



COACHING CONNECTION



2028 Trials Headed Back to Indy

USA Swimming is heading back to Indianapolis for the 2028 U.S. Olympic Team Trials - Swimming.

Read more [here](#).

Come Say Hi

Team Services is meeting clubs and coaches across the country. Take advantage and reach out to say hello while they are in your area. Check the dates and locations below:

[Beth Winkowski](#):

- June 10-16 | Middle Atlantic Swimming clubs and the Eastern Zone Open Water meet
- June 26-29 | Eastern Zone Athlete Summit and club visits
- July 7-11 | Oregon club visits
- July 23-26 | Futures at Greensboro, N.C.

[Dana Skelton:](#)

- June 8-11 | Oklahoma club visits
- July 11-13 | New Mexico meet
- July 23-26 | Futures at Justin, Texas
- August 24-26 | North Texas club visits
- September 19-20 | South Texas Athlete Summit

[Mark Hesse:](#)

- June 11-13 | Wisconsin club visits and Central Zone Open Water
- July 23-26 (tentative) | Futures at Madison, Wisc.
- July 25-27 (tentative) | Alaska LSC meet and club visits

[Mike Novell:](#)

- July 7-11 | Oregon club visits
- July 23-26 | Futures at Sacramento, Calif.
- July 29-August 2 | Western Zone Senior Championships

[Nate Chessey:](#)

- June 19-22 to | Central Zone Athlete Summit and club visits
- July 12-24 | 2025 World University Games

[Terry Jones:](#)

- July 23-26 | Futures at Ocala, Fla.



Watch recaps of the 2025 Toyota National Championships on the free [USA Swimming Network](#).

Pro tip: Take time to review swims together at practice and discuss how your athletes can implement some of the strategies in their races.

What's available on the USA Swimming Network?

Exclusive daily recap shows and race clips of your favorite moments.

What records were broken?

- American record - women's 50m butterfly
- American record - women's 50m backstroke
- American record - women's 50m freestyle
- U.S. Open record - women's 100m freestyle
- U.S. Open record - men's 100m freestyle
- U.S. Open record - men's 200m freestyle

- U.S. Open record - men's 400m freestyle
- Meet record - women's 100m butterfly
- Meet record - men's 800m freestyle
- 15-16 NAG record - men's 200m freestyle
- 15-16 NAG record - men's 400m freestyle
- 17-18 NAG record - men's 100m butterfly
- 17-18 NAG record - men's 100m breaststroke
- 17-18 NAG record - men's 400m freestyle

What special recaps are available?

Watch the Unfiltered Waters Podcast, hosted by Olympic medalist Katie Hoff Anderson, to break down the most exciting swims.

What is the USA Swimming Network?

The USA Swimming Network is a free app that offers live coverage of meets, event recaps, archived swims dating back to 1980, educational content, specialty content from creators, and more!

Where can I download the USA Swimming Network?

The app is currently available on mobile devices, tablets, desktops and connected TV devices. Click the links below or search "USA Swimming Network" in your app store now.

[Apple](#)
[Google Play](#)
[Microsoft Desktop App](#)
[Connected TV](#)

2025-26 National Junior Team Selection Procedures

The full criteria and selection details are now available for the 2025-26 National Junior Team (pool). Eligibility is January 1 - August 31, 2025.

READ MORE

2026 Pan Pac Champs Selection Procedures

Pool selection procedures are now available for the 2026 Pan Pacific Championships, to be held August 12-15, 2025 in Irvine, California.

READ MORE



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HBCU Grants

Congratulations to the eight Historically Black Colleges and Universities that received funding this year, bringing the total to \$272,500 since its inception in 2021.

This year's recipients include:

Coppin State University | Elizabeth City State

University | Chicago State University | Grambling
State University | Morehouse College | Norfolk
State University | Texas Southern University |
Spelman College

READ MORE

Virtual Opportunities

- Safe Sport
 - For Parents:
 - July 23 | 8 p.m. ET | [Register](#)
 - August 6 | 8 p.m. ET | [Register](#)
 - September 3 | 8 p.m. ET | [Register](#)
 - For Athletes:
 - July 24 | 8 p.m. ET | [Register](#)
 - August 7 | 8 p.m. ET | [Register](#)
 - September 4 | 8 p.m. ET | [Register](#)
- 10&U Coaching Network Webinar | Leadership "Entry Points" for 10&U's
 - Both dates will follow the same topic:
 - June 18 | 2:30-3:30 p.m. ET | [Register](#)
 - June 19 | 12:30-1:30 p.m. ET | [Register](#)
 - Guest Speakers: Ellen Caruso and Chris Sheppard from Commonwealth Swimming
- Senior Coaching Network Webinar | Championship Mindset
 - June 25 | 12:30-1:30 p.m. ET | [Register](#)
- [Connection Based Coaching](#)
 - Free on USA Swimming University for member coaches, this course focuses on storytelling from Team USA athletes.

Visit the University channel on the [USA Swimming Network](#) or [USA Swimming University](#) to find recorded webinars and additional digital resources.

Upcoming Events

- [Central Zone Open Water Championships](#)
- - June 13 | Pleasant Prairie, Wisc.
 - OW
- [Eastern Zone Open Water Championships](#)
 - June 14 | Marmora, N.J.
 - OW
- Speedo Sectionals
 - Various locations and dates
 - LCM and SCY
 - [Social graphics](#) (under Meets/Events)
- [Futures Championships](#)
 - July 23-26
 - Multi-site
 - [Greensboro Aquatic Center](#)
 -

- [NISD Aquatic Center](#)
 - [Soderholm Family Aquatic Center](#)
 - [Florida Aquatics Swimming and Training](#)
 - [North Natomas Aquatic Center](#)
- [Western Zone Senior Championships](#)
 - July 29-August 2 | Clovis, Calif.
 - LCM
- [Southern Zone Age Group Championships](#)
 - July 30-August 2 | Orlando, Fla.
 - LCM
- [Southern Zone Senior Championships](#)
 - July 30-August 2 | Tupelo, Miss.
 - LCM
- [Speedo Junior National Championships](#)
 - July 30-August 3 | Irvine, Calif.
 - LCM
- [Central Zone 14 & U Championships](#)
 - July 31-August 3
 - LCM

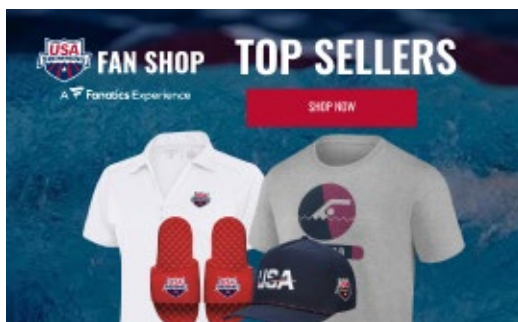
View all events [here](#).

From Our Partners



OneAmerica Financial

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USA Swimming Fan Shop

The Official USA Swimming Shop has everything you need to show your USA Swimming pride in style. Browse an unbeatable selection of officially licensed USA Swimming apparel and merchandise, such as hats, shirts, accessories, and more to add to your wardrobe. Click [here](#) to access.



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