Lane Lines

Featured Content

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Trials Events Schedule

Mark your calendars — the event schedule has been set for the 2024 U.S. Olympic Team Trials - Swimming!

USA Swimming Foundation Impact Report

Gifts from supporters like you build momentum and excitement around the USA Swimming Foundation’s mission to Save Lives, Build Champions and Impact Communities. If you would like to learn more about how your gifts impact the lives of current and future swimmers, please reach out to the USA Swimming Foundation.

TYR Pro Swim Series Recap
The TYR Pro Swim Series kicked off its 2023 tour this past month in Knoxville, Tenn. Click here to see the results and below to watch a highlight video. Make sure you’re subscribed to USA Swimming’s YouTube for more content from Knoxville coming soon.

HIGHLIGHT VIDEO

Kick Set Podcast

Two-time Olympian Katie Hoff joins Kick Set to discuss her decorated career, dealing with nerves, her post-swimming life and more.

Listen on Apple Podcasts, Spotify or wherever you get your podcasts.

Be on the lookout for the full video version of the podcast coming soon to our YouTube channel!

Applications Now Open!
**National Diversity Select Camp**

Fifty-six athletes from underrepresented communities will attend this three-day camp, full of swimming, learning and networking opportunities. The camp takes place May 4-7 in Colorado Springs, Colo. Athlete applications are due February 10, while assistant coach applications are due March 3.

[Register](#)

**Regional Coach Clinic**

There are four Regional Coach Clinics around the nation that currently have open registration, with the first clinic taking place March 31 - April 2 in Ocala, Fla. These clinics are meant to provide coaches with learning and networking opportunities.

[Register](#)

**Manager Applications**

**Women's Leadership Summit**
Ever wanted to work with athletes at a USA Swimming camp or international competition? Apply to be a manager at either the sport development or national team level! Applications close **February 13**, while Assistant Coach applications for Sport Development camps close **March 3**.

Register

The Women's Leadership Summit consists of three virtual events and one in-person event (Black Forest, Colo., March 31-April 2, 2023). The deadline to apply for a scholarship is **February 15, 2023, 6 p.m. ET**. Non-scholarship applications are reviewed on a rolling basis until the program is full.

Register

Where Did You Rank?

This interactive table shows where 18&Under swimmers ranked across sanctioned swim meets from September 1 - December 31, 2022.

READ MORE

World Aquatics Championships Coaches

Bob Bowman and Carol Capitani have been named the U.S. head coaches for the upcoming 2023 World Aquatics Championships in Fukuoka, Japan this July.

READ MORE

Get Your Gear at the USA Swimming Fanshop!
Prep for the cold weather with USA Swimming jackets, hats, sweatshirts and more!

Click the image to head to USA Swimming's Fanshop.

USADA Reminder

The 2023 Clean Sport Handbook is now available for download! This is designed to provide athletes and support personnel with the information needed to successfully participate in the anti-doping program governing their sport. Get your copy here.

Upcoming Events

- **TYR Pro Swim Series Fort Lauderdale**
  - March 1-4 | Fort Lauderdale, Fla. | LCM
- **Speedo Sectionals**
  - SCY Meets:
    - March 2-5: Carlsbad, Calif.; Marin, Calif.; College Station, Texas; Columbia, Mo.
    - March 23-26: Austin, Texas; Christiansburg, Va.; Ithaca, N.Y.; Buffalo, N.Y.
  - LCM Meet:
    - March 23-26: Indianapolis, Ind.

Head to usaswimming.org/events to see the full slate of both competitive and non-competitive events coming up.

News & Virtual Offerings

*News:*
Anna Auld Channels Her Inner Fire to Open Water Success

Five Words That Will Help You Reach Your Goals

Greensboro Aquatic Center Unveils Inaugural T. Dianne Bellamy-Small Learn to Swim Service Award

**Virtual Offerings:**

- **10&U Networking Webinar**
  - Thurs., February 2 | 2:30 p.m. ET | [REGISTER](#)

- **Learn-to-Swim/Pre-Competitive Webinar Series**
  - Wed., February 8 | 12:30 p.m. ET

- **DEI Webinar Series**
  - Topic: Disability Education - Rule 105 Implementation
    - Thurs., February 9 | 7 p.m. ET

- **Monthly Safe Sport Trainings:**
  - **Parents**
    - Wed., February 15 | 8 p.m. ET
  - **Athletes**
    - Thurs., February 16 | 8 p.m. ET
  - **Coaches**
    - Fri., February 17 | 3 p.m. ET