalfano@usaswimming.org](mailto:kalfano@usaswimming.org) in advance of the camp for approval.

Can we hold a camp with another LSC?

Definitely! This is a great way to run your first camp, if you can partner with an LSC that has experience in running camps. Several LSCs have done this with great success. They have done this to build better relations with neighboring LSCs and because neither of the LSCs felt they were large enough to host a camp of their own.

Can we use a coach or coaches from another LSC?

Yes, as this is a great way to get started in running camps. Several LSCs have done this with great success. They have done this for several reasons including bringing in a coach who has experience in the planning and running of a camp or helping in avoiding conflicts with the LSC.

Can we bring in a guest speaker?

Yes, an outside expert could present many topics. Many LSCs have access to athletes or professionals that can utilize these great resources as a wonderful opportunity for those attending the camp.

Can we charge the swimmers?

Yes, oftentimes athletes are asked to cover food and lodging costs. These camps are not designed to be moneymakers for LSCs. There are many creative ways to utilize resources within the LSC to minimize expenses.

How should we schedule the day?

We have provided a sample camp schedule for you to review. Feel free to design your own schedule that will accommodate your needs. Remember to spread your team meetings out and give plenty of time between pool sessions, as too much on the agenda makes for a rushed and hectic day. Be sure to allow for transition time between sessions. It is probably best to 'under' rather than 'over' schedule the day.

Should we offer a parent program with our camp?

Consider offering a session for parents. You could have a coach, nutritionist or sport psychologist talk to the parents.

# LSC Camp Coordinator To Do List

- Have proposed budget ready when your LSC approves the next year's budget. Establish dates of the camps that will not conflict with LSC meets.
- Promote the camp (publish in newsletters, on the website, social media, email or swim meet flyers).
- Apply to USA Swimming to host camp no less than **2 months** in advance (Application can be found here: [2024 LSC Select Camp Application](#) ) **Note:** If your application is received less than 2 months in advance of your camp dates you may not be granted approval.
- Establish and publish athlete selection process.
- Choose Camp Director: Ask someone from the host team to fill this role to secure pool, meeting room, AV needs, meals, snacks, hotel, ground and air transportation (if applicable).
- With Camp Director –
  - Secure Head Coach and coaching staff.
  - Confirm speakers (Try to secure an athlete speaker and any outside experts, i.e. Sports Dietician, Sports Psychologist, college admission specialist, etc.).
- Camp Staff Athlete Protection Screening Process – **Recommended**
  - It is recommended that the camp Staff complete an additional screening process to interact with swimmers for the event. Cost can be ~\$125-\$175 per individual. Screens can take approximately one month to receive results so must be submitted well in advance of the camp.
  - Pre-employment screenings for FRASCO and Social media background check will be authorized electronically. Email [lscselect@usaswimming.org](mailto:lscselect@usaswimming.org) and include the name of the individual, name of the camp and a personal email address (a business email address cannot be used). Use “*LSC Select Camp-LSC Name-Date of Camp*” as the subject line. USA Swimming will bill the LSC upon completion of the screens.
- Supplies –
  - Camp Box from Headquarters
  - Office supplies for camp
  - Any other camp supplies/swag that you need
- Camp wrap-up
  - Send thank you notes to anyone involved in making the camp a reality.
  - Prepare report, summary, or evaluation of the camp to report back to LSC Board.
  - Send out athlete & camp staff evaluation
    1. [ATHLETE EVALUATION](#)
    2. [COACH EVALUATION](#)



For athletes, provide any required paperwork:

- Application form or camp invitation
- Honor Code (sample provided)
- Medical Forms (**required-sample provided**)
- Camp information (day, date, location, packing list, etc)
- Method to RSVP or notification of selection



For Coaches, provide any required paperwork:

- Honor Code
- Camp evaluation form
- Job Description

## *Camp Director's Timeline*

### **Pre-Event**

Pre-camp – organize all the tasks and objectives to be accomplished before the camps begin. This may include paperwork, collection of fees, travel arrangements, speaker arrangements and contracts, working to secure vendors or endorsements, staff coordination, and more.

#### IMMEDIATELY

- Make and manage a “To Do” list
- As soon as your LSC has decided to host a camp, decide what level camp you are going to offer and if there is a theme.
- Set goals and objectives (attainable and measurable).
- Budget.
- Begin recruitment of coaching staff. Or open staff applications.
- If not already determined, figure out when and where the camp will be held.
- Reserve pool, equipment and classrooms – seek on-site assistance. Arrange housing if you are offering that.

#### NINETY (90) DAYS BEFORE CAMP

- Complete application and contract. Application must list coaching staff. LSC Camp Coordinator or Age Group and General Chair must sign the contract.
- Define age groups to be included in the camp and qualifications to apply. Determine selection process.
- Create camp schedule, plan meals and snacks, transportation, if necessary.
- Get organized with a camp binder. Keep all important paperwork in this folder.
- Athlete Eligibility Requirements/Selection Process/Application Forms – must pre-register.
- Develop an agenda (consult camp staff for input).

- Transportation – bus, van(s), etc.
- Meals – on-site, restaurant, catered, etc.
- Plan for some down time in the schedule for recovery.
- Advertise and promote the event. Send an email blast, post on the LSC website, promote through social media to get the word out.

### SIXTY (60) DAYS BEFORE CAMP

- Finalize site, camp schedule, pool rental time, housing, meals, and transportation.
- Promote and publicize camp to swimmers and coaches in the LSC. Send out application forms to prospective swimmers with eligibility and camp information. Set application deadline no later than 30 days before camp.
- Advertise and promote the event. Send an email blast, post on the LSC website, promote through social media in order to get the word out.

### THIRTY (30) DAYS BEFORE CAMP

- Send out acceptance and rejection letters to camp applicants after selection process is completed. Include Code of Conduct Form, Medical Authorization Form, camp schedule, map and any other necessary information to swimmers selected for the camp.
- Send out information packet to staff coaches with a detailed camp schedule, map, camp roster, and other camp information. Assign team-meeting topics to each coach.
- Confirm all arrangements for pool rental, lodging, transportation and meals.
- Determine what additional materials and/or equipment are needed for the camp and secure them (swim equipment, office supplies, swag, AV, etc).
- Confirm, re-confirm and double re-confirm.
- Prepare materials to be handed out at the camp and what you'd like the participants to go home with.

### TEN TO FOURTEEN (10-14) DAYS BEFORE CAMP

- Receive a box of supplies from USA Swimming.

### **During the Event**

During the camp – this is when the Camp Director becomes a taskmaster. Try to be sure you help keep the camp on track. Usually a well-briefed staff will manage to stay with the schedule, but delays will come up and the Camp Director will need to be very flexible.

- Roam – ensure the quality of the event.
- Anticipate problems/troubleshoot logistics.
- Call to triple-confirm evening/afternoon events.
- Thank people. Provide a road map for the next Camp Director. Keep copious notes

## **Post-Event**

Post-camp – after the camp is completed, there are forms to collect, reports to file, and expenses to pay. A detailed list of these in advance will help you stay on track. When the camp ends for everyone else, the Camp Director still has many more tasks to complete.

### IMMEDIATELY AFTER THE CAMP

- Within 14 days of the close of the Camp, LSC send out camp evaluation forms to athletes & camp staff. For evaluation results, please contact USA Swimming at [lscselect@usaswimming.org](mailto:lscselect@usaswimming.org).
  - [ATHLETE EVALUATION](#)
  - [COACH EVALUATION](#)
- Send thank-you letters to home clubs and coaches.
- Send USA Swimming any feedback that would improve the planning & implementation of the camp.
- Plan modifications/improvements for next year or future camps.

## *Camp Materials Supplied by USA Swimming*

### Athletes & Coaches:

Camp T-Shirt

### Prizes for Athletes:

Prizes (may include swim caps, goggles, kickboards, pens, padfolios, pool toys, bags, etc. – depending on what is available)

## *Camp Guidelines for Coaches*

1. I will prioritize the athlete's safety above anything else.
2. I have done everything I can to make this camp a fun and educational experience.
3. I will provide opportunities for skill development during the camp.
4. I will give the athletes time to meet new friends.
5. I will clearly communicate the goals of the camp to the athletes.
6. I will help the athlete become more proficient.
7. I will treat each athlete equally. There are no favorites in the camp.
8. I will strive to learn and improve along with the athletes at the camp.
9. I will work cooperatively with everyone at the camp.
10. I understand the focus of the camp is on education and skill development.

# *Camp Guidelines for Staff*

In order to provide the maximum enjoyment and benefit for each swimmer participating in the LSC Select Camps, each staff member should adhere to the following guidelines.

1. Prioritize the athlete's safety above anything else.
2. Be supportive of each swimmer's needs.
3. Be supportive of the swimmer's home coach and program.
4. Ensure continuous positive reinforcement of each swimmer throughout the camp.
5. Speak to each individual regularly in each session. Pay attention to the swimmers.
6. Refrain from criticism of the swimmer, their home team and home coach.
7. Ensure that each swimmer has fun and looks forward with excitement to returning to his program.
8. DO NOT WEAR HOME TEAM CLOTHING. You represent your LSC and USA Swimming.
9. DO NOT RECRUIT SWIMMERS FOR YOUR TEAM, either directly or indirectly. This is the greatest objection and concern coaches have about sending swimmers to camp. Conduct yourself in such a way that no compromises of coaching and club philosophy can occur.
10. Remember the emphasis of the camp is on education and skill development, not excessive training.

## **Important Scheduling Considerations LSC Select Camp**

In every camp, whether one day or two days schedule time for the following:

- Registration (allow for people who show up a little late).
- Introduction of staff.
- Goal and Purpose of the Camp.
- Logistics and how things will work.
- AM and PM pool sessions. Depending on the age and ability of the swimmers, determine how much time they can handle in the pool. Is training for older swimmers the purpose of your camp? Are you emphasizing skills for younger swimmers? The PM session will be usually be shorter than the AM session and could end with games or relays.
- Classroom time: what are the topics you want to cover? Again, the age and skill levels of the swimmers determine how much time you spend in the classroom and what topics you select.
- Meals and snacks. Swimmers get hungry. Allow for snacks and plenty of fluids.
- Downtime and relaxation. Try to allow some time to just relax or play. This could be a planned activity or just free time, depending on age and ability.
- Camp conclusion: Awards, recognition, thanks to the staff. Allow time to wrap-up the camp.
- Departure. Plan for an organized end and departure.

You should be flexible with your schedule. Changes will almost always occur the day(s) of the camp, so be prepared.

# LSC Select Camp

## List of Forms

### Including SAMPLE Forms

Listed below are the sample forms that are included in this manual. Please remember these are sample forms that can be used as they are or be changed to suit your specific needs. Note that the Medical Authorization is a Release Form not a Hold Harmless Clause.

Any forms with a link listed next to it, **must** be returned electronically. We will not accept paper copies for these items.

#### **ATHLETE FORMS**

- SAMPLE- Camp Application for Athlete
- SAMPLE- Athlete Code of Conduct
- [ATHLETE EVALUATION](#)

#### **COACHES FORMS**

- SAMPLE- Coaches Code of Conduct
- [COACH EVALUATION](#)

#### **ADMINISTRATIVE FORMS**

- [LSC SELECT CAMP APPLICATION](#)
- **MUST BE SUBMITTED 2 months prior to the camp date**
- LSC Select Camp Contract-scan & email to [lscselect@usaswimming.org](mailto:lscselect@usaswimming.org)
- Email athlete camp roster to [lscselect@usaswimming.org](mailto:lscselect@usaswimming.org) in an Excel spreadsheet, including the athlete's first and last name, and USA membership ID numbers.

**MUST BE SUBMITTED ONE WEEK PRIOR TO THE CAMP DATE**

# SAMPLE LSC Select Camp Athlete Code of Conduct Form

The undersigned athlete participating in a LSC Select Camp agrees to abide by the standards of conduct outlined below in addition to those established at the campsite. Any additional guidelines regarding conduct will be presented at the first Team Meeting.

1. Curfews established by the staff will be adhered to each day of the camp.
2. All athletes are required to attend and participate in all team meetings and training sessions, unless excused by the Camp Director or Head Coach.
3. The possession or use of alcohol, tobacco or any non-prescribed drugs is prohibited.
4. All athletes are expected to follow the directions of the coaching staff.
5. Failure to comply with the Code of Conduct may result in, but not necessarily limited to, either or both of the following actions:
  - a. Athlete will not be allowed to participate in some or all team activities.
  - b. Athlete will be sent home from camp.
6. Upon notification of any violation of the Code of Conduct, a Review Committee, consisting of the camp coaching staff, shall promptly investigate the circumstances of the violation, notify the individual(s) charged of a time for the hearing, and shall conduct an informal hearing on the evidence. The Review Committee shall then promptly determine what disciplinary action, if any, shall be taken.

\_\_\_\_\_  
Athlete Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

# SAMPLE LSC Select Camp Medical Authorization Form

Date \_\_\_\_\_ Participant Name \_\_\_\_\_

Camp Site \_\_\_\_\_

I do hereby voluntarily consent to clinic care including routine diagnostic procedures, medical and/or surgical treatment by the physician assigned by USA Swimming or the physician and facility chosen by USA Swimming for the participant.

I am aware that the practice of medicine and surgery is not an exact science and I acknowledge that no guarantee is to be made to me as to the result of the treatments or examinations by these persons or facilities.

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian (if under 18)

\_\_\_\_\_  
Date

**Please include telephone numbers where a relative or guardian can be reached in case of an emergency.**

\_\_\_\_\_  
Emergency Contact #1

\_\_\_\_\_  
Cell Phone

\_\_\_\_\_  
Emergency Contact #2

\_\_\_\_\_  
Cell Phone

\_\_\_\_\_  
Medical Insurance

\_\_\_\_\_  
Policy #

Allergies: Is there a history of skin or other untoward reaction or sickness following injection or oral administration of:

- |     |  |     |    |
|-----|--|-----|----|
| (a) | Penicillin or other antibiotics        | Yes | No |
| (b) | Morphine, Codeine, Demerol (narcotics) | Yes | No |
| (c) | Novocain or other anesthetics          | Yes | No |
| (d) | Aspirin, Emperin, other pain remedies  | Yes | No |
| (e) | Sulfa drugs                            | Yes | No |
| (f) | Tetanus, antitoxin or other serums     | Yes | No |
| (g) | Adhesive Tape                          | Yes | No |

(h)	Iodine or Methiolate	Yes	No
(i)	Any other drug or medication	Yes	No
(j)	Any foods (eggs, milk, chocolate, etc)	Yes	No
(k)	Insect bites, bee stings, other	Yes	No
(l)	Other_____	Yes	No

If yes, please explain.

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Drugs taken recently: within the last six months has the athlete taken –

(a)	Cortisone	Yes	No
(b)	ACTH	Yes	No
(c)	Anticoagulants	Yes	No
(d)	Tranquilizers	Yes	No
(e)	Hypotensives (high blood pressure medicine)	Yes	No

Has the athlete ever received treatment for:

Asthma/Rheumatism, Rheumatic Fever	Yes	No
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Any other physical conditions of which we should be aware:

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# SAMPLE

## LSC Select Camp

### Coach Code of Conduct Form

I, the undersigned staff member, participating in a LSC Select Camp, agree to abide by the standards of conduct outlined below, in addition to those guidelines established by the Camp Director at the campsite. Any additional guidelines regarding conduct will be presented at the first Team Meeting.

1. Staff members are required to attend all team meetings and training sessions, unless excused by the Camp Director.
2. The possession or use of alcohol, tobacco or any non-prescribed drugs is prohibited.
3. Staff members are prohibited from wearing any home team clothing or trying to recruit athletes, either directly or indirectly, for their home club.
4. Failure to comply with this Code of Conduct may result in the following:
  - a. Suspension from working future camps.
  - b. The LSC Review Board shall, within 30 days, determine penalty and length of time according to the Board of Review procedures.

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Signature

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Date

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Name (printed)

# SAMPLE LSC Select Camp Application for Athletes

Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone \_\_\_\_\_

Date of Birth \_\_\_\_\_ USA Swimming Membership # \_\_\_\_\_

Club Name \_\_\_\_\_

Club Coach \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

MEDICAL AND/OR DIETARY CONSIDERATIONS:

\_\_\_\_\_  
\_\_\_\_\_

**Best Events and Times:** (please note if these times are in yards or meters)

<u>Event</u>	<u>Time</u>	<u>Event</u>	<u>Time</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

I attest to the best of my knowledge that these times are correct.

\_\_\_\_\_  
Home Coach \_\_\_\_\_ Date \_\_\_\_\_

Return this application to: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

# LSC Select Camp Contract

THIS AGREEMENT, made this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_, between USA Swimming, Inc., a Colorado nonprofit corporation located at One Olympic Plaza, Colorado Springs, Colorado, 80909 , hereinafter referred to as “USA Swimming”, and the Local Swimming Committee Host, hereinafter referred to as “LSC”, a member of USA Swimming.

## WITNESSETH:

**WHEREAS**, LSC has made request of USA Swimming for the privilege of hosting a USA Swimming LSC Select Camp (“Camp”), on (date) \_\_\_\_\_ at \_\_\_\_\_ Pool, city of \_\_\_\_\_ state of \_\_\_\_\_.

AND

**WHEREAS**, USA Swimming has agreed to award camp to LSC.

**NOW, THEREFORE**, in consideration of the terms and conditions hereinafter set forth, and for other good and valuable consideration, IT IS AGREED as follows:

## AGREEMENT

1. USA Swimming hereby grants to LSC the right to conduct the camp at the place and on the dates recited above. No change in the designated location or date shall be permitted without prior approval of USA Swimming.

## RESPONSIBILITIES OF LSC

2. No later than one week before the camp, LSC will submit the camp roster to USA Swimming at [lscselect@usaswimming.org](mailto:lscselect@usaswimming.org)
3. Within 14 days of the close of the Camp, LSC send out camp evaluation forms to athletes & camp staff.  
**Athlete Eval:** [ATHLETE EVALUATION](#)  
**Staff Eval:** [COACH EVALUATION](#)  
LSC acknowledges the exclusivity of all sponsorship rights required by agreements between USA Swimming and USA Swimming’s national sponsors (list included as Exhibit A).
4. USA Swimming hereby grants to LSC a license to use USA Swimming trade names, logos, insignia, symbols, service marks and trademarks (“Marks”) in connection with all promotion and advertisement of the Camp. No other use of USA Swimming’s Marks is allowed without prior written approval of USA Swimming.
5. Each swimmer attending the Camp shall be a current member of USA Swimming in good standing.
6. LSC shall provide staffing for the designated camp as follows:

0-20 swimmers	3 staff
21-35 swimmers	4 staff
36-50 swimmers	5 staff
51-60 swimmers	6 staff

In each case, there must be at least one male and one female coaching staff member. Every coaching staff member must be a current USA Swimming nonathlete member in good standing.

7. In the event the Camp includes overnight lodging locations, USA Swimming adult members, both athlete and nonathlete, must not share overnight lodging arrangements with minor athletes.
8. LSC shall provide adequate space for team meetings, meals, etc.
9. All expenses of the Camp will be the responsibility of the LSC.
10. LSC will provide or have readily available medical services to tend to any medical problem (whether first aid or emergency).

**PROVIDED BY USA SWIMMING**

11. USA Swimming shall provide a camp t-shirt for up to 6 staff members and 50 athletes. USA Swimming shall also provide a variety of prizes to the LSC to use as giveaways such as swim caps, pens, kickboards, goggles, bags, towels, pool toys, etc. Additional t-shirts may be requested at a cost of \$6 per additional person to the LSC.

**MISCELLANEOUS PROVISIONS**

12. LSC agrees that the Camp will be conducted in accordance with USA Swimming Rules and Regulations as well as the U.S. Center for SafeSport Code.
13. It is agreed by USA Swimming and the LSC that the award of the Camp and this agreement can be cancelled by USA Swimming for violations of the terms of this agreement or violations of the USA Swimming Code of Conduct, upon reasonable notice.
14. LSC agrees to provide adequate supervision of all Camp participants during their entire stay at the Camp location including meals, recreation, pool and housing.
15. LSC is solely responsible for the conduct of the camp including the officials, athletes, coaches and other attendants from the time participants arrive and until participants depart the site of the Camp.
16. Neither party may transfer to assign this Agreement without the prior written consent of the other party.

IN TESTIMONY WHEREOF, the parties have caused this agreement to be executed by their duly authorized officers, the day and year first written above.

LSC

By: \_\_\_\_\_ Date: \_\_\_\_\_  
**General Chair**

By: \_\_\_\_\_ Date: \_\_\_\_\_  
**Assignee (Local Host)**

USA SWIMMING, INC.

By: \_\_\_\_\_ Date: \_\_\_\_\_