



LANE LINES



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2024 Events Calendar



Set your calendars: The 2024 national events schedule has been released.

[Click here](#) to view the slate of domestic competitions and head to usaswimming.org/events to see upcoming competitive and non-competitive events.



U.S. Shines at LEN U23 Championships

A team of Americans competed this month at the LEN U23 Championships in Dublin, Ireland, and took home 10 first-place finishes.

Visit [USA Swimming News on Twitter](#) to see the American times and finishes.



Records Fall at #SpeedoJrNats

A plethora of National Age Group and meet records were taken down at the Speedo Junior National Championships in early August.

Watch the races on our [YouTube channel](#) and be sure to follow [@USASwimmingNextGen](#) to see what the nation's top emerging talents are up to.



#TYRProSeries Data

Curious to see the stroke rates and tempos of the fastest swimmers in the nation? We've got you covered.

Check out the stroke rate and split data across the four TYR Pro Swim Series meets so you can see the tempos of the nation's fastest swimmers.

[READ MORE](#)



Trials Tickets Going Fast

Want to watch your favorite swimmers qualify for the Paris Olympics? Get your three-day ticket packages below.

[TICKETS](#)



Marketing Toolkit

Time to shoutout the Trials qualifier in your family or club! There are new Trials-themed assets available through USA Swimming's free Marketing Toolkit that will help showcase your swimmers and club to your community and social media feed.

[MARKETING TOOLKIT](#)



Foundation Annual Report

The USA Swimming Foundation's mission to Save Lives, Build Champions and Impact Communities made tremendous strides in 2022, thanks to the loyal commitment of our valued supporters. Last year alone, your efforts resulted in more than \$1.3 Million raised towards water-safety programming.

View the full 2022 Annual Report below, and [click here](#) to see what else the USA Swimming Foundation is doing to make a difference.

ANNUAL REPORT

From Our Partners



Speedo

Who says racing and practice swimsuits can't come in fun colors and bold prints? Shake up your racing and practice routine with the new Vibe swimwear collection from Speedo. Meet a collection of women's and men's training swimsuits that will let you have it all: bold and modern looks and style; agility when slicing through the water; and comfort in and out of the pool.



Hyperice

Upgrade your warm-up and recovery experience with the Official Recovery Partner of USA Swimming. Experience instant sore muscle relief with cutting-edge recovery technology from Hyperice.



Air Force Special Warfare

Join the Fight. Receive up to \$40,000 bonus. Click the image to learn more.



SSRP Club Spotlight

There were 13 clubs that earned USA Swimming Safe Sport Recognition in July!

[Click here](#) to see the full list, and visit usaswimming.org/SSRP for more.



Phillips 66 Hometown Heroes

Mattea Sokolow (TSM Aquatics) and Sean Green (Long Island Aquatic Club) have been recognized as the 2023 Phillips 66 Hometown Heroes!

[READ MORE](#)



New Episode of Kick Set

Fresh off her silver medal at the 2023 World Aquatics Championships, Alex Shackell joined Kick Set podcast to discuss her first Worlds experience, incredible 2022-2023 season and to answer questions from fans.

[LISTEN](#)

USADA Reminder

Realize, recognize and reduce!

Dietary supplements are risky because they could contain prohibited substances that could cause a positive anti-doping test or ingredients that cause health problems. Learn more about the risks of supplements [here](#).

Upcoming National Events

- [Golden Goggle Awards](#)
 - Nov. 19 | Los Angeles, Calif.

- [Toyota U.S. Open](#)
 - Nov. 29-Dec. 2 | Greensboro, N.C. | LCM
- [Speedo Winter Junior Championships](#)
 - Dec. 6-9 | Multi-site | SCY

Head to usaswimming.org/events to see the full slate of both competitive and non-competitive events coming up.

News & Virtual Offerings

News:

- [Remembering to Keep Kids Safe on Safer in Sports Day](#)
- [USA Swimming Announces Roster for 2023 Pan American Games](#)
- [2023 World Aquatics Championships: A Look Back](#)
- [Race Swami Continues Impact on a Salt Lake City Community](#)

Interested in reading swimming news from outside the organization? Check out our [News Notebook page](#) which details programs, athletes and clubs that have made the headlines.

Virtual Offerings:

- Monthly Safe Sport Trainings:
 - For Parents:
 - Sept. 13, 8 p.m. ET | [REGISTER](#)
 - Oct. 11, 10 p.m. ET | [REGISTER](#)
 - For Athletes:
 - Sept. 14, 8 p.m. ET | [REGISTER](#)
 - Oct. 12, 10 p.m. ET | [REGISTER](#)
 - For Coaches:
 - Sept. 15, 3 p.m. ET | [REGISTER](#)
 - Oct. 13, 2 p.m. ET | [REGISTER](#)
- Learn-to-Swim/Pre-Competitive Webinar Series
 - Oct. 11, 10:30 a.m. ET | [REGISTER](#)
 - Topic: Best Practices for Establishing and Operating an Internal Feeder Program
- DEI Webinar
 - Sept. 14, 7 p.m. ET | [REGISTER](#)
 - Topic: National DEI Committee 101

Social Scene



Instagram

Relive Katie Ledecky's run of six consecutive world titles in the 800-meter freestyle.

[VIEW POST](#)

Twitter

August 11 was the 15-year anniversary of one of the greatest swims in history.

[VIEW POST](#)

YouTube

Bella Sims answers rapid-fire questions in the latest episode of 50 Meters.

[VIEW POST](#)



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