



Hello from USA Swimming's Safe Sport Committee Chair

Click the video to hear from Maja Palmroos, current Chair and Athlete Representative of USA Swimming's National Safe Sport Committee.

USA Swimming Safe Sport Question of the Month

Interested in testing your knowledge each month?

Participate in USA Swimming Safe Sport's trivia question of the month by clicking the button! It is only one question, and we will share the results next month.

March question: **What year was the USA Swimming's Safe Sport program created?**

[ANSWER HERE](#)

Have a Safe (Sport) Championship Season

With championship season underway, it is important to prepare your families and facility appropriately.

Here are some tips and resources to keep in mind:

- Make sure families have signed your photography policy if you want to post pictures and videos on social media or your website.
 - Need an example model policy? Head to the [Club Toolkit](#) website --> Policies --> Model Policy: Photography.
 - Tip: Many model policies are also available in Spanish.
- Implement [Meet 360](#) when hosting an event.
 - This guide is intended to assist in creating a safe environment for all who attend.
- Take advantage of [free poster templates](#). Available items include:
 - Locker Room
 - Reporting
 - Massage
 - No Cameras
 - No Deck Changing
- Set up a free educational opportunity for coaches, parents, or athletes attending meets.
 - Tip: Training opportunities can be used towards [Safe Sport Club Recognition](#) approval points if approved by USA Swimming's Safe Sport team ahead of time.
- Review and understand [how, why, and where to report](#) any concerns you might hear or see.

SSRP Spotlight

Thank you to all our clubs approved for [Safe Sport Club Recognition](#) (SSRP) in January!

Throughout the month, 29 clubs were either approved for the first time or renewed their approval status.





2024 Safe Sport Club Recognition Training

For Parents:

- March 12, 8 p.m. ET | [REGISTER](#)
- April 2, 8 p.m. ET | [REGISTER](#)
- May 7, 8 p.m. ET | [REGISTER](#)
- June 11, 8 p.m. ET | [REGISTER](#)

For Athletes:

- March 13, 8 p.m. ET | [REGISTER](#)
- April 3, 8 p.m. ET | [REGISTER](#)
- May 8, 8 p.m. ET | [REGISTER](#)
- June 12, 8 p.m. ET | [REGISTER](#)

Members can also participate in trainings online at their own pace through the Education tab on their USA Swimming account. To learn more, including easy-to-follow steps, visit USA Swimming's Safe Sport training page [here](#).



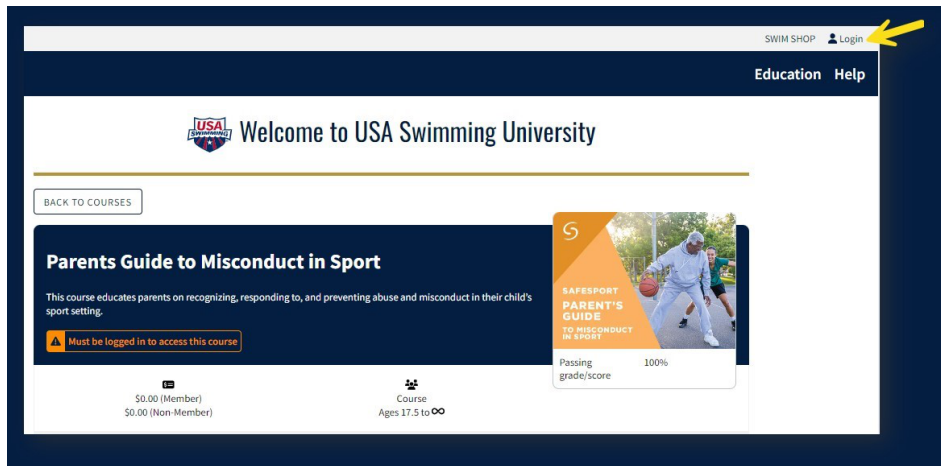
Unable to Attend Live Educational Opportunities?

If the timing doesn't work, that's okay! [Log in](#) to USA Swimming University to start and complete courses at your own pace.

Tip: These courses count towards SSRP approval points. If you click these links, remember to log in to earn

credit for SSRP approval points.

- For parents: [Parents Guide to Misconduct in Sport](#)
- For athletes: [SafeSport for Youth Athletes \(5-12\)](#), [SafeSport for Youth Athletes \(13-17\)](#)



ICYMI - USA Swimming Board Update

Last week USA Swimming announced that Chrissi Rawak would not assume the role of CEO. Shana Ferguson remains in the Interim CEO role. Read more about about the Board's reactivated search process for USA Swimming's next permanent CEO [here](#).

Update from the U.S. Center for SafeSport

The U.S. Center for SafeSport ("The Center") will update SafeSport courses on March 26, 2025.

What courses are being updated?

- SafeSport Trained Core
- Refresher 1, 2, and 3
- Parent's Guide to Misconduct in Sport
- SafeSport for Youth Athletes (Ages 13-17)
- SafeSport for Kids

What's included in the updates?

- **Improved learning experience for Core and Refresher courses** - Content was edited to make it shorter, easier to read, language and images are more trauma-sensitive, and more accessible for those using assistive technology.
 - **Up-to-date** - All courses are reflective of the 2024 SafeSport Code and 2025 MAAPP.
 - **Bugs were fixed** - Technical issues were fixed, such as learners having to restart courses and losing their progress.
 - **Additional languages** - The SafeSport for Youth Athletes and SafeSport for Kids are now available in English, Spanish, and French.
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