COACHING CONNECTION

USA Swimming University

Revamped USA Swimming
Exciting new courses coming soon!

The Legacy Project courses will feature information and insights from three coaches who have made significant contributions to the sport of swimming. Topics range from personal growth to technical coaching and training philosophies. Officials courses will include Stroke and Turn Certification and Foundations of Officiating.

NextGen Instagram

USA Swimming is excited to upgrade the NextGen Instagram account to help educate all members who influence the next generation of athletes in our sport. This platform will continue its focus of spotlighting our next wave of athletes while providing additional education, resources, programs, and other opportunities to take advantage of.

VIEW ALL COURSES

FOLLOW ALONG

Coach Course Requirement Reminder

Thank you coaches! Your work on and off deck makes a lasting impact on your communities and athletes.

As a reminder, all coaches must meet specific requirements based on their membership type. To view your specific member requirements:

1. Login to your USA Swimming account;
2. On your Dashboard, click "General Info" (located under "My Account");
3. Click the "Requirements" pill (under "General") to see your membership requirements.

Last Chance: Coaches' Leadership Clinic

Deadline extended until March 8 for the Coaches' Leadership Clinic!

Learn more here.

Register here.

April Swimposium 2.0

Take advantage of the only in-person opportunity to become ADM Age Group certified by attending the Western Zone Swimposium.

When: April 26-28
Where: Wyoming/Montana LSC
Cost: $100/coach or $200/team up to four
National Events Calendar Updates

Additional locations have been finalized for the 2024 domestic events calendar. Learn more here.

2024 Swim-a-Thon Prizes

Need to fundraise for summer travel? Swim-a-Thon can help!

2024 Prizes include:

- 100-200 laps swum = 100 Lap Bag Tag
- 200+ laps swum = 200 Lap Bag Tag
- $400-$599.99 raised = Latex Swim-a-Thon Cap
- $600-$799.99 raised = 24 oz. Carabiner Water Bottle
- $800-$1,099.99 raised = Tabletop Cornhole Set
- $1,100-$1,399.99 raised = Oversized 100% UVA/UVB Sunglasses
- $1,400+ raised = Puffy Outdoor Blanket

Learn more here.

Virtual Opportunities

- Senior Coaching Network | Short Course Training in a Long Course Season
  - March 26 | 2 p.m. ET | Register
  - March 27 | 12 p.m. ET | Register
  - Note: Both follow the same education.
- Safe Sport
  - For Parents: March 13 | 8 p.m. ET | Register
  - For Athletes: March 14 | 8 p.m. ET | Register
  - For Coaches: March 15 | 3 p.m. ET | Register
- CLBMS 201
  - April 6 | 11:30 a.m. ET | Register

Find recorded Webinars and additional digital resources by visiting the Education channel on the USA Swimming Network.

Upcoming Meets

- Speedo Sectionals
  - Multi-site and dates | SCY and LCM
TYR Pro Swim Series Westmont
- March 6-9 | LCM

TYR Pro Swim Series San Antonio
- April 10-13 | LCM

18 & Under Spring Cups
- May 1-5 | Multi-site | LCM

Find additional information and events on the USA Swimming Events page.

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investing in all levels of the sport. We provide your team with hands-on sponsorship regardless of your size or performance level. If you are interested in becoming a TYR team, email teamsupport@tyr.com.