



## LANE LINES



### Toyota U.S. Open

The 2023 Toyota U.S. Open kicked off yesterday in Greensboro, North Carolina, with more than 60 U.S. National Team members and 30 U.S. Olympians competing. Click below for results link, streaming info, pre-scratch psych sheets and more.

[EVENT INFO](#)

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**USA Swimming Network on  
Mobile**



The USA Swimming Network is now available on mobile and tablet devices and is the new exclusive home of USA Swimming's live streams.

Watch Toyota U.S. Open prelims and finals sessions live on the Network and catch Thursday and Friday night finals on Peacock. Search for the USA Swimming Network on your connected TV or mobile device, or click the links below to download on Apple and Android devices.

[iPhone and iPad](#)

[Android phone and tablet](#)



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## Membership Renewals

Memberships expire December 31. Renew your membership now for the 2023-2024 season!

[MEMBERSHIP RENEWAL](#)



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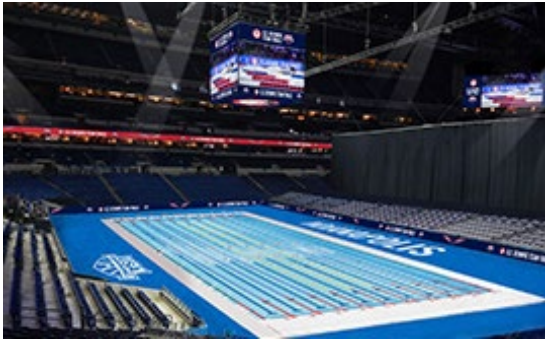
## Golden Goggle Awards

The 2023 Golden Goggle Awards took place earlier this month in Los Angeles. Check out [@USASwimming](#) and [@Swim\\_Foundation](#) on Instagram to see who won this year's awards.

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## Olympic Trials Single-Day Tickets On Sale

Olympic Trials is your chance to watch the world's fastest swim meet. The 2024 edition brings swimming to an NFL Stadium for the first



time and sets the stage for the largest swim meet ever. Don't miss your opportunity to see their opportunity and be part of an unforgettable event. Click the image to learn more.

[TICKETS](#)



## USA Swimming Foundation VIP Trials Tickets

Join the USA Swimming Foundation in the best seats in the house for the 2024 U.S. Olympic Team Trials – Swimming. All-inclusive packages and VIP tickets are available for purchase.

[VIP Tickets](#)

For questions, please contact [foundation@usaswimming.org](mailto:foundation@usaswimming.org)



**SAVING LIVES  
BUILDING CHAMPIONS  
IMPACTING COMMUNITIES**

## USA Swimming Foundation Opens 2024 Learn-to-Swim Grant Applications

The 2024 USA Swimming Foundation Learn-to-Swim Grant applications for lesson providers are now open through December 15, 2023.

The USA Swimming Foundation has awarded grants since 2007 to help fund youth learn-to-swim programs across the county and recently expanded to include funding for adult learn-to-swim programs. Funding is made available for programs directly benefiting children and adults who would not otherwise have the opportunity to learn to swim.

[LEARN MORE](#)

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## USADA Reminder

The unfortunate reality is that supplements pose both health and anti-doping risks for athletes.

The USADA Supplement Connect High Risk List identifies some particularly risky products: [check it here](#)

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## Upcoming National Events

- [Toyota U.S. Open](#)
  - Nov. 29-Dec. 2 | Greensboro, N.C. | LCM
- [Speedo Winter Junior Championships](#)
  - Dec. 6-9 | Multi-site | SCY

Head to [usaswimming.org/events](https://usaswimming.org/events) to see the full slate of both competitive and non-competitive events coming up.

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## From Our Partners



### TYR

From our national support for USA swimming to your local recreational or high school team, TYR is investing in all levels of the sport. We provide your team with hands-on sponsorship regardless of your size or performance level. If you are interested in becoming a TYR team, email [teamsupport@tyr.com](mailto:teamsupport@tyr.com).



### OneAmerica

You take on the challenges with courage. We secure your financial future with compassion. OneAmerica, A Proud sponsor of USA Swimming.





## Speedo

The new era of speed has arrived with Fastskin LZR Pure Valor. Quick. Agile. Adaptable. Equipped with Lamoral Space Tech coating, it repels water like no other. The featherweight feel and meticulously layered fabric offers unmatched flexibility. Reinforced leg seams give you balanced compression for maximum power in every stroke. Swim to win in the new Fastskin LZR Pure Valor, the next generation of fast.



## Hyperice

For a limited time only, shop up to \$200 off the entire Normatec line. Give the gift of movement this holiday season with next-level air compression massage. Normatec is designed to decrease inflammation, increase circulation, and unlock sore muscles, so you can move better in your everyday life.



## USANA

More professional and Olympic athletes trust USANA than any other nutritional supplement in the world. Backed by a team of leading nutritional scientists and researchers, USANA products are globally recognized for their quality, purity, and effectiveness.



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