



# COACHING CONNECTION



## USA Swimming Launches Senior Swimming Network

The latest coaching network from USA Swimming will feature networking and learning opportunities for coaches focused on senior-level (13+) athletes in their club's senior programs. The new webinar/online meeting series will feature six opportunities that are topical and related to coach-submitted questions annually. Each webinar will offer two time slots to accommodate as many coaches as possible.

The first webinar will discuss **Tapering - How to navigate the variables**. This one-hour webinar will feature guest presenters **Peter Verhoef, the Bolles School High-Performance Coach**, and **Curtis Goss, USA Swimming's High-Performance Division** representative. Both webinars will feature the same content:

Monday, January 8, 2024 from 12:00-1:00 p.m. MT: [Register](#)

Tuesday, January 9, 2024 from 12:00-1:00 p.m. ET: [Register](#)

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## Open Enrollment for Coaches

If you or any of your team's coaches or officials are looking for health insurance in the new year, you can enroll before December 15 in order to have benefits start January 1.

[LEARN MORE](#)

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## Club & Insurance Renewals

Don't forget to renew your annual club's membership, as well as renew your club's certificate of insurance.

For more information, please [click here](#) to renew your annual club membership. Club insurance information can be found [here](#).

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## Membership Renewal

Quick reminder to renew your coaching membership, as well as update your annual requisites, so that you are up-to-date for practice and meets come January 1.

[RENEW TODAY](#)

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## Scholastic All-America

Congratulations to the more than 1,100 athletes named to the 2022-2023 Scholastic All-America team. The honor is given to students in grades 9-12 who maintained a minimum 3.5 grade point average (GPA) and meet any of the competition criteria during the qualifying period of September 1, 2022 – August 31, 2023.

[READ MORE](#)

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## Webinars & Digital Resources

## Safe Sport Club Recognition Trainings

- For Parents: **December 6**, 8 p.m. ET | [Register](#)
- For Athletes: **December 7**, 8 p.m. ET | [Register](#)
- For Coaches: **December 8**, 3 p.m. ET | [Register](#)

Find recorded Webinars and additional digital resources by visiting the Education channel on the [USA Swimming Network](#).

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## Additional Resources

USA Swimming Foundation Opens **2024 Learn-to-Swim Grant Applications**. Youth and Adult grant applications are now open through December 15, 2023. [Learn More](#)

USA Swimming Expands **National Practice Data Project** to All. The National Practice Data Project allows teams and their athletes a one-of-a-kind experience of diving into their season accomplishments through data analysis. [Learn More](#)

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## News

- USA Swimming Announces Results of Board of Directors Officer Elections. [Read](#)
- Douglass, Ledecy, Murphy Named Athletes of the Year at 2023 Golden Goggle Awards. [Read](#)
- TrueSport: 11 Ways Parents Can Build Athlete Resilience by Improving Outlook. [Read](#)

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## From Our Partners



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### TYR

From our national support for USA swimming to your local recreational or high school team, TYR is investing in all levels of the sport. We provide your



team with hands-on sponsorship regardless of your size or performance level. If you are interested in becoming a TYR team, email [teamsupport@tyr.com](mailto:teamsupport@tyr.com).



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## OneAmerica

You take on the challenges with courage. We secure your financial future with compassion. OneAmerica, A Proud sponsor of USA Swimming.



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