





Black History Month

USA Swimming reflects on the influential role Black and African American athletes, coaches, officials, and countless volunteers play in shaping the tradition of American swimming dominance.

Click below to read more, and check out our spotlights on <u>Andre Brent</u> and <u>Jordan Elder</u> on Instagram and the USA Swimming Network.

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World Aquatics Championships

The 2024 World Aquatics Championships took place earlier this month, seeing the <u>U.S. take</u> <u>home "Team of the Meet" honors</u> after a 20medal showing, while U.S. National Team member Claire Curzan was <u>named "Best Female</u> <u>Swimmer of the Meet</u>."

<u>Click here</u> to see the full list of American medalists.





Congratulations, Ivan and Mariah!

Mariah Denigan and Ivan Puskovitch qualified to swim the 10K at the 2024 Paris Olympics via performances at the 2024 World Aquatics Open Water Championships.

Puskovitch became the fifth American male, while Denigan became the fifth American woman in history to qualify to swim the open water 10K at the Olympic Games.



Updated Events Calendar

USA Swimming announced updates to its 2024 national events calendar. Click below to see the schedule, and head to <u>usaswimming.org/events</u> for more details.

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Olympic Trials Tickets

March 7 marks 100 days out from the U.S. Olympic Team Trials - Swimming.

There are only two weeks left to secure single-day tickets anywhere in Lucas Oil Stadium. Lock in your view for Prelims and Finals before single-session tickets go on sale in most sections starting March 7. Don't miss the opportunity to watch your favorite swimmers compete in the largest swim meet ever!

> When: June 15-23, 2024 Where: Lucas Oil Stadium, Indianapolis, IN

> > TICKETS





USA Swimming & Swimming World

To help members stay on top of swimming news, USA Swimming has partnered with Swimming World to deliver exclusive Splash Magazine content as an insert in each edition.

We have negotiated an unprecedented 50% discount on an annual subscription to Swimming World, providing our membership exclusive access to the best resource for competitive swimming.



USA Swimming Foundation Champion's Club Swim in the Trials Pool

Will you be in Indianapolis this summer for the fastest meet in the world? Join the USA Swimming Foundation for exclusive opportunities to swim in the Olympic Trials pool!

Opportunities are limited to <u>Champions Club</u> <u>members</u>. For questions, reach out to our Foundation team at <u>foundation@usaswimming.org</u>.



Kick Set Podcast: Kate Douglass

There is a new episode of Kick Set Podcast! Kate Douglass discusses her American record-setting swim at the TYR Pro Swim Series Knoxville, her outlook on 2024, and even takes time to answer questions from the fans.

<u>Watch on YouTube</u> or listen wherever you get your podcasts!

USADA Reminder

USADA has a newsletter! <u>Sign up today</u> to receive timely reminders, expert information, and other #CleanSport resources each month.

Upcoming National Events

- <u>Speedo Sectionals</u>
 - February/March | Multi-site | SCY & LCM
- TYR Pro Swim Series San Antonio
 - March 6-9 | Westmont, Ill. | LCM

Head to <u>usaswimming.org/events</u> to see the full slate of both competitive and non-competitive events coming up.

News & Virtual Offerings

<u>News</u>

• 2023 USA Swimming Foundation Impact Report

USA Swimming Network Exclusives

- Black History Month Spotlight: Jordan Elder
- Black History Month Spotlight: Andre Brent
- The Cody Miller Show: Trials, Texas and TYR Pro Swim Series
- Kyle Sockwell: The Most Difficult Thing a Swimmer Can Do
- Kyle Sockwell: Are We Still Swimming Too Much?

<u>Download the USA Swimming Network</u> on your phone or Connected TV device for more swimming content.

Virtual Offerings

- Senior Coaching Network | Short Course Training in a Long Course Season
 - March 26 | 2 p.m. ET | <u>Register</u>
 - March 27 | 12 p.m. ET | Register
- Safe Sport Trainings
 - Parents: March 13 | 8 p.m. ET | Register
 - Athletes: March 14 | 8 p.m. ET | Register
 - Coaches: March 15 | 3 p.m. ET | Register

<u>Click here</u> to view all upcoming webinars and past webinar recordings.

From Our Partners



Speedo

The new era of speed has arrived with Fastskin LZR Pure Valor. Quick. Agile. Adaptable. Equipped with Lamoral Space Tech coating, it repels water like no other. The featherweight feel and meticulously layered fabric offers unmatched flexibility. Reinforced leg seams give you balanced compression for maximum power in every stroke. Swim to win in the new Fastskin LZR

Pure Valor, the next generation of fast.



USANA

More professional and Olympic athletes trust USANA than any other nutritional supplement in the world. Backed by a team of leading nutritional scientists and researchers, USANA products are globally recognized for their quality, purity, and effectiveness.



TYR

From our national support for USA swimming to your local recreational or high school team, TYR is investing in all levels of the sport. We provide your team with hands-on sponsorship regardless of your size or performance level. If you are interested in becoming a TYR team, email teamsupport@tyr.com.

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