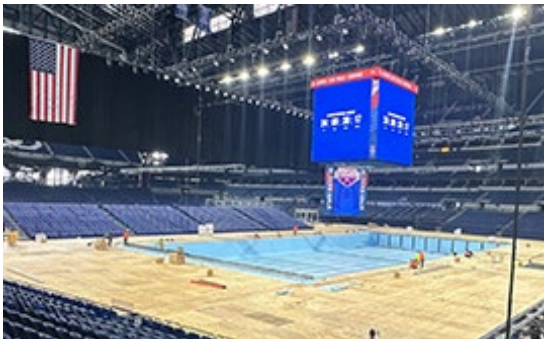




LANE LINES



Trials Pool Build

Construction is under way at Lucas Oil Stadium! [Click here](#) to see a timelapse of the first stage of constructing a pool in a football stadium.

Want to see the end result? Head to www.usaswimming.org/TrialsTickets to witness the historic venue and meet in person for as low as \$15.

More Than Just A Swim Meet



The action around this U.S Olympic Team Trials - Swimming presented by Lilly doesn't just take place inside Lucas Oil Stadium. With free concerts, fan activations, athlete autographs, and more taking place all around Indianapolis, this is bigger than just a swim meet.

[READ MORE](#)



#TeamBrendan? Or #TeamKaitlin?

Are You #TeamBrendan or #TeamKaitlin? [Take this quiz](#) to find out!

Tally as you go, and your results will lead to a #SwimTrials24 discounted ticket code for you to sit in a section of fans supporting one of our two in-venue hosts, Kaitlin Sandeno or Brendan Hansen.



Splash Magazine is BACK

Check your mailboxes — Splash Magazine is BACK.

The 2024 edition is a complete Trials preview for you to enjoy. Keep your edition on hand for Trials, as it provides all types of stats, storylines, and info as the meet goes on.

As a bonus, through USA Swimming's [partnership with Swimming World](#), this magazine is a joint edition with Swimming World. Once you're finished with the Splash Magazine section, flip the magazine around, and enjoy Swimming World content.



Congrats, Trials Qualifiers!

Give a shoutout to the Trials qualifier you know with FREE Trials assets and graphics through [USA Swimming's Marketing Toolkit](#).

Complete with templates for **social media graphics, lawn signs, bumper stickers, and more**, showcase your support for the swimmer you know before they head to Indianapolis.

Looking for other marketing assets? The Marketing Toolkit also has graphics for learn-to-swim progress, first meets, and more.



Enter to Win #SwimTrials24 Tickets

If you want a chance at free tickets on opening night, test your swimming knowledge with some swim trivia [here](#). A randomly-selected winner will receive two free tickets!



New TYR Kit

TYR launched its 2024 National Team Kit ahead of the Paris Olympics, complete with shoes, jackets, joggers, and more.

[READ MORE](#)

USADA Reminder

The Supplement Connect High Risk List has new items added to it every month!

Be sure to check this resource regularly [here](#) to reduce your risk from dietary supplements.

Upcoming National Events

- [Zone Open Water Championships](#)
 - May & June | Multi-Site | Open Water
- [U.S. Olympic Team Trials - Swimming](#)
 - June 15-23 | Indianapolis, Ind. | LCM
- [Speedo Sectionals \(LCM\)](#)
 - July 11-14 | Multi-Site | LCM

Head to usaswimming.org/events to see the full slate of both competitive and non-competitive events coming up.

News & Virtual Offerings

News

- [Kick Set Podcast | Actress Daisy Ridley Discusses Her Swim Experience and Training for Upcoming Movie, "Young Woman and the Sea"](#)
- [USA Swimming Honors Mental Health Awareness Month](#)
- [USA Swimming Announces Roster for 2024 World Aquatics Open Water Junior Championships](#)
- [USA Swimming Women's Olympic Head Coach Todd DeSorbo Wins USOPC Collegiate Coach of the Year Award](#)
- [Bulleit Frontier Whiskey Named Centennial Partner of USA Swimming](#)

USA Swimming Network

- Asian American & Pacific Islander Heritage Month Spotlight | Coach Reid Yamamoto
- Under the Surface | Carson Foster and Olivia Smoliga Share Their Journeys and Advice with Mental Health
- Under the Surface | Drew Kibler and Paige Madden Share Their Journeys and Advice with Mental Health

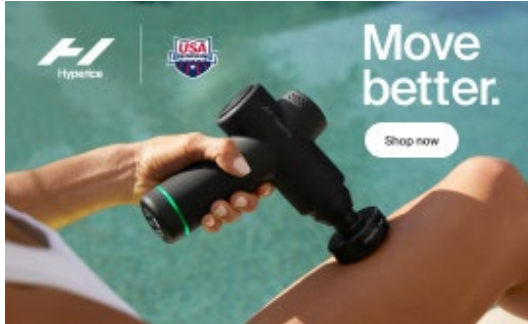
[Download the USA Swimming Network](#) on your phone or Connected TV device for more swimming content.

Educational Offerings

- 11-14 Coaching Network | Age Group Training Volume & Frequency
 - June 5 | 10 a.m. MT | [Register](#)
- Safe Sport Trainings
 - Parents: June 5 | 8 p.m. ET | [Register](#)
 - Athletes: June 6 | 8 p.m. ET | [Register](#)
 - Coaches: June 7 | 3 p.m. ET | [Register](#)

[Click here](#) to view all upcoming webinars and past webinar recordings.

From Our Partners



Hyperice

Upgrade your warmup and recovery routine with the most advanced warmup and recovery technology on the market. Designed to unlock sore muscles, relieve tension, and maintain your full range of motion, so you always perform at your peak.



Speedo

The new era of speed has arrived with Fastskin LZR Pure Valor. Quick. Agile. Adaptable. Equipped with Lamoral Space Tech coating, it repels water like no other. The featherweight feel and meticulously layered fabric offers unmatched flexibility. Reinforced leg seams give you balanced compression for maximum power in every stroke. Swim to win in the new Fastskin LZR Pure Valor, the next generation of fast.



USANA

More professional and Olympic athletes trust USANA than any other nutritional supplement in the world. Backed by a team of leading nutritional scientists and researchers, USANA products are globally recognized for their quality, purity, and effectiveness.

TYR

From our national support for USA swimming to your local recreational or high school team, TYR is investing in all levels of the sport. We provide



your team with hands-on sponsorship regardless of your size or performance level. If you are interested in becoming a TYR team, email teamsupport@tyr.com.



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