



COACHING CONNECTION



Thank You Coach Month

Swim coach (noun): Someone who teaches swimming to kids.

No, that's not right.

Swim coach (noun): A professional who teaches swimming to people of all ages and abilities.

Meh.

Swim coach (noun): A professional who teaches life skills in and out of the water to people of all ages and skill levels.

Close, but not there yet.

Swim coach (noun): A professional who impacts athletes' lives every day. They teach life skills in and out of the water to people of all ages and skill levels while constantly putting their athlete's needs first. This person gave up weekends long ago to help shape the next generation.

Coaches, we see your impact, and it does not go unnoticed. Every day, but especially throughout Thank You Coach Month, we honor the work, dedication, and long hours you have shown to your athletes, clubs, and communities.

Thank you for everything you do.

If you want to celebrate your colleagues, take advantage of free Thank You Coach Month resources on the [USA Swimming Marketing Toolkit page](#) under "Coach Appreciation."



Grants

Hurricane Relief Grants: Following the devastation caused by Hurricane Helene, the USA Swimming Board of Directors approved the allocation of up to \$150,000 in initial relief grants to support clubs impacted by the storm. The application period is still open until the \$150,000 has been fully awarded. [Apply](#) | [Learn more](#)

Youth and Adult Learn-to-Swim (LTS) Grants: Programs can apply for youth and adult LTS grants through **December 15, 2024**. [Apply for Youth LTS](#) | [Apply for Adult LTS](#) | [Read more](#) | [Learn more about Youth LTS](#) | [Learn more about Adult LTS](#)

Community Impact Grants: USA Swimming club members can apply through **December 15, 2024**. [Apply](#) | [Read more](#) | [Learn more](#)

Historically Black Colleges and Universities (HBCU) Grants: In 2022, OneAmerica Financial committed to supporting the USA Swimming Foundation through the 10-year, \$1 million initiative to develop learn-to-swim and competitive opportunities in communities across the country. Funding is reserved for HBCU institutions and can apply through **December 15, 2024**. [Apply](#) | [Read more](#) | [Learn more](#)



National Select Camp

Congratulations to all the athletes selected for the 2024 National Select Camp!

Athletes and their home coaches are invited to attend a three-day camp at the Olympic and Paralympic Training Center in January.

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USA Swimming Appoints Brendan Hansen as National Junior Team Director

"I look forward to the opportunity to be that leader while connecting current athletes with my generation of National Junior Team and National Team alumni," said Hansen.

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Scholastic All-America

Congratulations to the almost 1,800 athletes named to the 2023-24 Scholastic All-America list! Compared to last year, there are 650 more athletes who received this honor.

By the numbers:

- 753 females & 1,037 males
- 184 seniors with three or four years of elections
- 3 OW athletes
- 12 athletes with disabilities

2025 TOP 10

1 SWIMMAC CAROLINA

2	Carmel Swim Club
3	Sandpipers of Nevada
4	Lakeside Swim Team
5	Nation's Capital Swim Club
6	Long Island Aquatic Club
7	Lakeside Aquatic Club
8	Sarasota Sharks
9	Rockville Montgomery Aquatic Club
10	Scarlet Aquatics

Club Excellence

Congratulations to the 2024-25 Club Excellence recipients!

This program, now in its 24th year, annually recognizes the highest-performing clubs in developing athletes aged 18 years and younger.

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SWIMS Spotlight

The USA Swimming SWIMS database now offers email reminders to members for 38 different upcoming expirations and programs.

There is nothing a member needs to do to receive these reminders, it is automatic for every SWIMS account.



Dear Addison, your Athlete Protection Training expires in 30 days. Please complete APT before expiration, or your USA Swimming membership will be affected. You must complete only one course per year. If your last course completed was Refresher 3, you have completed the cycle of courses, and must take the full Athlete Protection Training course. To access the APT courses, [click here](#). If you experience any problems with taking or completing your Athlete Protection Training course, you may place a help ticket at <https://swimssupport.usaswimming.org/>.

USA Swimming
1 Olympic Plaza
Colorado Springs, CO 80909

Virtual Opportunities

- Safe Sport
 - For Parents: December 4 | 8 p.m. ET | [Register](#)
 - For Athletes: December 5 | 8 p.m. ET | [Register](#)
 - For Coaches: December 6 | 3 p.m. ET | [Register](#)
- NCAA Eligibility Center Fall Webinar for Homeschooled College-Bound Student-Athletes
 - December 11 | 2-3 p.m. ET | [Register](#)

Find recorded webinars and additional digital resources by visiting the University channel on the [USA Swimming Network](#) or [USA Swimming University](#).

4 Ways to Get Athletes More Fuel During Breakfast

Learn from TrueSport expert Kristen Ziesmer, a registered dietitian and board-certified specialist in sports dietetics, as she shares tips to help ensure athletes get they need in the morning.



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Upcoming Events

- [Golden Goggles Awards](#)
 - November 23
 - Indianapolis, Ind.
 - [Auction](#) link
- [Toyota U.S. Open Championships](#)
 - December 4-7
 - Greensboro, N.C.
 - Meet info
 - [Ticket info](#)
- Speedo Winter Junior Championships
 - December 11-14
 - [Free Marketing Toolkit items](#) available under "Meets/Events"
 - [East location: Greensboro, N.C.](#)
 - [Ticket info](#)
 - [West location: Austin, Texas](#)
 - [Ticket info](#)

See updates for all events [here](#).

From Our Partners



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